16-Week ARE® 5.0 Prep Schedule

Study Time: 16 Hours/Week | 16 Weeks

AMBER BOOK®

Prepare to be Licensed

Use our week-by-week study plan with tips to aid long-term recall from cognitive science researcher and "How We Learn: The Surprising Truth About When, Where, and Why It Happens" author, Benedict Carey.

Additional steps to reinforce long-term recall.

Weeks

1 Orientation & Systems

Systems: Thermal, HVAC, Plumbing, Electricity, Acoustics

When you get tired of the screen, test your memory on the last day's material. The whole process should take about 3 minutes.

2 Systems & Construction

Systems: Lighting, Miscellaneous, Practice Problems
Construction: Roofs, Wood

3 minutes each day testing your memory on the topics you've studied yesterday & last week.

3 Construction

Construction: Steel, Concrete, Masonry, Enclosures, Structures

3 minutes each day testing your memory on the topics you've studied yesterday & last week.

4 Site & BQs

Site: All of it | **Systems, Construction, & Site Bonus Questions:** All of it

3 minutes each day testing your memory on the topics you've studied yesterday & last week.

5 Catch Up

Use this week to catch up. Skip ahead to Week 6 if you don't need to catch up.

3 minutes each day testing your memory on the topics you studied yesterday, last week, **& last month**.

6 Codes, BQs, & Pro Practice

Codes: All of it | **Codes Bonus Questions:** All of it | **Pro Practice:** Through lesson 29.

3 minutes each day testing your memory on the topics you studied yesterday, last week, & last month.

7 Pro Practice

Pro Practice: All remaining lessons.

3 minutes each day testing your memory on the topics you studied yesterday, last week, & last month.

8 Pro Practice BQs, & Flashcards (PPD, PDD)

Pro Practice Bonus Questions: All of it | **PPD Flashcards:** All of it. **PDD Flashcards:** 1/3 of the deck. Flashcards will have both for review and additional content. This can feel more demanding than the videos. Average about 4 minutes per flashcard.

Treat the flashcards as you would any other course material. Spend 3 minutes each day testing your memory on the topics you studied yesterday, last week, & last month.

You're half way there!

Keep up the great work.

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Weeks

9
Flashcards (PDD, PA)

PDD Flashcards: All remaining flashcards
PA Flashcards: 1/2 of the deck.

3 minutes each day testing your memory on the topics you studied yesterday, last week, & last month.

10
Catch up (or Work Ahead on Flashcards)

PA Flashcards: All remaining flashcards.
Use the rest of this week to catch up. Skip ahead to Week 11 if you don't need to catch up.

3 minutes each day testing your memory on the topics you studied yesterday, last week, & last month.

11
Flashcards (PcM, PjM)

PcM Flashcards: All of it.
PjM Flashcards: 1/2 of the deck.

3 minutes each day testing your memory on the topics you studied yesterday, last week, & last month.

12
Flashcards (PjM, CE)

PjM Flashcards: All remaining flashcards.
CE Flashcards: All of it.

3 minutes each day testing your memory on the topics you studied yesterday, last week, & last month.

13
Amber Book Practice Exams & Review

Amber Book Practice Exams: PcM, PjM, & CE
Review any unclear content and each exam afterward, using flashcards and feedback for deeper review. Use the Video Index to find relevant video lessons to strengthen your grasp of core concepts.

Treat these as a test dress rehearsal. Take them in one sitting in a test-like environment.

14
Amber Book Practice Exams & Review

Amber Book Practice Exams: PPD, PDD, PA
Review any content you do not fully understand.

15
NCARB Practice Exams & Review

NCARB Practice Exams: PPD, PDD, & PA.
Review any content you do not fully understand.

16
NCARB Practice Exams & Review

NCARB Practice Exams: PcM, PjM, & CE.
Review any content you do not fully understand.

17+
Take All Remaining Exams

Review the "Amber Book Essential Course Notes" the night before each exam and go into the testing center like you own it. After you get your results, reschedule any exams that you did not pass for the earliest possible re-take date (possible exception: if your scaled score is below 490 or you have multiple content areas scored below 55%. If this is the case, you might need to adjust your strategy. If you'd like help with this, email us at info@amberbook.com and attach a copy of your score report.)