

Chlamydia treatment

Doxycycline (14 x 100mg capsules)



SH:24

Ensure that you also read the enclosed instruction leaflet.

If you are pregnant or breastfeeding **do not** take these capsules.

Swallow one Doxycycline capsule twice a day for 7 days (approx 12 hours apart, e.g. with breakfast and dinner)

Do not chew them and make sure you take them with food and plenty of fluid.

Avoid taking iron or zinc supplements during the course.

Cover up if going in the sun, and do not use sunbeds while on treatment as you may be more susceptible to burning.

If you vomit within 3 hours of taking this treatment or miss doses, get in touch for further advice.

It is important to tell your partners that you have an infection so that they can get treated too.

Read more: sh24.org.uk/get-support

Things to consider

- treatment works over the 7 day course (as long as you take all the capsules and don't miss doses)
- avoid reinfection by not having sex until you and your sexual partner(s) have completed the full 7 day course of treatment
- **re-test 2 months after** you have taken this treatment
- you may experience some diarrhoea after taking these capsules, if this is severe and is troubling you - get in touch
- condoms are very effective at preventing chlamydia infection, you can get free condoms at sexual health clinics.

Learn more:

Read more about chlamydia and how it is treated here: sh24.org.uk/sexual-health

You have:

- reported any medications you are taking to the SH:24 clinical team
- told us that you do not have any medical problems that may be aggravated by this treatment (liver, kidney, heart, myasthenia gravis or lupus)
- reported any allergy to medications, peanuts or soya to the SH:24 clinical team
- told us that you are not currently receiving ultraviolet light treatment and you are aware that your skin will be more sensitive to sunlight during the course of treatment and for 7 days afterwards
- told us that you do not have any symptoms of chlamydia that may need to be reviewed in clinic e.g. abdominal pain.

If female:

- you are not pregnant or breastfeeding
- you have not had unprotected sex since your last period
- you understand the importance of using an effective method of contraception throughout your course of treatment.

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**Sexual health:
24 hours a day**



Talk to us: 07860 041 233

If you need help or have questions.