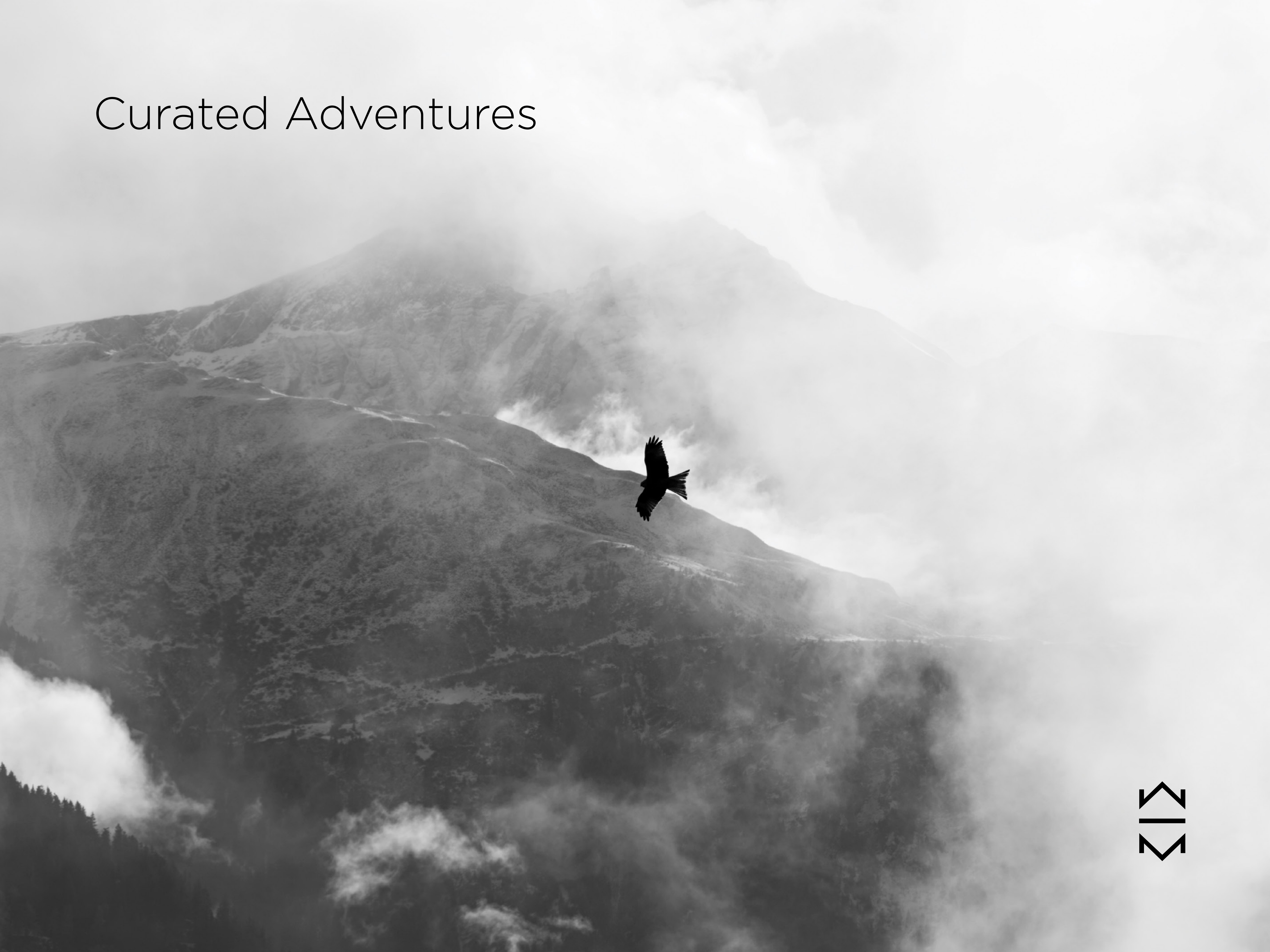




Curated Adventures





HAVING A BALL - BOCCIA AT CASA EPPER



Did you know that Ticino is the birthplace of the boccia world champion? It's a sport that enjoys enduring popularity in the region. Where could be better than the shady gardens of Casa Epper for a companionable round or two with our Outdoor Butler?



Duration: One hour
Complimentary on Tuesdays



A TOUR OF DISCOVERY - EXPLORING THE BOLLE DI MAGADINO NATURE RESERVE BY BOAT

Did you know that there are now no completely unspoiled delta ecosystems left in Switzerland? The Bolle di Magadino nature reserve is one of the last delta landscapes with at least some original natural habitats remaining. On this Curated Adventure, you'll arrive at the reserve by rowing boat before taking a walk with local guides to learn more about the area.

First three Fridays of the month / CHF 70 per person
Minimum 4 persons
(up to 8 persons)





A CULINARY EXCURSION - FISHING ON LAKE MAGGIORE

It's well known that the early bird catches the worm – so take advantage of the calm hours of the morning to enjoy a boat trip in search of zander, perch and whitefish. Our keen resident fisherman Nicolo Falda will be on hand to show you his tricks and maximise your chances of success. With a little luck, you'll be heading back to the hotel with a fresh catch to prepare for dinner later.



Duration: Two hours
Bookable on an individual basis for CHF 240 per person



LIQUID GOLD - HARVESTING HONEY FROM OUR BEE HOTEL

Around 480,000 new employees have recently taken up residence at the Hotel Eden Roc's very own bee hotel. Join us for the 'honey harvest' as we collect their liquid gold with the help of experienced beekeepers and learn what makes bees such an important part of our ecosystems.



Duration: Two and a half hours
Complimentary on Thursdays

Also bookable on an individual basis for CHF 90 per person



TAILOR MADE EXPERIENCES - TAKE IN TICINO WITH OUR OUTDOOR BUTLER



Explore Ticino through fresh eyes as our Outdoor Butler Cyrill Oehrli accompanies you on unforgettable adventures. Journey into pristine nature, scale a peak with stunning views of Lake Maggiore or take a tour of discovery through the valleys of Maggia and Verzasca. You decide where the day takes you.



Duration: Depending on the selected activity
Bookable on an individual basis for CHF 100 per hour

Empowering Expeditions





ASCONA FROM THE WATER - KAYAKING

A quick energy-boosting snack – and away we go! Depending on the route, this Empowering Expedition ends either in the bay of Ascona or at the mouth of the Maggia, where the river empties out into the shimmering blue of the lake. Viewed from the water the river's beauty truly reveals itself. As you enjoy an active start on the quiet waters of the early morning, you'll be regaled by entertaining anecdotes about Ascona.

Duration: One and a half hours
Complimentary on Wednesdays



Also bookable on an individual basis for CHF 90 per person



ABOVE THE CLOUDS - PARAGLIDING

This Empowering Expedition combines movement, adrenaline and stunning bird's eye views of the Ascona-Locarno delta. The expedition heads first for the Cimetta mountain, where experienced paragliding tandem pilots will be waiting to drift away with you into the Ticino sky.

Duration: Three to four hours
Available daily



Bookable on an individual basis for CHF 420 per person



GREETING THE DAY – A SUNRISE HIKE

After making sure we're properly equipped, we head from the Eden Roc to the Parco Parsifal wildlife park then onwards to Balladrüm viewpoint. While the hike requires a moderate level of fitness, the effort is well rewarded – not only by refreshments, but by breathtaking views of the rising sun. The way back to the hotel is via the Sentiero Romano trail along the shores of Lake Maggiore.



Duration: Three hours
Complimentary on Wednesdays
Also bookable on an individual basis for CHF 90 per person



FOR BODY AND SOUL - A SIGHTSEEING WORKOUT



This is sightseeing reimaged – with a feel-good full-body workout included! On this Empowering Expedition, our Outdoor Butler Cyrill Oehrli takes you on a tour of the most beautiful places in Ascona and the surrounding area. As well as admiring the spectacular views, you'll get your blood pumping with strength exercises at each stop.



Duration: One hour
Complimentary on Tuesdays
Also bookable on an individual basis for CHF 70 per person



TICINO ON TWO WHEELS – A BICYCLE TOUR



Keeping moving is the key to maintaining balance. On this expedition, our passionate resident cyclist Jorge Ventura will lead you on a spectacular bike tour of Ticino, allowing you to get up close with the Mediterranean lifestyle while savouring the feeling of the wind in your face. Individually booked tours will be adapted to your fitness level.

Duration: Two to three hours
Complimentary on Thursdays



Also bookable on an individual basis for CHF 100 per person

Monthly special events

We are pleased to offer a selection of monthly special events in addition to our regular programme of Moving Mountains experiences. Visit the ancient village of Tavolara a Corippos, bake bread in Giumaglio, or come sailing on Lake Maggiore.



TAVOLATA A CORIPPO - THE FIRST ALBERGO DIFFUSO IN THE TICINO REGION

The term albergo diffuso roughly translates to ‘scattered hotel’ – a hospitality concept that breathes life into disused buildings through tourism. With the last permanent residents long gone, the ancient village of Corippo is now set to accommodate and inspire Ticino holidaymakers. Every first Saturday of the month (from April to October), you can learn more about the village on a guided tour followed by a traditional tavolata: a three-course lunch with aperitivo.

Duration: Three and a half hours
Dates: 8 Apr / 6 May / 3 June / 1 July / 5 Aug / 2 Sep / 7 Oct
CHF 200 per person





BAKING BREAD IN GIUMAGLIO – ON THE TRAIL OF A CENTURIES-OLD TRADITION



The art of breadmaking has centuries-long roots in Ticino culture. This monthly adventure takes us to Giumaglio, where you'll have chance to make your own stone-baked bread in an oven dating back to 1780 under the guidance of Livia Römer-Buseti. The result is even better than homemade – and the rustic village of Giumaglio (and nearby waterfall) are well worth a wander while the oven works its magic.

Duration: Four hours
Dates: 21 Apr / 12 May / 9 June / 7 July /
1 Aug / 11 Aug / 15 Sep / 13 Oct
CHF 150 per person





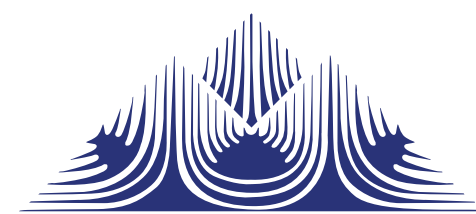
SAILING ON LAKE MAGGIORE - CHASING THE BEST WINDS



Hop on board our Saffier33 for a sailing tour as we chase the best winds under the expert leadership of Stefan Caprez, the Tschuggen Collection's site manager. A passionate sailor in his free time, he'll explain all about sailing as a sport as well as sharing fascinating tidbits about the architecture of the Hotel Eden Roc and the Ticino region at large.



Dates: 20 Apr / 18 May / 15 June / 20 July / 17 Aug / 14 Sep
Duration: Four hours
CHF 250 per person



HOTEL EDEN ROC

ASCONA