



TSCHUGGEN BERGOASE

by Mario Botta

refreshing,
relaxing &
stimulating

Welcome to the Spa Lounge
under the light sails of Mario Botta's
spectacular
"Tschuggen Bergoase".

You may order your favorite
dishes from 12.00 till 19.00



Moving Mountains dishes are backed by the latest findings in nutritional science. The ingredients are mostly plant-based and contain whole sugars and whole grains, instead of refined sugar and white flour. Nutritious, easy to digest and locally sourced - yet taste and flavours govern every decision. Look out for the following symbol:
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Declaration of origin

Fish: on request

Beef: CH | Poultry: CH

Auf Anfrage erteilt Ihnen unser Küchenteam Informationen über Allergene in unseren Speisen.

Hot drinks

	CHF
Coffee	5.50
Espresso	5.50
Double Espresso	7
Milk coffee	6
Cappuccino	6.50
Latte Macchiato	8
Double Espresso Macchiato	8
Ovomaltine	6
Hot Chocolate	6
<i>your choice of: white-, whole milk-, dark chocolate</i>	

Tea specialities 8


Whether white - green - black - or coloured our tea selection leaves nothing to be desired and has something for every taste. Our staff is delighted to assist you with your choice.

Alle Preise verstehen sich in Schweizer Franken inklusive gesetzlicher Mehrwertsteuer

Spa Lounge Snacks

CHF

Bowls & Salat

Tschuggen Bowl  24

Rocket salad | tomato vinaigrette |
quinoa | ricotta | fig

Moving Mountains Bowl  25

with an essence and a side salad

Caesar Salat 21

Romaine lettuce | garlic-cROUTONS |
Parmesan | cherrytomatoes |
Caesardressing

optionally with:

Alpstein chicken breast 29

King prawns 32

Sandwich & Focaccia

Clubsandwich Classic 34

chicken breast | egg | tomato |
cucumber | lettuce | cocktail sauce |
farmhouse bacon

Clubsandwich Provence 31

Marinated grilled vegetables |
basil pesto | egg | tomato | lettuce

Focaccia 16

Topped as desired with:

Alpine ham | grison raw ham |

Salami | Alpine cheese | Arosa Camembert

*Our Sandwiches and Focaccia
are served with potato chips and salad
garnish.*

Getränke

		CHF
San Pellegrino	50 cl	8
Aqua Panna	50 cl	8
Cola / Zero	33 cl	7
Rivella (rot/blau)	33 cl	7
Urban Yuzu	33 cl	7
Urban Calamansi	33 cl	7
Zobo Chriesi	27.5 cl	7
Apple juice from Valposchiavo	20 cl	7
Apple spritzer	33 cl	7
Classic Tonic	20 cl	7
Ginger Ale	20 cl	7
Bitter Lemon	20 cl	7
Ginger Beer	20 cl	7
Infusades white tea & mint	33 cl	7
Bergoase Ice tea	33 cl	6

*For further drinks please do not hesitate
to ask our staff..*