



# High blood pressure management, your way

**\$0**  
cost to you

Get an advanced blood pressure monitor and the support you need, and your plan sponsor covers 100% of the costs.

#### Tools and techniques that work for you:

- Advanced blood pressure monitor
- Personalized insights
- One-on-one coaching
- Easy-to-use app & dashboard
- Guidance on healthy habits

## Get started

Text **"GO CHUBB"** to 85240 to learn more and join  
 You can also join by visiting [Ready.Livongo.com/CHUBB/register](https://Ready.Livongo.com/CHUBB/register)  
 or call **800-945-4355** and use registration code: **CHUBB**

Program includes trends and support on your secure Livongo account and mobile app but does not include a phone, tablet or smartwatch.

Las comunicaciones del programa Livongo están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al 800-945-4355 o visite [bienvenido.livongo.com/CHUBB](https://bienvenido.livongo.com/CHUBB)

The program is offered at no cost to employees and covered dependents with high blood pressure and coverage through the Aetna and Horizon medical plans