



Carlton Hotel Spa

St. Moritz

Set over three floors on 1.200 sqm, the Carlton Spa is a space made for relaxation. Unwind in the sauna, or take a guided yoga practice. Or simply slip into the expert hands of our massage therapists.

Carlton Spa

Soothe your body after a long day hiking or skiing. Our holistic spa treatments unlock the healing power of nature.

Natural healing sits at the core of our holistic spa journeys, rooted in cutting edge science and medical research.

Every Tschuggen Collection spa experience is tailor-made. Our bespoke treatments use fully organic or certified natural products. Inspired by nature, backed by science.

Overview

- Indoor Pool
- Outdoor Pool
- Treatment rooms
- Body Treatments
- Hair Removal/Waxing
- Aromatherapy
- Ayurveda
- Facials
- Hot Stone Treatments
- Massage
- Thai Massage
- Locker Rooms
- Relaxation Lounge
- Salon Service
- Steam and sauna
- Fitness Studio
- Personal Training
- Yoga