

Artisan Baked Goods Nutritional & Ingredient Information (NorCal)

Peet's has selected experienced, local bakeries to create a wide selection of baked goods in the tradition of Artisans – made by hand, in small batches and delivered fresh daily. The following nutritional information is provided by our baked goods suppliers and is intended only as an estimate. Because of the handcrafted nature of the baked goods at Peet's, serving size and nutritional data may vary. Not all items are available in every location. All of our baked goods are produced in bakeries where known allergens are present. We cannot guarantee that any of our products are free from allergens (including dairy, eggs, soy, tree nuts, wheat and others) as we use shared equipment to store, prepare and serve them. Data is rounded to meet FDA regulations. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

	<u>Serving Size (g)</u>	<u>Calories</u>	<u>Calories from Fat</u>	<u>Total Fat (g)</u>	<u>Saturated Fat (g)</u>	<u>Trans Fat (g)</u>	<u>Cholesterol (mg)</u>	<u>Sodium (mg)</u>	<u>Total Carbohydrates (g)</u>	<u>Fiber (g)</u>	<u>Sugars (g)</u>	<u>Protein (g)</u>
Blueberry Crumb Muffin	115	390	170	19	3.5	0	45	340	49	1	23	5
Morning Glory Muffin (Vegan)	115	490	290	32	7	0	0	330	49	5	20	5
Berry Cream Scone (with raspberries and blackberries)	105	390	200	22	12	0	70	270	41	2	8	6
Maple Walnut Scone	122	510	220	25	13	0	80	400	66	2	34	6
Peach Berry Scone (Reduced Fat)	105	280	70	8	4.5	0	50	190	46	2	14	6
Banana Nut Bread	105	370	140	15	7	0	60	380	52	2	21	6
Pumpkin Bread	105	360	140	15	1.5	0	65	410	51	2	25	6
Iced Lemon Loaf	105	380	160	18	7	0	85	240	49	1	25	6
Iced Gingerbread (Limited Time Offer)	141	470	180	20	3.5	0	65	420	67	1	43	5
Gingerbread Cookie (Limited Time Offer)	68	260	80	8	5	0	35	170	44	1	21	3
Chocolate Chip Cookie with Sea Salt	80	360	160	18	10	0	40	490	48	3	28	4
Guittard Chocolate Brownie (Vegan) (Made without Wheat)	78	310	140	15	1	0	0	120	45	4	33	2
Cinnamon Swirl Coffee Cake	108	440	210	24	6	0	60	340	55	2	32	4
Morning Bun	98	420	170	19	12	0	50	440	58	2	27	5
Twice-Baked Almond Croissant	110	490	280	31	14	0	80	330	44	3	16	9
Butter Croissant	70	270	130	14	9	0	40	350	31	1	3	5
Single Origin Chocolate Croissant	83	360	180	20	12	0	55	390	42	2	11	6
Apple Danish (Limited Time Offer)	95	340	190	21	13	0	55	320	34	1	11	4
Iced Cinnamon Roll	115	490	140	15	9	0.5	80	170	84	2	56	5

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Ingredients:

Blueberry Crumb Muffin	Enriched Unbleached Flour, Sugar, Milk, Blueberries, Canola Oil, Eggs, Butter, Baking Powder, Salt, Blueberry Extract, Enzyme, Ascorbic Acid. Contains: Milk, Egg, Wheat
Morning Glory Muffin (Vegan)	Enriched Unbleached Flour, Canola Oil, Carrots, C&H Granulated White Sugar, Pineapple (Pineapple, Pineapple Juice), Zucchini, Coconut, Water, Flaxseed Flour, Brown Sugar, Cinnamon, Pure Vanilla Extract (Vanilla Bean Extractives in Water, Alcohol (35%)), Baking Soda, Baking Powder, Egg Replacer (Potato Starch, Tapioca Flour, Leavening (Calcium Lactate, Calcium Carbonate, Cream of Tartar), Cellulose Gum, Modified Cellulose), Salt. Contains: Wheat, Coconut
Berry Cream Scone (with raspberries and blackberries)	Enriched Unbleached Flour, Heavy Cream (Heavy Cream, Skim Milk, Carrageenan), Butter, Bakers Margarine, Eggs, Sugar, Milk, Raspberries (Frozen, Unsweetened), Ollalieberries, Baking Powder, Enzyme, Salt, Orange Zest, Ascorbic Acid. Contains: Wheat, Milk, Egg
Maple Walnut Scone	Maple Scone Mix (Enriched Unbleached Flour, Brown Sugar, Whole Grain Wheat Flour, Butter, Bakers Margarine, Sugar, Baking Powder, Salt), Heavy Cream (Heavy Cream, Skim Milk, Carrageenan), Maple Scone Icing (Powdered Sugar, Milk, Light Corn Syrup (Corn Syrup, Salt, Vanilla), Water, Alcohol, Corn Syrup, Natural Flavor), Eggs, Walnuts, Water, Alcohol, Corn Syrup, Natural Flavor. Contains: Milk, Egg, Wheat, Walnut
Peach Berry Scone (Reduced Fat)	Enriched Unbleached Flour, Buttermilk, Sugar, Peaches, Eggs, Butter, Ollalieberries, Raspberries, Frozen, Unsweetened, Baking Powder, Salt, Baking Soda. Contains: Milk, Egg, Wheat
Banana Nut Bread	Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Bananas, Sugar, Sour Cream (Cultured Cream, Enzymes), Eggs, Brown Sugar, Bakers Margarine, Butter (Cream, Natural Flavor), Walnuts, Canola Oil, Vanilla Extract (Water, Alcohol (35%), Sugar, Vanilla Bean Extractives), Baking Soda, Salt. Contains: Wheat, Milk, Eggs, Walnuts
Pumpkin Bread	Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Libby's 100% pure Pumpkin, Sugar, Canola Oil, Eggs, Sucres (brown sugar), Buttermilk, Cinnamon, Baking Soda, Salt, Allspice. Contains: Wheat, Milk, Egg
Iced Lemon Loaf	Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Sugar, Buttermilk, Cage-Free Eggs, Peet's Citrus Bread Icing (Sucres (powdered sugar (sugar, cornstarch)), Lemon juice, frozen, unsweetened, single strength, Whole Milk (Milk, Vitamin D3)), Butter (Cream, Natural Flavor), Bakers Margarine, Canola Oil, Lemon juice, frozen, unsweetened, single strength, Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminium Sulfate, Monocalcium Phosphate), Salt. Contains: Wheat, Milk, Egg
Iced Gingerbread (Limited Time Offer)	Applesauce, Enriched Unbleached Flour, Sugar, Canola Oil, Cage-free Eggs, Powdered Sugar, Cream Cheese (Milk, Cheese Cultures, Salt, Guar Gum), Molasses, Ginger, Baking Soda, Butter, Salt, Ground Ginger, Cinnamon, Cloves. Contains: Milk, Egg, Wheat
Gingerbread Cookie (Limited Time Offer)	Enriched Unbleached Flour, Brown Sugar, Butter, Cage-free Eggs, Buttermilk, Ginger, Cinnamon, Vanilla, Baking Powder, Baking Soda, Salt, Ground Ginger, Nutmeg, Cloves. Contains: Milk, Egg, Wheat

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Chocolate Chip Cookie with Sea Salt	Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Semisweet chocolate (sugar, unsweetened chocolate, cocoa butter, milk fat (butter)), sunflower lecithin, vanilla, Sugar, Butter (Cream, Natural Flavor), Brown Sugar, Eggs, Bakers Margarine, Sea Salt Flakes, Vanilla Extract (Water, Alcohol (35%), Sugar, Vanilla Bean Extractives), Baking Soda, Salt, Enzyme. Contains: Milk, Egg, Wheat
Guittard Chocolate Brownie (Vegan) (Made without Wheat)	Sugar, Canola Oil, Water, Chickpea Flour, Applesauce (APPLES, WATER), Cocoa, Sorghum Flour, Rice Flour, Vanilla Extract (Water, Alcohol (35%), Sugar, Vanilla Bean Extractives), Sugar, unsweetened chocolate, cocoa butter, soy lecithin, natural vanilla extract, Baking Soda, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium Phosphate), Salt, Xanthan Gum. Contains: Soy
Cinnamon Swirl Coffee Cake	Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Sugar, Sour Cream (Cultured Cream, Enzymes), Canola Oil, Eggs, Brown Sugar, Butter (Cream, Natural Flavor), Cinnamon, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium Phosphate), Enzyme, Salt. Contains: Milk, Egg, Wheat
Morning Bun	Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Butter (Cream, Natural Flavor), Whole Milk (Milk, Vitamin D3), Sugar, Brown Sugar, Salt, Cinnamon, Yeast, Orange Zest, Enzyme. Contains: Milk, Wheat
Twice-Baked Almond Croissant	Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Butter (Cream, Natural Flavor), Whole Milk (Milk, Vitamin D3), Almonds, Sugar, Almond Flour, Eggs, Powdered Sugar (Sugar, Cornstarch), Almond Meal, Salt, Yeast, Almond Extract (Water, Alcohol (32%), And Oil Of Bitter Almond), Enzyme. Contains: Milk, Egg, Wheat, Almond
Butter Croissant	Enriched Unbleached Flour, Milk, Butter, Enzyme, Sugar, Egg, Salt, Yeast. Contains: Milk, Wheat, Egg
Single Origin Chocolate Croissant	Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Whole Milk (Milk, Vitamin D3), Butter (Cream, Natural Flavor), sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanillin (artificial flavor), Eggs, Sugar, Salt, Yeast, Enzyme. Contains: Milk, Egg, Wheat, Soy
Apple Danish (Limited Time Offer)	Croissant Dough (Enriched Unbleached Flour, Butter, Milk, Sugar, Salt, Yeast), Sweet Cheese Filling (Cream Cheese (Milk, Cheese Cultures, Salt, Guar Gum), Sugar, Sour Cream, Cage-Free Egg, White, Raw, Frozen, Pasteurized, Lemon Juice, Frozen, Unsweetened, Single Strength), Apple Filling (Apples, Sugar, Water, Cornstarch, Cinnamon), Peet's Apple Pastry Icing (Powdered Sugar, Milk), Cage-Free Egg, Water, Simple Syrup - SPI. Contains: Milk, Egg, Wheat
Iced Cinnamon Roll	Peet's Cinnamon Roll Dough (Sugar, Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Riboflavin, Folic Acid), Whole Milk (Milk, Vitamin D3), Butter (Cream, Natural Flavor), Water, Egg Yolk, Eggs, Yeast, Salt, Enzyme), Cinnamon Roll Icing (Powdered Sugar (Sugar, Cornstarch), Cream Cheese (Milk, Cheese Cultures, Salt, Guar Gum), Whole Milk (Milk, Vitamin D3), Butter (Cream, Natural Flavor), Light Corn Syrup (Corn Syrup, Salt, Vanilla)), Cinnamon Roll Sugar (Brown Sugar, Cinnamon), Butter (Cream, Natural Flavor). Contains: Milk, Egg, Wheat