

10 tips to go greener in lockdown

See how many of these top tips you can tick off – post your pics to **#greenlockdown** to share your successes!

1 Go single-use plastic free for a week

Sounds easy? You'll need to change a lot to complete this challenge: think reusable water bottles, coffee cups and containers; vegan wax food wraps and coverings, supermarket food, plastic free toilet rolls...



Turn your single-use plastic into an Ecobrick!
ecobricks.org

6 Make three big switches

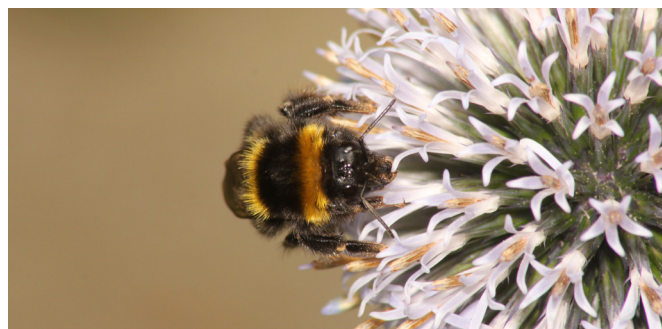
Energy – swap to Ecotricity, a truly green energy supplier that invests in building new renewables. It's the biggest impact you can personally make in the fight against climate change.

Bank – pick an ethical bank that follows through on their promises. Our partners at Triodos invest their profits into sustainable projects and businesses.

Mobile – change to Ecotalk.co.uk, who use their profits to buy back land for nature with the RSPB.

7 Help our spring pollinators

Bees, butterflies and beetles are all under threat. A great way to help is to pop in some last minute bulbs to come up when the weather is warmer. They'll look stunning too!



2 Who can go car free for the longest?

Challenge your household or zoom buddies to walk, cycle or use public transport instead. Award points for each activity and draw up some fun/evil forfeits for the losers! (Please be mindful of Covid advice, though)

3 Go plant powered for a month

Even if you missed out on Veganuary, you can give your body a break and your taste buds a treat by going vegan for a month starting right now. Check out Veganuary.com to see how easy it is.



8 Go second hand

Pre-loved gear can often be better quality than buying new and better for the planet. During lockdown, see how much you can get from charity and vintage shops (when open!), as well as sites like Ebay, Gumtree and Facebook.

4 Have a week of sustainable shopping

Can you go seven days buying just from sustainable, local shops and small online sites? Ditch the packaging and don't forget to pack your fabric shopping bag.

9 Make home for nature

Give your local wildlife a boost. Plant flowers where you can, make sure there's a gap in your fence for hedgehogs to wander through, and set up a bird feeder in your garden or right on your window if you're short of outside space.

5 Search the web and save the planet

Switch your searches to Ecosia.org and they'll use their profits to plant trees where they're desperately needed across the world. On average you'll plant a tree every 45 searches – you could soon have a forest on your hands!

10 Reduce, Reuse and Recycle

Do you really need to shop? Clear the clutter, reuse and repurpose what you can. See what cunning ideas you can come up with and post your pics with #greenlockdown to share the love and inspire others!

Switch to Ecotricity and we'll help you get started by sending you up to **£50 to spend at the Ethical Superstore**. Simply visit ecotricity.co.uk/ethstore or call our Gloucestershire based team on **0808 123 0 123** and quote **ETH1**.