# SH:24 Sexual health: 24 hours a day



Talk to us: If you need help or have questions, text: 07860 041 233

### Wart treatment Podophyllotoxin 0.15% cream

Ensure that you also read the enclosed instruction leaflet.

If you are pregnant, trying to conceive, or breastfeeding **do not** use this cream.

Apply the cream to your warts twice a day for 3 days (in the morning, and at night), then take 4 days off. Repeat this cycle of 3 days on, then 4 days off, for 4 weeks or until your warts are no longer visible.

E.g. treat on Monday, Tuesday, Wednesday, then take Thursday to Sunday off, and start treatment again on the Monday.

Wash and properly dry your hands and the affected area before applying the cream and wash it off before having sex.

If you have visible symptoms then it is a good idea to talk to your current partner and avoid any skin to skin contact with the infected area, until you have completed treatment.

## SH:24

### Things to consider

- this cream will treat visible warts but it will not clear the infection from your body completely. This means that the warts may come back in the future
- if you experience any irritation or soreness, stop using the cream and contact us immediately
- don't apply this cream to warts inside the penis, vagina or rectum, or to warts that are bigger than 4cm in diameter
- we will text you in 3 weeks to see how well you have responded to treatment and see whether you require another course.

#### Learn more:

Read more about genital warts and how they are treated here: sh24.org.uk/sexual-health