

VALSANA

SUMMER
2024





THE ADVENTURE BEGINS HERE – RIGHT OUTSIDE YOUR DOOR

Nestled within Arosa's picturesque mountain landscape is the Valsana, your haven for summer mountain getaways. It's a world where relaxation and adventure go hand in hand: where mountain air revitalises the soul and your biggest worry is whether to start the day with soothing yoga or a hike in unspoilt nature. And yes, it's just as enticing as it sounds!

With us, you'll find a carefree spirit and the feeling of being exactly where you're meant to be. Say goodbye to the hustle and bustle of the everyday and hello to good vibes. Choose from a kaleidoscope of experiences right on your doorstep, from cultural enrichment to adrenaline thrills and mindful adventures in the great outdoors. Your time out at the Valsana starts now.

PHILIPP ESTERMANN
HOTEL DIRECTOR, VALSANA HOTEL AROSA



HIGHLIGHTS FOR SUMMER

From our lively Funky Friday nights to the Arosa village market, the celebrated Arosa Jazz Days and the always-thrilling Arosa ClassicCar, our summer calendar has something for everyone.

12 JULY 2024

9 AUGUST 2024

23 AUGUST 2024

Making Friday the coolest day of the week! This year, we're teaming up once more with Arosa bar & lounge Wandelbar to bring you the best of all worlds: cool décor, cool drinks, cool DJs, cool people and cool food. All this will be served up for your enjoyment on our very own Twist terrace.

FUNKY FRIDAYS



VILLAGE MARKET

26 JULY 2024

Join us on 26th July as the stretch of Dorfstrasse from the post office to the town hall is transformed into a vibrant festival mile. Browse for unique finds, sample culinary delights from Arosa's chefs and see local sports clubs compete for the best Strassenbeiz (roadside food spot). Grab a friend and head down to experience authentic Arosa in a relaxed festive atmosphere.



2 AUGUST TO 4 AUGUST 2024

Jazz fans, listen up! For three days in August each year, Arosa becomes a colourful stage for some of the world's most exciting jazz acts. A varied programme of international artists offers authentic New Orleans jazz, rousing swing and authentic blues. Get into the groove with rhythmic beats in the warm open air.

AROSA JAZZ DAYS



AROSA CLASSICCAR

29 AUGUST TO 1 SEPTEMBER 2024

As the only racing event of its kind in the Swiss Alps, the Arosa ClassicCar draws motorsports fans from all over the world and brings joy to the hearts of classic car lovers, holidaymakers and residents alike. Located directly on the race route – just before the finish line – the Valsana Hotel is ideally situated to witness this thrilling spectacle up close.





Ready to discover new paths this summer? As the air gets thinner, the adventures become more exciting – and the cycling opportunities are like none you’ve experienced before. Combining high Alpine passages with fun, easy-riding forest trails, the Bear Mountains of Arosa are a veritable El Dorado for experienced cyclists as well as a thrilling invitation for novices to test their skills. The Valsana is the ideal base for exploring the mountains on two wheels, with free-to-use hardtail mountain bikes, e-bike hire and a handy on-site bike shop and workshop. A lockable bike room, laundry service and first-class insider tips all come as part of the package.

Whether a leisurely ride or an endurance tour, we’ll be happy to advise you or to organise a guided excursion in partnership with the Arosa Bike School.

When the sun goes down, take the opportunity to relax tired muscles in the spa and celebrate the day’s achievements with refreshments at Twist Restaurant.

A PATHFINDER'S PARADISE

GAME, SET AND MATCH

Challenge a friend, get moving on a rainy day or try your hand on the court for the very first time: from beginners to experienced club players, the hotel's own indoor tennis centre offers hours of fun for all. Head to reception to book your morning or afternoon session and pick up a set of iconic green balls. Want to show off your skills on a smaller stage? Our table tennis table beckons for spontaneous duels with bat and ball.



YOUTH AND SENIOR OPEN TENNIS TOURNAMENT 2024

On the occasion of the 21st Youth and Senior Open Tournament hosted by Tennis Club Arosa, we're offering participants and their travel companions a special package including two nights' stay (21 to 23 June 2024), breakfast & dinner and the tournament entry fee.

For further information or to book, call +41 81 378 63 63
or email info@valsana.ch.



Included free of charge with every stay at the Valsana, the Arosa Card is your all-in-one ticket to the ultimate summer-time mountain experience. The card offers unlimited access to Arosa's cablecar network in addition to free travel on the Rhaetian Railway to Lüen-Castiel as well as on the Arosa village bus, which stops at all local destinations. That's not all! The all-inclusive Arosa Card also entitles you to explore the rope park, hone your cycling skills at the Skill Center, cruise across the Obersee on pedalos or soak up the sun at the idyllic lido.

Sports enthusiasts, too, are well catered for. Take a spin on the ice rink, show off your skills at the 9-hole ChippinGolf course or tee off at the stunningly located driving range at Golf Club Arosa. For culture and nature fans, there's free entry to the Eggahuus local history museum or discounted entry to the Arosa Bear Sanctuary Bärenland and the archery park.

The best bit of all? All these attractions are just a stone's throw from the hotel's doorstep.

AROSA
UNLIMITED

OUR CULINARY HEART

Welcome to TWIST restaurant, the culinary heart of the Valsana, where every dish is served with that little something extra. Here, surrounded by the merry dance of ice cubes, the elegant clink of glass on glass and a buzz of conversation that lasts well into the night, we invite you to relax and enjoy the best of Swiss conviviality. TWIST is not just a restaurant but a place of encounter – one where all are welcome to gather together and celebrate life in all its fullness.

A dedicated and experienced team are on hand to make your every visit to TWIST unforgettable. It is with open doors and open hearts that we invite you join us: come as guests, leave as valued friends.





DIVE INTO NATURE WITH MOVING MOUNTAINS PLAY

PLAY with us – because we believe you're never too old to stop playing! At the Valsana Hotel, PLAY means immersion in nature and culture alike. It means authentic experiences that bring our beloved Arosa to life; adventures that are hand-picked with the spirit of playful enjoyment in mind. This summer, our PLAY activity programme will focus on the Grisons as a place to live and visit as well as on the lives and stories of some of its most interesting residents.

Will you join us?

Find out more about any of our Moving Mountains activities by calling +41 81 378 63 63 or emailing info@valsana.ch. Alternatively, our reception team will be happy to advise you in person.



MOVING MOUNTAINS PLAY

CURATED ADVENTURES

(June to September)

PLAYING THE ALPHORN: SWISS TRADITION WITH SPECTACULAR MOUNTAIN VIEWS

Free of charge on 23 July, 6 August,
20 August and 3 September 2024
Bookable as a private activity for
CHF CHF 200 (1 to 6 people)
Duration: 1 hour

FISHING ON THE OBERSEE: AT ONE WITH NATURE

Free of charge every Monday
Bookable as a private activity for
CHF 200 (1 to 4 people)
Duration: 2 hours

GATHERING MUSHROOMS AND BERRIES: GIFTS OF THE FOREST

Free of charge every Wednesday
Bookable as a private activity for
CHF 200 (1 to 6 people)
Duration: 3 hours

CHASING THE SUN AT THE OBSERVATORY: A JOURNEY INTO SPACE

Free of charge on 12 July, 15 July,
16 August and 6 September 2024
Bookable as a private activity for
CHF 300 (1 to 6 people)
Duration: 2 hours

CAIRN-BUILDING: BALANCE AND FINESSE

Free of charge every Thursday
Bookable as a private activity for
CHF 200 (1 to 6 people)
Duration: 2.5 hours

A TRADITIONAL GRISONS SANDWICH IRON: THE TASTE OF THE MOUNTAINS

Free of charge every Tuesday
Bookable as a private activity for
CHF 200 (1 to 6 people)
Duration: 1.5 hours





MOVING MOUNTAINS PLAY

EMPOWERING EXPEDITIONS

(June to September)

KNEIPPING IN AN ICY RIVER: THE INVIGORATING FORCE OF THE MOUNTAINS

Free of charge every Friday

Bookable as a private activity for

CHF 200 (1 to 6 people)

Duration: 2 hours

MOUNTAIN LAKE SWIMMING: ICE-COLD REFRESHMENT

Free of charge every Saturday

Bookable as a private activity for

CHF 200 (1 to 6 people)

Duration: 2 hours

A SUNRISE HIKE ON THE HÖRNLI: GREETING THE DAY

Free of charge every Saturday

Bookable as a private activity for

CHF 200 (1 to 6 people)

Duration: 3 hours

A NATURAL SPA UNDER THE WATERFALL: SHOWERING IN THE OPEN AIR

Free of charge every Sunday

Bookable as a private activity for

CHF 200 (1 to 6 people)

Duration: 3 hours



VALSANA, WHAT'S UP? EVENTS AND THINGS TO DO

FUNKY FRIDAYS 12 JULY, 9 AUGUST, 23 AUGUST

VALSANA MOVIE NIGHT 14 JUNE TO 15 SEPTEMBER (EVERY WEDNESDAY)

BIKE KINGDOM HUNT AROSA 12 TO 14 JULY 2024

AROSA VILLAGE MARKET 26 JULY 2024

SUMMER BBQ WITH LIVE MUSIC FOR SWISS NATIONAL DAY 1 AUGUST 2024

AROSA JAZZ DAYS 2 TO 4 AUGUST 2024

FAMILY BIKE VIBES AROSA 2 TO 4 AUGUST 2024

X-WARRIOR AROSA 17 TO 18 AUGUST 2024

AROSA CLASSICCAR 29 AUGUST TO 1 SEPTEMBER 2024

AROSA TRAILRUN 7 SEPTEMBER 2024

THINK OUT OF THE BOX

Are you planning a meeting that goes beyond the ordinary? Our Ideas Workshop is not just a meeting space but a place that nurtures creative spirits. It's where ideas are born, thoughts flow freely and creativity is given free reign.

Travelling as a group and seeking the perfect way to round the business element of your trip? The Valsana offers tailor-made programmes of supporting activities that are designed to integrate seamlessly into your schedule. Whether a team-building cooking class or a Green Tour to inspire your own sustainability endeavours, we'll use our extensive events experience – and a dash of Valsana magic – to transform your ideas into reality.



PROUD TO BE A SUSTAINABILITY LEADER

The Valsana Hotel is part of the family-run Tschuggen Collection, a Green Globe-certified premium hotel group. For the Tschuggen Collection, sustainability is not merely a buzzword but a philosophy to live by. The Valsana's 100% CO₂-neutral building infrastructure makes it one of the most sustainable hotels in Switzerland, with geothermal energy and heat recovery at 1,800 metres a.s.l. that enable the hotel to be heated and operated entirely without fossil (or other) fuels. Our sustainable philosophy also extends to other aspects of hotel life, from our resource-efficient procurement and optimised waste management to our use of sustainable Swiss materials and products. When you stay at the Valsana, you holiday with a clear conscience.



THE COOLEST THING ABOUT THE VALSANA? OUR ICE BATTERY, OF COURSE!

A project that's truly pioneering: The Valsana's use of an ice battery for thermal energy storage enables us to keep our CO2 emissions to virtually zero. Interested in finding out more about our sustainable initiatives? Ask about our Green Tours!



A Tschuggen Collection Hotel

Valsana Hotel Arosa

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