



Welcome to Compass Group, we're so happy you're here! As a new associate, we're sure you have questions on your Total Rewards. Keep reading to explore some new associate basics.



Explore your rewards

Life @ Compass is your hub for a self-paced and interactive benefits experience. Here, you can log in to the Benefits & Rewards Website and enroll in benefits.





Learn who we are

Click below to visit the Compass Group USA website and get to know who we are, what we do, and how we care for our people.





Get support

Explore the Headspace app to help you navigate the transition to parenting and other life changes. Log in below and click "Headspace' to get started.

