

VALSANA

FACTS & FIGURES

At Valsana, nature isn't just celebrated—it's embraced and woven into every moment of the guest experience. We love nature!

Our modern-chic retreat in Arosa features 49 stylish rooms, an innovative ice battery and a holistic lifestyle program. The spa area of 800 sqm and a restaurant focusing on fresh regional products and healthy deliciousness. Experience conscious luxury in the Swiss Alps.

Furthermore, we are proud to introduce you our new lifestyle programme Moving Mountains – to promote vitality, reconnect with nature and celebrate joy. Moving Mountains combines five pillars we believe essential to healthy and joyful living: MOVE – PLAY – NOURISH – REST – GIVE. Devised in collaboration with leading experts, rooted in cutting-edge science and curated by our hotel teams with our signature devotion to truly vibrant experiences. Further information: moving-mountains.ch



A Tschuggen Collection Hotel

NUMBER OF ROOMS

40 double rooms and junior suites between 33 and 52 sqm / 355 and 560 sqft
9 apartments with hotel services between 79 and 86 sqm / 850 and 925 sqft

All our rooms have a spacious balcony with a unique view of alpine mountain landscape, parquet flooring, Samsung tablet with news and e-newspapers, 55" flat screen HDTV with airplay, free high-speed wifi, record player, free mini bar with soft drinks, Nespresso coffee machine, rainforest shower and FAIR CosmEthics.

All of our nine one- and two-bedroom apartments have a fully equipped modern kitchenette.

PRICES HOTEL

Winter: from CHF 420 double occupancy including breakfast per day
Summer: from CHF 300 double occupancy including breakfast per day

PRICES APARTMENTS

Winter: from CHF 590 double occupancy per day
Summer: from CHF 470 double occupancy per day

RESTAURANT & DINE AROUND

Restaurant Twist – Simply delicious

The lobby, lounge, restaurant and bar all merge seamlessly into a single contiguous space where guests and locals alike can enjoy a cocktail, a delicious four-course dinner, a simple snack, soak up a weekly movie night or simply read a book by the fireside – an old antique we found in France.

With the Dine Around guests have the opportunity to enjoy dinner at the four different restaurants of the Tschuggen Grand Hotel as well as the Restaurant Alpenblick up on the mountain.

VALSANA SPA

The 800 sqm / 8610 sqft spa includes a relax pool facing the mountains, a state-of-the-art gym, a dedicated panoramic studio for yoga and fitness classes, steam bath and saunas made from reclaimed wood with views to transport you straight into the Arosa forest. Partnership with the Methode Physiodermie.






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SERVICES

- Transfer from and to the Arosa train station included
- Storage room for ski gear
- Free use of the hotel owned mountain bikes
- Rental for e-bikes and mountain bikes
- Indoor tennis center with two courts with granulate carpet flooring
- Special conditions for the 18-hole golf course
- Nordic walking sticks
- Hotel owned wooden and aluminum slides
- Medical center Arosa in the same building
- Generous parking spaces including charging station for electric cars
- Free high-speed wifi

SEMINARS & BANQUETS

All conference rooms are equipped with daylight and most modern facilities including wifi.

CAPACITY		IDEAS FACTORY 100 sqm / 1075 sqft	STUDIO 52 sqm / 560 sqft	FOYER 149 sqm / 1600 sqft
U Shape		30	12	-
Class room		30	-	-
Theatre		40	-	-
Block		20	16	-
Cocktail		80	-	120

SUSTAINABILITY

- Autonomous energy concept by 100% utilization of waste heat
- Latent ice storage with 85 m³/ 3000 ft³ volume
- 2 200 m geothermal ground probes, 20 drillings in approx. 100 m depth
- Loading stations for electric vehicles (free for hotel guests)
- Regional & seasonal food - purchasing as close as possible
- Ecological care products „FAIR CosmEthics“
- Green Meetings
- Green Globe certificate
- MyClimate partnership

HOW TO GET THERE



VALSANA Hotel Arosa

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