

# CARE FOR THE **WHOLE YOU** *marriage edition*



Congratulations! Getting married is exciting, but can be stressful. That's why we've gathered a few resources to help support you and your new spouse.



### On-demand resources

Through the Employee Assistance Program (EAP) you have access to 24/7 resources and support for whatever life brings your way.

 [healthadvocate.com/compass-group](https://healthadvocate.com/compass-group)






### Helpful discounts

Through the Discount Marketplace,\* you have access to associate-exclusive discounts to save on all the things you need to start your life together.

 [compassgroup.perkspot.com](https://compassgroup.perkspot.com)

## Quick checklist:

- Update your benefits.**  
You can add your new spouse to your coverage within 30 days of your marriage. Don't forget to provide proof of their eligibility.  
 [compassgroup.bswift.com](https://compassgroup.bswift.com)
- Update your beneficiaries.**  
Having updated beneficiaries helps ensure your loved ones are financially protected if something happens to you.  
 [compassgroup.bswift.com](https://compassgroup.bswift.com)       [netbenefits.com](https://netbenefits.com)

\*Eligibility in the Discount Marketplace is determined based on the individual offer. Some of the programs, services and resources offered as part of the Total Rewards package are not Compass Group sponsored employee benefit plans or associated with any other Compass Group sponsored employee benefit. In addition, they are not subject to or governed by ERISA.