







Warm Breakfast Nutritional Information (DC/MD/VA/IL/NorCal/SoCal/CO)

We cannot guarantee that any of our products are free from allergens (including dairy, eggs, soy, tree nuts, wheat and others) as we use shared equipment to store, prepare and serve them. The following nutritional information is provided by our breakfast sandwich supplier and is intended only as an estimate. Peet's bears no responsibility for the accuracy of this information. Data is rounded to meet FDA regulations. Data for vitamins and minerals refers to percentage of US recommended daily intake values. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

	<u>Serving Size</u> <u>(g)</u>	<u>Calories</u>	<u>Calories from</u> <u>Fat</u>	<u>Total Fat (g)</u>	<u>Saturated Fat</u> <u>(g)</u>	<u>Trans Fat (g)</u>	<u>Cholesterol</u> <u>(mg)</u>	<u>Sodium (mg)</u>	<u>Total Carb (g)</u>	<u>Fiber (g)</u>	<u>Sugars (g)</u>	<u>Protein (g)</u>
Warm Breakfast												
Bacon & Cheddar Brioche	142	380	160	18	7	0	60	980	36	1	5	20
Crispy Ham & Swiss	162	390	140	16	9	0	70	1280	39	1	4	25
Egg & Cheese Vegetarian	111	260	100	11	5	0	40	550	24	1	2	15
Egg White, Tomato & Feta Frittata Vegetarian, Made without wheat	102	200	130	14	7	0	45	410	9	1	2	12
Bacon, Spinach & Swiss Frittata Made without wheat	113	310	190	22	12	0	255	590	10	0	1	17
Chicken Chorizo Flatbread	159	350	170	19	7	0	205	750	22	2	3	23
Turkey Bacon & Egg White Sandwich	105	240	60	7	3.5	0	20	580	28	1	1	15
Everything Plant-Based Sandwich Plant-Based, Vegan	167	390	190	21	9	0	0	840	32	6	3	21
Caprese Sandwich Vegetarian	198	520	190	21	9	0	35	1120	62	4	4	20

WARM BREAKFAST		Ingredients	
Bacon & Cheddar Brioche		cage-free craft burger bun: enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, cane sugar, cage-free eggs, sunflower oil, salt, yeast, malted barley flour. cage-free fried egg patty: cage free egg whites, water, cage free whole eggs, modified corn starch, salt, xanthan gum, citric acid, coarse ground black pepper. sharp cheddar cheese: pasteurized milk, cheese culture, salt, enzymes, color added. precooked bacon: pork cured with: water, salt, sugar, smoke flavoring, sodium phosphates, sodium erythorbate, sodium nitrite. Contains: egg, milk, wheat	
Crispy Ham & Swiss		rustic bread: flour (wheat, malted barley), water, contains less than 2% of each of the following: salt, yeast, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), monocalcium phosphate, corn starch, mono and diglycerides, potassium iodate, ascorbic acid, enzymes, calcium propionate (preservative). black forest ham: cured with water, dextrose, salt, contains 2% or less of: sodium lactate, sodium phosphate, natural smoke flavoring, sodium diacetate, sodium erythorbate, sodium nitrite. swiss cheese: pasteurized part-skim milk, cheese culture, salt, enzymes. croque monsieur spread: alfredo sauce: skim milk, water, cream, cream cheese (pasteurized milk and cream, cheese cultures, salt, guar gum, carob bean gum, xanthan gum), parmesan cheese (cultured milk, salt, enzymes), romano cheese (pasteurized cow's milk, cheese culture, salt, enzymes), butter (cream, salt), food starch - modified, contains less than 2% of maltodextrin, salt, natural flavors, sodium phosphate, sodium citrate, cellulose gel, cellulose gum, mono and diglycerides, spice. grand cru cheese: grand cru cheese (cultured pasteurized milk, salt, enzymes), potato starch and powdered cellulose (to prevent caking). classic dijon mustard: white distilled vinegar, water, #1 grade mustard seed, salt, white wine, citric acid, onion powder, spices, turmeric, natural flavors. paprika: paprika, with not more than 2% silicon dioxide added to prevent caking and 100 ppm ethoxyquin added to retain color. nutmeg. Contains: wheat, milk	
Egg & Cheese		vienna sliced: unbleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, yeast, fully refined soybean oil, wheat gluten, granulated sugar, salt, calcium propionate (to retain freshness), dough improver (malted wheat flour, enzymes and 2% or less of ascorbic acid), enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), contains less than 2% of enzymes. cage free fried egg patty: cage free egg whites, water, cage free whole eggs, modified corn starch, salt, xanthan gum, citric acid, coarse ground black pepper. colby jack cheese: pasteurized milk, cheese cultures, salt, enzymes, color added. sharp cheddar cheese: pasteurized milk, cheese culture, salt, enzymes, color added. Contains: egg, milk, wheat	
Egg White, Tomato & Feta Frittata		egg white mix: pasteurized cage free egg whites. heavy whipping cream: cream (milk), carrageenan. plain non-fat greek yogurt: cultured nonfat milk. contains live and active cultures: s. thermophilus, l. bulgaricus, l. acidophilus, bifidus, l. casei, and l. rhamnosus. gluten free flex flour: rice flour, rice starch, potato starch, xanthan gum and locust bean gum. canola oil. eggrite: food starch, maltodextrin, salt, guar gum, natural flavor, xanthan gum, lecithin, spice extract. tomato feta filling: tomatoes in oil: roasted tomatoes, canola oil, garlic, oregano, salt. feta cheese: cultured pasteurized milk, salt, enzymes. parmesan cheese: parmesan cheese (pasteurized part-skim cow's milk, cheese cultures, salt, enzymes), powdered cellulose added to prevent caking, natamycin added to maintain freshness. kale. montamore cheese: montamore cheese: (pasteurized milk, cheese cultures, salt, enzymes), powdered cellulose (to prevent caking). corn starch. salt. dehydrated garlic. ground red pepper. pan release: high oleic canola oil, soy lecithin, propellant. Contains: egg, milk, soy	

Bacon, Spinach & Swiss Frittata		<p>cage free egg: whole eggs, citric acid, 0.15% water added as carrier for citric acid (preserve color). plain greek yogurt: nonfat yogurt (cultured pasteurized nonfat milk). contains live and active cultures: S. thermophilus, L. bulgaricus, L. acidophilus, Bifidus and L. casei. heavy whipping cream: cream, carrageenan. swiss cheese: pasteurized part skim milk, cheese cultures, salt and enzymes, powdered cellulose (to prevent caking). gluten-free flour: specialty flour blend (rice flour, tapioca starch), potato starch, whole grain brown rice flour, vitamin and mineral blend [calcium carbonate, niacinamide (vitamin B3), reduced iron, thiamin hydrochloride (vitamin B1), riboflavin (vitamin B2)]. bacon: cured with water, salt, sugar, sodium erythorbate, sodium nitrite. may also contain dextrose, flavoring, honey, dehydrated pork broth, potassium chloride, potassium lactate, smoke flavoring, sodium diacetate, sodium phosphate. spinach. onion jam: red onion, brown sugar, vinegar (balsamic, distilled & red wine vinegar), corn syrup, red wine, water, canola oil, pectin, orange juice concentrate, blackstrap molasses, salt, black carrot powder, potassium sorbate [preservative], caramel color, tamarind, spices, citric acid. sea salt. ground black pepper. ground nutmeg. pan release: high oleic canola oil, soy lecithin, propellant.</p> <p>Contains egg, milk, soy</p>
Chicken Chorizo Flatbread		<p>chicken chorizo and cheese filling: chicken chorizo crumbles: boneless skinless chicken breast meat and thigh meat, water, contains 2% or less of: jalapeno peppers, cilantro, spices, vinegar, natural flavor, onions, kosher salt, paprika, garlic. cheddar monterey jack cheese: cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, color added), monterey jack cheese (pasteurized milk, cheese culture, salt, enzymes), potato starch and powdered cellulose added to prevent caking, natamycin (a natural mold inhibitor). cage free scrambled egg patty: cage free whole eggs, water, soybean oil, modified food starch, whey solids, salt, non fat dry milk, citric acid. plain lahvash: enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, fiber base (wheat gluten, corn starch, oat fiber, soy protein, soybean oil, salt, calcium sulfate, dextrose, whole wheat flour, monoglycerides, fumaric acid), canola oil, sugar, yeast, salt, calcium propionate (mold inhibitor), enzymes.</p> <p>Contains: egg, milk, soy, wheat.</p>
Turkey Bacon & Egg White Sandwich		<p>enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, yeast, salt, contains less than 2% of each of the following: sugar, wheat gluten, barley malt, flour, dextrose, soybean oil, fumaric acid, acetic acid, lactic acid, guar gum, ascorbic acid, enzymes, calcium propionate (preservative), topping: enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), cultured wheat starch. cage free egg white patty: cage free egg whites, food starch (corn), salt, xanthan gum. swiss cheese: pasteurized part-skim milk, cheese culture, salt, enzymes. turkey bacon: dark turkey, white turkey, water, sugar, salt, contains 2% or less natural smoke flavoring, sodium erythorbate, natural flavoring, sodium nitrite, vegetable oil.</p> <p>Contains: egg, milk, wheat</p>
Everything Plant-Based Sandwich		<p>just egg plant-based folded patty: water, mung bean protein isolate, expeller-pressed canola oil, corn starch, contains 2% or less of the following: baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), dehydrated garlic, dehydrated onion, natural carrot extractives (color), natural turmeric extractives (color), salt, transglutaminase. beyond meat breakfast sausage patty: water, refined coconut oil, pea protein*, expeller-pressed canola oil, natural flavors, dried yeast, rice protein, chicory root fiber, pea fiber, methylcellulose, yeast extract [niacin (vitamin B3), pyridoxine hydrochloride (vitamin B6), thiamin hydrochloride (vitamin B1), riboflavin (vitamin B2), folic acid (vitamin B9), cyanocobalamin (vitamin B12)], apple extract, pomegranate extract, salt, vinegar, lemon juice concentrate, sunflower lecithin, beet juice extract (for color), carrot. everything bagel thin: enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, cellulose, liquid sugar, wheat gluten, sesame seeds, yeast, contains 2% or less of the following ingredients; salt, poppy seeds, dehydrated onion, dehydrated garlic, polydextrose, dough conditioners ((calcium propionate, ascorbic acid, sorbic acid) (preservatives), citric acid, monoglycerides, enzymes, sodium bicarbonate, cornstarch)), wheat starch, vinegar, soybean oil. violife with cheddar style: filtered water, coconut oil, food starch-modified (potato & corn), potato starch, salt (sea salt), cheddar flavor (vegan sources), olive extract, paprika extract & beta carotene (color), vitamin B12.</p> <p>Contains: wheat, sesame</p>
Caprese Sandwich		<p>focaccia sandwich bun: unbleached untreated enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, olive oil, sea salt, fine herbs, yeast, malted barley. tomato, pesto, and cheese mix: marinated cherry tomatoes: cherry tomato, non-hydrogenated sunflower oil, salt, garlic, oregano. basil pesto: basil, canola oil, water, parmesan cheese (cultured part-skim milk, salt, enzymes), olive oil, garlic puree, 2% or less of salt, ascorbic acid, chamomile extract, rosemary extract. low-moisture part-skim mozzarella cheese: pasteurized part skim-milk, cheese cultures, salt, enzymes, powdered cellulose (anti-caking agent), natamycin (mold inhibitor). corn starch. fontina cheese: cultured pasteurized milk, salt, enzymes.</p> <p>Contains: milk, wheat</p>