



GymFlex offers you savings of up to 40% on a 12-month gym membership at a choice of over 3,600 locations across the UK. With thousands of gyms, leisure centres, health clubs, yoga or pilates studios and bootcamps to choose from, there's something on offer to suit everyone's location, preference and budget.

Your company will pay the full cost of your membership upfront on your behalf and will reclaim this via deductions from your salary.



GYMFLEX FAOS

HOW DO I ACCESS GYMFLEX?

You can access GymFlex during your benefit enrolment window, via your company benefit portal. Please speak to your HR/Benefits Team to find out how to access GymFlex.

HOW DO I SIGN UP?

Once you have logged in, use the postcode search to find a list of the gyms within a 10-mile radius of your chosen location. Once you have read all the available information and chosen the right option for you, click 'select'. Please follow the instructions on screen to make your selection.

Once you have completed all the steps, your selection will be sent to your HR/Benefits Team to approve. Please keep an eye on your inbox for your confirmation email, as this will include instructions on how to complete your selection. If these steps are not completed, unfortunately GymFlex may not be able to set up your membership.

WHAT IF I'M ALREADY A MEMBER?

Many clubs allow you to swap your existing direct membership to GymFlex without needing to cancel it. Please look out for the 😂 icon when searching for clubs on GymFlex. You will be able to swap your membership if your chosen club displays this icon on the membership listing.

IS THE DISCOUNT AVAILABLE TO MY FAMILY?

The majority of clubs extend their offer to a partner. Usually, a partner is deemed as someone who lives at the same address as you. Selected clubs also allow you to add children to your membership. Please check with your club as T&Cs may apply.

WHAT IF MY CLUB ISN'T LISTED?

If your chosen club isn't listed, you can refer it by clicking the 'my club is not listed' button on the GymFlex site and we will contact them and do our best to get them added to our network! Please note that this process can sometimes take up to 3 months.





