

Artisan Baked Goods Nutritional Information (Illinois)

Peet's has selected experienced, local bakeries to create a wide selection of baked goods in the tradition of Artisans – made by hand, in small batches and delivered fresh daily. The following nutritional information is provided by our baked goods suppliers and is intended only as an estimate. Because of the handcrafted nature of the baked goods at Peet's, serving size and nutritional data may vary. Not all items are available in every location. All of our baked goods are produced in bakeries where known allergens are present. We cannot guarantee that any of our products are free from allergens (including dairy, eggs, soy, tree nuts, wheat and others) as we use shared equipment to store, prepare and serve them. Data is rounded to meet FDA regulations. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

	<u>Serving Size (g)</u>	<u>Calories</u>	<u>Calories from Fat</u>	<u>Total Fat (g)</u>	<u>Saturated Fat (g)</u>	<u>Trans Fat (g)</u>	<u>Cholesterol (mg)</u>	<u>Sodium (mg)</u>	<u>Total Carbohydrates (g)</u>	<u>Fiber (g)</u>	<u>Sugars (g)</u>	<u>Protein (g)</u>
Blueberry Muffin	140	570	200	22	7	0	95	460	87	2	45	9
Cranberry Citrus Scone	100	340	150	17	10	0	40	400	43	2	15	4
Almond Croissant	165	850	510	57	31	0	245	1110	77	3	35	13
Classic Butter Croissant	95	490	280	31	22	0	75	380	43	1	5	9
Chocolate Croissant	115	520	290	32	22	0	75	390	50	3	8	10
Kouign Amann	90	370	220	24	17	0	60	320	34	2	7	5
Pain Aux Raisins	95	440	260	29	18	0	110	590	42	1	13	5
Chocolate Brioche Morning Bun	170	570	350	39	28	0	115	350	46	2	18	9
Seasonal Fruit Danish	100	390	230	25	17	0	85	280	34	2	9	7
Brown Butter Sea Salt Chocolate Chip Cookie	100	400	190	21	13	0	70	360	49	1	33	5
Blueberry Financier	100	400	200	22	10	0	40	240	47	2	34	8

Ingredients:	
Blueberry Muffin	Wheat Flour, Milk, Eggs, Blueberries, Sugar, Canola Oil, Butter, Baking Powder, Vanilla Paste, Salt, Oats, Brown Sugar. Contains: Wheat, Milk, Egg
Cranberry Citrus Scone	Wheat Flour, Butter, Milk, Sugar, Sour Cream, Dried Cranberries, Candied Lemon, Baking Powder, Salt, Baking Soda, Vanilla Extract. Contains: Wheat, Milk
Almond Croissant	Wheat Flour, Butter, Milk, Water, Sugar, Yeast, Salt, Egg, Cornstarch, Vanilla Extract, Almond Flour, Almond Extract. Contains: Wheat, Milk, Egg, Almonds
Classic Butter Croissant	Wheat Flour, Butter, Milk, Water, Sugar, Yeast, Salt, Egg. Contains: Wheat, Milk, Egg
Chocolate Croissant	Wheat Flour, Butter, Milk, Water, Sugar, Yeast, Salt, Chocolate, Egg. Contains: Wheat, Milk, Egg
Kouign Amann	Wheat Flour, Rye Flour, Butter, Water, Sugar, Salt, Yeast, Fenugreek. Contains: Wheat, Milk
Pain Aux Raisins	Wheat Flour, Butter, Milk, Water, Sugar, Yeast, Salt, Egg, Cornstarch, Vanilla Extract, Raisins. Contains: Wheat, Milk, Egg
Chocolate Brioche Morning Bun	Wheat Flour, Butter, Milk, Water, Sugar, Yeast, Salt, Egg, Cocoa Powder, Chocolate, Candied Orange Peel, Cinnamon. Contains: Wheat, Milk, Egg
Seasonal Fruit Danish	Wheat Flour, Cornmeal, Butter, Milk, Water, Sugar, Yeast, Salt, Egg, Cream Cheese, Cherries, Lemon Juice, Vanilla Extract. Contains: Wheat, Milk, Egg
Brown Butter Sea Salt Chocolate Chip Cookie	Wheat Flour, Butter, Sugar, Brown Sugar, Egg, Buttermilk, Baking Soda, Baking Powder, Vanilla Extract, Salt, Chocolate Chips. Contains: Wheat, Milk, Egg
Blueberry Financier	Wheat Flour, Almond Flour, Sugar, Baking Powder, Egg White, Butter, Blueberries, Salt. Contains: Wheat, Milk, Egg, Almonds