






Warm Breakfast Nutritional Information (DC/MD/VA/IL/NorCal/SoCal/CO)

We cannot guarantee that any of our products are free from allergens (including dairy, eggs, soy, tree nuts, wheat and others) as we use shared equipment to store, prepare and serve them. The following nutritional information is provided by our breakfast sandwich supplier and is intended only as an estimate. Peet's bears no responsibility for the accuracy of this information. Data is rounded to meet FDA regulations. Data for vitamins and minerals refers to percentage of US recommended daily intake values. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Fiber (g)	Sugars (g)	Protein (g)	
Warm Breakfast													
Bacon & Cheddar Brioche		156	410	150	17	8	0	55	960	43	2	8	22
Crispy Ham & Swiss		162	390	140	16	9	0	70	1280	39	1	4	25
Egg & Cheese	Vegetarian	111	260	100	11	5	0	40	550	24	1	2	15
Egg White, Tomato & Feta Frittata	Vegetarian, Made without wheat	99	200	130	14	7	0	40	390	9	0	2	12
Bacon, Spinach & Swiss Frittata	Made without wheat	109	310	200	22	12	0.5	235	580	10	0	3	18
Chicken Chorizo Flatbread		146	310	130	15	6	0	160	750	25	2	3	21
Turkey Bacon & Egg White Sandwich		105	240	60	7	3.5	0	20	580	28	1	1	15
Everything Plant-Based Sandwich	Plant-Based, Vegan	167	390	190	21	9	0	0	840	32	6	3	21
Chicken & Waffles Sandwich (Limited Time)		159	540	280	31	13	0	100	1060	42	1	16	22

WARM BREAKFAST		Ingredients
Bacon & Cheddar Brioche		brioche bun: flour (wheat flour, malted barley), water, sugar, yeast, butter, milk powder, contains less than 2% of each of the following: wheat gluten, salt, corn flour, soybean oil, spices (turmeric and paprika), natural flavor, cultured wheat flour, vinegar, dextrose, guar gum, enzyme, ascorbic acid, corn starch, maltodextrin, dextrin, triglycerides. topping: water, pea protein, dextrose, maltodextrin, modified food starch. cage free fried egg patty: cage free egg whites, water, cage free whole eggs, modified corn starch, salt, xanthan gum, citric acid, coarse ground black pepper. sharp cheddar cheese: pasteurized milk, cheese culture, salt, enzymes, color added. bacon: pork cured with: water, salt, sugar, smoke flavoring, sodium phosphates, sodium erythorbate, sodium nitrite. Contains: egg, milk, wheat.
Crispy Ham & Swiss		rustic bread: flour (wheat, malted barley), water, contains less than 2% of each of the following: salt, yeast, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), monocalcium phosphate, corn starch, mono and diglycerides, potassium iodate, ascorbic acid, enzymes, calcium propionate (preservative). black forest ham: cured with water, dextrose, salt, contains 2% or less of: sodium lactate, sodium phosphate, natural smoke flavoring, sodium diacetate, sodium erythorbate, sodium nitrite. swiss cheese: pasteurized part-skim milk, cheese culture, salt, enzymes. croque monsieur spread: alfredo sauce: skim milk, water, cream, cream cheese (pasteurized milk and cream, cheese cultures, salt, guar gum, carob bean gum, xanthan gum), parmesan cheese (cultured milk, salt, enzymes), romano cheese (pasteurized cow's milk, cheese culture, salt, enzymes), butter (cream, salt), food starch - modified, contains less than 2% of maltodextrin, salt, natural flavors, sodium phosphate, sodium citrate, cellulose gel, cellulose gum, mono and diglycerides, spice. grand cru cheese: grand cru cheese (cultured pasteurized milk, salt, enzymes), potato starch and powdered cellulose (to prevent caking). classic dijon mustard: white distilled vinegar, water, #1 grade mustard seed, salt, white wine, citric acid, onion powder, spices, turmeric, natural flavors. paprika: paprika, with not more than 2% silicon dioxide added to prevent caking and 100 ppm ethoxyquin added to retain color. nutmeg. Contains: wheat, milk
Egg & Cheese		vienna sliced: unbleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, yeast, fully refined soybean oil, wheat gluten, granulated sugar, salt, calcium propionate (to retain freshness), dough improver (malted wheat flour, enzymes and 2% or less of ascorbic acid), enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), contains less than 2% of enzymes. cage free fried egg patty: cage free egg whites, water, cage free whole eggs, modified corn starch, salt, xanthan gum, citric acid, coarse ground black pepper. colby jack cheese: pasteurized milk, cheese cultures, salt, enzymes, color added. sharp cheddar cheese: pasteurized milk, cheese culture, salt, enzymes, color added. Contains: egg, milk, wheat
Egg White, Tomato & Feta Frittata		egg white soufflé mix: pasteurized cage free egg whites. heavy whipping cream: cream (milk), carrageenan. plain non-fat greek yogurt: pasteurized cultured grade a skim milk. gluten free flour: speciality flour blend (rice flour, tapioca starch), potato starch, whole grain brown rice flour, vitamin and mineral blend [calcium carbonate, niacinamide (vitamin b3), reduced iron, thiamin hydrochloride (vitamin b1), riboflavin (vitamin b2)]. canola oil. eggrite: food starch, maltodextrin, salt, guar gum, natural flavor, xanthan gum, lecithin, spice extract. filling: tomatoes in oil: roasted tomatoes, canola oil, garlic, oregano, salt. crumbled feta: cultured pasteurized milk, salt, enzymes. kale. parmesan cheese: parmesan cheese (pasteurized part skimmed milk, cheese cultures, salt and enzymes.), powdered cellulose (to prevent caking). montamore cheese: montamore cheese: (pasteurized milk, cheese cultures, salt, enzymes), powdered cellulose (to prevent caking). corn starch. salt. dehydrated garlic. ground red pepper. pan release: high oleic canola oil, soy lecithin, propellant. Contains: egg, milk, soy

<p>Bacon, Spinach & Swiss Frittata</p>		<p>egg mix: cage-free liquid eggs: whole eggs, citric acid, 0.15% water added as carrier for citric acid, citric acid added to preserve color. heavy whipping cream: cream (milk), carrageenan. plain non-fat greek yogurt: pasteurized cultured grade a skim milk. gluten-free flour: specialty flour blend (rice flour, tapioca starch), potato starch, whole grain brown rice flour, vitamin and mineral blend [calcium carbonate, niacinamide (vitamin b3), reduced iron, thiamin hydrochloride (vitamin b1), riboflavin (vitamin b2)]. sea salt. black pepper. ground nutmeg. swiss, bacon and spinach mix: swiss cheese: pasteurized part skim milk, cheese cultures, salt and enzymes, powdered cellulose (to prevent caking). bacon: pork cured with water, salt, sugar, sodium erythorbate, sodium nitrite, may also contain smoke flavoring, dextrose, sodium phosphate, potassium chloride, sodium diacetate, flavoring, honey. spinach. caramelized balsamic onion jam: red onion, sugar, vinegars (balsamic, distilled, red wine), corn syrup, red wine, water, canola oil, pectin, orange juice concentrate, blackstrap molasses, salt, citric acid, black carrot powder, tamarind, spice. swiss cheese: pasteurized part skim milk, cheese cultures, salt and enzymes, powdered cellulose (to prevent caking). pan release: high oleic canola oil, soy lecithin, propellant. Contains: egg, milk, soy</p>
<p>Chicken Chorizo Flatbread</p>		<p>chicken chorizo and cheese filling: chicken chorizo crumbles: chicken raised without antibiotics, water, contains 2% or less of: jalapeno peppers, cilantro, spices, vinegar, natural flavor, onions, kosher salt, paprika, garlic. cheddar & monterey jack cheese: cheddar cheese [pasteurized milk, cheese cultures, salt, enzymes, annatto (color)], monterey jack cheese (pasteurized milk, cheese cultures, salt, enzymes), powdered cellulose (anticaking agent), natamycin (mold inhibitor). cage free egg patty: cage free whole eggs, non-fat milk, modified food starch, salt, xanthan gum, citric acid, pepper. plain lavash: enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, sugar, 2% or less of: wheat gluten, natural mold inhibitor (cultured wheat flour, vinegar), salt, canola oil, sunflower oil, cellulose gum, enzymes, yeast. pasteurized blended cheddar cheese: cultured milk, salt, paprika and annatto (color), enzymes, sorbic acid (preservative), soy lecithin (anti-sticking agent). Contains: wheat, egg, milk, soy.</p>
<p>Turkey Bacon & Egg White Sandwich</p>		<p>enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, yeast, salt, contains less than 2% of each of the following: sugar, wheat gluten, barley malt, flour, dextrose, soybean oil, fumaric acid, acetic acid, lactic acid, guar gum, ascorbic acid, enzymes, calcium propionate (preservative), topping: enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), cultured wheat starch. cage free egg white patty: cage free egg whites, food starch (corn), salt, xanthan gum. swiss cheese: pasteurized part-skim milk, cheese culture, salt, enzymes. turkey bacon: dark turkey, white turkey, water, sugar, salt, contains 2% or less natural smoke flavoring, sodium erythorbate, natural flavoring, sodium nitrite, vegetable oil. Contains: egg, milk, wheat</p>
<p>Everything Plant-Based Sandwich</p>		<p>just egg plant-based folded patty: water, mung bean protein isolate, expeller-pressed canola oil, corn starch, contains 2% or less of the following: baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), dehydrated garlic, dehydrated onion, natural carrot extractives (color), natural turmeric extractives (color), salt, transglutaminase. beyond meat breakfast sausage patty: water, refined coconut oil, pea protein*, expeller-pressed canola oil, natural flavors, dried yeast, rice protein, chicory root fiber, pea fiber, methylcellulose, yeast extract [niacin (vitamin B3), pyridoxine hydrochloride (vitamin B6), thiamin hydrochloride (vitamin B1), riboflavin (vitamin B2), folic acid (vitamin B9), cyanocobalamin (vitamin B12)], apple extract, pomegranate extract, salt, vinegar, lemon juice concentrate, sunflower lecithin, beet juice extract (for color), carrot. everything bagel thin: enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, cellulose, liquid sugar, wheat gluten, sesame seeds, yeast, contains 2% or less of the following ingredients; salt, poppy seeds, dehydrated onion, dehydrated garlic, polydextrose, dough conditioners ((calcium propionate, ascorbic acid, sorbic acid) (preservatives), citric acid, monoglycerides, enzymes, sodium bicarbonate, cornstarch)), wheat starch, vinegar, soybean oil. violife with cheddar style: filtered water, coconut oil, food starch-modified (potato & corn), potato starch, salt (sea salt), cheddar flavor (vegan sources), olive extract, paprika extract & beta carotene (color), vitamin B12. Contains: wheat, sesame</p>
<p>Chicken & Waffles Sandwich (Limited Time)</p>		<p>cage-free maple liege waffle: wheat flour, margarine (palm oil, soybean oil, water, salt, soy lecithin, natural flavor [milk], vitamin a palmitate, beta carotene [color]), sugar, water, cage-free whole eggs, invert sugar, soy flour, natural flavor, maple syrup, salt, yeast, soy lecithin. apple and gouda cheese chicken patty: chicken raised without antibiotics, apples, gouda cheese (pasteurized milk, cheese cultures, salt, enzymes, annatto color), contains 2% or less of: spices, extract of rosemary, salt, sugar. gouda cheese: pasteurized milk, cheese culture, salt, enzymes, annatto (vegetable color). jalapeno bacon: cured with water, salt, sugar, smoke flavoring, flavoring, sodium diacetate, sodium erythorbate, sodium nitrite, seasoned with chili pepper, salt, spices, garlic powder, onion powder, hydrolyzed corn gluten, natural flavors, sugar, tomato powder, jalapeno peppers, sodium diacetate. red pepper cream: cream cheese: pasteurized cultured milk and cream, salt, stabilizers (guar gum and carob bean gum). pepper jelly: sugar, water, apple cider vinegar, red and green peppers, pectin, aged pepper mash (red peppers, salt), pepper sauce (vinegar, red pepper, salt). Contains: egg, milk, soy, wheat.</p>