

Artisan Baked Goods Nutritional & Ingredient Information (NorCal)

Peet's has selected experienced, local bakeries to create a wide selection of baked goods in the tradition of Artisans – made by hand, in small batches and delivered fresh daily. The following nutritional information is provided by our baked goods suppliers and is intended only as an estimate. Because of the handcrafted nature of the baked goods at Peet's, serving size and nutritional data may vary. Not all items are available in every location. All of our baked goods are produced in bakeries where known allergens are present. We cannot guarantee that any of our products are free from allergens (including dairy, eggs, soy, tree nuts, wheat and others) as we use shared equipment to store, prepare and serve them. Data is rounded to meet FDA regulations. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

	<u>Serving</u> <u>Size (g)</u>	<u>Calories</u>	<u>Calories</u> <u>from Fat</u>	<u>Total Fat</u> <u>(g)</u>	<u>Saturated</u> <u>Fat (g)</u>	<u>Trans Fat</u> <u>(g)</u>	<u>Cholesterol</u> <u>(mg)</u>	<u>Sodium</u> <u>(mg)</u>	<u>Total</u> <u>Carbohydrates</u> <u>(g)</u>	<u>Fiber (g)</u>	<u>Sugars (g)</u>	<u>Protein (g)</u>
Blueberry Crumb Muffin	115	390	170	19	3.5	0	45	340	49	1	23	5
Morning Glory Muffin (Vegan)	115	490	290	32	7	0	0	330	49	5	20	5
Berry Cream Scone (with raspberries and blackberries)	105	390	200	22	12	0	70	270	41	2	8	6
Maple Walnut Scone	112	480	220	25	13	0	80	400	59	2	27	6
Peach Berry Scone (Reduced Fat)	105	280	70	8	4.5	0	50	190	46	2	14	6
Banana Nut Bread	105	370	140	15	7	0	60	380	52	2	21	6
Pumpkin Bread	105	360	140	15	1.5	0	65	410	51	2	25	6
Iced Lemon Loaf	105	380	160	18	7	0	85	240	49	1	25	6
Chocolate Chip Cookie with Sea Salt	80	360	160	18	10	0	40	490	48	3	28	4
Sugar Cookie (Limited Time Offer)	58	260	80	11	6	0	35	160	49	3	29	4
Guittard Chocolate Brownie (Vegan) (Made without Wheat)	78	310	140	15	1	0	0	120	45	4	33	2
Cinnamon Swirl Coffee Cake	108	440	210	24	6	0	60	340	55	2	32	4
Morning Bun	98	420	170	19	12	0	50	440	58	2	27	5
Twice-Baked Almond Croissant	110	490	280	31	14	0	80	330	44	3	16	9
Butter Croissant	70	270	130	14	9	0	40	350	31	1	3	5
Single Origin Chocolate Croissant	83	360	180	20	12	0	55	390	42	2	11	6
Apple Danish (Limited Time Offer)	95	340	190	21	13	0	55	320	34	1	11	4
Iced Cinnamon Roll	115	490	140	15	9	0.5	80	170	84	2	56	5

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Ingredients:

Blueberry Crumb Muffin	Enriched Unbleached Flour, Sugar, Milk, Blueberries, Canola Oil, Cage-free Eggs, Butter, Baking Powder, Salt, Blueberry Extract, Enzyme, Ascorbic Acid. Contains: Milk, Egg, Wheat
Morning Glory Muffin (Vegan)	Enriched Unbleached Flour, Canola Oil, Carrots, C&H Granulated White Sugar, Pineapple (Pineapple, Pineapple Juice), Zucchini, Coconut, Water, Flaxseed Flour, Brown Sugar, Cinnamon, Pure Vanilla Extract (Vanilla Bean Extractives in Water, Alcohol (35%)), Baking Soda, Baking Powder, Egg Replacer (Potato Starch, Tapioca Flour, Leavening (Calcium Lactate, Calcium Carbonate, Cream of Tartar), Cellulose Gum, Modified Cellulose), Salt. Contains: Wheat, Coconut
Berry Cream Scone (with raspberries and blackberries)	Enriched Unbleached Flour, Heavy Cream (Heavy Cream, Skim Milk, Carrageenan), Butter, Bakers Margarine, Cage-free Eggs, Sugar, Milk, Raspberries (Frozen, Unsweetened), Ollalieberries, Baking Powder, Enzyme, Salt, Orange Zest, Ascorbic Acid. Contains: Wheat, Milk, Egg
Maple Walnut Scone	Maple Scone Mix (Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Brown Sugar, Whole Grain Wheat Flour, Butter (Cream, Natural Flavor), Bakers Margarine, Sugar, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium Phosphate), Salt), Heavy Cream (Heavy Cream, Skim Milk, Carrageenan), Maple Scone Icing (Powdered Sugar (Sugar, Cornstarch), Whole Milk (Milk, Vitamin D3), Light Corn Syrup (Corn Syrup, Salt, Vanilla), Water, Alcohol, Corn Syrup, Natural Flavor), Cage-Free Eggs, Walnuts, Water, Alcohol, Corn Syrup, Natural Flavor.
Peach Berry Scone (Reduced Fat)	Enriched Unbleached Flour, Buttermilk, Sugar, Peaches, Cage-free Eggs, Butter, Ollalieberries, Raspberries, Frozen, Unsweetened, Baking Powder, Salt, Baking Soda. Contains: Milk, Egg, Wheat
Banana Nut Bread	Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Bananas, Sugar, Sour Cream (Cultured Cream, Enzymes), Cage-Free Eggs, Brown Sugar, Bakers Margarine, Butter (Cream, Natural Flavor), Walnuts, Canola Oil, Vanilla Extract (Water, Alcohol (35%), Sugar, Vanilla Bean Extractives), Baking Soda, Salt. Contains: Wheat, Milk, Eggs, Walnuts
Pumpkin Bread	Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Libby's 100% pure Pumpkin, Sugar, Canola Oil, Cage-Free Eggs, Sucres (brown sugar), Buttermilk, Cinnamon, Baking Soda, Salt, Allspice. Contains: Wheat, Milk, Egg
Iced Lemon Loaf	Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Sugar, Buttermilk, Cage-Free Eggs, Peet's Citrus Bread Icing (Sucres (powdered sugar (sugar, cornstarch)), Lemon juice, frozen, unsweetened, single strength, Whole Milk (Milk, Vitamin D3)), Butter (Cream, Natural Flavor), Bakers Margarine, Canola Oil, Lemon juice, frozen, unsweetened, single strength, Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminium Sulfate, Monocalcium Phosphate), Salt. Contains: Wheat, Milk, Egg

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Chocolate Chip Cookie with Sea Salt	Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Semisweet chocolate (suga, unsweetened chocolate, cocoa butter, milk fat (butter)), sunflower lecithin, vanilla, Sugar, Butter (Cream, Natural Flavor), Brown Sugar, Cage-Free Eggs, Bakers Margarine, Sea Salt Flakes, Vanilla Extract (Water, Alcohol (35%), Sugar, Vanilla Bean Extractives), Baking Soda, Salt, Enzyme. Contains: Milk, Egg, Wheat
Sugar Cookie (Limited Time Offer)	All-purpose flour, sugar, butter, cage-free eggs, vanilla, baking powder and salt. Contains: Wheat, Milk, Egg
Guittard Chocolate Brownie (Vegan) (Made without Wheat)	Sugar, Canola Oil, Water, Chickpea Flour, Applesauce (APPLES, WATER), Cocoa, Sorghum Flour, Rice Flour, Vanilla Extract (Water, Alcohol (35%), Sugar, Vanilla Bean Extractives), Sugar, unsweetened chocolate, cocoa butter, soy lecithin, natural vanilla extract, Baking Soda, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium Phosphate), Salt, Xanthan Gum. Contains: Soy
Cinnamon Swirl Coffee Cake	Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Sugar, Sour Cream (Cultured Cream, Enzymes), Canola Oil, Cage-Free Eggs, Brown Sugar, Butter (Cream, Natural Flavor), Cinnamon, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium Phosphate), Enzyme, Salt. Contains: Milk, Egg, Wheat
Morning Bun	Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Butter (Cream, Natural Flavor), Whole Milk (Milk, Vitamin D3), Sugar, Brown Sugar, Salt, Cinnamon, Yeast, Orange Zest, Enzyme. Contains: Milk, Wheat
Twice-Baked Almond Croissant	Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Butter (Cream, Natural Flavor), Whole Milk (Milk, Vitamin D3), Almonds, Sugar, Almond Flour, Cage-Free Eggs, Powdered Sugar (Sugar, Cornstarch), Almond Meal, Salt, Yeast, Almond Extract (Water, Alcohol (32%), And Oil Of Bitter Almond), Enzyme. Contains: Milk, Egg, Wheat, Almond
Butter Croissant	Enriched Unbleached Flour, Milk, Butter, Enzyme, Sugar, Cage-Free Egg, Salt, Yeast. Contains: Milk, Wheat, Egg
Single Origin Chocolate Croissant	Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Whole Milk (Milk, Vitamin D3), Butter (Cream, Natural Flavor), sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanillin (artificial flavor), Cage-Free Eggs, Sugar, Salt, Yeast, Enzyme. Contains: Milk, Egg, Wheat, Soy
Apple Danish (Limited Time Offer)	Croissant Dough (Enriched Unbleached Flour, Butter, Milk, Sugar, Salt, Yeast), Sweet Cheese Filling (Cream Cheese (Milk, Cheese Cultures, Salt, Guar Gum), Sugar, Sour Cream, Cage-Free Egg, White, Raw, Frozen, Pasteurized, Lemon Juice, Frozen, Unsweetened, Single Strength), Apple Filling (Apples, Sugar, Water, Cornstarch, Cinnamon), Peet's Apple Pastry Icing (Powdered Sugar, Milk), Cage-Free Egg, Water, Simple Syrup - SPI. Contains: Milk, Egg, Wheat
Iced Cinnamon Roll	Peet's Cinnamon Roll Dough (Sugar, Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Whole Milk (Milk, Vitamin D3), Butter (Cream, Natural Flavor), Water, Cage-Free Egg Yolk, Cage-Free Eggs, Yeast, Salt, Enzyme), Cinnamon Roll Icing (Powdered Sugar (Sugar, Cornstarch), Cream Cheese (Milk, Cheese Cultures, Salt, Guar Gum), Whole Milk (Milk, Vitamin D3), Butter (Cream, Natural Flavor), Light Corn Syrup (Corn Syrup, Salt, Vanilla)), Cinnamon Roll Sugar (Brown Sugar, Cinnamon), Butter (Cream, Natural Flavor). Contains: Milk, Egg, Wheat