

CARE FOR THE **WHOLE** family



Balancing work and family isn't easy. As a caregiver, you know the countless decisions and financial worry that comes with taking care of your loved ones. You have access to resources and discounts that can help take some of the weight off your shoulders.

SUPPORT WITH...

Locating providers¹

Explore the Headspace app to help you navigate all of life's challenges. Log in below and click "Headspace" to get started.

 CompassGroup.bswift.com

Saving money²

Associate-exclusive discounts* to help ease financial stress. Access discounts on childcare, adult care, kid's learning resources, and more.

 CompassGroup.PerkSpot.com

Finding local resources

Convenient support through free or reduced-cost programs. Access resources from local support groups to adoption resources.

 FindHelp.PremiseHealth.com

1. Available to part-time and full-time Associates.

2. Eligibility in the Discount Marketplace is determined based on the individual offer.

Note: some of the programs, services and resources offered as part of the Total Rewards package are not Compass Group sponsored employee benefit plans or associated with any other Compass Group sponsored employee benefit. In addition, they are not subject to or governed by ERISA.