





# Information pack for

# Condoms Now

# **Outlets**



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#### **SECTION 1 - Introduction**

The Coventry & Warwickshire Condoms Now scheme is a free and confidential coordinated condom distribution network for young people aged 13 – 26 years in Coventry & Warwickshire. It aims to provide quick and confidential access to condoms, supported by evidence based, accurate contraceptive and sexual health information, and sign posting to comprehensive sexual health services.

The scheme aims to include providers from the following organisations / sectors: Coventry City Council & Warwickshire County Council staff and commissioned services (e.g., 0-19, drug and alcohol support services, local NHS organisations, pharmacies, GP surgeries, local colleges and schools, youth groups and other community and voluntary sector organisations.

To register for Condoms Now, a young person needs to go to a distribution point (usually a youth agency, educational establishment, sexual health clinic, general practice or pharmacy) and go through a discussion with a trained worker who has assessed their suitability for the scheme. If under the age of 16 the young person must be assessed as being 'Fraser competent'. This entails a discussion taking about 10-15 minutes on average, on sex and the law, relationships and condom use, confidentiality, contraceptive methods, including emergency contraception, STIs and includes a condom demonstration.

A young person aged 16 and over can also register online via the Coventry and Warwickshire Sexual Health Hub website (Sexual Health in Coventry And Warwickshire | Sexual Health Hub) and go through a process of assessment and receive their condoms by post.

This guidance sets out the context, principles of delivery, roles and responsibilities, and the practical information required to successfully operate the Condoms Now scheme.

#### **Context**

While sexual relationships are essentially private matters, good sexual health is important to individuals and to society. It is therefore important to have the right support and services to promote good sexual health. Sexual health covers the provision of advice and services around contraception, relationships, sexually transmitted infections (STIs, including HIV) and abortion.

There are groups of young people that are at higher risk of poor sexual health outcomes such as:

- Those experiencing poor mental health.
- Those who are experiencing homelessness.
- Those living in care.
- Those with special education needs and disabilities (SEND)
- Those not in education, employment, or training (NEET)
- Those who have experienced issues with drugs or alcohol.
- Refugees or Asylum seekers
- Travellers
- Ethnic diverse groups
- Those part of the LGBTQI+ community

We want to build knowledge and resilience among young people and improve sexual health outcomes for young adults, ensuring that:

- All children and young people know how to ask for help and are able to access confidential advice and support about wellbeing, relationships and sexual health.
- Young people have the confidence and emotional resilience to understand the benefits of loving, healthy relationships and delaying sex.



- All young people are able to make informed and responsible decisions, understand issues around consent and the benefits of stable relationships, and are aware of the risks of unprotected sex.
- All young people have rapid and easy access to appropriate sexual and reproductive health services.

Condoms can protect against unintended pregnancy and many STIs including HIV, chlamydia and gonorrhoea. They offer less protection against STIs transmitted by skin-to-skin contact, such as genital herpes and warts.

Cost can be a major barrier to condom use, particularly for poorer people. Social norms and religious and cultural beliefs can also prevent people from using them because of stigma or embarrassment.

Condoms, when used correctly and consistently, are highly effective in preventing HIV and other sexually transmitted infections (STIs). A large body of scientific evidence shows that condoms have an 80% or greater protective effect against the sexual transmission of HIV and other STIs.

Although the effectiveness of condoms in reducing teenage pregnancies and sexually transmitted infections has been questioned, significant studies have suggested that it is not so much the condom itself but the non-use, inconsistent use, and breakage that can lead to failure in protection.

The effective use of condoms increases with experience of use, which supports the efficacy of providing a scheme where young people are instructed on how to fit a condom, correct lubricant use and information about the transmission of STIs, particularly through oral and anal sex.

Risky sexual behaviour may be influenced by a number of factors:

- lack of skills (for example, in using condoms)
- lack of negotiation skills (for example, to say 'no' to sex without condoms)
- lack of knowledge about the risks of different sexual behaviours
- availability of resources, such as condoms or sexual health services
- peer pressure.
- attitudes (and prejudices) of society which may affect access to services.

NICE guidance on developing and running local condom schemes highlights that condom schemes provide the following opportunities:

- 1. To educate young people about condoms, relationships and all aspects of sexual and reproductive health.
- 2. To normalise and promote condom use as part of healthy sexuality and a healthy sexual culture
- 3. To give professionals working with young people the chance to talk about sexual and reproductive health, and to promote healthy relationships.
- 4. To build a bridge into, and between community services, primary care provision and specialist sexual health services.



# Principles and standards for the Coventry & Warwickshire Condoms Now scheme

Principles relating to the provision of all contraception and sexual health advice services for young people:

- The welfare of the young person is paramount.
- Young people have the right to education about sex and relationships.
- Young people should be kept safe and protected from abuse.
- Services must reflect the needs of young people taking account of religion, ethnicity, gender, sexuality, age, health or disability.
- Young people should be encouraged to talk to their parents/carers about sex and relationships.
- Young people have the right to confidentiality of personal information unless it compromises the rights of others or themselves or places others or themselves at risk of harm.
- Young people have the right to privacy in the place they live consistent with the right to personal safety and welfare.
- Young people have the right to choose to make, break or refrain from personal relationships.

Standards relating to the Coventry & Warwickshire Condoms Now Scheme.

- Only appropriately trained practitioners provide the Condoms Now scheme and they keep up to date with new service developments.
- The Condoms Now Scheme is delivered as part of a broader range of sexual health services.
- Condoms Now scheme outlets will aim to achieve You're Welcome quality criteria for young people friendly health services.

#### You're Welcome

The Department of Health quality criteria for young people friendly health services, which are referred to as 'You're Welcome', set out principles to help commissioners and service providers to improve the suitability of NHS and non-NHS health services for young people. You're Welcome provides good practice guidance that is based on evidence of what will improve the experiences and health outcomes for young people. The core themes of You're Welcome include:

- Accessibility
- Publicity
- Confidentiality and consent
- Environment
- Staff training, skills, attitudes, values
- Joined-up working.
- Involvement of young people in feedback, monitoring and evaluation

We expect all Condoms Now outlets to either achieve the quality criteria, or to work towards their achievement. For more information see the You're Welcome self-review toolkit

Establishing youth-friendly health and care services - GOV.UK



# **Roles and responsibilities**

**Condoms Now outlets** 

- 1. All staff working with young people operate within their own professional Code of Conduct.
- 2. All staff registering young people onto the Condoms Now scheme will assess and demonstrate in records that the young people are Fraser Competent.
- 3. All staff working with young people will ensure young people are aware of the limits of confidentiality within the Condoms Now Scheme, in line with Coventry City Council and Warwickshire County Council Safeguarding Procedures:

Coventry: <u>www.coventry.gov.uk/safeguarding-adults-1</u>

www.coventry.gov.uk/coventry-local-safeguarding-children-board

Warwickshire: www.safeguardingwarwickshire.co.uk

ICB: www.happyhealthylives.uk/integrated-care-board/resources-and-

services/safeguarding/

- 4. Staff working with young people may undertake work with individuals to promote healthy sexual choices and behaviours.
- 5. All staff working with young people are expected to be responsive to the needs of individual young people regarding age, learning ability, culture, religion, ethnicity, sexuality and gender.
- 6. All staff registering young people onto the Condoms Now scheme will make appropriate referrals to sexual health services and/or targeted or intensive services to provide additional support as identified in the assessment process.
- 7. All staff should have a current working knowledge of community provision offering sexual health and contraceptive services (including young person specific and outreach services).
- 8. All staff working within a school-based service need to be aware of any additional considerations that have been developed in collaboration with the school (this will be individual to each school).

Specific responsibilities of the Condoms Now lead worker at each outlet.

Each Provider / Outlet must allocate a named lead worker. This person is responsible for the following:

- 1. Ensuring all staff operating the scheme have attended Condoms Now training.
- 2. Providing initial support and guidance for all practitioners involved in the scheme to contribute towards delivering a high-quality service.
- 3. Checking their practitioner's capability to provide assessments/dispensations.
- 4. Providing monthly monitoring returns to the Condoms Now coordinators.
- 5. Monitoring supplies for the scheme, including ordering new stock in a timely manner and checking the expiry date of condoms.
- 6. Promoting the scheme appropriately on their site.
- 7. Being the first point of contact for the Condoms Now coordinators at the outlet and providing feedback from staff to the coordinators about the scheme.
- 8. Dealing with complaints in conjunction with the HCRG Condoms Now scheme coordinator.



HCRG Condoms Now Scheme coordinators will:

- 1. Develop and provide Condoms Now scheme guidance.
- 2. Arrange training for Condoms Now outlets.
- 3. Provide information and advice regarding operation of the scheme.
- 4. Arrange for the supply of Condoms Now products (e.g. Condoms Now promotional materials, condoms and lubricant)
- 5. Coordinate monitoring and evaluation of the scheme.

# Joining the scheme and outlet site approval

Condoms Now outlets operate from a variety of community settings such as youth centres, community centres, educational settings, pharmacies, general practice, and specialist contraceptive and sexual health services. Practitioners operating the scheme can be from a variety of disciplines with a range of different experience.

New Condoms Now outlets will need to apply to become an approved site. There are certain expectations that need to be satisfied before organisations or services become registration or distribution outlets for the Condoms Now scheme, highlighted in the Delivery Agreement at Appendix A.

#### **Staff responsibilities**

- Appointment of a lead worker at the outlet(s)
- All staff operating the scheme must have attended Condoms Now training.
- A sufficient number of staff must have completed Condoms Now training in order to implement the scheme successfully (i.e. a trained member of staff is generally available to operate the scheme during your hours of operation, or during a regular advertised session)
- Staff operating the scheme must:
  - Work regularly with young people aged between 13 and 26 years.
  - Have appropriate professional qualifications and expertise in relation to the setting in which they work.
  - Have regular supervision relating to practice.
  - o Have completed a Disclosure & Barring Service (DBS) check.

#### **Outlet features**

- Availability of a suitable space for one-to-one sessions
- Suitable provision for the storage of confidential documents and condom supplies
- Agreement that the scheme will be well promoted and supported within the centre/service.

#### **Administrative requirements**

- Understanding of and commitment to meeting You're Welcome quality criteria for young people friendly services
- Agreement to the regular return of monitoring information
- A child protection policy in place.

It is best practice to ensure that a confidentiality statement is on display in order to reassure young people of the policy. Site approval for new Condoms Now outlets will be dependent on information provided in the Condoms Now application form and completion of the Condoms Now delivery agreement (Appendix A).



# **Disclosure and Barring Service (DBS) checks**

Enhanced DBS checks are required for all staff undertaking registration consultations and reviews. This is because the registration/review process includes advice or guidance provided for children relating to their physical, emotional or educational well-being, and therefore constitutes regulated activity.

If individual organisations choose to provide the Condoms Now scheme, they need to assure themselves that they are operating in line with the relevant DBS legislation. Further information is available on the GOV.UK website.

## **Training requirements**

All staff operating the scheme must have received sufficient training in order ensure that they have the knowledge, skills and competence required to provide a good level of service for young people. Training is arranged for Condoms Now outlet staff by the coordinators of the Condoms Now scheme.

Training outcomes include:

- An understanding of the aims and objectives of the Condoms Now Scheme
- An understanding of the importance of confidentiality
- A thorough understanding of Fraser guidelines, child protection procedures and the law
- A thorough understanding of the Condoms Now Scheme's guidance and processes (assessment, monitoring, stock ordering)
- An understanding of the different types of condom, and how to conduct condom demonstrations
- Skills in discussing with young people readiness for sex and the benefits of delaying sex.
- A good knowledge of sexual health, including the different STIs and how they are contracted and prevented, other forms of contraception, and a knowledge of other local sexual health services.

Outlet staff should have at least one year's experience working with young people aged between 13 and 26 years. Individuals registering young people with a Condoms Now should be at least 18 years of age.

It is recommended that all practitioners registering young people with Condoms Now will have completed alcohol Identification and Brief Advice (IBA) training.

This will enable staff to identify young people who are drinking excessive amounts of alcohol and respond with appropriate advice to tackle alcohol related harm. It is expected that whilst issuing a young person with a Condoms Now staff will inform the young person of the dangers around risky behaviour when using alcohol. There are normally opportunities to access Alcohol Identification and Brief Advice (IBA) training locally free of charge.

For further information about availability of alcohol brief advice training contact the Condoms Now scheme coordinator. Alternatively there is free online training which takes approximately 90 minutes and can be accessed at: <a href="https://www.e-lfh.org.uk/programmes/alcohol">www.e-lfh.org.uk/programmes/alcohol</a>

There is an expectation that all practitioners involved in the scheme will attend further training to regularly update their knowledge and skills relating to working with young people around sexual health, relationships and contraception.



# **Confidentiality**

Confidentiality should be respected at all times unless a practitioner believes any young person to be at risk of significant harm, or of harming someone else, in which case they must follow the procedure set out by their own organisation and outlined in the Safeguarding Procedures (links above).

If you are delivering the Condoms Now scheme, you must protect service user information. You should divulge it only with the service user consent, if ordered to do so by a court or if you can justify doing so in the public interest. The following confidentiality statement and compliments/complaints statement (see Section 3) must be shared with service-users and/or displayed in an appropriate location within Condoms Now outlets:

#### **Condoms Now Confidentiality Statement**

"We provide a confidential service to all young people, including those under 16 years. This means we will not tell anyone about your visit.

The only reason why we might have to consider passing on confidential information without your permission, would be to protect you or someone else from very serious harm. We will always try to discuss this with you first.

If you have any worries about confidentiality, please feel free to ask."

#### **Compliments and complaints statement**

"The Condoms Now scheme welcomes suggestions, comments, compliments and complaints from service users. Please ask us about how to provide your feedback about the service."



# Consent, Fraser guidelines and Gillick competency.

Fraser guidelines and 'Gillick competency' refer to a legal case which looked specifically at whether doctors should be able to give contraceptive advice or treatment to under 16-year-olds without parental consent. They have been more widely used to help assess whether a child has the maturity to make their own decisions and to understand the implications of those decisions.

In 1985, Lord Fraser said in judgement of the Gillick case that a doctor can give contraceptive advice or treatment to a person under 16 without parental consent providing the doctor is satisfied that:

- 1. The young person will understand the advice.
- 2. The young person cannot be persuaded to tell their parents or to allow the doctor to tell them that they are seeking contraceptive advice.
- 3. The young person is likely to begin or continue having unprotected sex with or without contraceptive treatment.
- 4. The young person's physical or mental health is likely to suffer unless they receive contraceptive advice or treatment.
- 5. It is in the young person's best interests to give contraceptive advice or treatment without parental consent.

The Condom Now Scheme distributes condoms to young people and those residents at greatest risk of poor sexual health outcomes, aged 13 and over who are assessed as being Fraser competent. Young people under the age of 13 years cannot legally consent to sexual activity (Sexual Offences Act 2003). However, they are entitled to advice and support in respect of sexual health.

Therefore, a young person under 13 years who requests condoms will be supported to access a specialist health service / practitioner in line with safeguarding procedures.



#### **SECTION 2 - Guidelines for outlets**

To access condoms, a young person needs to go to a outlet and go through a process of assessment with a trained worker who has assessed them as being 'Gillick competent' according to Fraser guidelines (if under the age of 16). This entails a discussion taking about 10-15 minutes on sex and the law, relationships and condom use, confidentiality, contraceptive methods, including emergency contraception, STIs and a condom demonstration.

If the young person is aged 16 years old and over then they can register online for the scheme via the Coventry & Warwickshire Sexual Health Hub website Coventry And Warwickshire Sexual Health Hub

This is the same process and includes a condom demonstration video. After completing the online registration process, the details are checked by scheme coordinators and should they have any concerns about the young person they will contact them. This is to ensure the young person is safe and if any further information, support, and advice should be provided to them before sending their condoms by post. Once assessed, condoms can also be posted to the young person if requested.

Please follow these instructions when handing out condoms to a young person via this scheme.

#### **Dispensing Condoms**

Remember that you may only issue Condoms if you have undertaken the appropriate training and you are designated as a distribution outlet.

When a young person presents for the first-time requesting condoms you should explain to them the way the Condoms Now scheme works. The scheme is designed to ensure young people can access easily, and without the need to carry a C-Card; equally we do not require extensive personal information regarding the young person, and require your organisation to simply submit aggregated monitoring data.

You may wish to use your <u>own agencies paperwork</u> for recording more in-depth information about the young person with whom you are having a consultation. This is particularly essential if you consider that the young person presents any form of safeguarding concern, or if you consider that they are unable to be dispensed condoms for reasons of competence or consent.

Ensure the young person understands data will be used in line with the Data Protection Act 2018 and gives consent for anonymised aggregate monitoring data to be shared between relevant agencies (i.e. CCC/WCC). The young person can request to see information held about them at any time.

Please store any service user information securely and maintain a filing system which will enable you to locate a record of the assessment should this be required. Do not send Condoms Now scheme coordinators any information which contains person identifiable data and sensitive information about individuals.

The assessment should normally take **around 10-15 minutes**; however more time may be required depending on the individual concerned.



# **Prompts for discussion during Condoms Now assessment**

#### 1. Confidentiality of service and data handling

 Reassure and explain the confidentiality policy - ensure that under 16's are clear of their rights.

#### 2. Assess competency using Fraser guidelines

- Understands the advice given.
- Likely to have sex without a condom.
- Giving condoms is in the best interests of the young person.
- Encouraged discussion with parent / caregiver.

#### 3. Sexual history

- Any health problems
- Medication (including over the counter)
- Sexually active yet?
- Ensure that young people are clear that
  just because they may be given condoms,
  does not mean that they have to have
  sex, it's about being prepared, getting
  used to condoms, practising with them.
  Encourage delaying sex until ready.
- How long since last sexual intercourse was it protected / unprotected?
- Types of sexual activity degree of risk taking, impact of alcohol

#### 4. Relationships, sex and sexuality

- Are they in a relationship?
- How long have they been with their partner? (use gender neutral terms until made aware of partner's gender)
- Self-esteem issues / negotiation skills do they want to the sex that they're having?
- Sexuality LGBT+ services
- Gender identity

#### 5. STIs and HIV

- Awareness of different types of STIs
- Signs and symptoms... if in doubt, check it out

#### 6. Contraception

- Different types available
- Double protection against STIs and pregnancy by using condom and another form of contraception.
- Where to get it –GP practice / contraceptive and sexual health services

#### 7. Emergency contraception

- Are they aware of it?
- Different types: Levonelle, Ella-One, IUD
- More effective the sooner it is taken.
- Where to get it including Pharmacy Scheme for EHC

#### 8. Sexual health screen needed?

- Have they been at risk?
- Referral to sexual health clinic especially if symptomatic

#### 9. Condom demonstration

- Have they been shown how to use condoms?
- Have they done a demonstration themselves to show you that they have understood?
- Condoms more likely to fail if subjected to heat, sunlight or oil-based products.
- Always check kite mark and expiry date (especially if using condoms not provided through Condoms Now scheme)

#### 10. Types of condoms

- Explain different types available (see re- order form for a description of each type)
- Provide at least one of each of the condoms available via Condoms Now during the registration visit so that young person can then choose the right condom for them at subsequent visits

#### 11. Benefits of lubrication

 Recommend using water-based lube with every encounter.

#### 12. Other services, signposting, referral

- Awareness of other services for referral (according to clients need)
- If you made a referral, please note name or agency



# **Checklist:**

Under 18's assessment – Reviewed each visit. If any "red flags"/Concerns follow safeguarding procedures.	If any red flags or concerns identified then follow safeguarding procedures.
Confidentiality Discussed? Includes need to share info if the young person is at perceived risk	
Client Age	? Under 13
Age of Partner	? Significant age difference
<ul> <li>Discuss "spotting the signs" of exploitation and that sometimes people can feel pressured into having sex.</li> <li>Explain that we want to make sure they feel happy and safe having sex and need to ask few questions to determine if there is any risk;         <ul> <li>Do you feel able to say "no" to sex</li> <li>Do you feel like you can talk to the person you are having sex with about condoms?</li> <li>Have you ever been made to feel scared or uncomfortable by the person you are having sex with?</li> <li>Have you ever been made to do anything sexual that you didn't want to?</li> <li>Do you often drink alcohol or take drugs before having sex?</li> </ul> </li> </ul>	Any concerns identified?  Is this young person at risk?  Keep the best interests of the young person in mind
FRASER GUIDELINES:- under 16's	Any concerns refer to organisations safeguarding procedure
The young person understands the advice they are being given	
The young person cannot be persuaded to inform a parent or guardian	
It is likely that the young person will begin or continue having intercourse with or without contraception/ treatment	
Unless he or she receives contraception / treatment, their physical or mental health (or both) is likely to suffer	
The young person's best interests require contraceptive advice, treatment or supplies to be without parent consent	
Confirm discussion has taken place on monitoring form (Appendix C)	



#### Discuss the impact of alcohol.

There are links between alcohol use and unplanned teenage pregnancy. Young people can feel under pressure to drink alcohol and often are faced with difficult situations. Young people may think they will feel more relaxed and less inhibited when they've been drinking alcohol, but just one alcoholic drink can change how they think about a situation. Talking to young people about the risks of alcohol use during the Condoms Now registration can help them make safe, informed choices.

For further information about availability of alcohol brief advice training contact the Condoms Now scheme coordinator.

You may also want to sign post young people to the Talk About Alcohol website which offers a range of interactive resources to learn about alcohol and if effects. www.talkaboutalcohol.com

#### Latex allergy

Latex free (polyurethane) condoms cost around four times more than latex condoms and should therefore be distributed sparingly and only for those with a known latex allergy or for young people reporting discomfort with latex condoms.

If your organisation has a policy regarding the use of and/or distribution of latex products, you should apply this policy each time you issue any condoms to a young person. However, if your organisation does not have such a policy in place, then using the questions below may help identify any possible issues and concerns.

#### **Latex questions**

#### Have you ever:

- 1. Had an allergic reaction during an operation?
- 2. Suffered from raised reddish itchy rash when in contact with rubber items? (e.g. balloons, condoms, rubber bands etc.)
- 3. Suffered skin or mucosal irritation (eyes, throat, nose, genitals etc.) during or shortly after an examination by a health professional wearing rubber gloves?
- 4. Suffered from sneezing or a runny nose in any situation where you've either had direct contact with rubber or you've been close to rubber products? If so, was there any skin rash linked to this?
- 5. Experienced a rash after eating fruit, such as avocado, banana or kiwi?
- 6. Collapsed as a result of a reaction?

It is not necessary to keep records of answers to the questionnaire for the Condoms Now scheme. It is implied that during assessment, the practitioner will take appropriate action.

If the young person answers **YES** to any of the questions in the 'latex questions', you can:

- i) Advise the person to visit their GP to check for latex allergy and only issue non-latex condoms and advise the young person to avoid latex until they have seen their GP.
- ii) If they answer to question 6 is YES, they must see their GP unless they have been formally diagnosed with allergy.
- iii) Continue to register the young person onto the Condoms Now scheme and if thought to be allergic **only** issue latex-free condoms in their Registration Pack and advise the young person to avoid latex products until they have seen their GP.



#### **Providing condoms**

If the young person has not stated a preference you may wish to ask which type of condom they would like.

Provide the condoms of choice, or a selection of different condoms:

- 6 condoms should be issued to young people aged 13 and 14.
- A maximum of 12 condoms may be issued to young people aged 15 to 26.
- Water-based lubricant should be provided every time condoms are supplied.

The young person should receive a selection of condoms, unless latex allergy is suspected. The young person may state a preference for particular types of condoms, however, please still consider providing the full range so that the young person can experiment to find the most suitable product.

The Monthly Monitoring Form Form (Appendix C) should be used to keep a summary of dispensations made on an ongoing basis. Please keep these forms for your records, in order to complete monthly reporting and for any potential future audit of the Condoms Now scheme. See Section 3 for further details.

Condoms Now aims to be as accessible, confidential, non-judgmental and avoid to creating embarrassment for the young person. Ideally, the interaction should take place in an area of your setting where privacy can be maintained, but if this is not possible a discreet approach is needed. It is important to ensure that the young person feels comfortable and welcome as it may be the first time they have tried to access a sexual health service — a young person's first experience is likely to impact on future healthcare seeking behaviour.

There is no limit to the amount of times a young person may visit for condoms. We are trying to encourage familiarisation and consistency with condom use among young people, not policing or restricting access. The assessment procedures are in place to ensure young people benefit from a regular conversation which will encourage positive sexual health behaviours. Applying supply limits and maintaining awareness of visit frequency are methods to help prevent misuse of the scheme.

Recording: To record **sex**, you could ask: "How would you like me to record your sex?" The options for recording sex are: Male (M), Female (F) and Other / Prefer not to say (O). 'Other' should be used to encompass all other ways someone may wish to identify their sex and includes those who would rather not say. This will allow anyone who associates with the terms intersex, androgyne, intergender, ambigender, gender fluid, polygender and genderqueer to answer the question.

**IMPORTANT NOTE:** If there is cause for concern around child protection issues you will need to refer to your in-house child protection policy and follow the procedures accordingly.

#### Signposting to other services

If the young person requires further information or advice they may need to be referred or signposted to another service, for example their own GP or the local contraceptive and sexual health service. A list of local sexual health services and pharmacies providing free emergency contraception can be found at Appendix G.



#### **Record monitoring information:**

Record the following information on the Distribution recording monitoring form (Appendix C) including:

- Date of visit
- Age
- Sex
- Quantity and types of condoms supplied
- Any referral to other services

Please keep the recording monitoring forms for your records as a summary of the products distributed and to provide evidence which could help identify any misuse of the scheme by a young person. The forms will be required to complete monthly reporting to the scheme coordinators and may be required for future audit of the service (see Section 3).

Do not send any information which contains person identifiable data and/or sensitive information about individuals to the Condoms Now coordinators.

Quick view summary of steps for condom distribution

# Step 1. Assess

- On presentation of a valid Condoms Now aim to issue condoms as quickly and efficiently as possible. You don't need to ask names or any personal details (see full guidelines for details).
- **IMPORTANT:** If there is cause for concern around child protection issues you will need to refer to your in-house child protection policy and follow the procedures accordingly

# Step 2. Provide Condoms

•If the young person has not stated a preference you may wish to ask which type of condom they would like. Six condoms should be issued to young people aged 13 and 14. A maximum of 12 condoms may be issued to young people aged 15 to 26. Water-based lubricant should be provided every time condoms are supplied.

# Step 3. Signposting

•Signpost the young person to other local sexual health services if required.

# Step 4.

Record Monitoring Information Record the following information on the monitoring form:
 Location, date of visit, Age, Sex, Part Postcode, Quantity and types of condoms supplied, any referral to other services,



# **SECTION 3 - Monitoring and evaluation**

Safe practice and justification for continued funding of the Condoms Now scheme relies on accurate completion of a simple monitoring form -

#### 1. Recording individual level information

Completion of the individual attendance helps to ensure that all necessary elements of the induction assessments have been completed and provides evidence that Fraser guidelines have been followed.

#### 2. Maintaining a record of registration and distribution encounters

These lists are used to maintain records of young people registered and the number of condoms distributed. Completing them accurately will make collating and returning overall activity levels to the Condoms Now coordinator on a monthly basis very simple.

#### 3. Returning information about activity every month

At the end of each month a tally of the relevant registration and distribution recording forms should be carried out and the monthly reporting form should be returned to the Condoms Now coordinator.

Please store any service user information securely and maintain a filing system which will enable you to locate a record of the assessment should this be required (for example in connection with a referral to service or safeguarding report).

Do not send Condoms Now scheme coordinators any information which contains person identifiable data and sensitive information about individuals.



### **Ordering stock**

Coventry & Warwickshire Condoms Now scheme products can be ordered by completing the Stock Order Form shown in Appendix D. Order forms should be sent via email to hcrg.CWsexualhealthhub@nhs.net

On receipt, your order will be confirmed by email and dispatched to you within 7-10 working days.

Please note that we may not be able to process your order if we have not received regular monthly monitoring returns for Condoms Now activity undertaken by your service.

**Product selection** 

The following products are currently available to order through the Condoms Now scheme:

#### Condoms:

- Regular
- Flavoured
- Ribbed
- King Size / XL

#### Lubricant

• Opaque Water Based Lube (10ml Sachet orders of 500 only)

**Pregnancy Tests** 

#### **Condoms Now products**

- Condoms Now information (business card sized cards provided to young people on attendance)
- Envelopes
- Condoms Now stickers (use these to advertise your venue as a Condoms Now outlet limited to 3 per venue)

See Appendix F for information and advice on condom choice and the correct process for condom demonstration.

#### Storage and access to condoms

Condoms should be stored in a cool, dark, dry place. Only Condoms Now trained staff should have access to Condoms Now supplies.

# Sources of health promotion information and resources

#### **Sex Wise**

Honest advice about contraception, pregnancy, STIs and pleasure.

The National Health Promotion Programme for Sexual Health and Reproductive Health www.sexwise.org.uk

#### **Brook**

Free down loadable resources, actives and further e-learning for sexual health, relationships and contraception https://www.brook.org.uk/

#### **Rise Above**

The Rise Above website provided interesting and useful stuff from the web and beyond to get young people talking about the things that matter to them. You'll find inspiring and useful stories, videos, games and http://riseabove.org.uk/topics/

#### **Terrence Higgins Trust**

HIV, Sexual Health, Sexual health information for the Trans\* community
Sexual health for trans and non-binary people | Terrence Higgins Trust (tht.org.uk)

Full information about local services can be found at <u>Sexual Health in Coventry And Warwickshire</u> <u>Sexual Health Hub</u>



# **Suggestions and complaints**

The Condoms Now coordinators welcome suggestions and comments from service users and Condoms Now outlets. We hope to operate a valuable, uncomplicated and unproblematic scheme and suggestions for service modification and improvement will be welcomed.

Young people should be made aware of their right to complain using the following procedure (this procedure can also be used for any complaints received from the general public):

#### Step 1

All complaints will be dealt with at the first point of contact. Ask the complainant to explain what went wrong and what you would like them to do to put it right. In many cases, the problem can be resolved then and there. Any suggestion or complaint should be listened to in a sympathetic manner, taken seriously, and the complainant assured that it will be dealt with.

All complaints should be recorded on the Condoms Now complaints form (Appendix E). Where possible, complaints should be recorded without personal identifiable information. Forms should be copied and kept on file.

#### Step 2

If the complainant is not satisfied with the response given in Step 1 the complaint should be referred to the Condoms Now coordinator.

The complainant should be offered the right to contact the Condoms Now Co-ordinator directly and the appropriate telephone number provided. If the complainant would prefer the Condoms Now coordinator to contact them, they will need to provide full contact information. Discretion is advised as this process may raise confidentiality concerns.

#### Step 3

Copies of **all** Condoms Now complaints forms dealt with by Condoms Now outlets must be passed to the Condoms Now coordinators within 5 working days for recording and any follow-up required. Client person identifiable information should not be included on the form sent, unless consent to share information has been provided and a response is required from the Condoms Now coordinator.

# **Serious incident reporting**

Condoms Now outlets are required to have a designated post holder with responsibility for reporting and managing serious incidents.

Condoms Now outlets will agree with the Coventry & Warwickshire Sexual Health service procedure for the reporting of serious incidents.

# **Indemnity and insurance**

HCRG Care Group – Coventry & Warwickshire Sexual Health Service does not indemnify Condoms Now outlets or ask them to indemnify HCRG in any way. The expectation is that providers undertake the Condoms Now role as part of their main occupation and that any potential claim resulting from the provision of advice or goods under the Condoms Now scheme is covered by the indemnity associated with their main role.



# **APPENDICES**

Appendix A	Application to become a Condoms Now outlet
Appendix B	Condoms Now – Letter of Agreement
Appendix C	Coventry & Warwickshire Condoms Now Monthly Reporting Form
Appendix D	Coventry & Warwickshire Condoms Now Stock Order Form
Appendix E	Coventry & Warwickshire Condoms Now Suggestions and Complaints
Appendix F	Condom choice and condom demonstration
Appendix G	Safeguarding and useful contacts
Appendix H	Under 18's Crib Sheet
Appendix J	FAQs – Parent Guardians and Carers



# Appendix A – Application to become a Condoms Now Provider

1. Your details Name Job title Organisation Address Telephone **Email** 2. When does your service operate? When will the service  $\Box$  At all times during your service opening times ☐ At specified times each week (e.g. a drop-in service) be available? ☐ During your scheduled contact with clients (e.g. planned appointments) 3. What are your service operating times? Opening time **Closing time** Day Notes Monday Tuesday Wednesday Thursday Friday Saturday Sunday Can these times be advertised as 'drop-in' for any young person? (e.g. ☐ Yes on the Condoms Now web page) □ No How will your organisation advertise that free condoms are available at your service?



# 4. What is the name of the proposed Condoms Now provider LEAD WORKER?

Name	Coventry & Warwick training completed?	Date of training	
	☐ Yes	□ No	

## 5. What are the names of all other members of staff to be operating the scheme?

Name	Coventry & Warwick training completed?	Date of training	
	☐ Yes	□ No	
	☐ Yes	□ No	
	☐ Yes	□ No	
	☐ Yes	□ No	
	☐ Yes	□ No	
	☐ Yes	□ No	

# 6. What are the features of your proposed Condoms Now outlet site?

			Details
Private area for consultation	☐ Yes	□ No	
Lockable storage for any confidential paperwork	☐ Yes	□ No	
Suitable storage available for condoms	☐ Yes	□ No	
Condoms Now promotional window sticker can be displayed	☐ Yes	□ No	
Confidentiality statement can be displayed	☐ Yes	□ No	

#### 7. Working with young people

			Details
What is the age range of the people you work			
with?			
Will your organisation work within Coventry & Warwickshire Adults and Childrens Safeguarding Guidelines?	□ Yes	□ No	
Have staff who will assess young people to the Condoms Now scheme had an enhanced Disclosure & Barring Service (DBS) check within the last three years? (formerly CRB check)	□ Yes	□ No	

 $For further information \ regarding \ DBS \ check \ requirements \ see: \ \underline{https://www.gov.uk/criminal-record-checks-} \ \underline{apply-role}$ 

#### 8. Please read and sign the delivery agreement that follows



#### **Appendix B: Delivery agreement**

By signing this agreement you are confirming that, in return for the supply of free training and products (e.g. condoms) provided by HCRG Coventry and Warwickshire Sexual Health Service, your agency will distribute Condoms Now products and comply with the responsibilities set out below. Your agency will follow the good practice guidance included within the guidance document.

Individual staff members will sign an agreement upon completion of training. The latest version of the Condoms Now scheme guidance will be kept by the Lead within your organisation and stored in a safe, convenient place for easy access.

#### **Agency responsibilities**

- 1. Numbers of condoms to be made available to young people:
  - o 6 condoms per visit for those aged 13 and 14
  - o 12 condoms per visit for 15 to 24-year olds.

In individual cases, exceptions can be made, providing a higher or lower number of condoms, depending on the judgement of the provider. Judgement of the provider should also be made if there are regular repeat visits requesting large numbers of condoms. Discussion should be facilitated around the intended use.

- 2. Only staff with an up to date enhanced DBS (Disclosure and Barring Service) check will register young people to the scheme or undertake sexual health discussion, education and condom demonstration.
- 3. All agencies providing this service will have a child protection policy, safeguarding policy, confidentiality policy and provide appropriate training to support this
- 4. Only staff who have attended Condoms Now training will carry out registrations and distribute condoms.
- 5. Staff will attend update training every three years.
- 6. Condoms Now registrations and Condoms Now reviews/re-registrations will be undertaken by suitable experienced and qualified health and social care practitioners, youth workers or staff involved in education and learning. Agencies must ensure that staff involved in the scheme have appropriate qualifications and training for working with young people around sexual health and receive regular supervision including their role in the Condoms Now scheme.
- 7. Lists of trained members of staff at the Condoms Now outlet will be updated, maintained and shared with Condoms Now coordinators.
- 8. HCRG will be informed immediately when a trained member of staff has left the organisation so that accurate records of current Condoms Now practitioners can be maintained.
- 9. All staff will use the specified monitoring forms to record young people's data. All data will be recorded accurately and at the time of seeing the young person. Aggregate data will be provided to HCRG on a monthly basis.
- 10. Your agency and all staff will duly observe all obligations under data protection legislation which



arise in connection with this agreement, including the General Data Protection Regulation.

- 11. When/if registering young people onto the scheme a private area for condom demonstration and sexual health discussion will be available.
- 12. A notice explaining use of data will be shown to young people or displayed in the area that Condoms Now work is being carried out.
- 13. A Condoms Now guidance manual, training pack, signposting information and this agreement will be kept in an accessible place for all staff. All staff involved in the scheme will have read these documents and be aware of where they are kept.
- 14. There will be an agreed advertising mechanism for the scheme within your agency.
- 15. Your agency will have an agreed complaints and feedback procedure that service users can use to log complaints or concerns. These will always be fed back to the scheme co-ordinator at HCRG according to the Coventry & Warwickshire Condoms Now suggestions and complaints procedure.
- 16. Your agency/organisation will have and adhere to its own confidentiality policy at all times when providing the Condoms Now scheme. This policy will be displayed in an area where young people accessing the scheme can see it.
- 17. Your agency/organisation will have and adhere to its own child protection and safeguarding policies at all times when providing the Condoms Now scheme. All staff will have been trained in child protection and safeguarding.
- 18. Your agency/organisation will have and adhere to its own information governance policy at all times when providing the Condoms Now scheme.
- 19. Your agency/organisation is required to have a designated post holder and deputising post with responsibility for reporting and managing serious incidents. Your agency/organisation will agree with HCRG its procedure for the reporting of serious incidents, which will be in accordance with the HCRG's policy.
- 20. HCRG does not indemnify provider organisations or ask them to indemnify the Trust in any way. The expectation is that agencies/organisations undertake the Condoms Now role as part of their main occupation and that any potential claim resulting from the provision of advice or goods under the Condoms Now scheme is covered by the indemnity associated with their main role.
- 21. Condoms will be kept in a cool (maximum 30 degrees) dry and secure place, only accessible to staff involved in the scheme.
- 22. Condom stock will be maintained and ordered in a timely way in line with the numbers of condoms that are being distributed.
- 23. Your agency will agree to assist/participate in evaluation of the scheme, contributing staff views and obtaining views of young people.



#### **HCRG** responsibilities

- 1. HCRG or a nominated Condoms Now support provider, will supply a variety of condoms free of charge to the agency as and when ordered. HCRG reserves the right to confirm that stock ordering is in line with distribution amounts.
- 2. Condom orders will be processed and dispatched within 10 working days of request being received.
- 3. Regular training and update training opportunities will be provided. For larger organisations with groups of staff to be trained, tailored sessions may be available.
- 4. Condoms Now guidance along with signposting information and this agreement will be provided to each agency and each member of staff that attends training.
- 5. General scheme support and advice will be available while agencies are participating in the Condoms Now scheme.
- 6. Monitoring and evaluation of the scheme will be carried out and feedback provided to Condoms Now outlets where appropriate.

#### **Details of the Condoms Now lead worker within the outlet:**

Name	Click here to enter text.		
Job title	Click here to enter text.		
Organisation	Click here to enter text.		
Address & Postcode	Click here to enter text.		
Telephone	Click here to enter text.		
Email	Click here to enter text.		

Signed on behalf of each of the parties on the date at the head of this agreement:							
SIGNED BY		Print Name:		Date:			
For and on beh	alf of [NAME OF ORGANI	SATION here]					
Complete and r	eturn this form to :	hcrg.CWsex	<u>kualhealthhub@nhs.net</u>				
Signed on beha	If of HCRG Care Group			Date:			



# Appendix C – Coventry & Warwickshire Condoms Now Monthly Monitoring Form

d Warwickshire Se	xual Heal	th Hub - C	ondo	ms Now Pro	gramme					O						
											w \	Cor	entry	and l	Warwicks	hire
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Dispensing Site	DOB of Client	Initials of Client	Gender of Client			Confidentiality Policy discussed	If under 18, CSE Assessment / Fraser Guidance Under 16	Delay Message	Condom demo / discussion	STI	Signposting	l	Condoms - type	Pregnancy test	Batch Number and Expiry Date	Practitioners Initials
EXAMPLE :Moat House Family Hub	11/05/2010		F	CV1 1	Coventry	Yes	Yes	Yes	Yes	Yes	Signposted	2	Variety	No	174518 (2025/10)	AZ
	Dispensing Site  EXAMPLE :Moat House	Dispensing Site DOB of Client  EXAMPLE :Moat House 11/05/2010	Dispensing Site DOB of Client Client  EXAMPLE :Moat House 11/05/2010	Dispensing Site DOB of Client Client of Client Standard Client Client Standard	Dispensing Site  DOB of Client  Client	Client Client of first number of second part (e.g. CV11 Coventry	Dispensing Site DOB of Client Client of Client Coventry Client Coventry	Dispensing Site DOB of Client Client Client Client Client (e.g. CV1.1 Coventry Yes Yes Code up to LA Residence of recipient Code up to LA Residence Confidentiality If under 18, CSE Assessment / Fraser Guidance Under 16	Dispensing Site DOB of Client Client of Client (e.g. CV12 1)  Dispensing Site DOB of Client Second part (e.g. CV12 1)  Dispensing Site DOB of Client Second part (e.g. CV12 1)  Dispensing Site DOB of Client of first number of second part (e.g. CV12 1)  EXAMPLE :Moat House 11/05/2010  Dispensing Site DOB of Client of first number of second part (e.g. CV12 1)  Dispensing Site DOB of Client of Fraser Guidance Under 18, CSE Delay Assessment / Message Guidance Under 16	Dispensing Site DOB of Client Client Client Client (e.g. CV12 1)  Dispensing Site DOB of Client Client Second part (e.g. CV12 1)  Dispensing Site DOB of Client Second part (e.g. CV12 1)  Dispension Secon	Dispensing Site DOB of Client Client Client Client (e.g. CV12 1)  Dispensing Site DOB of Client Client Client Client (e.g. CV12 1)  Dispensing Site DOB of Client Client Client Client (e.g. CV12 1)  Dispensing Site DOB of Client Client Client Client Client (e.g. CV12 1)  Dispensing Site DOB of Client Cl	Dispensing Site DOB of Client Client Client Client (e.g. CV12 1) Dispensing Site Confidentiality of recipient Policy Assessment (e.g. Condom demo (e.g. CV12 1) Dispensing Site Confidentiality Dispension Site Confidentia	Dispensing Site DOB of Client Client Client Client (e.g. CV12 1) Dispensing Site Condoms (condoms - STI (condoms - STI (condoms - STI (e.g. CV12 1) Dispensing Site Condoms (discussed Second part (e.g. CV12 1) Dispensing Site Condoms (discussed Second part (e.g. CV12 1) Dispensing Site Condoms (discussed Second part (e.g. CV12 1) Dispensing Site Condoms (discussed Second part (e.g. CV12 1) Dispensing Site Condoms (discussed Second part (e.g. CV12 1) Dispensing Site Condoms (discussed Second part (e.g. CV12 1) Dispensing Site Condoms (discussed Second part (e.g. CV12 1) Dispensing Site Condoms (discussed Second part (e.g. CV12 1) Dispensing Site Condoms (discussed Second part (e.g. CV12 1) Dispensing Site Condoms (discussed Second part (e.g. CV12 1) Dispensing Site Condoms (discussed Second part (e.g. CV12 1) Dispensing Site Condoms (discussed Second part (e.g. CV12 1) Dispensing Site Condoms (discussed Second part (e.g. CV12 1) Dispensing Site Condoms (discussed Second part (e.g. CV12 1) Dispensing Site Condoms (discussed Second part (e.g. CV12 1) Dispension Site Condoms (discussed Second part (e.g. CV12 1) Dispension Site Condoms (discussed Second part (e.g. CV12 1) Dispension Site Condoms (discussed Second part (e.g. CV12 1) Dispension Site Condoms (discussed Second part (e.g. CV12 1) Dispension Site Condoms (discussed Second part (e.g. CV12 1) Dispension Site Condoms (discussed Second part (e.g. CV12 1) Dispension Site Condoms (discussed Second part (e.g. CV12 1) Dispension Site Condoms (discussed Second part (e.g. CV12 1) Dispension Site Condoms (discussed Second part (e.g. CV12 1) Dispension Site Condoms (discussed Second part (e.g. CV12 1) Dispension Site Condoms (discussed Second part (e.g. CV12 1) Dispension Site Condoms (discussed Second part (e.g. CV12 1) Dispension Site Condoms (discussed Second part (e.g. CV12 1) Dispe	Dispensing Site DOB of Client Client Client Client (e.g. CV12 1) Dispensing Site Client (e.g. CV12 1) Dispensing Site Client Client (e.g. CV12 1) Dispensing Site Client (e.g. CV12 1) Dispensing Site Client Signposting Condoms - STI Signposting number of STI Contraception LARC EHC Condoms - Condo	Dispensing Site DOB of Client Client Client Client (e.g. CV12 1) Dispensing Site Client (e.g. CV12 1) Dispensing Site Client Client Client (e.g. CV12 1) Dispensing Site Client (e.g. CV12 1) Dos code up to Confidentiality of Fraser Guidance Under 16 Client Second part (e.g. CV12 1) Coventry Coventry Coventry Confidentiality of Fraser Guidance Under 16 Coventry C	Dispensing Site   DOB of   Initials of   Gender   Of   Client   Condoms - Con





The Condom Now scheme will not be able to replenish your condom supply until we have your monitoring form for the period before re-ordering NOTE THAT STOCK IS REPLENISHED BASED ON YOUR MONITORING DATA. WHERE NEED HAS NOT BEEN DEMONSTRATED WE MAY SCALE BACK YOUR ORDER

Coventry and Warwickshire Sexual Health Hub

#### Order Form Suppliers and Materials

Organisation	Delivery Address	internal Use only
		Received: Process by: Dispatched:
Product		Current Order Quantity Stock
Regular Condoms -	Packs of 288	
Flavoured Condoms	Box of 144	
Ribbed Condoms	Box of 144	
Latex Free Condoms	Box of 144	
King Size / XL	Box of 144	
Lube	Box of 144	
Envelopes	200	
Condom Guide/leallet	Sets of 200	
Medicheck pregnancy test	Box of 50	
	ı	
Ordered by (name):		
Date		

Please send all completed monitoring forms to: hcrg.cwsexualhealthhub@nhs.net

Upon receipt, your order will be confirmed by email and dispatched to you within 7-10 working days.

Please note that your order may delayed if we have not received regular monitoring returns for Condoms Now activity undertaken by your service (not applicable to new Condoms Now outlets)





Condoms Now Worker Name:	
Job Title:	
Organisation:	
Address:	
Telephone number:	
Date of suggestion / complaint:	
Suggestion / complaint details:	
Name and contact details of complainant:	
(if response required and consent to share information provided):	
Action taken:	
Other Comments:	
Please send this form to: hcrg.CWsexualhealthh	nub@nhs.net



#### Appendix F – Condom choice and condom demonstration

#### **Condom choice**

Condoms are available in a range of shapes, sizes, thicknesses, flavours, textures and colours. Though standard size will fit most men, smaller and larger condoms are available and it's important to encourage men to find a brand that fits well and is comfortable.

#### Lubricant

Water-based lubricant sachets should be recommended in every contact - for both vaginal and anal sex. Oil-based lubricants or any oil-based products will degrade the latex, making the condom susceptible to failure. A wide range of products can cause problems for condoms including baby oil, lipstick or lip balm, and some creams such as thrush treatments.

#### **Latex allergies**

Most condoms are made out of latex (rubber). The alternative to using a latex condom is to use ones not made out of latex (such as *Mates Skyn or Durex Avanti*). These are available in limited supply as they are far more expensive. Non latex condoms can be made from a synthetic version of latex (polyisoprene) or polyurethane.

#### Condoms and anal sex

In the past it has commonly been recommended that extra-strong condoms are used for anal sex. However, recent research found that standard condoms are just as effective for anal sex as extra- strong condoms as long as they are use with plenty of water-based lubricant.

#### **Flavoured condoms**

Some people find flavoured condoms cause them irritation when having vaginal/anal sex, which is caused by the flavouring ingredient. If this is the case, recommend that they use additional lubricant or try other types of condom.

#### **Gel-charging**

Some men may complain of loss of sensitivity when using condoms. Gel-charging can enhance sensitivity for the man whilst using a male condom. A small, pea-sized amount of lubricant should be put into the end of the erect penis, before the condom is put on. It is important that only a small amount of lubrication be used, or the condom could slip off.

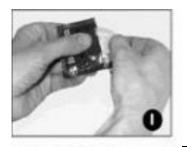
#### Storing and carrying condoms

Condoms should be stored in a cool, dark, dry place. Condom do not like heat/sunlight, as this may damage them. We need to encourage young people to keep them handy but if they are kept in back pockets or wallets they need to be checked and changed regularly to ensure they do not get too warm or crumpled, otherwise the quality may start to deteriorate. Condom holders are available to prevent damage to condoms whilst they are being carried.

If the condom feels too tight, doesn't roll all the way down to the base of the penis or feels too big and slips off then they may need a different sized condom. Young people can be supported to find the right condoms that feels comfortable and should be informed about the wide range of condoms and water-based lubricant available through the scheme.

#### **Condom demonstration**





Check the packet, does it have a BSI Kite/European CE mark and is the condom in date?

Push the condom to one side and open the condom packet carefully on the opposite side (do use using teeth to open the packet as this may cause the condom to tear)



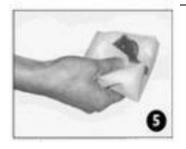
Make sure you've got the condom the right way around. You can tell by squeezing the air out of top and unrolling it slightly before placing in on the erect penis.



Still squeezing the air out of the tip with your thumb and finger, roll the condom all the way to the base of the penis with the other hand. Watch out for fingernails/rings! There must not be any air in the tip and there should be enough room for the semen.



During sex regularly check the condom is still on and hasn't broken. If it gets dry add some water-based lubricant.



After ejaculation, withdraw fully, holding on to the base on the condom. Then take off the condom, wrap it in a tissue and bin it (not down the toilet)

Always use a brand-new condom if you have any sexual contact again - they can only be used once.

#### What to do if the condom breaks?

Ensure young people are aware of actions they can take following unprotected sex including when a condom has broken, split, slipped off or been used incorrectly.

#### **Appendix G – Safeguarding and Useful Contacts**



#### Safeguarding vulnerable adults and children

The Condoms Now outlet must ensure that service users, and anyone using the service, are safeguarded from any form of abuse or exploitation in accordance with written policies and procedures to be agreed with the commissioner prior to the commencement of the service and that meet the standards and regulations set out in:

Coventry: <u>www.coventry.gov.uk/safeguarding-adults-1</u>

www.coventry.gov.uk/coventry-local-safeguarding-children-board

Warwickshire: www.safeguardingwarwickshire.co.uk

ICB: www.happyhealthylives.uk/integrated-care-board/resources-and-

services/safeguarding/

The Condoms Now outlet will share information with the following relevant organisations: Police, Probation Service, Adult Social Care and Children's Services if an individual delivering the service or a trained individual discloses information that would indicate a child or vulnerable adult is at risk of harm and/or admitted to an offence for which they have not been convicted.

If a Condoms Now outlet is worried about a child or teenager who might be at risk of harm or in danger; In an emergency call 999.

#### **Local contact details:**

#### **Coventry:**

Social worker (out of office hours): 024 7683 2222.

If there is no immediate danger or you need advice or information, you should call the <u>Multi-Agency Safeguarding Hub</u> on 024 7678 8555.

If you want to discuss your concerns or need advice e.g. if you are not sure whether your concerns are justified, you would like more information about issues like confidentiality or you would like to know what happens next (after you have reported your concerns), do one of the following:

- Call Childline on 0800 1111
- Call the NSPCC Helpline on 0808 800 5000
- Check Coventry CSCP procedures
- To make a referral, please complete the <u>multi-agency referral form</u>. <u>Example of a completed</u> <u>multi-agency referral form</u>.
- <u>www.coventry.gov.uk/righthelprighttime</u>

#### Warwickshire:

Adults: Contact Social Care and Support on: 01926 412080.

**Young People: For urgent concerns** - if you have an urgent child protection concern and need to get in touch with us, call the Front Door on **01926 414144** 

Lines are open:

- Monday to Thursday 8.30am 5:30pm
- Friday 8.30am 5:00pm

You will then need to complete and return a <u>Multi-Agency Contact Form (MAC)</u> and send via email to the Front Door team: please email - <u>TriageHub@Warwickshire.gov.uk</u>

**Out of hours** - if you need to get in touch out of usual office hours, please contact the Emergency Duty Team immediately on **01926 886922.** 

#### **Abortion and Termination Services:**



BPAS (British Pregnancy Advisory Service) provide NHS-funded abortion appointments, advice and support. <u>Visit BPAS</u>

BPAS have clinics in Coventry, Stratford-Upon-Avon, Nuneaton

#### **Rape and Sexual Assault**

- <u>Blue Sky Centre</u> is a specialist service in Nuneaton, open 24 hours a day. They offer medical, practical and emotional support after assault. Call them on 0800 970 0370
- Rape Crisis have a national freephone support line on 0808 500 2222. They also offer support online
- <u>National Domestic Abuse Helpline</u>, call <u>0808 2000 247</u> for free and confidential support, 24 hours a day
- Call <u>0300 247 0069</u> to make an emergency appointment at your local sexual health clinic

#### **Emergency contraception services**

Anyone aged 16 and over can order free emergency contraception pills online and have them delivered to home.



#### Other sources:

- call <u>0300 247 0069</u> to get it from your nearest Sexual Health Hub
- visit <u>a local pharmacy</u> that offers NHS emergency contraception services
- get it from any GP surgery
- buy it from a local chemist or high street pharmacy (prices start at £10)

<u>Home | Sexual Health Hub</u> – information on all Coventry & Warwickshire services, STI's, forms of contraception, how to access service.





Under 18's assessment – Reviewed each visit. If any "red flags"/Concerns follow safeguarding procedures.	If any red flags or concerns identified then follow safeguarding procedures.
Confidentiality Discussed? Includes need to share info if the young person is at perceived risk	
Client Age	? Under 13
Age of Partner	? Significant age difference
Discuss "spotting the signs" of exploitation and that sometimes people can feel pressured into having sex.  Explain that we want to make sure they feel happy and safe having sex and need to ask few questions to determine if there is any risk;  Do you feel able to say "no" to sex Do you feel like you can talk to the person you are having sex with about condoms?  Have you ever been made to feel scared or uncomfortable by the person you are having sex with?  Have you ever been made to do anything sexual that you didn't want to?  Do you often drink alcohol or take drugs before having sex?	Any concerns identified?  Is this young person at risk?  Keep the best interests of the young person in mind
FRASER GUIDELINES:- under 16's	Any concerns refer to organisations safeguarding procedure
The young person understands the advice they are being given	
The young person cannot be persuaded to inform a parent or guardian	
It is likely that the young person will begin or continue having intercourse with or without contraception/ treatment	
Unless he or she receives contraception / treatment, their physical or mental health (or both) is likely to suffer	
The young person's best interests require contraceptive advice, treatment or supplies to be without parent consent	
Confirm discussion has taken place on monitoring form (Appendix C)	

#### Appendix J: FAQ's - Parent, Guardians and Carer



#### Parents and carers information on the scheme

We understand that some parents and carers may have questions about the condom distribution scheme, below are some of the most common ones they ask.

#### Is it legal to give condoms to under 16s without parents/carers consent?

Yes, the way that condoms are provided to under 16's is legal. When a young person is registered for the scheme the registration conversation will be carried out by someone trained to assess the young person's understanding and competence; they will do this using the Fraser guidelines. To be deemed "Fraser competent" a young person must be capable of understanding all the information and any risks, and then using this knowledge to make a choice.

The Fraser Guidelines were developed specifically around the provision of sexual health and contraception services to under 16's, and so they cover all the legal aspects in full. If the person who is registering the young person is concerned for their health or safety, a referral will be made to make sure that the young person receives whatever support is needed. Part of this referral process may include a professional contacting you to make you aware of the steps being taken to keep the young person safe and involve you in the process.

#### Why do you give condoms out to those under the age of consent?

Although the legal age of consent in the UK is 16, we know that some young people will have sex or be considering sex for the first time at a younger age. The person completing the registration will always discuss the age of consent and what this means. If the young person is deemed Fraser competent (using the framework above), they will get access to the condom distribution scheme to help them keep themselves as safe and healthy as possible.

#### Are you encouraging young people to have sex?

No, giving young people the opportunity to access condoms and have a registration conversation, enables them to seek high quality, accurate sexual health information and advice; and supports them to make an informed decision about whether they feel ready to have sex. If a young person then does decide to have sex, they have access to condoms to reduce the risk of unintended pregnancy and STIs, know how to use condoms properly, and are aware of where and how to seek support should they need to.

#### Will I be told if the school they attend is part of the condom distribution scheme?

Some schools will choose to make parents aware if they begin to offer Condoms Now, but some won't. As school Condom points are only accessible to their students you won't find a list of schools providing condoms listed on our website, but you can enquire with the school yourself. Other services such as school nursing teams may also offer condoms as part of their offer within schools too, so condoms are available in most education venues.