

# NUTRITION GUIDE



\* NUTRITION ABBREVIATION KEY ON PAGE 18

Cals      Fat (g)      Sat Fat (g)      Trans Fat (g)      Cholest (mg)      Sodium (mg)      Carb (g)      Fiber (g)      Sugar (g)      Protein (g)

**BONELESS WINGS** Nutritional values below reflect boneless wings and the sauces or dry rubs they are hand-spun in and does not account for variations or substitutions requested by the guest. All wings are listed without celery, carrots, bleu cheese or ranch dressing unless otherwise noted; See Accompaniments for more nutrition information.

|                                                                  |     |    |   |   |    |      |    |   |   |    |
|------------------------------------------------------------------|-----|----|---|---|----|------|----|---|---|----|
| <b>6 COUNT BONELESS WINGS,</b><br>add Signature Sauce or Dry Rub | 360 | 19 | 7 | 1 | 85 | 1260 | 20 | 1 | 0 | 29 |
|------------------------------------------------------------------|-----|----|---|---|----|------|----|---|---|----|

## SIGNATURE SAUCES

|                                                               |     |     |     |   |    |      |    |   |    |   |
|---------------------------------------------------------------|-----|-----|-----|---|----|------|----|---|----|---|
| Asian Zing®                                                   | 130 | 0   | 0   | 0 | 0  | 860  | 31 | 1 | 29 | 1 |
| Black Garlic Glaze - <i>limited time, at select locations</i> | 90  | 0   | 0   | 0 | 0  | 630  | 21 | 0 | 19 | 1 |
| Blazin™ Knockout                                              | 80  | 3   | 0   | 0 | 0  | 1370 | 12 | 1 | 10 | 0 |
| Buffalo Ranch                                                 | 80  | 8   | 1.5 | 0 | 10 | 1290 | 3  | 1 | 0  | 1 |
| Caribbean Jerk                                                | 110 | 4   | 0.5 | 0 | 0  | 490  | 19 | 1 | 17 | 0 |
| Golden Fire                                                   | 90  | 2   | 0   | 0 | 0  | 760  | 19 | 1 | 17 | 1 |
| Honey BBQ                                                     | 100 | 0   | 0   | 0 | 0  | 620  | 25 | 0 | 21 | 0 |
| Honey Garlic                                                  | 120 | 0.5 | 0   | 0 | 0  | 1060 | 29 | 0 | 26 | 1 |
| Hot                                                           | 70  | 6   | 1   | 0 | 0  | 1650 | 3  | 1 | 0  | 1 |
| Hot BBQ - <i>limited time</i>                                 | 50  | 2.5 | 0   | 0 | 0  | 1010 | 8  | 1 | 5  | 1 |
| Jammin' Jalapeño                                              | 130 | 0   | 0   | 0 | 0  | 1020 | 30 | 0 | 24 | 0 |
| Lemon Pepper                                                  | 230 | 23  | 4.5 | 0 | 15 | 850  | 4  | 1 | 2  | 0 |
| Lemon Pepper Hot - <i>limited time</i>                        | 160 | 17  | 3.5 | 0 | 5  | 1400 | 2  | 1 | 0  | 0 |
| Mango Habanero™                                               | 110 | 1   | 0   | 0 | 0  | 650  | 26 | 1 | 20 | 0 |
| Medium                                                        | 50  | 4   | 0.5 | 0 | 10 | 1630 | 2  | 0 | 0  | 0 |
| Mild                                                          | 70  | 7   | 1   | 0 | 10 | 1390 | 2  | 0 | 0  | 0 |
| Original Buffalo                                              | 170 | 18  | 3.5 | 0 | 0  | 1480 | 2  | 0 | 0  | 0 |
| Parmesan Garlic                                               | 190 | 19  | 3.5 | 0 | 20 | 940  | 5  | 1 | 2  | 2 |
| Spicy Garlic                                                  | 70  | 6   | 1   | 0 | 10 | 1700 | 3  | 0 | 0  | 1 |
| Sweet BBQ                                                     | 70  | 0   | 0   | 0 | 0  | 840  | 17 | 1 | 13 | 1 |
| Teriyaki                                                      | 100 | 0   | 0   | 0 | 0  | 1090 | 22 | 0 | 18 | 3 |
| Thai Curry                                                    | 220 | 22  | 4   | 0 | 15 | 1350 | 6  | 1 | 3  | 1 |
| Wild®                                                         | 70  | 6   | 1   | 0 | 0  | 1280 | 4  | 1 | 1  | 0 |

## DRY RUBS

|                                                                   |     |    |    |   |     |      |    |   |   |    |
|-------------------------------------------------------------------|-----|----|----|---|-----|------|----|---|---|----|
| Buffalo Dry Rub                                                   | 5   | 0  | 0  | 0 | 0   | 480  | 1  | 0 | 0 | 0  |
| Chipotle BBQ Dry Rub                                              | 5   | 0  | 0  | 0 | 0   | 360  | 1  | 0 | 1 | 0  |
| Desert Heat® Dry Rub                                              | 5   | 0  | 0  | 0 | 0   | 250  | 1  | 0 | 1 | 0  |
| Lemon Pepper Dry Rub                                              | 5   | 0  | 0  | 0 | 0   | 290  | 1  | 0 | 0 | 0  |
| Salt & Vinegar Dry Rub                                            | 5   | 0  | 0  | 0 | 0   | 540  | 1  | 0 | 0 | 0  |
| <b>10 COUNT BONELESS WINGS,</b><br>add Signature Sauce or Dry Rub | 610 | 31 | 12 | 2 | 140 | 2090 | 34 | 1 | 1 | 48 |

## SIGNATURE SAUCES

|                                                               |     |     |     |     |    |      |    |   |    |   |
|---------------------------------------------------------------|-----|-----|-----|-----|----|------|----|---|----|---|
| Asian Zing®                                                   | 170 | 0   | 0   | 0   | 0  | 1150 | 41 | 1 | 38 | 1 |
| Black Garlic Glaze - <i>limited time, at select locations</i> | 120 | 0   | 0   | 0   | 0  | 840  | 28 | 1 | 25 | 1 |
| Blazin™ Knockout                                              | 100 | 4   | 0.5 | 0   | 0  | 1820 | 16 | 1 | 13 | 1 |
| Buffalo Ranch                                                 | 110 | 10  | 2   | 0   | 15 | 1720 | 4  | 1 | 0  | 1 |
| Caribbean Jerk                                                | 150 | 5   | 1   | 0   | 0  | 660  | 26 | 1 | 23 | 1 |
| Golden Fire                                                   | 130 | 2.5 | 0   | 0   | 0  | 1020 | 25 | 1 | 22 | 1 |
| Honey BBQ                                                     | 140 | 0   | 0   | 0   | 0  | 830  | 34 | 0 | 28 | 0 |
| Honey Garlic                                                  | 160 | 1   | 0   | 0   | 0  | 1410 | 39 | 0 | 34 | 1 |
| Hot                                                           | 90  | 8   | 1.5 | 0   | 0  | 2200 | 4  | 1 | 0  | 1 |
| Hot BBQ - <i>limited time</i>                                 | 70  | 3.5 | 0.5 | 0   | 0  | 1340 | 10 | 1 | 7  | 1 |
| Jammin' Jalapeño                                              | 180 | 0   | 0   | 0   | 0  | 1360 | 40 | 0 | 32 | 0 |
| Lemon Pepper                                                  | 300 | 31  | 6   | 0.5 | 25 | 1130 | 5  | 1 | 2  | 1 |
| Lemon Pepper Hot - <i>limited time</i>                        | 210 | 23  | 4.5 | 0   | 5  | 1860 | 3  | 1 | 0  | 1 |
| Mango Habanero™                                               | 150 | 1   | 0   | 0   | 0  | 870  | 35 | 1 | 26 | 0 |

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|                                                                   | Cals | Fat<br>(g) | Sat Fat<br>(g) | Trans Fat<br>(g) | Cholest<br>(mg) | Sodium<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Sugar<br>(g) | Protein<br>(g) |
|-------------------------------------------------------------------|------|------------|----------------|------------------|-----------------|----------------|-------------|--------------|--------------|----------------|
| Medium                                                            | 60   | 6          | 1              | 0                | 10              | 2170           | 3           | 0            | 0            | 1              |
| Mild                                                              | 100  | 9          | 1.5            | 0                | 10              | 1850           | 3           | 0            | 0            | 1              |
| Original Buffalo                                                  | 220  | 24         | 4.5            | 0                | 0               | 1980           | 2           | 0            | 0            | 0              |
| Parmesan Garlic                                                   | 260  | 25         | 4.5            | 0                | 25              | 1250           | 6           | 1            | 2            | 2              |
| Spicy Garlic                                                      | 90   | 8          | 1.5            | 0                | 15              | 2270           | 4           | 0            | 0            | 1              |
| Sweet BBQ                                                         | 100  | 0          | 0              | 0                | 0               | 1120           | 23          | 1            | 17           | 1              |
| Teriyaki                                                          | 130  | 0          | 0              | 0                | 0               | 1450           | 30          | 1            | 24           | 4              |
| Thai Curry                                                        | 290  | 29         | 5              | 0                | 15              | 1800           | 8           | 1            | 4            | 1              |
| Wild*                                                             | 100  | 8          | 1.5            | 0                | 0               | 1710           | 5           | 1            | 2            | 1              |
| <b>DRY RUBS</b>                                                   |      |            |                |                  |                 |                |             |              |              |                |
| Buffalo Dry Rub                                                   | 5    | 0          | 0              | 0                | 0               | 640            | 1           | 0            | 0            | 0              |
| Chipotle BBQ Dry Rub                                              | 10   | 0          | 0              | 0                | 0               | 480            | 2           | 0            | 1            | 0              |
| Desert Heat* Dry Rub                                              | 10   | 0          | 0              | 0                | 0               | 330            | 2           | 0            | 1            | 0              |
| Lemon Pepper Dry Rub                                              | 5    | 0          | 0              | 0                | 0               | 390            | 1           | 0            | 0            | 0              |
| Salt & Vinegar Dry Rub                                            | 5    | 0          | 0              | 0                | 0               | 710            | 1           | 0            | 1            | 0              |
| <b>15 COUNT BONELESS WINGS,</b><br>add Signature Sauce or Dry Rub | 910  | 46         | 18             | 3                | 215             | 3140           | 51          | 2            | 1            | 72             |
| <b>SIGNATURE SAUCES</b>                                           |      |            |                |                  |                 |                |             |              |              |                |
| Asian Zing®                                                       | 260  | 0.5        | 0              | 0                | 0               | 1720           | 62          | 1            | 57           | 1              |
| Black Garlic Glaze - <i>limited time, at select locations</i>     | 170  | 0          | 0              | 0                | 0               | 1250           | 42          | 1            | 37           | 1              |
| Blazin® Knockout                                                  | 150  | 6          | 1              | 0                | 0               | 2740           | 24          | 2            | 19           | 1              |
| Buffalo Ranch                                                     | 170  | 15         | 3              | 0                | 20              | 2580           | 5           | 2            | 1            | 1              |
| Caribbean Jerk                                                    | 230  | 8          | 1.5            | 0                | 0               | 990            | 39          | 1            | 34           | 1              |
| Golden Fire                                                       | 190  | 4          | 0              | 0                | 0               | 1530           | 38          | 2            | 34           | 2              |
| Honey BBQ                                                         | 200  | 0          | 0              | 0                | 0               | 1240           | 50          | 1            | 41           | 1              |
| Honey Garlic                                                      | 250  | 1.5        | 0              | 0                | 0               | 2120           | 59          | 1            | 51           | 1              |
| Hot                                                               | 140  | 12         | 2              | 0                | 0               | 3300           | 6           | 1            | 0            | 1              |
| Hot BBQ - <i>limited time</i>                                     | 110  | 5          | 1              | 0                | 0               | 2010           | 15          | 1            | 10           | 1              |
| Jammin' Jalapeño                                                  | 270  | 0          | 0              | 0                | 0               | 2040           | 60          | 0            | 48           | 0              |
| Lemon Pepper                                                      | 450  | 47         | 9              | 1                | 35              | 1690           | 8           | 2            | 4            | 1              |
| Lemon Pepper Hot - <i>limited time</i>                            | 320  | 34         | 7              | 0                | 5               | 2790           | 4           | 2            | 1            | 1              |
| Mango Habanero™                                                   | 220  | 1.5        | 0              | 0                | 0               | 1300           | 53          | 1            | 40           | 1              |
| Medium                                                            | 100  | 8          | 1.5            | 0                | 20              | 3260           | 4           | 0            | 0            | 1              |
| Mild                                                              | 150  | 14         | 2.5            | 0                | 15              | 2770           | 4           | 0            | 0            | 1              |
| Original Buffalo                                                  | 330  | 36         | 7              | 0                | 0               | 2960           | 3           | 0            | 0            | 1              |
| Parmesan Garlic                                                   | 390  | 38         | 7              | 0.5              | 35              | 1880           | 9           | 1            | 3            | 3              |
| Spicy Garlic                                                      | 140  | 12         | 2              | 0                | 20              | 3400           | 6           | 0            | 0            | 1              |
| Sweet BBQ                                                         | 150  | 0          | 0              | 0                | 0               | 1680           | 35          | 2            | 25           | 1              |
| Teriyaki                                                          | 200  | 0          | 0              | 0                | 0               | 2170           | 45          | 1            | 35           | 6              |
| Thai Curry                                                        | 440  | 43         | 8              | 0.5              | 25              | 2710           | 11          | 2            | 7            | 2              |
| Wild*                                                             | 150  | 12         | 2              | 0                | 0               | 2560           | 8           | 1            | 3            | 1              |
| <b>DRY RUBS</b>                                                   |      |            |                |                  |                 |                |             |              |              |                |
| Buffalo Dry Rub                                                   | 10   | 0          | 0              | 0                | 0               | 950            | 2           | 0            | 0            | 0              |
| Chipotle BBQ Dry Rub                                              | 10   | 0          | 0              | 0                | 0               | 720            | 3           | 0            | 1            | 0              |
| Desert Heat* Dry Rub                                              | 15   | 0          | 0              | 0                | 0               | 500            | 3           | 1            | 1            | 0              |
| Lemon Pepper Dry Rub                                              | 5    | 0          | 0              | 0                | 0               | 580            | 2           | 1            | 0            | 0              |
| Salt & Vinegar Dry Rub                                            | 10   | 0          | 0              | 0                | 0               | 1070           | 2           | 0            | 1            | 0              |

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|                                                                   | Cals | Fat<br>(g) | Sat Fat<br>(g) | Trans Fat<br>(g) | Cholest<br>(mg) | Sodium<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Sugar<br>(g) | Protein<br>(g) |
|-------------------------------------------------------------------|------|------------|----------------|------------------|-----------------|----------------|-------------|--------------|--------------|----------------|
| <b>20 COUNT BONELESS WINGS,</b><br>add Signature Sauce or Dry Rub | 1210 | 62         | 24             | 4                | 285             | 4190           | 68          | 2            | 1            | 96             |
| <b>SIGNATURE SAUCES</b>                                           |      |            |                |                  |                 |                |             |              |              |                |
| Asian Zing®                                                       | 340  | 1          | 0              | 0                | 0               | 2290           | 83          | 2            | 77           | 2              |
| Black Garlic Glaze - <i>limited time, at select locations</i>     | 230  | 0          | 0              | 0                | 0               | 1670           | 55          | 1            | 49           | 2              |
| Blazin® Knockout                                                  | 200  | 8          | 1              | 0                | 0               | 3650           | 32          | 2            | 26           | 1              |
| Buffalo Ranch                                                     | 220  | 21         | 4              | 0                | 25              | 3440           | 7           | 2            | 1            | 1              |
| Caribbean Jerk                                                    | 300  | 10         | 2              | 0                | 0               | 1320           | 52          | 2            | 46           | 1              |
| Golden Fire                                                       | 250  | 5          | 0.5            | 0                | 0               | 2040           | 50          | 3            | 45           | 3              |
| Honey BBQ                                                         | 270  | 0          | 0              | 0                | 0               | 1650           | 67          | 1            | 55           | 1              |
| Honey Garlic                                                      | 330  | 2          | 0              | 0                | 0               | 2820           | 78          | 1            | 68           | 2              |
| Hot                                                               | 180  | 16         | 2.5            | 0                | 0               | 4400           | 7           | 1            | 1            | 2              |
| Hot BBQ - <i>limited time</i>                                     | 150  | 7          | 1              | 0                | 0               | 2680           | 20          | 2            | 14           | 2              |
| Jammin' Jalapeño                                                  | 360  | 0          | 0              | 0                | 0               | 2720           | 80          | 0            | 64           | 0              |
| Lemon Pepper                                                      | 600  | 62         | 12             | 1                | 45              | 2260           | 10          | 2            | 5            | 1              |
| Lemon Pepper Hot - <i>limited time</i>                            | 430  | 46         | 9              | 0.5              | 10              | 3730           | 5           | 2            | 1            | 1              |
| Mango Habanero™                                                   | 300  | 2          | 0              | 0                | 0               | 1740           | 70          | 2            | 53           | 1              |
| Medium                                                            | 130  | 11         | 2              | 0                | 25              | 4350           | 5           | 0            | 0            | 1              |
| Mild                                                              | 200  | 19         | 3              | 0                | 25              | 3700           | 5           | 0            | 0            | 1              |
| Original Buffalo                                                  | 450  | 47         | 9              | 0.5              | 0               | 3950           | 4           | 1            | 0            | 1              |
| Parmesan Garlic                                                   | 520  | 50         | 9              | 1                | 45              | 2500           | 12          | 2            | 5            | 5              |
| Spicy Garlic                                                      | 180  | 16         | 3              | 0                | 30              | 4530           | 8           | 1            | 0            | 2              |
| Sweet BBQ                                                         | 190  | 0          | 0              | 0                | 0               | 2230           | 46          | 2            | 34           | 1              |
| Teriyaki                                                          | 270  | 0          | 0              | 0                | 0               | 2900           | 60          | 1            | 47           | 8              |
| Thai Curry                                                        | 580  | 58         | 11             | 1                | 35              | 3610           | 15          | 2            | 9            | 3              |
| Wild®                                                             | 190  | 17         | 2.5            | 0                | 0               | 3410           | 10          | 2            | 3            | 1              |
| <b>DRY RUBS</b>                                                   |      |            |                |                  |                 |                |             |              |              |                |
| Buffalo Dry Rub                                                   | 15   | 0          | 0              | 0                | 0               | 1110           | 2           | 0            | 0            | 0              |
| Chipotle BBQ Dry Rub                                              | 15   | 0          | 0              | 0                | 0               | 840            | 3           | 0            | 2            | 0              |
| Desert Heat® Dry Rub                                              | 15   | 0.5        | 0              | 0                | 0               | 590            | 3           | 1            | 1            | 0              |
| Lemon Pepper Dry Rub                                              | 5    | 0          | 0              | 0                | 0               | 680            | 2           | 1            | 0            | 0              |
| Salt & Vinegar Dry Rub                                            | 10   | 0          | 0              | 0                | 0               | 1250           | 2           | 0            | 1            | 0              |
| <b>30 COUNT BONELESS WINGS,</b><br>add Signature Sauce or Dry Rub | 1820 | 93         | 36             | 6                | 425             | 6280           | 102         | 4            | 2            | 144            |
| <b>SIGNATURE SAUCES</b>                                           |      |            |                |                  |                 |                |             |              |              |                |
| Asian Zing®                                                       | 520  | 1.5        | 0              | 0                | 0               | 3440           | 124         | 3            | 115          | 2              |
| Black Garlic Glaze - <i>limited time, at select locations</i>     | 350  | 0.5        | 0              | 0                | 0               | 2510           | 83          | 2            | 74           | 2              |
| Blazin® Knockout                                                  | 300  | 12         | 1.5            | 0                | 0               | 5470           | 48          | 3            | 38           | 2              |
| Buffalo Ranch                                                     | 330  | 31         | 6              | 0.5              | 40              | 5160           | 11          | 3            | 1            | 2              |
| Caribbean Jerk                                                    | 450  | 15         | 3              | 0                | 0               | 1980           | 77          | 3            | 69           | 2              |
| Golden Fire                                                       | 380  | 8          | 1              | 0                | 0               | 3050           | 75          | 4            | 67           | 4              |
| Honey BBQ                                                         | 410  | 0          | 0              | 0                | 0               | 2480           | 101         | 1            | 83           | 1              |
| Honey Garlic                                                      | 490  | 2.5        | 0              | 0                | 0               | 4230           | 118         | 1            | 103          | 3              |
| Hot                                                               | 270  | 24         | 4              | 0                | 0               | 6610           | 11          | 2            | 1            | 2              |
| Hot BBQ - <i>limited time</i>                                     | 220  | 10         | 1.5            | 0                | 0               | 4030           | 30          | 3            | 21           | 2              |
| Jammin' Jalapeño                                                  | 540  | 0          | 0              | 0                | 0               | 4080           | 120         | 0            | 96           | 0              |
| Lemon Pepper                                                      | 910  | 93         | 18             | 1.5              | 70              | 3390           | 16          | 3            | 7            | 2              |
| Lemon Pepper Hot - <i>limited time</i>                            | 640  | 69         | 13             | 1                | 15              | 5590           | 8           | 3            | 1            | 2              |

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|                                                                                                                                                                                                                                                                                                                                                          | Cals | Fat<br>(g) | Sat Fat<br>(g) | Trans Fat<br>(g) | Cholest<br>(mg) | Sodium<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Sugar<br>(g) | Protein<br>(g) |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|------------|----------------|------------------|-----------------|----------------|-------------|--------------|--------------|----------------|
| Mango Habanero™                                                                                                                                                                                                                                                                                                                                          | 450  | 3          | 0              | 0                | 0               | 2610           | 106         | 3            | 79           | 1              |
| Medium                                                                                                                                                                                                                                                                                                                                                   | 190  | 17         | 3              | 0                | 35              | 6520           | 8           | 1            | 0            | 2              |
| Mild                                                                                                                                                                                                                                                                                                                                                     | 290  | 28         | 4.5            | 0                | 35              | 5540           | 8           | 1            | 0            | 2              |
| Original Buffalo                                                                                                                                                                                                                                                                                                                                         | 670  | 71         | 14             | 1                | 0               | 5930           | 7           | 1            | 0            | 1              |
| Parmesan Garlic                                                                                                                                                                                                                                                                                                                                          | 770  | 75         | 14             | 1                | 70              | 3750           | 18          | 2            | 7            | 7              |
| Spicy Garlic                                                                                                                                                                                                                                                                                                                                             | 270  | 24         | 4              | 0                | 45              | 6800           | 11          | 1            | 0            | 3              |
| Sweet BBQ                                                                                                                                                                                                                                                                                                                                                | 290  | 0.5        | 0              | 0                | 0               | 3350           | 70          | 3            | 51           | 2              |
| Teriyaki                                                                                                                                                                                                                                                                                                                                                 | 400  | 0          | 0              | 0                | 0               | 4350           | 90          | 2            | 71           | 11             |
| Thai Curry                                                                                                                                                                                                                                                                                                                                               | 880  | 86         | 16             | 1                | 50              | 5410           | 23          | 4            | 13           | 4              |
| Wild*                                                                                                                                                                                                                                                                                                                                                    | 290  | 25         | 4              | 0                | 0               | 5120           | 15          | 2            | 5            | 2              |
| <b>DRY RUBS</b>                                                                                                                                                                                                                                                                                                                                          |      |            |                |                  |                 |                |             |              |              |                |
| Buffalo Dry Rub                                                                                                                                                                                                                                                                                                                                          | 20   | 0.5        | 0              | 0                | 0               | 1910           | 4           | 0            | 0            | 0              |
| Chipotle BBQ Dry Rub                                                                                                                                                                                                                                                                                                                                     | 25   | 0          | 0              | 0                | 0               | 1450           | 6           | 1            | 3            | 0              |
| Desert Heat® Dry Rub                                                                                                                                                                                                                                                                                                                                     | 30   | 1          | 0              | 0                | 0               | 1000           | 6           | 1            | 2            | 1              |
| Lemon Pepper Dry Rub                                                                                                                                                                                                                                                                                                                                     | 15   | 0          | 0              | 0                | 0               | 1160           | 3           | 1            | 0            | 0              |
| Salt & Vinegar Dry Rub                                                                                                                                                                                                                                                                                                                                   | 15   | 0          | 0              | 0                | 0               | 2140           | 4           | 0            | 2            | 0              |
| <b>BONE-IN WINGS</b> Nutritional values below reflect bone-in wings and the sauces or dry rubs they are hand-spun in and does not account for variations or substitutions requested by the guest. All wings are listed without celery, carrots, bleu cheese or ranch dressing unless otherwise noted; See Accompaniments for more nutrition information. |      |            |                |                  |                 |                |             |              |              |                |
| <b>6 COUNT BONE-IN WINGS,</b><br>add Signature Sauce or Dry Rub                                                                                                                                                                                                                                                                                          | 430  | 24         | 8              | 0.5              | 215             | 160            | 0           | 0            | 0            | 53             |
| <b>6 COUNT BONE-IN WINGS (FLATS ONLY),</b><br>add Signature Sauce or Dry Rub                                                                                                                                                                                                                                                                             | 410  | 25         | 8              | 0.5              | 210             | 140            | 0           | 0            | 0            | 46             |
| <b>6 COUNT BONE-IN WINGS (DRUMS ONLY),</b><br>add Signature Sauce or Dry Rub                                                                                                                                                                                                                                                                             | 450  | 23         | 8              | 0.5              | 215             | 180            | 0           | 0            | 0            | 60             |
| <b>SIGNATURE SAUCES</b>                                                                                                                                                                                                                                                                                                                                  |      |            |                |                  |                 |                |             |              |              |                |
| Asian Zing®                                                                                                                                                                                                                                                                                                                                              | 90   | 0          | 0              | 0                | 0               | 570            | 21          | 0            | 19           | 0              |
| Black Garlic Glaze - <i>limited time, at select locations</i>                                                                                                                                                                                                                                                                                            | 60   | 0          | 0              | 0                | 0               | 420            | 14          | 0            | 12           | 0              |
| Blazin™ Knockout                                                                                                                                                                                                                                                                                                                                         | 50   | 2          | 0              | 0                | 0               | 910            | 8           | 1            | 6            | 0              |
| Buffalo Ranch                                                                                                                                                                                                                                                                                                                                            | 60   | 5          | 1              | 0                | 5               | 860            | 2           | 1            | 0            | 0              |
| Caribbean Jerk                                                                                                                                                                                                                                                                                                                                           | 80   | 2.5        | 0              | 0                | 0               | 330            | 13          | 0            | 11           | 0              |
| Golden Fire                                                                                                                                                                                                                                                                                                                                              | 60   | 1.5        | 0              | 0                | 0               | 510            | 13          | 1            | 11           | 1              |
| Honey BBQ                                                                                                                                                                                                                                                                                                                                                | 70   | 0          | 0              | 0                | 0               | 410            | 17          | 0            | 14           | 0              |
| Honey Garlic                                                                                                                                                                                                                                                                                                                                             | 80   | 0          | 0              | 0                | 0               | 710            | 20          | 0            | 17           | 0              |
| Hot                                                                                                                                                                                                                                                                                                                                                      | 45   | 4          | 0.5            | 0                | 0               | 1100           | 2           | 0            | 0            | 0              |
| Hot BBQ - <i>limited time</i>                                                                                                                                                                                                                                                                                                                            | 35   | 1.5        | 0              | 0                | 0               | 670            | 5           | 0            | 3            | 0              |
| Jammin' Jalapeño                                                                                                                                                                                                                                                                                                                                         | 90   | 0          | 0              | 0                | 0               | 680            | 20          | 0            | 16           | 0              |
| Lemon Pepper                                                                                                                                                                                                                                                                                                                                             | 150  | 16         | 3              | 0                | 10              | 560            | 3           | 1            | 1            | 0              |
| Lemon Pepper Hot - <i>limited time</i>                                                                                                                                                                                                                                                                                                                   | 110  | 11         | 2              | 0                | 0               | 930            | 1           | 1            | 0            | 0              |
| Mango Habanero™                                                                                                                                                                                                                                                                                                                                          | 70   | 0.5        | 0              | 0                | 0               | 430            | 18          | 0            | 13           | 0              |
| Medium                                                                                                                                                                                                                                                                                                                                                   | 30   | 3          | 0              | 0                | 5               | 1090           | 1           | 0            | 0            | 0              |
| Mild                                                                                                                                                                                                                                                                                                                                                     | 50   | 4.5        | 1              | 0                | 5               | 920            | 1           | 0            | 0            | 0              |
| Original Buffalo                                                                                                                                                                                                                                                                                                                                         | 110  | 12         | 2.5            | 0                | 0               | 990            | 1           | 0            | 0            | 0              |
| Parmesan Garlic                                                                                                                                                                                                                                                                                                                                          | 130  | 13         | 2.5            | 0                | 10              | 630            | 3           | 0            | 1            | 1              |
| Spicy Garlic                                                                                                                                                                                                                                                                                                                                             | 45   | 4          | 0.5            | 0                | 5               | 1130           | 2           | 0            | 0            | 0              |
| Sweet BBQ                                                                                                                                                                                                                                                                                                                                                | 50   | 0          | 0              | 0                | 0               | 560            | 12          | 1            | 8            | 0              |
| Teriyaki                                                                                                                                                                                                                                                                                                                                                 | 70   | 0          | 0              | 0                | 0               | 720            | 15          | 0            | 12           | 2              |
| Thai Curry                                                                                                                                                                                                                                                                                                                                               | 150  | 14         | 2.5            | 0                | 10              | 900            | 4           | 1            | 2            | 1              |
| Wild*                                                                                                                                                                                                                                                                                                                                                    | 50   | 4          | 0.5            | 0                | 0               | 850            | 3           | 0            | 1            | 0              |
| <b>DRY RUBS</b>                                                                                                                                                                                                                                                                                                                                          |      |            |                |                  |                 |                |             |              |              |                |
| Buffalo Dry Rub                                                                                                                                                                                                                                                                                                                                          | 5    | 0          | 0              | 0                | 0               | 480            | 1           | 0            | 0            | 0              |
| Chipotle BBQ Dry Rub                                                                                                                                                                                                                                                                                                                                     | 5    | 0          | 0              | 0                | 0               | 360            | 1           | 0            | 1            | 0              |
| Desert Heat® Dry Rub                                                                                                                                                                                                                                                                                                                                     | 5    | 0          | 0              | 0                | 0               | 250            | 1           | 0            | 1            | 0              |
| Lemon Pepper Dry Rub                                                                                                                                                                                                                                                                                                                                     | 5    | 0          | 0              | 0                | 0               | 290            | 1           | 0            | 0            | 0              |
| Salt & Vinegar Dry Rub                                                                                                                                                                                                                                                                                                                                   | 5    | 0          | 0              | 0                | 0               | 540            | 1           | 0            | 0            | 0              |

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|                                                                               | Cals | Fat<br>(g) | Sat Fat<br>(g) | Trans Fat<br>(g) | Cholest<br>(mg) | Sodium<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Sugar<br>(g) | Protein<br>(g) |
|-------------------------------------------------------------------------------|------|------------|----------------|------------------|-----------------|----------------|-------------|--------------|--------------|----------------|
| <b>10 COUNT BONE-IN WINGS,</b><br>add Signature Sauce or Dry Rub              | 720  | 41         | 13             | 1                | 360             | 270            | 0           | 0            | 0            | 88             |
| <b>10 COUNT BONE-IN WINGS (FLATS ONLY),</b><br>add Signature Sauce or Dry Rub | 680  | 42         | 14             | 1                | 350             | 230            | 0           | 0            | 0            | 77             |
| <b>10 COUNT BONE-IN WINGS (DRUMS ONLY),</b><br>add Signature Sauce or Dry Rub | 750  | 39         | 13             | 1                | 360             | 300            | 0           | 0            | 0            | 100            |
| <b>SIGNATURE SAUCES</b>                                                       |      |            |                |                  |                 |                |             |              |              |                |
| Asian Zing®                                                                   | 130  | 0          | 0              | 0                | 0               | 860            | 31          | 1            | 29           | 1              |
| Black Garlic Glaze - <i>limited time, at select locations</i>                 | 90   | 0          | 0              | 0                | 0               | 630            | 21          | 0            | 19           | 1              |
| Blazin® Knockout                                                              | 80   | 3          | 0              | 0                | 0               | 1370           | 12          | 1            | 10           | 0              |
| Buffalo Ranch                                                                 | 80   | 8          | 1.5            | 0                | 10              | 1290           | 3           | 1            | 0            | 1              |
| Caribbean Jerk                                                                | 110  | 4          | 0.5            | 0                | 0               | 490            | 19          | 1            | 17           | 0              |
| Golden Fire                                                                   | 90   | 2          | 0              | 0                | 0               | 760            | 19          | 1            | 17           | 1              |
| Honey BBQ                                                                     | 100  | 0          | 0              | 0                | 0               | 620            | 25          | 0            | 21           | 0              |
| Honey Garlic                                                                  | 120  | 0.5        | 0              | 0                | 0               | 1060           | 29          | 0            | 26           | 1              |
| Hot                                                                           | 70   | 6          | 1              | 0                | 0               | 1650           | 3           | 1            | 0            | 1              |
| Hot BBQ - <i>limited time</i>                                                 | 50   | 2.5        | 0              | 0                | 0               | 1010           | 8           | 1            | 5            | 1              |
| Jammin' Jalapeño                                                              | 130  | 0          | 0              | 0                | 0               | 1020           | 30          | 0            | 24           | 0              |
| Lemon Pepper                                                                  | 230  | 23         | 4.5            | 0                | 15              | 850            | 4           | 1            | 2            | 0              |
| Lemon Pepper Hot - <i>limited time</i>                                        | 160  | 17         | 3.5            | 0                | 5               | 1400           | 2           | 1            | 0            | 0              |
| Mango Habanero™                                                               | 110  | 1          | 0              | 0                | 0               | 650            | 26          | 1            | 20           | 0              |
| Medium                                                                        | 50   | 4          | 0.5            | 0                | 10              | 1630           | 2           | 0            | 0            | 0              |
| Mild                                                                          | 70   | 7          | 1              | 0                | 10              | 1390           | 2           | 0            | 0            | 0              |
| Original Buffalo                                                              | 170  | 18         | 3.5            | 0                | 0               | 1480           | 2           | 0            | 0            | 0              |
| Parmesan Garlic                                                               | 190  | 19         | 3.5            | 0                | 20              | 940            | 5           | 1            | 2            | 2              |
| Spicy Garlic                                                                  | 70   | 6          | 1              | 0                | 10              | 1700           | 3           | 0            | 0            | 1              |
| Sweet BBQ                                                                     | 70   | 0          | 0              | 0                | 0               | 840            | 17          | 1            | 13           | 1              |
| Teriyaki                                                                      | 100  | 0          | 0              | 0                | 0               | 1090           | 22          | 0            | 18           | 3              |
| Thai Curry                                                                    | 220  | 22         | 4              | 0                | 15              | 1350           | 6           | 1            | 3            | 1              |
| Wild®                                                                         | 70   | 6          | 1              | 0                | 0               | 1280           | 4           | 1            | 1            | 0              |
| <b>DRY RUBS</b>                                                               |      |            |                |                  |                 |                |             |              |              |                |
| Buffalo Dry Rub                                                               | 5    | 0          | 0              | 0                | 0               | 640            | 1           | 0            | 0            | 0              |
| Chipotle BBQ Dry Rub                                                          | 10   | 0          | 0              | 0                | 0               | 480            | 2           | 0            | 1            | 0              |
| Desert Heat® Dry Rub                                                          | 10   | 0          | 0              | 0                | 0               | 330            | 2           | 0            | 1            | 0              |
| Lemon Pepper Dry Rub                                                          | 5    | 0          | 0              | 0                | 0               | 390            | 1           | 0            | 0            | 0              |
| Salt & Vinegar Dry Rub                                                        | 5    | 0          | 0              | 0                | 0               | 710            | 1           | 0            | 1            | 0              |
| <b>15 COUNT BONE-IN WINGS,</b><br>add Signature Sauce or Dry Rub              | 1080 | 61         | 20             | 1.5              | 540             | 400            | 0           | 0            | 0            | 132            |
| <b>15 COUNT BONE-IN WINGS (FLATS ONLY),</b><br>add Signature Sauce or Dry Rub | 1020 | 63         | 20             | 1.5              | 530             | 350            | 0           | 0            | 0            | 115            |
| <b>15 COUNT BONE-IN WINGS (DRUMS ONLY),</b><br>add Signature Sauce or Dry Rub | 1120 | 58         | 20             | 1.5              | 545             | 450            | 0           | 0            | 0            | 150            |
| <b>SIGNATURE SAUCES</b>                                                       |      |            |                |                  |                 |                |             |              |              |                |
| Asian Zing®                                                                   | 170  | 0          | 0              | 0                | 0               | 1150           | 41          | 1            | 38           | 1              |
| Black Garlic Glaze - <i>limited time, at select locations</i>                 | 120  | 0          | 0              | 0                | 0               | 840            | 28          | 1            | 25           | 1              |
| Blazin® Knockout                                                              | 100  | 4          | 0.5            | 0                | 0               | 1820           | 16          | 1            | 13           | 1              |
| Buffalo Ranch                                                                 | 110  | 10         | 2              | 0                | 15              | 1720           | 4           | 1            | 0            | 1              |
| Caribbean Jerk                                                                | 150  | 5          | 1              | 0                | 0               | 660            | 26          | 1            | 23           | 1              |
| Golden Fire                                                                   | 130  | 2.5        | 0              | 0                | 0               | 1020           | 25          | 1            | 22           | 1              |
| Honey BBQ                                                                     | 200  | 0          | 0              | 0                | 0               | 1240           | 50          | 1            | 41           | 1              |
| Honey Garlic                                                                  | 160  | 1          | 0              | 0                | 0               | 1410           | 39          | 0            | 34           | 1              |
| Hot                                                                           | 90   | 8          | 1.5            | 0                | 0               | 2200           | 4           | 1            | 0            | 1              |

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|                                                                               | Cals | Fat<br>(g) | Sat Fat<br>(g) | Trans Fat<br>(g) | Cholest<br>(mg) | Sodium<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Sugar<br>(g) | Protein<br>(g) |
|-------------------------------------------------------------------------------|------|------------|----------------|------------------|-----------------|----------------|-------------|--------------|--------------|----------------|
| Hot BBQ - <i>limited time</i>                                                 | 70   | 3.5        | 0.5            | 0                | 0               | 1340           | 10          | 1            | 7            | 1              |
| Jammin' Jalapeño                                                              | 180  | 0          | 0              | 0                | 0               | 1360           | 40          | 0            | 32           | 0              |
| Lemon Pepper                                                                  | 300  | 31         | 6              | 0.5              | 25              | 1130           | 5           | 1            | 2            | 1              |
| Lemon Pepper Hot - <i>limited time</i>                                        | 210  | 23         | 4.5            | 0                | 5               | 1860           | 3           | 1            | 0            | 1              |
| Mango Habanero™                                                               | 150  | 1          | 0              | 0                | 0               | 870            | 35          | 1            | 26           | 0              |
| Medium                                                                        | 60   | 6          | 1              | 0                | 10              | 2170           | 3           | 0            | 0            | 1              |
| Mild                                                                          | 100  | 9          | 1.5            | 0                | 10              | 1850           | 3           | 0            | 0            | 1              |
| Original Buffalo                                                              | 220  | 24         | 4.5            | 0                | 0               | 1980           | 2           | 0            | 0            | 0              |
| Parmesan Garlic                                                               | 260  | 25         | 4.5            | 0                | 25              | 1250           | 6           | 1            | 2            | 2              |
| Spicy Garlic                                                                  | 90   | 8          | 1.5            | 0                | 15              | 2270           | 4           | 0            | 0            | 1              |
| Sweet BBQ                                                                     | 100  | 0          | 0              | 0                | 0               | 1120           | 23          | 1            | 17           | 1              |
| Teriyaki                                                                      | 130  | 0          | 0              | 0                | 0               | 1450           | 30          | 1            | 24           | 4              |
| Thai Curry                                                                    | 290  | 29         | 5              | 0                | 15              | 1800           | 8           | 1            | 4            | 1              |
| Wild*                                                                         | 100  | 8          | 1.5            | 0                | 0               | 1710           | 5           | 1            | 2            | 1              |
| <b>DRY RUBS</b>                                                               |      |            |                |                  |                 |                |             |              |              |                |
| Buffalo Dry Rub                                                               | 10   | 0          | 0              | 0                | 0               | 950            | 2           | 0            | 0            | 0              |
| Chipotle BBQ Dry Rub                                                          | 10   | 0          | 0              | 0                | 0               | 720            | 3           | 0            | 1            | 0              |
| Desert Heat* Dry Rub                                                          | 15   | 0          | 0              | 0                | 0               | 500            | 3           | 1            | 1            | 0              |
| Lemon Pepper Dry Rub                                                          | 5    | 0          | 0              | 0                | 0               | 580            | 2           | 1            | 0            | 0              |
| Salt & Vinegar Dry Rub                                                        | 10   | 0          | 0              | 0                | 0               | 1070           | 2           | 0            | 1            | 0              |
| <b>20 COUNT BONE-IN WINGS,</b><br>add Signature Sauce or Dry Rub              | 1440 | 82         | 27             | 2                | 720             | 530            | 0           | 0            | 0            | 177            |
| <b>20 COUNT BONE-IN WINGS (FLATS ONLY),</b><br>add Signature Sauce or Dry Rub | 1370 | 84         | 27             | 1.5              | 705             | 470            | 0           | 0            | 0            | 154            |
| <b>20 COUNT BONE-IN WINGS (DRUMS ONLY),</b><br>add Signature Sauce or Dry Rub | 1490 | 77         | 26             | 2                | 725             | 600            | 0           | 0            | 0            | 200            |
| <b>SIGNATURE SAUCES</b>                                                       |      |            |                |                  |                 |                |             |              |              |                |
| Asian Zing*                                                                   | 260  | 0.5        | 0              | 0                | 0               | 1720           | 62          | 1            | 57           | 1              |
| Black Garlic Glaze - <i>limited time, at select locations</i>                 | 170  | 0          | 0              | 0                | 0               | 1250           | 42          | 1            | 37           | 1              |
| Blazin' Knockout                                                              | 150  | 6          | 1              | 0                | 0               | 2740           | 24          | 2            | 19           | 1              |
| Buffalo Ranch                                                                 | 170  | 15         | 3              | 0                | 20              | 2580           | 5           | 2            | 1            | 1              |
| Caribbean Jerk                                                                | 230  | 8          | 1.5            | 0                | 0               | 990            | 39          | 1            | 34           | 1              |
| Golden Fire                                                                   | 190  | 4          | 0              | 0                | 0               | 1530           | 38          | 2            | 34           | 2              |
| Honey BBQ                                                                     | 200  | 0          | 0              | 0                | 0               | 1240           | 50          | 1            | 41           | 1              |
| Honey Garlic                                                                  | 250  | 1.5        | 0              | 0                | 0               | 2120           | 59          | 1            | 51           | 1              |
| Hot                                                                           | 140  | 12         | 2              | 0                | 0               | 3300           | 6           | 1            | 0            | 1              |
| Hot BBQ - <i>limited time</i>                                                 | 110  | 5          | 1              | 0                | 0               | 2010           | 15          | 1            | 10           | 1              |
| Jammin' Jalapeño                                                              | 270  | 0          | 0              | 0                | 0               | 2040           | 60          | 0            | 48           | 0              |
| Lemon Pepper                                                                  | 450  | 47         | 9              | 1                | 35              | 1690           | 8           | 2            | 4            | 1              |
| Lemon Pepper Hot - <i>limited time</i>                                        | 320  | 34         | 7              | 0                | 5               | 2790           | 4           | 2            | 1            | 1              |
| Mango Habanero™                                                               | 220  | 1.5        | 0              | 0                | 0               | 1300           | 53          | 1            | 40           | 1              |
| Medium                                                                        | 100  | 8          | 1.5            | 0                | 20              | 3260           | 4           | 0            | 0            | 1              |
| Mild                                                                          | 150  | 14         | 2.5            | 0                | 15              | 2770           | 4           | 0            | 0            | 1              |
| Original Buffalo                                                              | 330  | 36         | 7              | 0                | 0               | 2960           | 3           | 0            | 0            | 1              |
| Parmesan Garlic                                                               | 390  | 38         | 7              | 0.5              | 35              | 1880           | 9           | 1            | 3            | 3              |
| Spicy Garlic                                                                  | 140  | 12         | 2              | 0                | 20              | 3400           | 6           | 0            | 0            | 1              |
| Sweet BBQ                                                                     | 150  | 0          | 0              | 0                | 0               | 1680           | 35          | 2            | 25           | 1              |
| Teriyaki                                                                      | 200  | 0          | 0              | 0                | 0               | 2170           | 45          | 1            | 35           | 6              |
| Thai Curry                                                                    | 440  | 43         | 8              | 0.5              | 25              | 2710           | 11          | 2            | 7            | 2              |
| Wild*                                                                         | 150  | 12         | 2              | 0                | 0               | 2560           | 8           | 1            | 3            | 1              |

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|                                                                                                                                                                                                                                                                                                                                                              | Cals | Fat<br>(g) | Sat Fat<br>(g) | Trans Fat<br>(g) | Cholest<br>(mg) | Sodium<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Sugar<br>(g) | Protein<br>(g) |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|------------|----------------|------------------|-----------------|----------------|-------------|--------------|--------------|----------------|
| <b>DRY RUBS</b>                                                                                                                                                                                                                                                                                                                                              |      |            |                |                  |                 |                |             |              |              |                |
| Buffalo Dry Rub                                                                                                                                                                                                                                                                                                                                              | 15   | 0          | 0              | 0                | 0               | 1110           | 2           | 0            | 0            | 0              |
| Chipotle BBQ Dry Rub                                                                                                                                                                                                                                                                                                                                         | 15   | 0          | 0              | 0                | 0               | 840            | 3           | 0            | 2            | 0              |
| Desert Heat® Dry Rub                                                                                                                                                                                                                                                                                                                                         | 15   | 0.5        | 0              | 0                | 0               | 590            | 3           | 1            | 1            | 0              |
| Lemon Pepper Dry Rub                                                                                                                                                                                                                                                                                                                                         | 5    | 0          | 0              | 0                | 0               | 680            | 2           | 1            | 0            | 0              |
| Salt & Vinegar Dry Rub                                                                                                                                                                                                                                                                                                                                       | 10   | 0          | 0              | 0                | 0               | 1250           | 2           | 0            | 1            | 0              |
| <b>30 COUNT BONE-IN WINGS,</b><br>add Signature Sauce or Dry Rub                                                                                                                                                                                                                                                                                             | 2160 | 122        | 40             | 2.5              | 1080            | 800            | 0           | 0            | 0            | 265            |
| <b>30 COUNT BONE-IN WINGS (FLATS ONLY),</b><br>add Signature Sauce or Dry Rub                                                                                                                                                                                                                                                                                | 2050 | 125        | 41             | 2.5              | 1055            | 700            | 0           | 0            | 0            | 230            |
| <b>30 COUNT BONE-IN WINGS (DRUMS ONLY),</b><br>add Signature Sauce or Dry Rub                                                                                                                                                                                                                                                                                | 2240 | 116        | 39             | 3                | 1085            | 900            | 0           | 0            | 0            | 299            |
| <b>SIGNATURE SAUCES</b>                                                                                                                                                                                                                                                                                                                                      |      |            |                |                  |                 |                |             |              |              |                |
| Asian Zing®                                                                                                                                                                                                                                                                                                                                                  | 340  | 1          | 0              | 0                | 0               | 2290           | 83          | 2            | 77           | 2              |
| Black Garlic Glaze - <i>limited time, at select locations</i>                                                                                                                                                                                                                                                                                                | 230  | 0          | 0              | 0                | 0               | 1670           | 55          | 1            | 49           | 2              |
| Blazin™ Knockout                                                                                                                                                                                                                                                                                                                                             | 200  | 8          | 1              | 0                | 0               | 3650           | 32          | 2            | 26           | 1              |
| Buffalo Ranch                                                                                                                                                                                                                                                                                                                                                | 220  | 21         | 4              | 0                | 25              | 3440           | 7           | 2            | 1            | 1              |
| Caribbean Jerk                                                                                                                                                                                                                                                                                                                                               | 300  | 10         | 2              | 0                | 0               | 1320           | 52          | 2            | 46           | 1              |
| Golden Fire                                                                                                                                                                                                                                                                                                                                                  | 250  | 5          | 0.5            | 0                | 0               | 2040           | 50          | 3            | 45           | 3              |
| Honey BBQ                                                                                                                                                                                                                                                                                                                                                    | 270  | 0          | 0              | 0                | 0               | 1650           | 67          | 1            | 55           | 1              |
| Honey Garlic                                                                                                                                                                                                                                                                                                                                                 | 330  | 2          | 0              | 0                | 0               | 2820           | 78          | 1            | 68           | 2              |
| Hot                                                                                                                                                                                                                                                                                                                                                          | 180  | 16         | 2.5            | 0                | 0               | 4400           | 7           | 1            | 1            | 2              |
| Hot BBQ - <i>limited time</i>                                                                                                                                                                                                                                                                                                                                | 150  | 7          | 1              | 0                | 0               | 2680           | 20          | 2            | 14           | 2              |
| Jammin' Jalapeño                                                                                                                                                                                                                                                                                                                                             | 360  | 0          | 0              | 0                | 0               | 2720           | 80          | 0            | 64           | 0              |
| Lemon Pepper                                                                                                                                                                                                                                                                                                                                                 | 600  | 62         | 12             | 1                | 45              | 2260           | 10          | 2            | 5            | 1              |
| Lemon Pepper Hot - <i>limited time</i>                                                                                                                                                                                                                                                                                                                       | 430  | 46         | 9              | 0.5              | 10              | 3730           | 5           | 2            | 1            | 1              |
| Mango Habanero™                                                                                                                                                                                                                                                                                                                                              | 210  | 2          | 0              | 0                | 0               | 1470           | 52          | 1            | 40           | 1              |
| Medium                                                                                                                                                                                                                                                                                                                                                       | 130  | 11         | 2              | 0                | 25              | 4350           | 5           | 0            | 0            | 1              |
| Mild                                                                                                                                                                                                                                                                                                                                                         | 200  | 19         | 3              | 0                | 25              | 3700           | 5           | 0            | 0            | 1              |
| Original Buffalo                                                                                                                                                                                                                                                                                                                                             | 450  | 47         | 9              | 0.5              | 0               | 3950           | 4           | 1            | 0            | 1              |
| Parmesan Garlic                                                                                                                                                                                                                                                                                                                                              | 520  | 50         | 9              | 1                | 45              | 2500           | 12          | 2            | 5            | 5              |
| Spicy Garlic                                                                                                                                                                                                                                                                                                                                                 | 180  | 16         | 3              | 0                | 30              | 4530           | 8           | 1            | 0            | 2              |
| Sweet BBQ                                                                                                                                                                                                                                                                                                                                                    | 190  | 0          | 0              | 0                | 0               | 2230           | 46          | 2            | 34           | 1              |
| Teriyaki                                                                                                                                                                                                                                                                                                                                                     | 270  | 0          | 0              | 0                | 0               | 2900           | 60          | 1            | 47           | 8              |
| Thai Curry                                                                                                                                                                                                                                                                                                                                                   | 580  | 58         | 11             | 1                | 35              | 3610           | 15          | 2            | 9            | 3              |
| Wild®                                                                                                                                                                                                                                                                                                                                                        | 190  | 17         | 2.5            | 0                | 0               | 3410           | 10          | 2            | 3            | 1              |
| <b>DRY RUBS</b>                                                                                                                                                                                                                                                                                                                                              |      |            |                |                  |                 |                |             |              |              |                |
| Buffalo Dry Rub                                                                                                                                                                                                                                                                                                                                              | 20   | 0.5        | 0              | 0                | 0               | 1910           | 4           | 0            | 0            | 0              |
| Chipotle BBQ Dry Rub                                                                                                                                                                                                                                                                                                                                         | 25   | 0          | 0              | 0                | 0               | 1450           | 6           | 1            | 3            | 0              |
| Desert Heat® Dry Rub                                                                                                                                                                                                                                                                                                                                         | 30   | 1          | 0              | 0                | 0               | 1000           | 6           | 1            | 2            | 1              |
| Lemon Pepper Dry Rub                                                                                                                                                                                                                                                                                                                                         | 15   | 0          | 0              | 0                | 0               | 1160           | 3           | 1            | 0            | 0              |
| Salt & Vinegar Dry Rub                                                                                                                                                                                                                                                                                                                                       | 15   | 0          | 0              | 0                | 0               | 2140           | 4           | 0            | 2            | 0              |
| <b>CAULIFLOWER WINGS</b> Nutritional values below reflect cauliflower wings and the sauces and dry rubs they are hand-spun in and does not account for variations or substitutions requested by the guest. All wings are listed without celery, carrots, bleu cheese or ranch dressing unless otherwise noted; See Accompaniments for nutrition information. |      |            |                |                  |                 |                |             |              |              |                |
| <b>SMALL CAULIFLOWER WINGS,</b><br>add Signature Sauce or Dry Rub                                                                                                                                                                                                                                                                                            | 520  | 29         | 11             | 1.5              | 35              | 650            | 58          | 5            | 4            | 8              |
| <b>SIGNATURE SAUCES</b>                                                                                                                                                                                                                                                                                                                                      |      |            |                |                  |                 |                |             |              |              |                |
| Asian Zing®                                                                                                                                                                                                                                                                                                                                                  | 170  | 0          | 0              | 0                | 0               | 1150           | 41          | 1            | 38           | 1              |
| Black Garlic Glaze - <i>limited time, at select locations</i>                                                                                                                                                                                                                                                                                                | 120  | 0          | 0              | 0                | 0               | 840            | 28          | 1            | 25           | 1              |
| Blazin™ Knockout                                                                                                                                                                                                                                                                                                                                             | 100  | 4          | 0.5            | 0                | 0               | 1820           | 16          | 1            | 13           | 1              |
| Buffalo Ranch                                                                                                                                                                                                                                                                                                                                                | 110  | 10         | 2              | 0                | 15              | 1720           | 4           | 1            | 0            | 1              |
| Caribbean Jerk                                                                                                                                                                                                                                                                                                                                               | 150  | 5          | 1              | 0                | 0               | 660            | 26          | 1            | 23           | 1              |
| Golden Fire                                                                                                                                                                                                                                                                                                                                                  | 130  | 2.5        | 0              | 0                | 0               | 1020           | 25          | 1            | 22           | 1              |

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|                                                                   | Cals | Fat<br>(g) | Sat Fat<br>(g) | Trans Fat<br>(g) | Cholest<br>(mg) | Sodium<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Sugar<br>(g) | Protein<br>(g) |
|-------------------------------------------------------------------|------|------------|----------------|------------------|-----------------|----------------|-------------|--------------|--------------|----------------|
| Honey BBQ                                                         | 140  | 0          | 0              | 0                | 0               | 830            | 34          | 0            | 28           | 0              |
| Honey Garlic                                                      | 160  | 1          | 0              | 0                | 0               | 1410           | 39          | 0            | 34           | 1              |
| Hot                                                               | 90   | 8          | 1.5            | 0                | 0               | 2200           | 4           | 1            | 0            | 1              |
| Hot BBQ - limited time                                            | 70   | 3.5        | 0.5            | 0                | 0               | 1340           | 10          | 1            | 7            | 1              |
| Jammin' Jalapeño                                                  | 180  | 0          | 0              | 0                | 0               | 1360           | 40          | 0            | 32           | 0              |
| Lemon Pepper                                                      | 300  | 31         | 6              | 0.5              | 25              | 1130           | 5           | 1            | 2            | 1              |
| Lemon Pepper Hot - limited time                                   | 210  | 23         | 4.5            | 0                | 5               | 1860           | 3           | 1            | 0            | 1              |
| Mango Habanero™                                                   | 150  | 1          | 0              | 0                | 0               | 870            | 35          | 1            | 26           | 0              |
| Medium                                                            | 60   | 6          | 1              | 0                | 10              | 2170           | 3           | 0            | 0            | 1              |
| Mild                                                              | 100  | 9          | 1.5            | 0                | 10              | 1850           | 3           | 0            | 0            | 1              |
| Original Buffalo                                                  | 220  | 24         | 4.5            | 0                | 0               | 1980           | 2           | 0            | 0            | 0              |
| Parmesan Garlic                                                   | 260  | 25         | 4.5            | 0                | 25              | 1250           | 6           | 1            | 2            | 2              |
| Spicy Garlic                                                      | 90   | 8          | 1.5            | 0                | 15              | 2270           | 4           | 0            | 0            | 1              |
| Sweet BBQ                                                         | 100  | 0          | 0              | 0                | 0               | 1120           | 23          | 1            | 17           | 1              |
| Teriyaki                                                          | 130  | 0          | 0              | 0                | 0               | 1450           | 30          | 1            | 24           | 4              |
| Thai Curry                                                        | 290  | 29         | 5              | 0                | 15              | 1800           | 8           | 1            | 4            | 1              |
| Wild*                                                             | 100  | 8          | 1.5            | 0                | 0               | 1710           | 5           | 1            | 2            | 1              |
| <b>DRY RUBS</b>                                                   |      |            |                |                  |                 |                |             |              |              |                |
| Buffalo Dry Rub                                                   | 5    | 0          | 0              | 0                | 0               | 640            | 1           | 0            | 0            | 0              |
| Chipotle BBQ Dry Rub                                              | 10   | 0          | 0              | 0                | 0               | 480            | 2           | 0            | 1            | 0              |
| Desert Heat® Dry Rub                                              | 10   | 0          | 0              | 0                | 0               | 340            | 2           | 0            | 1            | 1              |
| Lemon Pepper Dry Rub                                              | 5    | 0          | 0              | 0                | 0               | 390            | 1           | 0            | 0            | 0              |
| Salt & Vinegar Dry Rub                                            | 5    | 0          | 0              | 0                | 0               | 710            | 1           | 0            | 1            | 0              |
| <b>LARGE CAULIFLOWER WINGS,</b><br>add Signature Sauce or Dry Rub | 1040 | 57         | 22             | 3.5              | 65              | 1300           | 116         | 11           | 8            | 16             |
| <b>SIGNATURE SAUCES</b>                                           |      |            |                |                  |                 |                |             |              |              |                |
| Asian Zing®                                                       | 340  | 1          | 0              | 0                | 0               | 2290           | 83          | 2            | 77           | 2              |
| Black Garlic Glaze - limited time, at select locations            | 230  | 0          | 0              | 0                | 0               | 1670           | 55          | 1            | 49           | 2              |
| Blazin' Knockout                                                  | 200  | 8          | 1              | 0                | 0               | 3650           | 32          | 2            | 26           | 1              |
| Buffalo Ranch                                                     | 220  | 21         | 4              | 0                | 25              | 3440           | 7           | 2            | 1            | 1              |
| Caribbean Jerk                                                    | 300  | 10         | 2              | 0                | 0               | 1320           | 52          | 2            | 46           | 1              |
| Golden Fire                                                       | 250  | 5          | 0.5            | 0                | 0               | 2040           | 50          | 3            | 45           | 3              |
| Honey BBQ                                                         | 270  | 0          | 0              | 0                | 0               | 1650           | 67          | 1            | 55           | 1              |
| Honey Garlic                                                      | 330  | 2          | 0              | 0                | 0               | 2820           | 78          | 1            | 68           | 2              |
| Hot                                                               | 180  | 16         | 2.5            | 0                | 0               | 4400           | 7           | 1            | 1            | 2              |
| Hot BBQ - limited time                                            | 150  | 7          | 1              | 0                | 0               | 2680           | 20          | 2            | 14           | 2              |
| Jammin' Jalapeño                                                  | 360  | 0          | 0              | 0                | 0               | 2720           | 80          | 0            | 64           | 0              |
| Lemon Pepper                                                      | 600  | 62         | 12             | 1                | 45              | 2260           | 10          | 2            | 5            | 1              |
| Lemon Pepper Hot - limited time                                   | 430  | 46         | 9              | 0.5              | 10              | 3730           | 5           | 2            | 1            | 1              |
| Mango Habanero™                                                   | 300  | 2          | 0              | 0                | 0               | 1740           | 70          | 2            | 53           | 1              |
| Medium                                                            | 130  | 11         | 2              | 0                | 25              | 4350           | 5           | 0            | 0            | 1              |
| Mild                                                              | 200  | 19         | 3              | 0                | 25              | 3700           | 5           | 0            | 0            | 1              |
| Original Buffalo                                                  | 450  | 47         | 9              | 0.5              | 0               | 3950           | 4           | 1            | 0            | 1              |
| Parmesan Garlic                                                   | 520  | 50         | 9              | 1                | 45              | 2500           | 12          | 2            | 5            | 5              |
| Spicy Garlic                                                      | 180  | 16         | 3              | 0                | 30              | 4530           | 8           | 1            | 0            | 2              |
| Sweet BBQ                                                         | 190  | 0          | 0              | 0                | 0               | 2230           | 46          | 2            | 34           | 1              |
| Teriyaki                                                          | 270  | 0          | 0              | 0                | 0               | 2900           | 60          | 1            | 47           | 8              |
| Thai Curry                                                        | 580  | 58         | 11             | 1                | 35              | 3610           | 15          | 2            | 9            | 3              |
| Wild*                                                             | 190  | 17         | 2.5            | 0                | 0               | 3410           | 10          | 2            | 3            | 1              |



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|                                                                     | Cals | Fat<br>(g) | Sat Fat<br>(g) | Trans Fat<br>(g) | Cholest<br>(mg) | Sodium<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Sugar<br>(g) | Protein<br>(g) |
|---------------------------------------------------------------------|------|------------|----------------|------------------|-----------------|----------------|-------------|--------------|--------------|----------------|
| <b>DRY RUBS</b>                                                     |      |            |                |                  |                 |                |             |              |              |                |
| Buffalo Dry Rub                                                     | 10   | 0          | 0              | 0                | 0               | 1110           | 2           | 0            | 0            | 0              |
| Chipotle BBQ Dry Rub                                                | 15   | 0          | 0              | 0                | 0               | 840            | 3           | 0            | 2            | 0              |
| Desert Heat® Dry Rub                                                | 15   | 1          | 0              | 0                | 0               | 590            | 4           | 1            | 1            | 0              |
| Lemon Pepper Dry Rub                                                | 10   | 0          | 0              | 0                | 0               | 680            | 2           | 1            | 0            | 0              |
| Salt & Vinegar Dry Rub                                              | 10   | 0          | 0              | 0                | 0               | 1250           | 2           | 0            | 1            | 0              |
| <b>VEGGIES &amp; DIPS</b>                                           |      |            |                |                  |                 |                |             |              |              |                |
| Carrots                                                             | 50   | 0          | 0              | 0                | 0               | 90             | 11          | 3            | 7            | 1              |
| Celery Sticks                                                       | 15   | 0          | 0              | 0                | 0               | 75             | 3           | 2            | 1            | 1              |
| Carrots & Celery Sticks                                             | 35   | 0          | 0              | 0                | 0               | 90             | 8           | 2            | 5            | 1              |
| Bleu Cheese Dressing                                                | 280  | 29         | 6              | 0                | 35              | 550            | 2           | 0            | 2            | 2              |
| Bleu Cheese Dressing - Large                                        | 1130 | 117        | 23             | 2                | 140             | 2190           | 9           | 1            | 7            | 8              |
| Ranch Dressing                                                      | 320  | 34         | 5              | 0.5              | 10              | 510            | 2           | 0            | 2            | 1              |
| Ranch Dressing - Large                                              | 1270 | 136        | 21             | 2                | 30              | 2040           | 9           | 1            | 7            | 2              |
| Honey Mustard                                                       | 220  | 20         | 3              | 0                | 15              | 650            | 11          | 1            | 9            | 1              |
| Honey Mustard - Large                                               | 890  | 78         | 12             | 1                | 60              | 2580           | 43          | 2            | 35           | 6              |
| Southwestern Ranch                                                  | 340  | 37         | 6              | 0.5              | 15              | 800            | 2           | 0            | 1            | 1              |
| Southwestern Ranch - Large                                          | 1360 | 146        | 24             | 2                | 50              | 3180           | 9           | 1            | 6            | 3              |
| <b>SAUCES, DRY RUBS &amp; EXTRAS</b>                                |      |            |                |                  |                 |                |             |              |              |                |
| <b>SIGNATURE SAUCES</b>                                             |      |            |                |                  |                 |                |             |              |              |                |
| Asian Zing® - 2 fl oz                                               | 170  | 0          | 0              | 0                | 0               | 1150           | 41          | 1            | 38           | 1              |
| Black Garlic Glaze - 2 fl oz -<br>limited time, at select locations | 120  | 0          | 0              | 0                | 0               | 840            | 28          | 1            | 25           | 1              |
| Blazin® Knockout - 2 fl oz                                          | 100  | 4          | 0.5            | 0                | 0               | 1820           | 16          | 1            | 13           | 1              |
| Buffalo Ranch - 2 fl oz                                             | 110  | 10         | 2              | 0                | 15              | 1720           | 4           | 1            | 0            | 1              |
| Caribbean Jerk - 2 fl oz                                            | 150  | 5          | 1              | 0                | 0               | 660            | 26          | 1            | 23           | 1              |
| Golden Fire - 2 fl oz                                               | 130  | 2.5        | 0              | 0                | 0               | 1020           | 25          | 1            | 22           | 1              |
| Honey BBQ - 2 fl oz                                                 | 140  | 0          | 0              | 0                | 0               | 830            | 34          | 0            | 28           | 0              |
| Honey Garlic - 2 fl oz                                              | 160  | 1          | 0              | 0                | 0               | 1410           | 39          | 0            | 34           | 1              |
| Hot - 2 fl oz                                                       | 90   | 8          | 1.5            | 0                | 0               | 2200           | 4           | 1            | 0            | 1              |
| Hot BBQ - 2 fl oz - limited time                                    | 70   | 3.5        | 0.5            | 0                | 0               | 1340           | 10          | 1            | 7            | 1              |
| Jammin' Jalapeño - 2 fl oz                                          | 180  | 0          | 0              | 0                | 0               | 1360           | 40          | 0            | 32           | 0              |
| Lemon Pepper - 2 fl oz                                              | 300  | 31         | 6              | 0.5              | 25              | 1130           | 5           | 1            | 2            | 1              |
| Mango Habanero™ - 2 fl oz                                           | 160  | 1          | 0              | 0                | 0               | 890            | 36          | 1            | 26           | 0              |
| Medium - 2 fl oz                                                    | 60   | 6          | 1              | 0                | 10              | 2170           | 3           | 0            | 0            | 1              |
| Mild - 2 fl oz                                                      | 100  | 9          | 1.5            | 0                | 10              | 1850           | 3           | 0            | 0            | 1              |
| Original Buffalo - 2 fl oz                                          | 220  | 24         | 4.5            | 0                | 0               | 1980           | 2           | 0            | 0            | 0              |
| Parmesan Garlic - 2 fl oz                                           | 260  | 25         | 4.5            | 0                | 25              | 1250           | 6           | 1            | 2            | 2              |
| Spicy Garlic - 2 fl oz                                              | 90   | 8          | 1.5            | 0                | 15              | 2270           | 4           | 0            | 0            | 1              |
| Sweet BBQ - 2 fl oz                                                 | 100  | 0          | 0              | 0                | 0               | 1120           | 23          | 1            | 17           | 1              |
| Teriyaki - 2 fl oz                                                  | 130  | 0          | 0              | 0                | 0               | 1450           | 30          | 1            | 24           | 4              |
| Thai Curry - 2 fl oz                                                | 290  | 29         | 5              | 0                | 15              | 1800           | 8           | 1            | 4            | 1              |
| Wild® - 2 fl oz                                                     | 100  | 8          | 1.5            | 0                | 0               | 1710           | 5           | 1            | 2            | 1              |
| <b>DRY RUBS</b>                                                     |      |            |                |                  |                 |                |             |              |              |                |
| Buffalo Dry Rub - 1 tsp                                             | 10   | 0          | 0              | 0                | 0               | 670            | 1           | 0            | 0            | 0              |
| Desert Heat® Dry Rub - 1 tsp                                        | 10   | 0          | 0              | 0                | 0               | 290            | 2           | 0            | 1            | 0              |
| Chipotle BBQ Dry Rub - 1 tsp                                        | 5    | 0          | 0              | 0                | 0               | 330            | 1           | 0            | 1            | 0              |
| Lemon Pepper Dry Rub - 1 tsp                                        | 5    | 0          | 0              | 0                | 0               | 460            | 1           | 0            | 0            | 0              |
| Salt & Vinegar Dry Rub - 1 tsp                                      | 5    | 0          | 0              | 0                | 0               | 520            | 1           | 0            | 0            | 0              |

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|                                                                                                                                                        | Cals      | Fat (g) | Sat Fat (g) | Trans Fat (g) | Cholest (mg) | Sodium (mg) | Carb (g) | Fiber (g) | Sugar (g) | Protein (g) |
|--------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|---------|-------------|---------------|--------------|-------------|----------|-----------|-----------|-------------|
| <b>EXTRAS</b>                                                                                                                                          |           |         |             |               |              |             |          |           |           |             |
| Caramel Sauce                                                                                                                                          | 130       | 0.5     | 0           | 0             | 5            | 75          | 30       | 0         | 23        | 0           |
| Chile-Lime Dressing                                                                                                                                    | 260       | 28      | 4.5         | 0             | 30           | 720         | 3        | 0         | 1         | 1           |
| Crema                                                                                                                                                  | 110       | 10      | 6           | 0             | 40           | 55          | 5        | 0         | 2         | 2           |
| Hatch Queso                                                                                                                                            | 110       | 8       | 4.5         | 0             | 25           | 520         | 4        | 0         | 2         | 6           |
| House-Made Guacamole                                                                                                                                   | 100       | 10      | 1.5         | 0             | 0            | 125         | 6        | 4         | 0         | 2           |
| Marinara                                                                                                                                               | 45        | 1.5     | 0           | 0             | 0            | 300         | 8        | 2         | 5         | 2           |
| New Belgium Fat Tire® Beer Cheese                                                                                                                      | 120       | 9       | 5           | 0             | 20           | 430         | 5        | 0         | 3         | 5           |
| Pico de Gallo                                                                                                                                          | 15        | 0       | 0           | 0             | 0            | 120         | 3        | 1         | 2         | 1           |
| Salsa                                                                                                                                                  | 25        | 0       | 0           | 0             | 0            | 410         | 6        | 1         | 3         | 1           |
| <b>AROUND THE WORLD SAUCES</b> Limited time at select locations.                                                                                       |           |         |             |               |              |             |          |           |           |             |
| Creamy Chimichurri                                                                                                                                     | 200       | 15      | 2.5         | 0             | 35           | 1090        | 15       | 0         | 5         | 1           |
| Maple Sweet Chili                                                                                                                                      | 150       | 0       | 0           | 0             | 0            | 860         | 35       | 1         | 30        | 0           |
| Peri Peri                                                                                                                                              | 150       | 0       | 0           | 0             | 0            | 860         | 35       | 1         | 30        | 0           |
| Smoky Elote                                                                                                                                            | 230       | 22      | 3.5         | 0             | 30           | 960         | 6        | 0         | 3         | 2           |
| Sweet Curry                                                                                                                                            | 90        | 0.5     | 0           | 0             | 0            | 840         | 20       | 1         | 18        | 1           |
| Yuzu Wasabi                                                                                                                                            | 200       | 15      | 3           | 0             | 15           | 880         | 15       | 0         | 8         | 1           |
| <b>CHICKEN DIPPERS</b> All dippers are listed without French fries unless otherwise noted; see Sides and Substitutions for more nutrition information. |           |         |             |               |              |             |          |           |           |             |
| 2 count Original Chicken Dippers                                                                                                                       | 380       | 16      | 6           | 1             | 90           | 1280        | 35       | 2         | 2         | 25          |
| 3 count Original Chicken Dippers                                                                                                                       | 570       | 24      | 9           | 1.5           | 135          | 1910        | 52       | 4         | 2         | 37          |
| 5 count Original Chicken Dippers                                                                                                                       | 960       | 40      | 15          | 2.5           | 230          | 3190        | 87       | 6         | 3         | 62          |
| 10 count Original Chicken Dippers                                                                                                                      | 1910      | 80      | 30          | 4.5           | 455          | 6380        | 173      | 12        | 6         | 124         |
| 15 count Original Chicken Dippers                                                                                                                      | 2870      | 121     | 46          | 7             | 685          | 9570        | 260      | 18        | 10        | 186         |
| 2 count Spicy Chicken Dippers                                                                                                                          | 330       | 16      | 6           | 0.5           | 80           | 1130        | 25       | 2         | 1         | 22          |
| 3 count Spicy Chicken Dippers                                                                                                                          | 500       | 24      | 8           | 1             | 120          | 1700        | 38       | 4         | 2         | 33          |
| 5 count Spicy Chicken Dippers                                                                                                                          | 830       | 39      | 14          | 2             | 195          | 2840        | 63       | 6         | 3         | 55          |
| 10 count Spicy Chicken Dippers                                                                                                                         | 1650      | 79      | 28          | 3.5           | 390          | 5670        | 127      | 12        | 6         | 109         |
| 15 count Spicy Chicken Dippers                                                                                                                         | 2480      | 118     | 42          | 5             | 590          | 8510        | 190      | 18        | 10        | 164         |
| 2 count Grilled Chicken Dippers                                                                                                                        | 100       | 0.5     | 0           | 0             | 0            | 760         | 0        | 0         | 0         | 25          |
| 3 count Grilled Chicken Dippers                                                                                                                        | 160       | 1       | 0           | 0             | 0            | 1140        | 0        | 0         | 0         | 37          |
| 5 count Grilled Chicken Dippers                                                                                                                        | 260       | 2       | 0.5         | 0             | 0            | 1910        | 0        | 0         | 0         | 61          |
| 10 count Grilled Chicken Dippers                                                                                                                       | 520       | 3.5     | 1.5         | 0             | 5            | 3810        | 0        | 0         | 0         | 123         |
| 15 count Grilled Chicken Dippers                                                                                                                       | 780       | 6       | 2           | 0             | 5            | 5720        | 0        | 0         | 0         | 184         |
| <b>MAKE 'EM SAUCY</b> Add a Signature Sauce to your 3 / 5 count Chicken Dippers                                                                        |           |         |             |               |              |             |          |           |           |             |
| Asian Zing®                                                                                                                                            | 170 / 260 | 0 / 0.5 | 0 / 0       | 0 / 0         | 0 / 0        | 1150 / 1720 | 41 / 62  | 1 / 1     | 38 / 57   | 1 / 1       |
| Black Garlic Glaze - limited time, at select locations                                                                                                 | 120 / 170 | 0       | 0           | 0             | 0            | 840 / 1250  | 28 / 42  | 1         | 25 / 37   | 1           |
| Blazin® Knockout                                                                                                                                       | 100 / 150 | 4 / 6   | 0.5 / 1     | 0 / 0         | 0 / 0        | 1820 / 2740 | 16 / 24  | 1 / 2     | 13 / 19   | 1 / 1       |
| Buffalo Ranch                                                                                                                                          | 110 / 170 | 10 / 15 | 2 / 3       | 0             | 15 / 20      | 1720 / 2580 | 4 / 5    | 1 / 2     | 0 / 1     | 1           |
| Caribbean Jerk                                                                                                                                         | 150 / 230 | 5 / 8   | 1 / 1.5     | 0 / 0         | 0 / 0        | 660 / 990   | 26 / 39  | 1 / 1     | 23 / 34   | 0 / 0       |
| Golden Fire                                                                                                                                            | 130 / 190 | 2.5 / 4 | 0 / 0       | 0 / 0         | 0 / 0        | 1020 / 1530 | 25 / 38  | 1 / 2     | 22 / 34   | 1 / 2       |
| Honey BBQ                                                                                                                                              | 140 / 200 | 0 / 0   | 0 / 0       | 0 / 0         | 0 / 0        | 830 / 1240  | 34 / 50  | 0 / 1     | 28 / 41   | 0 / 1       |
| Honey Garlic                                                                                                                                           | 160 / 250 | 1 / 1.5 | 0 / 0       | 0 / 0         | 0 / 0        | 1410 / 2120 | 39 / 59  | 0 / 1     | 34 / 51   | 1 / 1       |
| Hot                                                                                                                                                    | 90 / 140  | 8 / 12  | 1.5 / 2     | 0 / 0         | 0 / 0        | 2200 / 3300 | 4 / 6    | 1 / 1     | 0 / 0     | 1 / 1       |
| Hot BBQ - limited time                                                                                                                                 | 70 / 110  | 3.5 / 5 | 0.5 / 1     | 0 / 0         | 0 / 0        | 1340 / 2010 | 10 / 15  | 1 / 1     | 7 / 10    | 1 / 1       |
| Jammin' Jalapeño                                                                                                                                       | 180 / 270 | 0 / 0   | 0 / 0       | 0 / 0         | 0 / 0        | 1360 / 2040 | 40 / 60  | 0 / 0     | 32 / 48   | 0 / 0       |
| Lemon Pepper                                                                                                                                           | 300 / 450 | 31 / 47 | 6 / 9       | 0.5 / 2       | 25 / 35      | 1130 / 1690 | 5 / 8    | 1 / 2     | 2 / 4     | 1 / 1       |
| Mango Habanero™                                                                                                                                        | 150 / 220 | 1 / 1.5 | 0 / 0       | 0 / 0         | 0 / 0        | 870 / 1300  | 35 / 53  | 1 / 1     | 26 / 40   | 0 / 1       |

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|                                                                                    | Cals      | Fat<br>(g) | Sat Fat<br>(g) | Trans Fat<br>(g) | Cholest<br>(mg) | Sodium<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Sugar<br>(g) | Protein<br>(g) |
|------------------------------------------------------------------------------------|-----------|------------|----------------|------------------|-----------------|----------------|-------------|--------------|--------------|----------------|
| Medium                                                                             | 60 / 100  | 6 / 8      | 1 / 1.5        | 0 / 0            | 10 / 20         | 2170 / 3260    | 3 / 4       | 0 / 0        | 0 / 0        | 1 / 1          |
| Mild                                                                               | 100 / 150 | 9 / 14     | 1.5 / 2.5      | 0 / 0            | 10 / 15         | 1850 / 2770    | 3 / 4       | 0 / 0        | 0 / 0        | 1 / 1          |
| Original Buffalo                                                                   | 220 / 330 | 24 / 36    | 4.5 / 7        | 0 / 0            | 0 / 0           | 1980 / 2960    | 2 / 3       | 0 / 0        | 0 / 0        | 0 / 1          |
| Parmesan Garlic                                                                    | 260 / 390 | 25 / 38    | 4.5 / 7        | 0 / 0.5          | 25 / 35         | 1250 / 1880    | 6 / 9       | 1 / 1        | 2 / 3        | 2 / 3          |
| Spicy Garlic                                                                       | 90 / 140  | 8 / 12     | 1.5 / 2        | 0 / 0            | 15 / 20         | 2270 / 3400    | 4 / 6       | 0 / 0        | 0 / 0        | 1 / 1          |
| Sweet BBQ                                                                          | 100 / 150 | 0 / 0      | 0 / 0          | 0 / 0            | 0 / 0           | 1120 / 1680    | 23 / 35     | 1 / 2        | 17 / 25      | 1 / 1          |
| Teriyaki                                                                           | 130 / 200 | 0 / 0      | 0 / 0          | 0 / 0            | 0 / 0           | 1450 / 2170    | 30 / 45     | 1 / 1        | 24 / 35      | 4 / 6          |
| Thai Curry                                                                         | 290 / 440 | 29 / 43    | 5 / 8          | 0 / 0.5          | 15 / 25         | 1800 / 2710    | 8 / 11      | 1 / 2        | 4 / 7        | 1 / 2          |
| Wild®                                                                              | 100 / 150 | 8 / 12     | 1.5 / 2        | 0 / 0            | 0 / 0           | 1710 / 2560    | 5 / 8       | 1 / 1        | 2 / 3        | 1 / 1          |
| <b>ADD A DRY RUB</b>                                                               |           |            |                |                  |                 |                |             |              |              |                |
| Buffalo Dry Rub                                                                    | 5 / 10    | 0 / 0      | 0 / 0          | 0 / 0            | 0 / 0           | 640 / 950      | 1 / 2       | 0 / 0        | 0 / 0        | 0 / 0          |
| Chipotle BBQ Dry Rub                                                               | 10 / 10   | 0 / 0      | 0 / 0          | 0 / 0            | 0 / 0           | 480 / 720      | 2 / 3       | 0 / 0        | 1 / 1        | 0 / 0          |
| Desert Heat® Dry Rub                                                               | 10 / 15   | 0 / 0      | 0 / 0          | 0 / 0            | 0 / 0           | 340 / 500      | 2 / 3       | 0 / 1        | 1 / 1        | 1 / 0          |
| Lemon Pepper Dry Rub                                                               | 5 / 5     | 0 / 0      | 0 / 0          | 0 / 0            | 0 / 0           | 390 / 580      | 1 / 2       | 0 / 1        | 0 / 0        | 0 / 0          |
| Salt & Vinegar Dry Rub                                                             | 5 / 10    | 0 / 0      | 0 / 0          | 0 / 0            | 0 / 0           | 710 / 1070     | 1 / 2       | 0 / 0        | 1 / 1        | 0 / 0          |
| <b>DIPPING SAUCE</b>                                                               |           |            |                |                  |                 |                |             |              |              |                |
| B-Dubs Dip                                                                         | 260       | 26         | 4              | 0                | 20              | 800            | 7           | 1            | 5            | 1              |
| <b>APPETIZERS</b>                                                                  |           |            |                |                  |                 |                |             |              |              |                |
| Bacon Cheddar Jumbo Tots, with B-Dubs Dip & Ranch                                  | 1180      | 98         | 26             | 2.5              | 25              | 3200           | 49          | 5            | 7            | 25             |
| Beef on Weck Sliders, with Au Jus - <i>limited time</i>                            | 940       | 38         | 9              | 1                | 100             | 4010           | 86          | 5            | 13           | 64             |
| Buffalo Chicken Dip                                                                | 1460      | 87         | 33             | 2.5              | 205             | 4030           | 119         | 3            | 6            | 50             |
| Buffalo Chicken Tots                                                               | 2110      | 144        | 51             | 6                | 220             | 7090           | 146         | 2            | 4            | 57             |
| Cheeseburger Fries - <i>at select locations</i>                                    | 1480      | 92         | 40             | 4                | 170             | 4650           | 115         | 6            | 15           | 43             |
| Cheeseburger Sliders with Golden Fire & Ranch                                      | 1030      | 64         | 19             | 2                | 135             | 2120           | 78          | 2            | 36           | 34             |
| Cheddar Cheese Curds, with B-Dubs Dip                                              | 1320      | 102        | 49             | 4.5              | 240             | 3160           | 43          | 4            | 8            | 58             |
| Chips & Dip Trio                                                                   | 1490      | 87         | 33             | 2.5              | 105             | 4210           | 155         | 26           | 20           | 37             |
| Chips & House-made Guacamole - <i>at select locations</i>                          | 1060      | 62         | 19             | 1.5              | 25              | 1320           | 122         | 10           | 2            | 16             |
| Chips & Salsa - <i>at select locations</i>                                         | 860       | 35         | 14             | 1.5              | 25              | 1990           | 122         | 14           | 9            | 14             |
| Everything Pretzel Knots, with New Belgium Fat Tire® Beer Cheese and Honey Mustard | 890       | 43         | 10             | 0                | 35              | 3000           | 106         | 3            | 13           | 20             |
| Fried Pickles, with B-Dubs Dip                                                     | 710       | 51         | 15             | 2                | 45              | 3190           | 56          | 6            | 5            | 8              |
| Garlic Mushrooms, with Southwestern Ranch - <i>limited time</i>                    | 660       | 51         | 11             | 1                | 25              | 1420           | 44          | 6            | 5            | 6              |
| Hatch Queso with Chips                                                             | 1110      | 59         | 28             | 2.5              | 105             | 2370           | 119         | 11           | 8            | 28             |
| Add Chili                                                                          | 110       | 6          | 2.5            | 0                | 20              | 350            | 5           | 2            | 2            | 8              |
| Add House-made Guacamole                                                           | 45        | 4.5        | 1              | 0                | 0               | 85             | 3           | 2            | 0            | 1              |
| Mini Corn Dogs, with Honey Mustard - <i>limited time</i>                           | 850       | 57         | 15             | 2                | 110             | 1880           | 64          | 3            | 20           | 17             |
| Mini Corn Dogs, with Ranch - <i>limited time</i>                                   | 940       | 71         | 17             | 2                | 100             | 1760           | 56          | 2            | 13           | 16             |
| Mozzarella Sticks, with Marinara                                                   | 520       | 25         | 13             | 1                | 55              | 1700           | 53          | 7            | 7            | 21             |
| Onion Rings, with B-Dubs Dip                                                       | 1350      | 86         | 30             | 4                | 70              | 2270           | 134         | 11           | 24           | 11             |
| Ultimate Nachos                                                                    | 1760      | 95         | 46             | 4                | 180             | 4370           | 184         | 18           | 15           | 48             |
| Add Chili                                                                          | 440       | 24         | 10             | 0                | 80              | 1380           | 21          | 6            | 6            | 30             |
| Add Chicken                                                                        | 120       | 4          | 2              | 0                | 60              | 470            | 1           | 0            | 0            | 21             |
| Add House-made Guacamole                                                           | 90        | 9          | 1.5            | 0                | 0               | 170            | 5           | 3            | 0            | 2              |
| <b>ULTIMATE SAMPLER</b>                                                            |           |            |                |                  |                 |                |             |              |              |                |
| <b>Choice of 4 of the following apps:</b>                                          |           |            |                |                  |                 |                |             |              |              |                |
| Beef on Weck Sliders, with Au Jus - <i>limited time</i>                            | 470       | 19         | 5              | 1                | 50              | 1780           | 43          | 2            | 7            | 32             |
| Beer-Battered Onion Rings                                                          | 550       | 31         | 13             | 1.5              | 25              | 750            | 65          | 5            | 10           | 5              |
| Bone-In Wings                                                                      | 290       | 16         | 5              | 0                | 145             | 105            | 0           | 0            | 0            | 35             |
| Add Signature Sauce                                                                | 15-80     | 0-9        | 0-1.5          | 0                | 0-5             | 210-570        | 1-11        | 0-1          | 0-10         | 0-1            |
| Boneless Wings                                                                     | 300       | 15         | 6              | 1                | 70              | 1050           | 17          | 1            | 0            | 24             |

# NUTRITION GUIDE



\* NUTRITION ABBREVIATION KEY ON PAGE 18

|                                                   | Cals   | Fat (g) | Sat Fat (g) | Trans Fat (g) | Cholest (mg) | Sodium (mg) | Carb (g) | Fiber (g) | Sugar (g) | Protein (g) |
|---------------------------------------------------|--------|---------|-------------|---------------|--------------|-------------|----------|-----------|-----------|-------------|
| Add Signature Sauce                               | 30-170 | 0-19    | 0-3         | 0             | 0-10         | 420-1140    | 1-21     | 0-1       | 0-19      | 0-2         |
| Buffalo Chips - <i>limited time</i>               | 370    | 15      | 5           | 1             | 10           | 750         | 54       | 5         | 0         | 6           |
| Cauliflower Wings                                 | 520    | 29      | 11          | 1.5           | 35           | 650         | 58       | 5         | 4         | 8           |
| Add Signature Sauce - 2 fl oz                     | 60-330 | 0-38    | 0-6         | 0-0.5         | 0-25         | 830-2270    | 2-42     | 0-2       | 0-38      | 0-4         |
| Cheddar Cheese Curds                              | 530    | 38      | 22          | 2             | 110          | 1180        | 18       | 1         | 2         | 28          |
| Cheeseburger Sliders - <i>at select locations</i> | 360    | 15      | 7           | 0.5           | 65           | 810         | 38       | 1         | 17        | 17          |
| Crispy Chicken Dippers                            | 380    | 16      | 6           | 1             | 90           | 1280        | 35       | 2         | 0         | 25          |
| Add Signature Sauce - 2 fl oz                     | 60-330 | 0-38    | 0-6         | 0-0.5         | 0-25         | 830-2270    | 2-42     | 0-2       | 0-38      | 0-4         |
| Spicy Chicken Dippers                             | 330    | 16      | 6           | 0.5           | 80           | 1130        | 25       | 2         | 1         | 22          |
| Add Signature Sauce - 2 fl oz                     | 60-330 | 0-38    | 0-6         | 0-0.5         | 0-25         | 830-2270    | 2-42     | 0-2       | 0-38      | 0-4         |
| Everything Pretzel Knots                          | 330    | 9       | 1           | 0             | 0            | 1150        | 54       | 2         | 1         | 9           |
| Fried Pickles                                     | 450    | 25      | 11          | 1.5           | 25           | 2390        | 49       | 5         | 1         | 7           |
| Garlic Mushrooms - <i>limited time</i>            | 320    | 14      | 5           | 1             | 10           | 620         | 42       | 6         | 4         | 5           |
| Jumbo Stuffed Tots - <i>at select locations</i>   | 260    | 16      | 7           | 0.5           | 0            | 820         | 17       | 2         | 0         | 10          |
| Mini Corn Dogs - <i>limited time</i>              | 310    | 19      | 6           | 1             | 50           | 620         | 27       | 1         | 6         | 8           |
| Mozzarella Sticks                                 | 310    | 16      | 8           | 1             | 35           | 940         | 30       | 4         | 1         | 13          |

Choice of 4 of the following sauces:

|                                                                |     |     |     |     |    |     |    |   |    |   |
|----------------------------------------------------------------|-----|-----|-----|-----|----|-----|----|---|----|---|
| B-Dubs Dip                                                     | 260 | 26  | 4   | 0   | 20 | 800 | 7  | 1 | 5  | 1 |
| Bleu Cheese Dressing                                           | 280 | 29  | 6   | 0   | 35 | 550 | 2  | 0 | 2  | 2 |
| Caramel Sauce - <i>at select locations</i>                     | 130 | 0.5 | 0   | 0   | 5  | 75  | 30 | 0 | 23 | 0 |
| Hatch Queso - <i>at select locations</i>                       | 110 | 8   | 4.5 | 0   | 25 | 520 | 4  | 0 | 2  | 6 |
| Honey Mustard - <i>at select locations</i>                     | 220 | 20  | 3   | 0   | 15 | 650 | 11 | 1 | 9  | 1 |
| Marinara                                                       | 45  | 1.5 | 0   | 0   | 0  | 300 | 8  | 2 | 5  | 2 |
| New Belgium Fat Tire® Beer Cheese - <i>at select locations</i> | 120 | 9   | 5   | 0   | 20 | 430 | 5  | 0 | 3  | 5 |
| Ranch Dressing                                                 | 320 | 34  | 5   | 0.5 | 10 | 510 | 2  | 0 | 2  | 1 |
| Southwestern Ranch Dressing                                    | 340 | 37  | 6   | 0.5 | 15 | 800 | 2  | 0 | 1  | 1 |

**BURGERS** Protein substitutions are available upon request. All burgers are listed without French fries unless otherwise noted; see Sides and Substitutions for more nutrition information.

|                                                               |      |    |    |     |     |      |    |    |    |    |
|---------------------------------------------------------------|------|----|----|-----|-----|------|----|----|----|----|
| All-American Cheeseburger                                     | 820  | 53 | 22 | 2.5 | 145 | 2040 | 38 | 3  | 7  | 48 |
| All-American Single Cheeseburger - <i>at select locations</i> | 540  | 32 | 13 | 1   | 80  | 1270 | 36 | 3  | 6  | 27 |
| All-American Bacon Cheeseburger                               | 1020 | 69 | 28 | 2.5 | 185 | 2500 | 39 | 3  | 8  | 60 |
| B-Dubs Signature Smasher - <i>at select locations</i>         | 900  | 57 | 23 | 3   | 155 | 2550 | 46 | 4  | 14 | 49 |
| B-Dubs Signature Single Smasher - <i>at select locations</i>  | 620  | 36 | 13 | 1   | 80  | 1940 | 45 | 4  | 13 | 28 |
| Bacon Mac & Cheese Burger                                     | 1160 | 76 | 31 | 3   | 195 | 2710 | 55 | 3  | 11 | 63 |
| Bacon-Smashed Hatch Chile Burger                              | 990  | 64 | 27 | 2   | 200 | 2370 | 42 | 3  | 9  | 60 |
| BBQ Bacon Burger                                              | 1140 | 75 | 31 | 3   | 190 | 2660 | 54 | 3  | 12 | 61 |
| Blackjack Burger - <i>at select locations</i>                 | 1020 | 65 | 26 | 2.5 | 165 | 2110 | 51 | 3  | 15 | 58 |
| Mushroom Swiss Burger - <i>at select locations</i>            | 960  | 64 | 25 | 2.5 | 155 | 1560 | 41 | 4  | 9  | 55 |
| Southwestern Black Bean Burger                                | 720  | 40 | 11 | 0   | 30  | 1750 | 74 | 16 | 12 | 31 |
| Triple-Bacon Cheeseburger                                     | 1200 | 83 | 34 | 2.5 | 240 | 3130 | 41 | 4  | 9  | 72 |

**PROTEIN OPTIONS**

|                         |     |    |   |   |    |     |    |    |   |    |
|-------------------------|-----|----|---|---|----|-----|----|----|---|----|
| Hamburger Patty         | 210 | 16 | 6 | 1 | 50 | 320 | 0  | 0  | 0 | 17 |
| Black Bean Burger Patty | 200 | 6  | 1 | 0 | 0  | 540 | 31 | 11 | 4 | 18 |

**TOPPINGS**

|                      |    |   |     |   |    |     |   |   |   |   |
|----------------------|----|---|-----|---|----|-----|---|---|---|---|
| American Cheese      | 70 | 6 | 3.5 | 0 | 20 | 290 | 1 | 0 | 1 | 3 |
| Bleu Cheese Crumbles | 50 | 4 | 3   | 0 | 10 | 160 | 0 | 0 | 0 | 3 |
| Cheddar Cheese       | 90 | 7 | 4   | 0 | 20 | 140 | 1 | 0 | 0 | 5 |

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\* NUTRITION ABBREVIATION KEY ON PAGE 18

|                        | Cals | Fat (g) | Sat Fat (g) | Trans Fat (g) | Cholest (mg) | Sodium (mg) | Carb (g) | Fiber (g) | Sugar (g) | Protein (g) |
|------------------------|------|---------|-------------|---------------|--------------|-------------|----------|-----------|-----------|-------------|
| Pepper Jack Cheese     | 80   | 6       | 4           | 0             | 20           | 140         | 0        | 0         | 0         | 5           |
| Swiss Cheese           | 80   | 7       | 4           | 0             | 20           | 40          | 0        | 0         | 0         | 6           |
| Sautéed Mushrooms      | 10   | 0       | 0           | 0             | 0            | 0           | 2        | 1         | 1         | 2           |
| Grilled White Onions   | 10   | 0       | 0           | 0             | 0            | 85          | 3        | 1         | 2         | 0           |
| Thick-Cut Bacon        | 100  | 8       | 3           | 0             | 15           | 370         | 0        | 0         | 0         | 8           |
| Guacamole              | 45   | 4.5     | 1           | 0             | 0            | 85          | 3        | 2         | 0         | 1           |
| Mayo - 1 tbsp          | 120  | 13      | 2           | 0             | 10           | 10          | 1        | 0         | 0         | 0           |
| Ketchup - 1 tbsp       | 20   | 0       | 0           | 0             | 0            | 160         | 5        | 0         | 4         | 0           |
| Yellow Mustard - 1 tsp | 0    | 0       | 0           | 0             | 0            | 60          | 0        | 0         | 0         | 0           |

**SANDWICHES** All sandwiches are listed without French fries; see Sides and Substitutions for more nutrition information.

|                                  |         |       |      |       |        |           |       |     |      |       |
|----------------------------------|---------|-------|------|-------|--------|-----------|-------|-----|------|-------|
| Bacon Patty Melt                 | 1300    | 98    | 33   | 3     | 245    | 2290      | 46    | 3   | 8    | 60    |
| Beer Cheese Beef Cheesesteak     | 700     | 28    | 14   | 0.5   | 210    | 2080      | 55    | 4   | 8    | 57    |
| add Sautéed Mushrooms            | 40      | 2     | 0    | 0     | 0      | 220       | 4     | 1   | 1    | 2     |
| Beer Cheese Chicken Cheesesteak  | 720     | 29    | 16   | 0     | 225    | 2870      | 56    | 4   | 9    | 57    |
| Buffalo Ranch Chicken Sandwich   | 750     | 42    | 11   | 1     | 95     | 3820      | 60    | 6   | 7    | 32    |
| Classic Chicken Sandwich         | 640     | 33    | 10   | 1     | 95     | 1800      | 55    | 4   | 4    | 31    |
| Grilled Classic Chicken Sandwich | 410     | 19    | 4.5  | 0     | 60     | 1170      | 34    | 2   | 4    | 27    |
| Kickin' Chicken Sandwich         | 970     | 64    | 18   | 1     | 135    | 3080      | 62    | 5   | 7    | 39    |
| Saucy Chicken Sandwich           | 570-840 | 19-57 | 7-13 | 1-1.5 | 80-105 | 2540-3980 | 57-97 | 4-6 | 5-43 | 31-35 |
| Spicy Chicken Sandwich           | 640     | 34    | 10   | 1     | 100    | 1690      | 56    | 4   | 6    | 29    |

**PROTEIN OPTIONS**

|                                |     |    |   |     |    |      |    |   |   |    |
|--------------------------------|-----|----|---|-----|----|------|----|---|---|----|
| Original Crispy Chicken Breast | 330 | 16 | 6 | 1   | 80 | 1190 | 21 | 2 | 0 | 25 |
| Spicy Crispy Chicken Breast    | 330 | 16 | 6 | 0.5 | 85 | 1080 | 23 | 2 | 2 | 23 |
| Grilled Chicken Breast         | 90  | 1  | 0 | 0   | 45 | 560  | 1  | 0 | 0 | 21 |

**MAKE IT DELUXE**

|                          |    |   |     |   |    |     |   |   |   |   |
|--------------------------|----|---|-----|---|----|-----|---|---|---|---|
| American Cheese          | 70 | 6 | 3.5 | 0 | 20 | 290 | 1 | 0 | 1 | 3 |
| Cheddar Cheese           | 90 | 7 | 4   | 0 | 20 | 140 | 1 | 0 | 0 | 5 |
| Pepper Jack Cheese       | 80 | 6 | 4   | 0 | 20 | 140 | 0 | 0 | 0 | 5 |
| Shredded Iceberg Lettuce | 5  | 0 | 0   | 0 | 0  | 0   | 1 | 0 | 0 | 0 |
| Swiss Cheese             | 80 | 7 | 4   | 0 | 20 | 40  | 0 | 0 | 0 | 6 |
| Tomato Slice             | 5  | 0 | 0   | 0 | 0  | 0   | 1 | 0 | 1 | 0 |

**SIDES & SUBSTITUTIONS**

|                                                          |            |         |         |           |         |             |          |        |       |        |
|----------------------------------------------------------|------------|---------|---------|-----------|---------|-------------|----------|--------|-------|--------|
| Buffalo Chips, Regular / Large                           | 370 / 740  | 15 / 29 | 5 / 9   | 1 / 1     | 10 / 20 | 750 / 1510  | 54 / 108 | 5 / 10 | 0 / 1 | 6 / 13 |
| <b>NEW</b> Buffalo Loaded Fries - at select locations    | 660        | 43      | 15      | 2         | 80      | 2050        | 51       | 3      | 2     | 18     |
| Carrots & Celery, with Ranch Dressing                    | 380        | 34      | 5       | 0.5       | 10      | 680         | 16       | 5      | 10    | 3      |
| Cheddar Cheese Curds, with B-Dubs Dip                    | 790        | 64      | 27      | 2.5       | 130     | 1980        | 25       | 2      | 6     | 29     |
| Chips & Salsa                                            | 520        | 22      | 9       | 1         | 15      | 890         | 72       | 1      | 3     | 8      |
| <b>NEW</b> Crispy Battered French Fries, Regular / Large | 370 / 740  | 18 / 37 | 7 / 14  | 1 / 2     | 15 / 29 | 950 / 1900  | 47 / 94  | 2 / 5  | 0 / 1 | 5 / 9  |
| Garden Side Salad, see Big Salads for Dressings          | 90         | 4.5     | 2.5     | 0         | 15      | 115         | 8        | 3      | 4     | 5      |
| <b>NEW</b> Hatch Queso Bacon Fries - at select locations | 590        | 37      | 14      | 2         | 50      | 1700        | 52       | 3      | 3     | 13     |
| Mac & Cheese                                             | 590        | 33      | 14      | 0         | 70      | 1630        | 50       | 2      | 13    | 21     |
| Onion Rings, with B-Dubs Dip, Regular                    | 820        | 56      | 17      | 2         | 45      | 1550        | 71       | 6      | 14    | 6      |
| Potato Wedges, Regular / Large                           | 370 / 750  | 19 / 38 | 8 / 17  | 1 / 2     | 15 / 30 | 1030 / 2060 | 45 / 90  | 6 / 12 | 1     | 6 / 12 |
| Rice (Hawaii only)                                       | 180        | 0       | 0       | 0         | 0       | 0           | 40       | 0      | 0     | 3      |
| <b>NEW</b> Potato Trio                                   | 1120       | 52      | 20      | 3         | 40      | 2740        | 150      | 8      | 1     | 17     |
| Tots, Regular / Large                                    | 620 / 1240 | 40 / 80 | 17 / 34 | 2.5 / 4.5 | 30 / 60 | 980 / 1950  | 60 / 120 | 7 / 14 | 0 / 1 | 5 / 10 |

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|                                                                                     | Cals      | Fat (g) | Sat Fat (g) | Trans Fat (g) | Cholest (mg) | Sodium (mg) | Carb (g) | Fiber (g) | Sugar (g) | Protein (g) |
|-------------------------------------------------------------------------------------|-----------|---------|-------------|---------------|--------------|-------------|----------|-----------|-----------|-------------|
| <b>OPTIONAL TOPPINGS FOR FRENCH FRIES, POTATO WEDGES, OR TOTS (REGULAR / LARGE)</b> |           |         |             |               |              |             |          |           |           |             |
| New Belgium Fat Tire® Beer Cheese                                                   | 120 / 350 | 9 / 26  | 5 / 16      | 0             | 20 / 65      | 430 / 1300  | 5 / 14   | 0         | 3 / 9     | 5 / 14      |
| Shredded Cheddar Jack Cheese                                                        | 110 / 320 | 9 / 26  | 5 / 15      | 0 / 1         | 25 / 80      | 170 / 520   | 1 / 3    | 0         | 0         | 7 / 20      |
| Hatch Queso                                                                         | 110 / 330 | 8 / 24  | 4.5 / 14    | 0 / 1         | 25 / 80      | 520 / 1550  | 4 / 12   | 0 / 1     | 2 / 7     | 6 / 18      |
| Chili                                                                               | 110 / 330 | 6 / 18  | 2.5 / 7     | 0             | 20 / 60      | 350 / 1040  | 5 / 16   | 2 / 5     | 2 / 5     | 8 / 23      |
| Bacon Crumbles                                                                      | 60 / 170  | 4 / 12  | 1.5 / 5     | 0             | 20 / 55      | 210 / 640   | 0 / 1    | 0         | 0         | 5 / 14      |
| Buffalo Dry Rub                                                                     | 5 / 10    | 0       | 0           | 0             | 0            | 240 / 710   | 1        | 0         | 0         | 0           |
| Chipotle BBQ Dry Rub                                                                | 5 / 10    | 0       | 0           | 0             | 0            | 180 / 540   | 1 / 2    | 0         | 0 / 1     | 0           |
| Desert Heat® Dry Rub                                                                | 5 / 10    | 0       | 0           | 0             | 0            | 125 / 380   | 1 / 2    | 0         | 0 / 1     | 0           |
| Lemon Pepper Dry Rub                                                                | 0 / 5     | 0       | 0           | 0             | 0            | 150 / 440   | 0 / 1    | 0         | 0         | 0           |
| Salt & Vinegar Dry Rub                                                              | 0 / 5     | 0       | 0           | 0             | 0            | 270 / 800   | 0 / 1    | 0         | 0 / 1     | 0           |

**WRAPS & TACOS** All wraps & tacos are listed without French fries unless otherwise noted; see Sides and Substitutions for more nutrition information.

|                                                            |         |       |       |       |        |           |       |     |      |       |
|------------------------------------------------------------|---------|-------|-------|-------|--------|-----------|-------|-----|------|-------|
| Buffalo Ranch Chicken Wrap                                 | 860     | 49    | 15    | 1.5   | 95     | 3240      | 71    | 3   | 6    | 35    |
| Classic Chicken Wrap with Pulled Chicken or Boneless Wings | 680/670 | 25/29 | 11/12 | 0/1   | 145/85 | 2000/1900 | 57/68 | 2/3 | 6/5  | 56/34 |
| Add Signature Sauce - 2 fl oz                              | 60-330  | 0-38  | 0-6   | 0-0.5 | 0-25   | 830-2270  | 2-42  | 0-2 | 0-38 | 0-4   |
| Street Tacos                                               | 630     | 39    | 9     | 0     | 80     | 2140      | 43    | 3   | 4    | 28    |

**BIG SALADS** The following salads include dressing. Alternate dressings available upon request.

|                                                        |      |    |    |     |     |      |    |    |    |    |
|--------------------------------------------------------|------|----|----|-----|-----|------|----|----|----|----|
| Crispy Buffalo Chicken Salad with Bleu Cheese Dressing | 1180 | 78 | 22 | 2   | 215 | 4080 | 71 | 12 | 9  | 50 |
| Chicken Caesar Salad with Caesar Dressing              | 1020 | 73 | 15 | 0.5 | 155 | 3890 | 36 | 7  | 9  | 56 |
| Honey BBQ Chicken Salad with Ranch Dressing            | 1060 | 70 | 15 | 1   | 150 | 2960 | 50 | 8  | 22 | 60 |

**DRESSINGS**

|                                                    |     |    |   |     |    |     |   |   |   |   |
|----------------------------------------------------|-----|----|---|-----|----|-----|---|---|---|---|
| Bleu Cheese Dressing - 2 fl oz                     | 280 | 29 | 6 | 0   | 35 | 550 | 2 | 0 | 2 | 2 |
| Caesar Dressing - 2 fl oz                          | 260 | 26 | 5 | 0   | 20 | 720 | 4 | 0 | 2 | 2 |
| Lite Balsamic with Olive Oil Vinaigrette - 2 fl oz | 140 | 12 | 2 | 0   | 0  | 540 | 6 | 0 | 4 | 0 |
| Ranch Dressing - 2 fl oz                           | 320 | 34 | 5 | 0.5 | 10 | 510 | 2 | 0 | 2 | 1 |
| Southwestern Ranch Dressing - 2 fl oz              | 340 | 37 | 6 | 0.5 | 15 | 800 | 2 | 0 | 1 | 1 |

**KIDS** All kids items are listed without French fries or low-fat milk. See Sides and Beverages below for more nutritional information.

|                               |        |      |       |       |      |          |      |     |      |     |
|-------------------------------|--------|------|-------|-------|------|----------|------|-----|------|-----|
| Bone-In Wings                 | 290    | 16   | 5     | 0     | 145  | 105      | 0    | 0   | 0    | 35  |
| Add Signature Sauce           | 15-80  | 0-9  | 0-1.5 | 0     | 0-5  | 210-570  | 1-11 | 0-1 | 0-10 | 0-1 |
| Boneless Wings                | 240    | 12   | 5     | 1     | 55   | 840      | 14   | 0   | 0    | 19  |
| Add Signature Sauce           | 30-170 | 0-19 | 0-3   | 0     | 0-10 | 420-1140 | 1-21 | 0-1 | 0-19 | 0-2 |
| Cheeseburger                  | 470    | 25   | 11    | 1.5   | 70   | 930      | 34   | 2   | 5    | 27  |
| Grilled Cheese Sandwich       | 470    | 25   | 14    | 0     | 110  | 1380     | 43   | 2   | 6    | 18  |
| Crispy Chicken Dippers        | 380    | 16   | 6     | 1     | 90   | 1280     | 35   | 2   | 0    | 25  |
| Add Signature Sauce - 2 fl oz | 60-330 | 0-38 | 0-6   | 0-0.5 | 0-25 | 830-2270 | 2-42 | 0-2 | 0-38 | 0-4 |
| Grilled Chicken Dippers       | 100    | 0.5  | 0     | 0     | 0    | 760      | 0    | 0   | 0    | 25  |
| Add Signature Sauce - 2 fl oz | 60-330 | 0-38 | 0-6   | 0-0.5 | 0-25 | 830-2270 | 2-42 | 0-2 | 0-38 | 0-4 |
| Mac & Cheese                  | 590    | 33   | 14    | 0     | 70   | 1630     | 50   | 2   | 13   | 21  |

**SIDES**

|                                         |     |    |   |   |    |     |    |   |    |   |
|-----------------------------------------|-----|----|---|---|----|-----|----|---|----|---|
| Carrots                                 | 50  | 0  | 0 | 0 | 0  | 90  | 11 | 3 | 7  | 1 |
| <b>NEW</b> Crispy Battered French Fries | 370 | 18 | 7 | 1 | 15 | 950 | 47 | 2 | 0  | 5 |
| Unsweetened Applesauce                  | 80  | 0  | 0 | 0 | 0  | 0   | 18 | 1 | 16 | 0 |

**DESSERTS** All desserts are listed without accompaniments and toppings. See Accompaniments & Toppings for more nutrition information.

|                                      |     |    |    |     |     |     |    |   |    |    |
|--------------------------------------|-----|----|----|-----|-----|-----|----|---|----|----|
| Chocolate Fudge Cake                 | 530 | 24 | 9  | 0   | 20  | 650 | 76 | 1 | 52 | 7  |
| Ghirardelli® Chocolate Chunk Brownie | 350 | 15 | 4  | 0   | 20  | 210 | 52 | 3 | 32 | 4  |
| New York Style Cheesecake            | 670 | 46 | 27 | 2   | 225 | 490 | 52 | 1 | 42 | 12 |
| Triple Chocolate Chip Cookie         | 410 | 19 | 11 | 0.5 | 55  | 320 | 56 | 1 | 32 | 4  |
| Triple Chocolate Chip Cookie Skillet | 660 | 29 | 17 | 0.5 | 90  | 400 | 95 | 1 | 64 | 7  |

# NUTRITION GUIDE



\* NUTRITION ABBREVIATION KEY ON PAGE 18

|                                                                                                                                                                                                                                                                            | Cals    | Fat<br>(g) | Sat Fat<br>(g) | Trans Fat<br>(g) | Cholest<br>(mg) | Sodium<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Sugar<br>(g) | Protein<br>(g) |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|------------|----------------|------------------|-----------------|----------------|-------------|--------------|--------------|----------------|
| <b>ACCOMPANIMENTS</b>                                                                                                                                                                                                                                                      |         |            |                |                  |                 |                |             |              |              |                |
| Caramel Sauce                                                                                                                                                                                                                                                              | 30      | 0          | 0              | 0                | 0               | 20             | 8           | 0            | 6            | 0              |
| Chocolate Sauce                                                                                                                                                                                                                                                            | 45      | 0          | 0              | 0                | 0               | 20             | 11          | 0            | 10           | 0              |
| Maraschino Cherry                                                                                                                                                                                                                                                          | 5       | 0          | 0              | 0                | 0               | 0              | 1           | 0            | 1            | 0              |
| Vanilla Ice Cream                                                                                                                                                                                                                                                          | 160     | 9          | 5              | 0                | 35              | 50             | 17          | 0            | 14           | 3              |
| Whipped Cream                                                                                                                                                                                                                                                              | 40      | 4.5        | 2.5            | 0                | 15              | 0              | 0           | 0            | 0            | 0              |
| <b>BREAKFAST</b> At participating locations only.                                                                                                                                                                                                                          |         |            |                |                  |                 |                |             |              |              |                |
| American Breakfast, with Bacon or Sausage, JFK Airport                                                                                                                                                                                                                     | 590/660 | 32/42      | 13/16          | 0                | 580/595         | 6870/6730      | 40          | 2            | 3/2          | 33/29          |
| B-Dubs Breakfast Bowl                                                                                                                                                                                                                                                      | 1250    | 85         | 33             | 3.5              | 465             | 2860           | 77          | 1            | 2            | 45             |
| Add Boneless                                                                                                                                                                                                                                                               | 240     | 12         | 5              | 1                | 55              | 840            | 14          | 0            | 0            | 19             |
| Add Signature Sauce                                                                                                                                                                                                                                                        | 30-180  | 0-19       | 0-3            | 0                | 0-10            | 420-1140       | 1-21        | 0-1          | 0-19         | 0-2            |
| Bacon, Egg & Cheese Sandwich                                                                                                                                                                                                                                               | 580     | 33         | 16             | 0                | 405             | 1550           | 37          | 2            | 6            | 30             |
| Boneless Breakfast Wrap                                                                                                                                                                                                                                                    | 1220    | 74         | 26             | 1.5              | 460             | 3360           | 85          | 0            | 6            | 51             |
| Breakfast Sandwich, with Bacon or Sausage, JFK Airport                                                                                                                                                                                                                     | 560/640 | 31/41      | 13/16          | 0                | 580/595         | 6960/6820      | 35          | 2            | 6/5          | 34/31          |
| Breakfast Wrap, with Bacon or Sausage, JFK Airport                                                                                                                                                                                                                         | 690/770 | 36/46      | 14/17          | 0                | 580/595         | 7350/7220      | 52          | 1            | 3            | 38/34          |
| <b>PARTY MENU</b>                                                                                                                                                                                                                                                          |         |            |                |                  |                 |                |             |              |              |                |
| <b>WINGS &amp; ACCOMPANIMENTS</b> Nutritional values below reflect wings and does not include the sauce they are hand-spun in. Each 50 wings and cauliflower wings are served with your choice of 2 sauces (8 fl oz each). See below for more sauce nutrition information. |         |            |                |                  |                 |                |             |              |              |                |
| 50 Count Boneless Wings                                                                                                                                                                                                                                                    | 3030    | 155        | 60             | 9                | 710             | 10470          | 170         | 6            | 3            | 240            |
| 100 Count Boneless Wings                                                                                                                                                                                                                                                   | 6070    | 310        | 120            | 19               | 1425            | 20950          | 340         | 12           | 6            | 479            |
| 150 Count Boneless Wings                                                                                                                                                                                                                                                   | 9100    | 465        | 180            | 28               | 2135            | 31420          | 509         | 18           | 9            | 719            |
| 50 Count Bone-In Wings                                                                                                                                                                                                                                                     | 3600    | 204        | 67             | 4.5              | 1805            | 1340           | 0           | 0            | 0            | 442            |
| 100 Count Bone-In Wings                                                                                                                                                                                                                                                    | 7200    | 408        | 135            | 9                | 3605            | 2670           | 0           | 0            | 0            | 883            |
| 150 Count Bone-In Wings                                                                                                                                                                                                                                                    | 10800   | 612        | 202            | 14               | 5410            | 4010           | 0           | 0            | 0            | 1325           |
| Cauliflower Wings                                                                                                                                                                                                                                                          | 4180    | 229        | 90             | 13               | 260             | 5200           | 465         | 1            | 34           | 64             |
| <b>ACCOMPANIMENTS</b> Each 50 wings are served with 1 serving of carrots and celery and 8 fl oz ranch or bleu cheese dressing.                                                                                                                                             |         |            |                |                  |                 |                |             |              |              |                |
| Carrots and Celery Sticks                                                                                                                                                                                                                                                  | 130     | 0          | 0              | 0                | 0               | 340            | 28          | 9            | 17           | 4              |
| Bleu Cheese Dressing - 8 fl oz                                                                                                                                                                                                                                             | 1130    | 117        | 23             | 2                | 140             | 2190           | 9           | 1            | 7            | 8              |
| Ranch Dressing - 8 fl oz                                                                                                                                                                                                                                                   | 1270    | 136        | 21             | 2                | 30              | 2040           | 9           | 1            | 7            | 2              |
| Pickles - 6 ea (6 ea per 50 Nashville Hot wings)                                                                                                                                                                                                                           | 5       | 0          | 0              | 0                | 0               | 400            | 1           | 0            | 1            | 0              |
| <b>SIGNATURE SAUCES</b>                                                                                                                                                                                                                                                    |         |            |                |                  |                 |                |             |              |              |                |
| Asian Zing® - 8 fl oz                                                                                                                                                                                                                                                      | 690     | 1.5        | 0              | 0                | 0               | 4580           | 166         | 4            | 153          | 3              |
| Black Garlic Glaze - 8 fl oz -<br>limited time, at select locations                                                                                                                                                                                                        | 460     | 0.5        | 0              | 0                | 0               | 3340           | 111         | 2            | 99           | 3              |
| Blazin™ Knockout - 8 fl oz                                                                                                                                                                                                                                                 | 410     | 16         | 2              | 0                | 0               | 7300           | 64          | 4            | 51           | 2              |
| Buffalo Ranch - 8 fl oz                                                                                                                                                                                                                                                    | 440     | 41         | 8              | 0.5              | 55              | 6870           | 14          | 4            | 2            | 3              |
| Caribbean Jerk - 8 fl oz                                                                                                                                                                                                                                                   | 600     | 21         | 4              | 0                | 0               | 2640           | 103         | 4            | 92           | 3              |
| Golden Fire - 8 fl oz                                                                                                                                                                                                                                                      | 500     | 10         | 1              | 0                | 0               | 4070           | 101         | 5            | 89           | 5              |
| Honey BBQ - 8 fl oz                                                                                                                                                                                                                                                        | 540     | 0.5        | 0              | 0                | 0               | 3310           | 134         | 2            | 110          | 2              |
| Honey Garlic - 8 fl oz                                                                                                                                                                                                                                                     | 660     | 3.5        | 0.5            | 0                | 0               | 5640           | 157         | 1.76         | 137          | 3              |
| Hot - 8 fl oz                                                                                                                                                                                                                                                              | 370     | 32         | 5              | 0                | 0               | 8810           | 15          | 3            | 1            | 3              |
| Hot BBQ - 8 fl oz - limited time                                                                                                                                                                                                                                           | 290     | 13         | 2              | 0                | 0               | 5370           | 40          | 4            | 27           | 3              |
| Jammin' Jalapeño - 8 fl oz                                                                                                                                                                                                                                                 | 720     | 0          | 0              | 0                | 0               | 5440           | 160         | 0            | 128          | 0              |
| Lemon Pepper - 8 fl oz                                                                                                                                                                                                                                                     | 1210    | 124        | 24             | 2                | 90              | 4520           | 21          | 4            | 10           | 2              |
| Mango Habanero™ - 8 fl oz                                                                                                                                                                                                                                                  | 600     | 4.5        | 0.5            | 0                | 0               | 3470           | 141         | 3            | 105          | 2              |
| Medium - 8 fl oz                                                                                                                                                                                                                                                           | 260     | 22         | 4              | 0                | 45              | 8700           | 10          | 1            | 0            | 3              |
| Mild - 8 fl oz                                                                                                                                                                                                                                                             | 390     | 37         | 6              | 0.5              | 45              | 7390           | 11          | 1            | 0            | 2              |

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**\* NUTRITION ABBREVIATION KEY ON PAGE 18**

|                            | Cals | Fat (g) | Sat Fat (g) | Trans Fat (g) | Cholest (mg) | Sodium (mg) | Carb (g) | Fiber (g) | Sugar (g) | Protein (g) |
|----------------------------|------|---------|-------------|---------------|--------------|-------------|----------|-----------|-----------|-------------|
| Original Buffalo - 8 fl oz | 890  | 95      | 18          | 1             | 0            | 7900        | 9        | 1         | 1         | 2           |
| Parmesan Garlic - 8 fl oz  | 1030 | 101     | 19          | 1.5           | 95           | 5000        | 24       | 3         | 9         | 9           |
| Spicy Garlic - 8 fl oz     | 370  | 32      | 6           | 0             | 55           | 9060        | 15       | 1         | 0         | 3           |
| Sweet BBQ - 8 fl oz        | 390  | 0.5     | 0           | 0             | 0            | 4470        | 93       | 4         | 68        | 3           |
| Teriyaki - 8 fl oz         | 540  | 0       | 0           | 0             | 0            | 5800        | 120      | 2         | 94        | 15          |
| Thai Curry - 8 fl oz       | 1170 | 115     | 22          | 1.5           | 70           | 7220        | 30       | 5         | 18        | 5           |
| Wild* - 8 fl oz            | 390  | 33      | 5           | 0             | 0            | 6820        | 20       | 3         | 7         | 3           |

**DIPPERS & MORE** See Signature Sauce for more nutrition information.

|                                                                    |           |         |       |       |         |             |         |      |       |      |
|--------------------------------------------------------------------|-----------|---------|-------|-------|---------|-------------|---------|------|-------|------|
| Original Chicken Dippers (25 ea)                                   | 4780      | 201     | 76    | 12    | 1140    | 15950       | 433     | 31   | 0     | 310  |
| B-Dubs Dip - 8 fl oz                                               | 1050      | 103     | 17    | 1.5   | 80      | 3200        | 26      | 2    | 19    | 4    |
| Spicy Chicken Dippers (25 ea)                                      | 4140      | 196     | 69    | 9     | 980     | 14180       | 317     | 29   | 16    | 274  |
| B-Dubs Dip - 8 fl oz                                               | 1050      | 103     | 17    | 1.5   | 80      | 3200        | 26      | 2    | 19    | 4    |
| Grilled Chicken Dippers (25 ea)                                    | 2370      | 29      | 9     | 0     | 1150    | 14000       | 17      | 0    | 0     | 514  |
| B-Dubs Dip - 8 fl oz                                               | 1050      | 103     | 17    | 1.5   | 80      | 3200        | 26      | 2    | 19    | 4    |
| Classic Chicken Wraps with Pulled Chicken or Boneless Wings (6 ea) | 4050/4030 | 149/174 | 68/73 | 2.5/7 | 870/500 | 12030/11380 | 341/410 | 17   | 32    | 206  |
| Add Signature Sauce - 12 fl oz                                     | 390-1970  | 0-227   | 0-37  | 0-3.5 | 0-150   | 3960-13590  | 12-246  | 0-11 | 0-228 | 0-24 |

**APPETIZERS**

|                                                                                    |      |     |    |     |     |       |     |    |    |     |
|------------------------------------------------------------------------------------|------|-----|----|-----|-----|-------|-----|----|----|-----|
| Chili con Queso with Chips                                                         | 3320 | 189 | 93 | 7   | 455 | 9330  | 286 | 30 | 38 | 122 |
| Chips & House-made Guacamole                                                       | 2420 | 152 | 42 | 3.5 | 50  | 3200  | 262 | 30 | 7  | 36  |
| Everything Pretzel Knots, with New Belgium Fat Tire® Beer Cheese and Honey Mustard | 2120 | 113 | 29 | 1   | 110 | 7070  | 226 | 7  | 37 | 47  |
| Hatch Queso with Chips                                                             | 2880 | 165 | 83 | 7   | 370 | 7950  | 265 | 24 | 32 | 92  |
| Party Sampler                                                                      | 4250 | 297 | 91 | 10  | 245 | 11570 | 332 | 18 | 53 | 67  |

**SIDES**

|                                   |      |     |     |     |     |       |     |    |    |     |
|-----------------------------------|------|-----|-----|-----|-----|-------|-----|----|----|-----|
| Baked Mac & Cheese                | 3870 | 227 | 102 | 3.5 | 505 | 10280 | 303 | 11 | 76 | 148 |
| Caesar Salad with Caesar Dressing | 1570 | 121 | 25  | 0   | 95  | 4000  | 89  | 11 | 15 | 31  |
| Chips & Salsa                     | 1770 | 71  | 29  | 3.5 | 50  | 4790  | 256 | 31 | 24 | 29  |
| Potato Wedges                     | 2240 | 113 | 50  | 7   | 95  | 6190  | 270 | 36 | 4  | 36  |
| Add Bacon Crumbles                | 460  | 33  | 13  | 0   | 140 | 1700  | 4   | 1  | 1  | 37  |
| Add Beer Cheese                   | 470  | 34  | 21  | 0   | 85  | 1730  | 18  | 0  | 11 | 18  |
| Add Cheddar Jack Cheese           | 650  | 52  | 31  | 2   | 160 | 1040  | 5   | 1  | 0  | 40  |
| Add Hatch Queso                   | 440  | 32  | 18  | 1   | 110 | 2060  | 16  | 1  | 9  | 23  |

**SWEETS**

|                                       |       |     |     |    |      |      |      |    |     |     |
|---------------------------------------|-------|-----|-----|----|------|------|------|----|-----|-----|
| Whole Cheesecake with Caramel Sauce   | 11110 | 738 | 433 | 32 | 3610 | 8070 | 923  | 16 | 740 | 193 |
| Whole Cheesecake with Chocolate Sauce | 11270 | 739 | 434 | 32 | 3600 | 8090 | 965  | 16 | 790 | 197 |
| Whole Chocolate Fudge Cake            | 7420  | 336 | 126 | 0  | 280  | 9100 | 1064 | 14 | 728 | 98  |

**BEVERAGES**

**HANDCRAFTED & ZERO PROOF**

|                                             |     |   |   |   |    |     |    |   |    |   |
|---------------------------------------------|-----|---|---|---|----|-----|----|---|----|---|
| Deluxe Shirley Temple - at select locations | 310 | 3 | 0 | 0 | 0  | 30  | 71 | 0 | 70 | 0 |
| Orange Cream - at select locations          | 270 | 6 | 4 | 0 | 20 | 60  | 55 | 0 | 54 | 1 |
| Passionita                                  | 120 | 0 | 0 | 0 | 0  | 100 | 29 | 0 | 26 | 0 |
| Peach Tea - at select locations             | 130 | 0 | 0 | 0 | 0  | 25  | 34 | 0 | 32 | 0 |
| Red Bull Watermelon Punch                   | 290 | 0 | 0 | 0 | 0  | 110 | 73 | 0 | 67 | 1 |
| Spicy Marg-No-Rita                          | 100 | 0 | 0 | 0 | 0  | 95  | 24 | 1 | 19 | 0 |
| Strawberry Dirty Soda - at select locations | 280 | 3 | 0 | 0 | 0  | 40  | 65 | 0 | 64 | 0 |
| Strawberry Lemonade                         | 170 | 0 | 0 | 0 | 0  | 115 | 46 | 1 | 43 | 0 |



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\* NUTRITION ABBREVIATION KEY ON PAGE 18

|                                                                                                          | Cals | Fat<br>(g) | Sat Fat<br>(g) | Trans Fat<br>(g) | Cholest<br>(mg) | Sodium<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Sugar<br>(g) | Protein<br>(g) |
|----------------------------------------------------------------------------------------------------------|------|------------|----------------|------------------|-----------------|----------------|-------------|--------------|--------------|----------------|
| <b>SODAS &amp; MORE</b> (Nutritional values for soda are based on 20 oz cups with standardized ice fill) |      |            |                |                  |                 |                |             |              |              |                |
| Diet Pepsi®                                                                                              | 0    | 0          | 0              | 0                | 0               | 35             | 0           | 0            | 0            | 0              |
| Dr Pepper®                                                                                               | 100  | 0          | 0              | 0                | 0               | 50             | 26          | 0            | 26           | 0              |
| Mountain Dew®                                                                                            | 110  | 0          | 0              | 0                | 0               | 50             | 30          | 0            | 30           | 0              |
| Mug® Root Beer                                                                                           | 100  | 0          | 0              | 0                | 0               | 30             | 26          | 0            | 26           | 0              |
| Pepsi®                                                                                                   | 100  | 0          | 0              | 0                | 0               | 30             | 28          | 0            | 28           | 0              |
| Pepsi Zero®                                                                                              | 0    | 0          | 0              | 0                | 0               | 45             | 0           | 0            | 0            | 0              |
| Starry™                                                                                                  | 100  | 0          | 0              | 0                | 0               | 20             | 26          | 0            | 26           | 0              |
| Tropicana® Lemonade                                                                                      | 100  | 0          | 0              | 0                | 0               | 105            | 27          | 0            | 27           | 0              |
| Fresh-Brewed Lipton® Unsweetened Iced Tea                                                                | 0    | 0          | 0              | 0                | 0               | 10             | 1           | 0            | 0            | 0              |
| Sweet Tea - at select locations                                                                          | 110  | 0          | 0              | 0                | 0               | 10             | 29          | 0            | 28           | 0              |
| Lipton Brisk® Iced Tea - at select locations                                                             | 70   | 0          | 0              | 0                | 0               | 50             | 18          | 0            | 18           | 0              |
| Coffee                                                                                                   | 0    | 0          | 0              | 0                | 0               | 0              | 0           | 0            | 0            | 0              |
| Aquafina Bottled Water                                                                                   | 0    | 0          | 0              | 0                | 0               | 0              | 0           | 0            | 0            | 0              |
| bubly™ sparkling water - at select locations                                                             | 0    | 0          | 0              | 0                | 0               | 0              | 0           | 0            | 0            | 0              |
| Mug® Root Beer Bottle                                                                                    | 260  | 0          | 0              | 0                | 0               | 105            | 72          | 0            | 71           | 0              |
| Lowfat Milk - at select locations                                                                        | 110  | 2.5        | 1.5            | 0                | 10              | 110            | 12          | 0            | 12           | 8              |
| Chocolate Milk - at select locations                                                                     | 140  | 2.5        | 1.5            | 0                | 10              | 130            | 22          | 1            | 22           | 9              |
| Apple Juice - at select locations                                                                        | 80   | 0          | 0              | 0                | 0               | 10             | 20          | 0            | 19           | 0              |
| Orange Juice - at select locations                                                                       | 80   | 0          | 0              | 0                | 0               | 45             | 22          | 0            | 22           | 1              |
| <b>FLAVORS</b>                                                                                           |      |            |                |                  |                 |                |             |              |              |                |
| Black Cherry                                                                                             | 50   | 0          | 0              | 0                | 0               | 0              | 12          | 0            | 12           | 0              |
| Mango                                                                                                    | 50   | 0          | 0              | 0                | 0               | 0              | 13          | 0            | 13           | 0              |
| Passion Fruit                                                                                            | 50   | 0          | 0              | 0                | 0               | 0              | 12          | 0            | 12           | 0              |
| Peach                                                                                                    | 50   | 0          | 0              | 0                | 0               | 0              | 12          | 0            | 12           | 0              |
| Pineapple                                                                                                | 50   | 0          | 0              | 0                | 0               | 0              | 13          | 0            | 13           | 0              |
| Strawberry                                                                                               | 50   | 0          | 0              | 0                | 0               | 0              | 12          | 0            | 12           | 0              |
| Watermelon                                                                                               | 50   | 0          | 0              | 0                | 0               | 0              | 12          | 0            | 12           | 0              |
| <b>MIXERS</b> At participating locations only                                                            |      |            |                |                  |                 |                |             |              |              |                |
| Ginger Beer                                                                                              | 80   | 0          | 0              | 0                | 0               | 15             | 20          | 0            | 18           | 0              |
| Tonic                                                                                                    | 50   | 0          | 0              | 0                | 0               | 12             | 12          | 0            | 9            | 0              |
| Club Soda                                                                                                | 0    | 0          | 0              | 0                | 0               | 35             | 0           | 0            | 0            | 0              |
| 0 Hibiscus Ginger Beer                                                                                   | 90   | 0          | 0              | 0                | 0               | 10             | 20          | 0            | 20           | 0              |
| Red Bull®                                                                                                | 110  | 0          | 0              | 0                | 0               | 105            | 28          | 0            | 27           | 0              |
| Red Bull® Sugarfree                                                                                      | 10   | 0          | 0              | 0                | 0               | 100            | 3           | 0            | 0            | 0              |
| Red Bull® Peach Edition (White Peach)                                                                    | 110  | 0          | 0              | 0                | 0               | 90             | 28          | 0            | 27           | 0              |
| Red Bull® Sea Blue Edition (Juneberry)                                                                   | 110  | 0          | 0              | 0                | 0               | 90             | 28          | 0            | 26           | 0              |
| Red Bull® Red Edition (Watermelon)                                                                       | 110  | 0          | 0              | 0                | 0               | 90             | 28          | 0            | 26           | 0              |
| <b>COCKTAILS</b> At participating locations only                                                         |      |            |                |                  |                 |                |             |              |              |                |
| B-Dubs Bloody Mary - at select locations                                                                 | 140  | 1.5        | 0              | 0                | 0               | 1450           | 8           | 2            | 4            | 2              |
| Blue Long Island Iced Tea                                                                                | 220  | 0          | 0              | 0                | 0               | 40             | 26          | 0            | 24           | 0              |
| Blue Watermelon Cooler                                                                                   | 190  | 0          | 0              | 0                | 0               | 20             | 29          | 0            | 26           | 0              |
| Boozy Dunkin' Cold Brew                                                                                  | 300  | 8          | 5              | 0                | 30              | 25             | 31          | 0            | 28           | 1              |
| Bourbon Old Fashioned - at select locations                                                              | 200  | 0          | 0              | 0                | 0               | 0              | 16          | 0            | 15           | 0              |
| Buffalo Trace Old Fashioned - at select locations                                                        | 220  | 0          | 0              | 0                | 0               | 0              | 18          | 0            | 18           | 0              |
| Buffalo Zoo - limited time                                                                               | 240  | 0          | 0              | 0                | 0               | 20             | 30          | 0            | 26           | 1              |

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|                                                                                                                                                                                                          | Cals | Fat (g) | Sat Fat (g) | Trans Fat (g) | Cholest (mg) | Sodium (mg) | Carb (g) | Fiber (g) | Sugar (g) | Protein (g) |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|---------|-------------|---------------|--------------|-------------|----------|-----------|-----------|-------------|
| Caesar - at select locations (ND & SD only)                                                                                                                                                              | 180  | 0       | 0           | 0             | 0            | 1370        | 19       | 1         | 7         | 1           |
| Classic Espresso Martini                                                                                                                                                                                 | 210  | 0       | 0           | 0             | 0            | 25          | 24       | 0         | 21        | 0           |
| House Margarita                                                                                                                                                                                          | 230  | 0       | 0           | 0             | 0            | 800         | 27       | 1         | 21        | 0           |
| Old Fashioned                                                                                                                                                                                            | 220  | 0       | 0           | 0             | 0            | 0           | 16       | 0         | 15        | 0           |
| Mezcal Margarita                                                                                                                                                                                         | 230  | 0       | 0           | 0             | 0            | 190         | 24       | 1         | 19        | 0           |
| Modelo Michelada                                                                                                                                                                                         | 140  | 0       | 0           | 0             | 0            | 1320        | 16       | 1         | 2         | 1           |
| Old Fashioned                                                                                                                                                                                            | 200  | 0       | 0           | 0             | 0            | 0           | 16       | 0         | 15        | 0           |
| Patrón Margarita                                                                                                                                                                                         | 220  | 0       | 0           | 0             | 0            | 0           | 24       | 1         | 15        | 0           |
| Red Bull® Sunrise                                                                                                                                                                                        | 400  | 0       | 0           | 0             | 0            | 105         | 74       | 1         | 67        | 1           |
| Red, White & Booze - at select locations                                                                                                                                                                 | 380  | 0       | 0           | 0             | 0            | 40          | 60       | 0         | 57        | 0           |
| Salted Caramel Espresso Martini                                                                                                                                                                          | 330  | 6       | 3           | 0             | 30           | 40          | 36       | 0         | 32        | 0           |
| Spicy Margarita                                                                                                                                                                                          | 230  | 0       | 0           | 0             | 0            | 190         | 23       | 1         | 19        | 0           |
| Spicy Pickle Bloody Mary                                                                                                                                                                                 | 140  | 1.5     | 0           | 0             | 0            | 1750        | 7        | 2         | 3         | 2           |
| Strawberry Margarita                                                                                                                                                                                     | 260  | 0       | 0           | 0             | 0            | 800         | 34       | 1         | 29        | 0           |
| Tito's® Spiked Lemonade                                                                                                                                                                                  | 270  | 0       | 0           | 0             | 0            | 35          | 37       | 0         | 35        | 0           |
| Top Shelf Long Island Iced Tea                                                                                                                                                                           | 290  | 0       | 0           | 0             | 0            | 60          | 35       | 0         | 33        | 0           |
| Tropical Margarita                                                                                                                                                                                       | 280  | 0       | 0           | 0             | 0            | 95          | 40       | 1         | 34        | 0           |
| <b>WINE</b> At participating locations only                                                                                                                                                              |      |         |             |               |              |             |          |           |           |             |
| Barefoot, Pinot Grigio / 6.7 fl oz                                                                                                                                                                       | 160  | 0       | 0           | 0             | 0            | 30          | 4        | 0         | 6         | 0           |
| Butter, Chardonnay / 8.4 fl oz                                                                                                                                                                           | 210  | 0       | 0           | 0             | 0            | 10          | 5        | 0         | 2         | 0           |
| Josh, Chardonnay / 12.7 fl oz                                                                                                                                                                            | 310  | 0       | 0           | 0             | 0            | 20          | 8        | 0         | 4         | 0           |
| Barefoot, Cabernet Sauvignon / 6.7 fl oz                                                                                                                                                                 | 160  | 0       | 0           | 0             | 0            | --          | 5        | 0         | --        | 0           |
| Archer Roose, Pinot Noir / 8.4 fl oz                                                                                                                                                                     | 200  | 0       | 0           | 0             | 0            | --          | 6        | 0         | --        | 0           |
| Josh, Cabernet Sauvignon / 12.7 fl oz                                                                                                                                                                    | 310  | 0       | 0           | 0             | 0            | --          | 10       | 0         | --        | 0           |
| Francis Coppola, Prosecco / 187 mL                                                                                                                                                                       | 160  | 0       | 0           | 0             | 0            | 0           | 2        | 0         | 0         | 0           |
| Graham & Fish, Moscato w/ Bubbles / 250 mL                                                                                                                                                               | 210  | 0       | 0           | 0             | 0            | 0           | 3        | 0         | 0         | 0           |
| Due to the rotating nature of our beer menu, please visit <a href="http://beerboard.com">beerboard.com</a> for all nutrition information related to beers, ciders and seltzers on tap, cans, or bottles. |      |         |             |               |              |             |          |           |           |             |

**\*NUTRITION ABBREVIATION KEY**

|                        |                                |                              |                                   |                          |
|------------------------|--------------------------------|------------------------------|-----------------------------------|--------------------------|
| <b>CALS = CALORIES</b> | <b>SAT FAT = SATURATED FAT</b> | <b>CHOLEST = CHOLESTEROL</b> | <b>CARB = TOTAL CARBOHYDRATES</b> | <b>SUGAR = SUGAR</b>     |
| <b>FAT = TOTAL FAT</b> | <b>TRANS FAT = TRANS FAT</b>   | <b>SODIUM = SODIUM</b>       | <b>FIBER = TOTAL FIBER</b>        | <b>PROTEIN = PROTEIN</b> |

The nutritional content included in this guide was calculated using nutritional values sourced from suppliers, independent laboratories, and the USDA Agricultural Research Service Nutrient Data Laboratory. The rounding of figures is based on Food and Drug Administration guidelines.

None of our menu items contain artificial trans fat. However, our menu items may contain small amounts of naturally-occurring trans fat, commonly found in some meat and dairy products, which is permissible by law.

While we strive to provide complete and accurate nutrition information, ingredient variations may occur due to natural variability within ingredients or variations that occur due to the hand-crafted nature of our menu items, guest substitutions, and regional availability of products. In addition, menu offerings may vary by restaurant and may not be available at all locations; test products, test recipes, limited time offers, or regional items may not be included. If you have any questions about this information, please visit our Contact page.

This guide is updated periodically; we suggest you check back each time you dine with us.

 Menu items marked with the protein icon contain more than 50 grams of protein, adjusted for quality and digestibility using Protein Digestibility-Corrected Amino Acid Score (PDCAAS). This method reflects how efficiently the body can use the protein in the food.

Only standard menu builds were evaluated, and modifications or substitutions may change the total protein and affect eligibility for the icon. Shareable or large-format menu items were not included, as they do not have defined individual portion sizes.