









The PBC Mobile Apps

PBC wants to ensure that you stay on track with your family's health and wellness. Through our benefit carriers we offer a comprehensive suite of mobile apps and mobile-enabled sites, making it easier than ever to manage your benefit accounts. These apps are fully-optimized to provide quick and easy access to benefits information on your smartphone or tablet, whenever you need it.

Click on the buttons below for details on app features and installation to your phone or tablet !

<p>MEDICAL</p>  <p>NOTE: Registering for Blue Access For Members is the FIRST STEP to get started on the BCBSIL apps. Click here for registration instructions BEFORE clicking the white button to download the BCBSIL app(s)</p> <p>BCBSIL MEDICAL APP Find providers, access ID card(s), claims and more.</p> <p>BCBSIL CENTERED APP This "award winning" app facilitates stress management with multiple meditation sessions to choose from.</p> <p>Download on the  App Store GET IT ON  Google Play</p>	<p>PRESCRIPTION</p>  <p>THE CVS/CAREMARK MOBILE APP Check drug coverage and costs under your plan Refill/renew mail service prescriptions for yourself and family members Check your orders and prescription history Identify unknown pills with "pill identifier" Check for potential drug interactions among your prescribed medications</p> <p>Download on the  App Store GET IT ON  Google Play</p>	<p>DENTAL</p>  <p>THE DELTA DENTAL MOBILE APP Search for dental providers View dental claims and coverage info Take an oral health assessment using the LifeSmile Score Risk Assessment Tool Enable the "Toothbrush Timer" to help your family keep up with their oral health routine</p> <p>Download on the  App Store GET IT ON  Google Play</p>
<p>VISION</p>  <p>VSP.com This mobile enabled site allows you to: Find a participating provider and even get directions to your appointment Access to your vision claims and benefits Eye care information on a variety of topics to maintain optimal eye health View the latest Exclusive Member Extras, such as rebates, special offers and promotions</p> <p>Download on the  App Store GET IT ON  Google Play</p>	<p>TELEMEDICINE</p>  <p>TELADOC MOBILE APP Designed by DigitasLBI, and 2016 winner of The One Show's prestigious Gold Pencil for Mobile Utility, this app allows you to: Request a physician consult 24/7/365 by phone or videoconference Create and update your medical history Use 'Pharmacy Selection' to have your doctor send prescriptions to your preferred pharmacy</p> <p>Download on the  App Store GET IT ON  Google Play</p>	<p>HEALTH CARE ADVOCACY</p>  <p>HEALTH ADVOCATE SMARTPHONE APP This app makes it easier than ever to connect with a Personal Health Advocate to help you and your family members resolve often frustrating and time-consuming health care and insurance issues. Enjoy features like "one-touch calling" to a Personal Health Advocate, 24/7 live support, document uploads and more.</p> <p>Download on the  App Store GET IT ON  Google Play</p>
<p>FLEXIBLE SPENDING ACCOUNT</p>  <p>WAGeworks EZ RECEIPTS MOBILE APP This app makes it easy to manage your WageWorks Health Care Flexible Spending Account (HCFA) : File HCFA claims, view transactions and check account balances on the go. Snap and submit photos of receipts for easy card transaction verifications in the future. Sign up for email/text alerts</p> <p>Download on the  App Store GET IT ON  Google Play</p>	<p>401k</p>  <p>NETBENEFITS MOBILE APP Manage your PBC 401(k) account with the NetBenefits Mobile App when you're on the go. Check your account balances Review and change your investments Update your contributions amounts Access videos, articles and podcasts in the NetBenefits Library</p> <p>Download on the  App Store GET IT ON  Google Play Get it from  Microsoft</p>	<p>GROUP DISABILITY</p>  <p>THEHARTFORD.COM/MYBENEFITS This mobile enabled site allows you to manage your disability claims simply and securely. Whether you're using a desktop PC, or mobile device, you have access to the following : File a disability claim and check claim status View payment details / Set up direct deposit Report missed work hours View remaining leave time Live chat with a Hartford rep</p> <p>Download on the  App Store GET IT ON  Google Play</p>

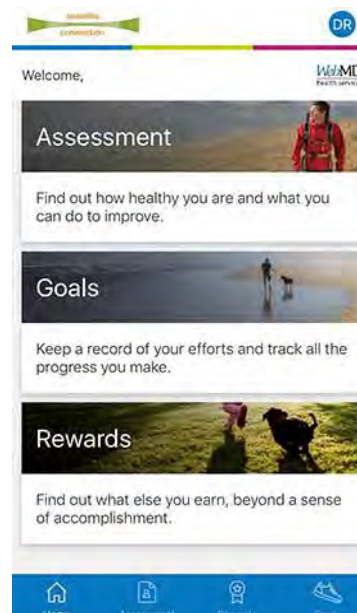
WebMD's App for the PBC Healthy Living Program!

Wellness At Your Side™

The **Wellness At Your Side™** app (powered by WebMD Health Services) allows registered Publicis members to manage their PBC Healthy Living activities anytime, anywhere!

Using a smartphone or tablet, registered Publicis members can easily and securely access the full range of wellness tools available on the PBC Healthy Living site including:

- Taking your **Personal Health Assessment (PHA)**
- Setting lifestyle goals with **My Health Assistant**
- Earning rewards and more- all from your device



How to download Wellness At Your Side™

First, register on the PBC Healthy Living Website

- Visit <https://www.webmdhealth.com/pbchealthyliving>
- Under **First-Time Users > Register**, complete your registration to establish a username and password.

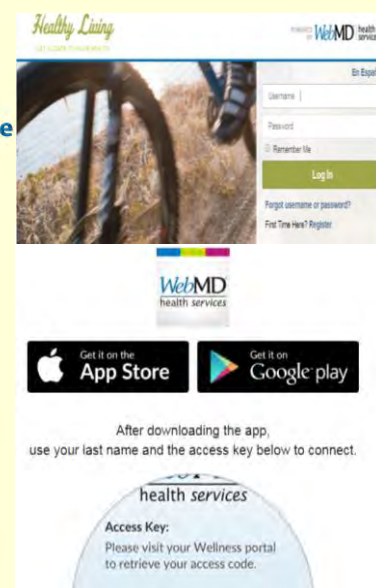
Then download the Wellness At Your Side App™ in 3 easy steps....

1. Log on to the **PBC Healthy Living site** with your username and password, then go to **Your Health menu tab > Wellness At Your Side.**
2. Retrieve your **Special Access Key** as displayed on the screen above your last name.
3. Download the **WebMD Wellness At Your Side™ app** from the **Apple App Store** or **Google Play** and type **your last name and Special Access Key** into your smartphone or tablet to complete installation.

After downloading the Wellness At Your Side™ App....

Sync other fitness devices and apps to your PBC Healthy Living record for a more complete picture of your overall wellness through **WebMD's Device and App Connection Center.**

The WebMD Device and App Connection Center allows you to sync **FitBit, and more than 100 other fitness devices and apps** to your PBC Healthy Living record, powered by WebMD (**see details below**).



Sample Access Key:
ABCDEF19
Smith

Sync Your Fitness Trackers With PBC Healthy Living!

WebMD's Device and App Connection Center

To sync your fitness tracker(s) with PBC Healthy Living :

- Log on to your account on the [PBC Healthy Living site](https://www.webmdhealth.com/pbchealthyliving) and click on the icon to sync your device (as shown on bottom right)
- Search for and click on the icon for your fitness tracker(s). Follow the instructions to sync your fitness tracker(s) to PBC Healthy Living.
- Continue use your devices to track fitness activities.
- Enjoy the convenience of automatic uploads to your PBC Healthy Living Personal Health Record for overall wellness at-a-glance.

