Reference Highsmith MJ, Kahle JT, Lura DJ, Dubey RV, Carey SL, Quillen WS, Mengelkoch LJ.

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# Short and mid-distance walking and posturography with a novel microprocessor knee

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Products	Genium vs C-Leg
Major Findings	With Genium compared to C-Leg:
	<ul> <li>→ Movement control in all three backward directions improved by up to 10%</li> <li>→ Walking velocities during short- and mid-distance are maintained whereas levels of perceived exertion tend to decrease</li> </ul>

## Improved limits of stability with Genium



Limits of stability (LOS) was measured by Biodex Balance SD system.

Population	Subjects:	20 unilateral, transfemoral amputees		
	Previous prosthesis:	C-Leg		
	Amputation causes:	70% trauma, 20% malignancy, 10% vascular disease		
	Mean age:	46.5 yrs (± 14.2 yrs)		
	Mean time since amputation:	17.7 yrs (± 15.6 yrs)		
	MFCL:	K3 - K4 (ambulate without assistive device within community)		

#### Interventional, randomized crossover design:



## Results

Activities								Participation	Environment
Level walking	Stairs	Ramps, Hills	Uneven ground, Obstacles	Cognitive demand	Metabolic energy consump- tion	Safety	Activity, Mobility, ADLs	Preference, Satisfac- tion, QoL	Health economics

Category	Outcomes	Results for Genium compared to C-Leg	Sig.*
Level Walking	75 m self-selected walk- ing speed (SSWS)	Walking velocity increased by 2% (1.17 m/s vs 1.15 m/s).	+
		Perceived exertion was rated lower.	+
	75 m fastest possible walking speed (FPWS)	No difference in walking velocity. Perceived exertion was rated lower.	0 +
	6 m fastest possible	No difference in walking velocity.	0
	walking speed (FPWS)	Perceived exertion was rated lower.	+
Uneven Ground,	38 m fastest possible	No difference in walking velocity.	0
Obstacle Course	walking speed (FPWS), sloping terrain over trimmed grass, sand, rocks, and small roots	Perceived exertion was rated lower.	+
Safety	Postural stability and limits of stability (LOS)	No differences in postural stability.	0
	both measured by Biodex	Movement control:	
	Balance SD system	Improved by 10% in backward sound side direction	++
		Improved by 10% in backward direction	+
		Improved by 9% in backward amputated side direction	+
		Decreased by 6% in forward sound side direc- tion	-
		Improved by 8% in forward direction	+
		Decreased by 12% in forward amputated side direction	
		Time to complete LOS test tended to be de- creased by 2%.	+

\* no difference (0), positive trend (+), negative trend (-), significant (++/--), not applicable (n.a.)

## Author's Conclusion

'During short to mid-distances, the Genium knee sustains the walking speed improvements realized by the C-Leg with a trend toward decreased levels of perceived exertion. In terms of directional control, TFAs demonstrate multidirectional impairment compared with nonamputees. However, C-Leg use results in improved anterolateral directional control compared with Genium, possibly due to the toe load requirement needed to initiate swing phase knee flexion. Conversely, Genium use results in a trend of movement control improvements in all three rearward directions compared with the C-Leg., (Highsmith et al. 2014)

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