



# Tschuggen Bergoase Spa *Arosa*

Alpine granite, handcrafted maple wood and Arosa rock combine in this mountain sanctuary designed by world-renowned Swiss architect, Mario Botta. The Tschuggen Bergoase Spa on 5.000 sqm, as one of the largest spas in Switzerland.

## *Calm, carved into the mountain*

A spa set across four floors, in glass sails rising from the mountainside. Enjoy architecture and treatments designed to promote stillness, wellbeing and restoration of mind and body.

Inspired by nature, backed by science. Natural healing sits at the core of our holistic spa journeys, rooted in cutting edge science and medical research.

Every Tschuggen Collection spa experience is tailor-made. Our bespoke treatments use fully organic or certified natural products.

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## *Overview*

- Indoor and outdoor relaxation pool with various features
- Swimming and sports pool and kiddies' paddling pool
- Kneipp area and Arosa rock grotto
- Spacious relaxation area and 4 sun terraces
- 2 private Spa Suites (70 sqm and 100 sqm)
- Sauna area with separate ladies sauna, chill-out lounge with fire place
- Relaxation area, mountain sauna with snow terrace, bio sauna, steam room, ice and shower zone
- 12 individually appointed treatment rooms for massage, baths and beauty treatments
- Fitness centre with Kinesis® Training System and Technogym equipment
- Yoga and meditation room
- Spa boutique, Spa Lounge & hair salon

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*A Tschuggen Collection Hotel*