



Community  
Sports  
Trust



West London  
NHS Trust

brentfordfcst.com



# Calling all coaches and trainers!

**Do you work in the sports industry?**

**Are you interested in finding out more about eating disorders?**

Sign up to attend our training and explore the connections between food, body image and eating challenges.

Topics covered include:

- Types of eating disorders and disordered eating
- Warning signs and symptoms
- Communication and support strategies

Date: Wednesday 26th March, 2025

Time: 09.30 - 15.30

Location: Community Stadium Hub,  
1a Thomas Layton Way,  
London TW8 0SB

Scan the QR code to find out more.

Realising Potential  
Include, Innovate, Inspire

