



Jamie Ward-Smith, Chair of Trustees

'Earlier this year, we relaunched the Co-op Foundation - the Co-op's own charity - with an exciting new plan to help disadvantaged communities work together to make things better. From tackling youth loneliness to investing in some of the most deprived areas of the UK, our work complements the Co-op's other great activity in communities. I'm thrilled to be able to share these highlights, just 6 months into our new three-year strategy. I look forward to regularly updating our supporters and partners on our progress, our impact - and of course the co-operative difference that drives everything we do.'

## Tackling youth loneliness

The Co-op Foundation is building a national network of projects tackling loneliness among disadvantaged young people. By helping our partners collaborate and share learning, we're facilitating a national conversation about youth loneliness and strengthening local practice.

Our first 5 pilot projects which began in October 2016 are well on their way to helping a target of 305 young people, through a range of approaches to tackling loneliness.

#### **Envision**

'Community Apprentice' project builds young people's sense of community, helping them tackle social issues they care about.

#### **Royal Exchange Theatre**

'Heard not hidden' is helping young deaf people in Rochdale to come together and make friends through creative activities.

#### Youth Focus: North East

'Fast friends' brings young people together to explore what loneliness means to them and identify action they can take to address it.

# Manchester Metropolitan University

Have trained a group of young co-researchers, who are investigating how loneliness affects young people and will share their findings widely across the UK.

#### The Prince's Trust

'Get Started With Art' is running art courses, with follow-up support, for young people in Bristol experiencing isolation and struggling to access opportunities.

These projects received
£139,500
of Co-op Foundation
funding

32% of 16-24 year olds feel lonely 'always' or 'often'

4

(source: Co-op/British Red Cross 2016)



Another 6 partners have joined our network so far this year, focusing on times of transition when young people are at higher risk of loneliness.

#### **Ovalhouse**

Is working with awardwinning children's playwright Mike Kenny to develop a play about youth loneliness, with input from workshops in South London schools.

#### **Changing our Lives**

Will help young people with disabilities make new friends based on shared interests.

#### Clean Break

Will use theatre to help young female ex-offenders tackle loneliness and isolation.

#### **Become**

Will coach young care leavers, aiming to achieve profound, positive, and sustainable improvement in their wellbeing.

#### **Carefree Cornwall**

Also working with careexperienced young people, will focus on enabling them to volunteer as peer mentors.

#### Whizz Kidz

Will run a leadership programme for young wheelchair users.

These 6 projects will directly benefit 680 young people

to tackle loneliness in the next year

We've committed
£120,000
to support these new

partners' projects



## What's next?

# Our priorities for the second half of 2017 include:

- Awarding the first £400,000 from our #iwill fund to projects using youth social action to tackle loneliness
- Expanding our youth loneliness network UK-wide, working with new partners in Scotland, Wales and Northern Ireland
- Making 4 pilot investments to support community enterprises in disadvantaged areas
- Developing new tools to measure our impact and its co-operative difference





### Case Study - tackling loneliness through youth social action

When Giordana arrived in the UK from Italy, she often felt lonely as she didn't speak much English and didn't know where to go to meet other people. Three years later she took part in Envision's 'Community Apprentice' project, and decided that she wanted to help other new arrivals to the country find support and friendship.

Working with a group of school-friends, and with help from local charities and businesses, she created a project to help new migrants and refugees find out about free social activities and sources of practical support.

## Get in touch

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If you'd like to raise funds to support our work, or for any other information, email us at foundation@coop.co.uk