

## HEALTHY BOWLS

### REGENBOGENSALAT | gf

#### Gemüsestreifen, Kirschtomaten

Vegetable stripes, cherry tomatos

### TOMATEN-MOZZARELLA-SALAT | ve

Tomato-mozzarella salad

## SOUP BOWL

### TAGESSUPPE | p

Soup of the day

### TOMATENSUPPE | gf | ve | p | lf | ☞

Tomatosoup

## POWER DISHES

### SPINAT TORTELLINI | ve möglich

Erbsen-Schinken-Rahmsauce oder Erbsen-Rahmsauce

Spinach tortellini with pea-ham cream sauce or pea-cream sauce

### SPAGHETTI MIT TOMATENSAUCE ODER BOLOGNESE

Alternativ mit glutenfreien Spaghetti

Spaghetti with tomato sauce or bolognese

Alternatively with gluten free spaghetti

### CHICKEN NUGGETS & GURKEN STICKS

#### Ostschweizer Pommes Frites

Chicken nuggets & cucumber sticks

French fries

11

### HOT DOG | lf

#### Wienerli, Röstzwiebel, Ketchup & Gurkensticks, Ostschweizer Pommes Frites

Sausage, fried onion, ketchup & cucumber sticks, french fries

13

### ZANDER KNUSPERLI

#### Ostschweizer Pommes Frites oder Süsskartoffel Pommes Frites

#### Gurkensticks

Pike perch fingers, french fries or sweet potato fries,

cucumber sticks

16

21

11

## DESSERTS

11

### VANILLE ODER SCHOKO FRAPPÉ | ve | gf

Vanilla or chocolate shake

8

16

### HAUSGEMACHTES GLACE PRO KUGEL | ve | gf

#### Vanille, Schokolade, Pflaume-Zimt, Heu-Spekulatius, Erdbeere,

#### Salzkaramell-Popcorn

Homemade ice cream per scoop

Vanilla, chocolate, plum-cinnamon, hay-speculoo, strawberry,

salted caramell-popcorn

6

14

### HAUSGEMACHTES SORBET PRO KUGEL | p | ve | lf | gf ☞

#### Zitrone, Sanddorn, Himbeer-Thymian, Apfel-Basilikum, Waldbeere-Bier,

#### Galiamelone

Homemade sorbet per scoop

Lemon, sea buckthorn, rasperry-thyme, apple-basil, wild berry-beer, galia melon

6

18