



VALSANA

**100% climate-
neutral and Green
Globe certified**

**GREEN MEETINGS
AND EVENTS**

GREEN MEETINGS AND EVENTS AT THE VALSANA HOTEL AROSA

Your meeting or event – delivered in a way that's completely you. Our thoughtfully designed Ideas Factory, 100% natural 'Elky' beds, restorative cuisine based on the latest nutritional science research, and tailor-made experiences for all seasons: all these things and more make the Valsana the ideal choice for sparkling CO2-neutral events against a breathtaking mountain backdrop.

Tell us your ideas. We'll do the rest!

**DON'T CALL
IT A DREAM,
CALL IT
A PLAN**

GREEN MEETINGS AND EVENTS AT A GLANCE:

LESS THAN 2 HOURS FROM ZURICH

BE INSPIRED BY A VENUE IN BREATHTAKING MOUNTAINS

**RESTORATIVE CUISINE BASED ON THE LATEST
NUTRITIONAL SCIENCE RESEARCH**

A BLISSFUL NIGHT'S REST THANKS TO OUR 100% NATURAL 'ELKY' BEDS

**MOVE AND GET ACTIVE WITH YOUR CHOICE OF ACTIVITIES FROM
OUR MOVING MOUNTAINS 'MOVE' PROGRAMME**

ENJOY TIME OUT IN THE MOUNTAINS WITH MOVING MOUNTAINS 'PLAY'

**MOVING
MOUNTAINS?**
Read more on page 6



FACTS AND FIGURES

IDEAS WORKSHOP – 100 M²

Parliamentary	up to 24 people
Block	up to 30 people
Theatre	up to 35 people
Apéritif	up to 40 people

OTHER OPTIONS:

Creative Studio – 52 m ²	
Block	up to 16 people
Foyer – 149 m ²	
Apéritif	up to 100 people



PRICES

FULL-DAY PACKAGE PER PERSON CHF 112

HALF-DAY PACKAGE PER PERSON CHF 85

Incl. energising coffee break, plant-based snacks, local lunch menu, Arosa mineral water and technical equipment.

SPACE RENTAL ONLY

CO-WORKING SPACE PER PERSON CHF 10/H

ROOM HIRE – FULL-DAY CHF 400

ROOM HIRE – HALF-DAY CHF 200

THINK OUT OF THE BOX

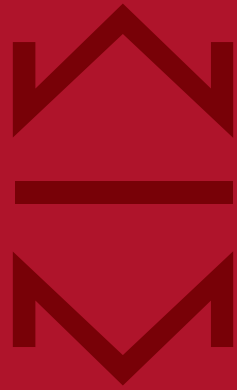
THE VALSANA IDEAS WORKSHOP

A creative zone in a uniquely inspiring setting.



**VALSANA DAYS
ARE THE BEST
DAYS.**





MOVING MOUNTAINS: MORE THAN 'JUST' MEETINGS

Inspired by the history and beauty of the mountains that surround us, we've created a holistic menu of activities to enable you to rediscover your vitality, reconnect with nature and celebrate life. At the heart of Moving Mountains is PLAY – because we believe you should never stop playing! PLAY is a specially curated selection of experiences chosen with pure joie de vivre in mind. Get the adrenaline flowing with a spot of ice bathing, observe deer and chamois in their natural habitat, gather mushrooms and berries in the forest, and much more. PLAY is the perfect way to complement your meeting or event and build collaborative spirit and connection among your teams.



MOVE WITH VALSANA

The Valsana Hotel offers first-class opportunities for functional fitness and yoga, with a regular programme of activities that provides the ideal balance to meetings and events. Join one of our (almost daily) guided yoga sessions, work out with the state-of-the-art equipment in our gym, enjoy a match on the hotel's own tennis courts, or ask us to organise your team afternoon on the nearby high ropes course. The Valsana Hotel is also the perfect base for activities in nature, from hiking and biking in summer to skiing in winter. Our on-site ski and bike shop means you'll always be able to find what you need.

When it comes to relaxing afterwards, we've got you covered. Our 800 m² spa and beauty centre offers a wide selection of restorative treatments for body and soul. Reflect and unwind as you soak up spectacular views of the surrounding mountains.

MOVEMENT AND FITNESS AT A GLANCE:

24-HOUR GYM

YOGA AND FUNCTIONAL FITNESS SPACE

OUR OWN TENNIS COURTS

**800 M² SPA WITH RELAXATION POOL,
SAUNAS, STEAM BATH AND RECOVERY ROOM**

ON-SITE SKI AND BIKE SHOP



EVENTS

Here at the Valsana, birthdays, anniversaries, and family celebrations are made truly unforgettable. We'll arrange the event you've always dreamed of, from the decor to the culinary experience and everything in between.

SAY YES TO VALSANA

Fancy getting married Valsana-style? We invite you to say yes to – and at – the Valsana! Together, we'll plan your special day down to the finest detail: we understand the importance of leaving nothing to chance.

From intimate gatherings of 10 people to weddings for up to 120 guests, we'll work with you to realise unforgettable events of any size.



STAYING AT THE VALSANA HOTEL

After a successful event, a good night's rest is top of the agenda - and in our thoughtfully designed rooms and suites, it's virtually guaranteed. Stylish interiors and natural materials bring the calm of the outdoors in. All rooms come with high-quality, 100% natural 'Elky' mattresses and black-out curtains for the perfect night's sleep. Each room also offers a spacious balcony, comfortable hanging chair, record player, minibar, coffee machine, high-speed Wi-Fi, and - of course - magnificent views of the surrounding mountains.



AROSA'S LIVING ROOM

Fresh, regional products and nourishing delicacies – with a modern twist! At our aptly named Twist Restaurant, all dishes are served with a side helping of good conscience. From our popular classics to our 100% plant-based, energising and gut-friendly creations, you can rest assured that the taste never comes up short.



**GOOD, FOOD,
GOOD MOOD**



CLIMATE NEUTRAL SINCE 2019

A TSCHUGGEN COLLECTION HOTEL

The Valsana Hotel is proud to be part of the Tschuggen Collection, a family-run, Green Globe-certified premium hotel group. All four hotels have been CO₂-neutral since 2019 and invest continuously in infrastructure optimisation for more efficient use of energy. Our partnership with the MyClimate foundation serves as a daily reminder of our duty to protect the precious natural world around us.

THE VALSANA HOTEL AS A SUSTAINABILITY PIONEER

At the Valsana Hotel, sustainability is not just a buzzword: it's a philosophy to live by. All aspects of everyday life at the hotel are geared towards this goal, from environmentally-conscious purchasing and waste management to the 100% CO₂-neutral building infrastructure. When you stay at the Valsana, you holiday with a clear conscience. We strive to use only sustainable materials and products from Switzerland.

THE COOLEST THING ABOUT THE VALSANA HOTEL? OUR ICE THERMAL STORAGE, OF COURSE!

Thanks to its own ice thermal storage system, the Valsana is able to use geothermal energy and heat recovery to cover all of the heating and cooling needs for its three buildings without any fuel. A truly pioneering project! Green tours are available for interested guests.

Questions? Get in touch at
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A Tschuggen Collection Hotel

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