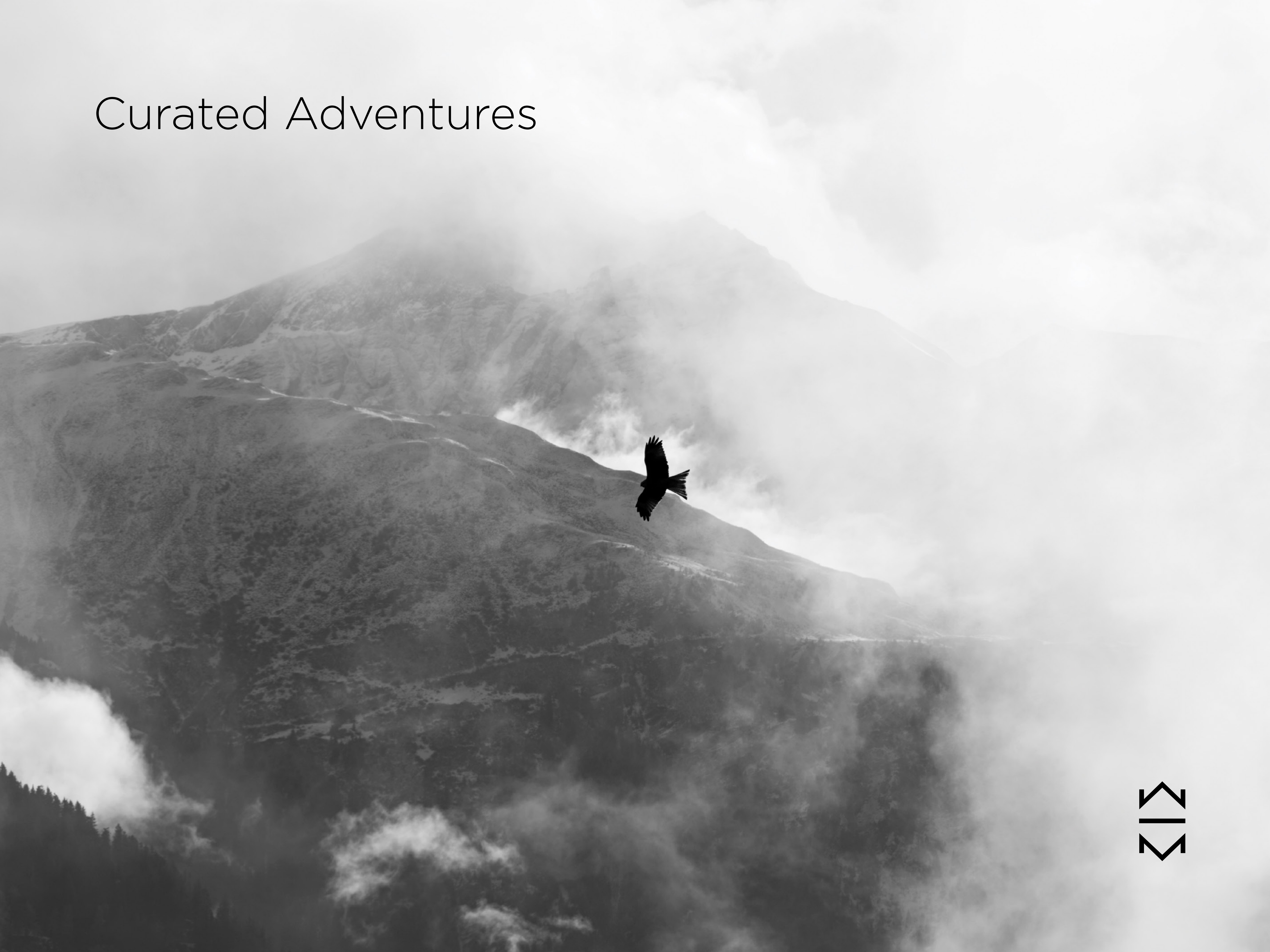




Curated Adventures





ESSENZE DELLA NATURA - AN ALCHEMY CLASS USING THE HERBS OF TICINO



Join our Head of Bar Pantaleone “Leo” Zoccali to uncover the essence of nature. Under his watchful guidance, you’ll use the art of distillation to extract the flavours of Ticino herbs and make your own “flavoured water”. This can then be used to make oil, mocktails or cocktails.



Duration: One and a half hours
Fridays for CHF 45 (per person)



GROTTO TICINESE -

A TICINESE EVENING WITH FRIENDS



A traditional Ticino platter, fresh polenta from the fire and delicious regional wines: the perfect companions for an authentic winter evening in Ascona. Join us for a relaxed and cosy night at Restaurant La Casetta and experience the unadulterated Ticinese joie de vivre!



Duration: Two hours
Sundays for CHF 90 (per person)



TEA TASTING ON MONTE VERITÀ - AN ARRAY OF FLAVOURS

Tea from Europe? A real rarity. Reason enough then to create its own Curated Adventure – and on the iconic Monte Verità, no less. On the tea plantation, we dive into a world of aromas, discover how tea is processed and taste a range of local tea varieties.



Duration: One and a half hours
On request for CHF 170 (per person)

Empowering Expeditions





SAUNA MEETS LAKE - COOLING OFF IN LAKE MAGGIORE

Experience the rejuvenating combination of hot and cold at the Sauna & Lake Experience. First comes the Swiss herbs infusion, where the body is gently encouraged to sweat; afterwards, Lake Maggiore provides the necessary cooling. The sudden immersion in cold exerts positive effects on the immune system.



Duration: One hour
Complimentary on Saturdays



DISCOVER TICINO WITH OUR OUTDOOR BUTLER -

TAILOR MADE EXPERIENCE



Explore Ticino and see the region with fresh eyes as our Outdoor Butler Cyrill Oehrli accompanies you on unforgettable adventures. Journey into pristine nature, scale a peak with stunning views of Lake Maggiore or take a tour of discovery through the valleys of Maggia and Verzasca. You decide where the day takes you!



Duration: Depending on the activity
CHF 120 (per hour)



SUNRISE HIKE - HUNTING FOR THE DAWN



Well equipped, we set off from the Eden Roc via Piazza Giuseppe Motta to the old jetty and on to the Chiesa San Michele. The effort is rewarded - not only with a little refreshment, but above all with the breathtaking view over the bay of Ascona and the rising winter sun. And dawn is not a rare phenomenon on Lake Maggiore!



Duration: One and a half hours
Individually bookable free of charge on request



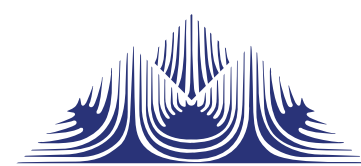
WINTER KAYAKING - ASCONA FROM THE WATER



Kayaking in winter is a one-of-a-kind experience made possible by Ticino's famous microclimate. A trip on the water lets you see Ascona like you've never seen it before, with the winter tranquillity of Lake Maggiore serving as a particular highlight.



Duration: One and a half hours
Individually bookable free of charge on request



HOTEL EDEN ROC
ASCONA