



Skin Rejuvenation

Two partners - one vision

In line with our Moving Mountains philosophy, we only use purely 100% organic or certified natural products. Our search for the perfect partner brought us to Methode Physiadermie, a brand by Geneva-based Laboratoire Sintyl that offers the perfect synergy between natural ingredients and cutting-edge Swiss technology. Laboratoire Sintyl has been a pioneer of personalised skincare since 1974 and is dedicated to the research and development of cosmeceuticals for skincare professionals. Its formulas are developed, manufactured and tested at its Geneva laboratory according to the stringent standards of the Swiss cosmetics industry, guaranteeing flawless quality in every bottle. The Methode Physiadermie brand has held ECOCERT certification since 2019 in recognition of its commitment to ecological sustainability.

Methode Physiadermie

Results are at the heart of Methode Physiadermie's clinical approach. Healthy skin is achieved by eliminating the causes – rather than the visible signs – of a range of skin issues.

Methode Physiadermie offers three product lines tailored to different skin needs.

Equilibre Essentiel

Swiss cosmeceuticals for smoother, more radiant skin

Clinical Swiss Organics

The first 100% organic Swiss skincare line

Chrono Repair Homme

Researched and Developed for Male Skin



Equilibre Essentiel

Methode Physiodermie's Equilibre Essentiel line offers tailored solutions for skin issues such as ageing, dark circles and bags under the eyes, acne, rosacea and pigmentation. Since everyone's skin is unique, the combination of products used in each treatment is tailored to the client's individual needs.



Equilibre Essentiel Expert Treatment

Following a detailed analysis of the skin, the treatment is personalised to address individual skin issues. Thanks to the synergy between powerful ingredients and targeted mechanisms of action, the products are absorbed deep into the skin for long-lasting results. A tailor-made facial treatment for transformed skin!

- **For sensitive skin.**

A nourishing treatment to rebalance the skin

- **For blemish-prone skin.**

A clarifying facial to regulate sebum production

- **For instantly radiant eyes.**

A tailored treatment for the eye area targeting dark circles, undereye bags, wrinkles, puffy or tired eyes

- **Redness rescue - restorative treatment**

Morpho-lymphatic drainage combined with high-quality plant extracts to reduce inflammation

60 min/CHF 210

Hyaluronic Acid Age Plus Booster **For instant skin firming.**

A specially developed anti-ageing treatment to plump up the skin and improve elasticity. A complex of two hyaluronic acids combined with micro-encapsulated Swiss glacier water penetrates deep into the skin for immediate effects. The serums used are tailored to the individual to ensure long-lasting results.

75 min/CHF 270

Anti-ageing treatment for mature skin.

A natural, moisturising, lifting facial that uses special massage techniques combined with individually tailored serums.

90 min/CHF 290

T3 SKIN REJUVENATOR

A three-step system to improve the look of ageing skin.

This exclusive facial treatment is based on non-invasive technology that delivers maximum skin renewal and rejuvenation. In addition to addressing signs of ageing, the innovative instrumental approach is designed to treat a wide range of skin complaints with the specific goal of restoring a radiant complexion. The T3 SKIN REJUVENATOR device produces visible skin improvement in cases of hyperpigmentation, sun damage, blemishes, acne, redness or rosacea.

The procedure combines diamond microdermabrasion, aquafacial techniques and high-frequency therapy in one highly effective treatment.

Results

- Rejuvenates and improves all skin types
- Treatments are tailored to address your individual skin complaints
- Visible 'glow' effect from the first treatment
- Effective, painless, non-invasive
- No downtime or restrictions on any post-treatment activities
- Produces a healthier, more youthful-looking and firmer complexion
- Delivers long-lasting hydration

90 min/CHF 390



Clinical Swiss Organics

We are proud to partner with the first 100% organic Swiss skincare line certified by ECOCERT Greenlife and compliant with the COSMOS Organic Standard. All products in the Clinical Swiss Organics line are stripped back to the most important ingredients and are free of perfume, silicones, parabens, mineral oils and EDTA/BHA/BHBT. The line also has flawless environmental credentials: it is organic, vegan, biodegradable, free of alcohol and sulphates, not tested on animals and produced according ecologically sustainable principles.



Clinical Swiss Organics facials deliver outstanding results while being gentle and kind to skin and the environment. This premium product line from Methode Physioderme means you no longer have to choose between certified organic cosmetics and instantly visible results.



Bio Skin Balance

Restores the skin's balance through a refining and smoothing 10% lactic acid peel combined with bioenergetic lymphatic drainage, promoting the skin's natural self-regulation function and actively combating excess tissue fluid. A serum and deeply penetrating mask round off the treatment and prolong the duration of the effects.

60 min/CHF 210

Bio Skin Energising

Consists of a 10% lactic acid peel to smooth the skin followed by a dynamic muscle toning treatment to redefine the contours of the face and visibly tighten the skin. A heavy dose of moisture revitalises the skin. A replenishing mask increases skin elasticity and visibly improves skin firmness.

90 min/CHF 290



Chrono Repair Homme

Researched and developed for the unique requirements of men's skin.
A comprehensive combination treatment that offers deep cleansing
and complete nourishment for each individual's skin.



Chrono Repair Men Care

Featuring a cleansing gel specially tailored for men's skin, this treatment removes toxins and impurities, stimulates the lymphatic system and counteracts lymphatic congestion.

60 min/CHF 210

Chrono Repair Men Natural Lifting

This treatment reduces visible signs of ageing and strengthens the structure of the skin. Muscle tone is stimulated to provide a noticeable lift. The result is a radiant appearance and a natural anti-ageing effect.

90 min/CHF 290
