

IntraUterine Techniques LARC Training Pathway

**Required
Steps**

**Costs to the individual, practice or Primary
Care Network (January 2026)**

**Support
Available**

Initial Requirements

Prospective candidates must be employed in Leicestershire and Rutland Primary Care services and have the agreement of their manager to provide IUC LARC procedures.

Contact the preferred training provider to confirm support and timescales for the practical training element

Complete CoSRH - Online Theory Assessment (OTA)
1 hour to complete 50 questions

Leicestershire & Rutland Sexual Health Hub
lrshttraining@hcrhcaregroup.com

E-learning for health eSRH course is helpful revision for the OTA

On completion of the OTA, candidates will have 2 years to pass the practical training and apply for the LoC

OTA £93 (per attempt) paid to the CoSRH.

Pass OTA assessment

Complete eLFH module 15

Complete practical training as below

Training Option 1

A LSRH Faculty Registered trainer will come to the trainees practice to provide practical skills training and certify completion of the LoC. This includes model uterus and live patient training. The practice needs to arrange 6-8 women per clinic on training days. Up to 4 sessions may be provided

Training Option 2

Leicestershire & Rutland integrated sexual health service will provide practical skills training and certification of completion of the LoC with a faculty registered trainer. This usually requires 4 sessions at the Loughborough Hub. An honorary contract with HCRG Care Group will be needed for this option.

Obtain CoSRH associate membership **£121 per annum**

Apply for Letter of Competence Intra Uterine Techniques (LOC IUT) on CoSRH website

Registering the LoC IUT is **£121** for associate members or **£505** to non-members

Recertification of the LoC IUT will be required every 5 years (free CoSRH to members)