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## Reference

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# Changes in performance over time while learning to use a myoelectric prosthesis

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## Products

**Myoelectric simulator - MyoHand VariPlus Speed**

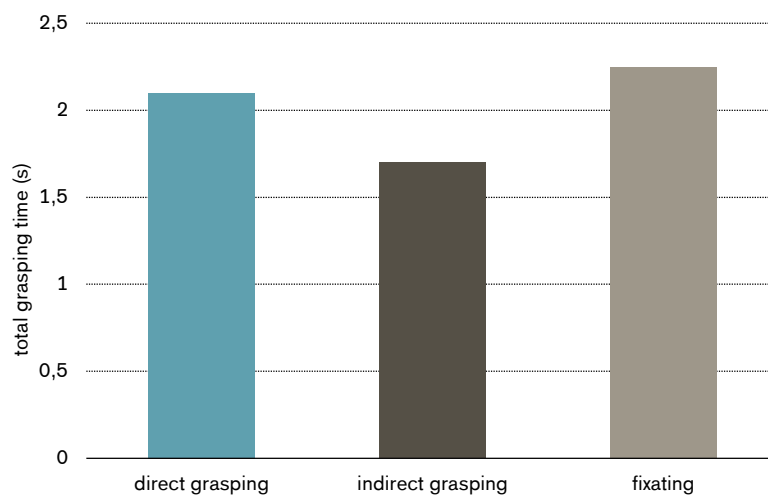
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## Major Findings

For different types of practice:

- **A training program should spend more time on learning fine control aspects such as grip force control**
- **Training should start with the indirect grasping tasks (handing over an object from the unaffected hand to the prosthetic hand)**
- **Patients should train in a blocked repeated fashion**

### Time needed to grasp a low resistance objects



Participant needed the shortest amount of time to hand over an object from the unaffected hand to the prosthetic hand (indirect grasping) than to directly grasp an object or to fix it (e.g. unbutton and buttoning).

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## Population

Subjects:	62 healthy, able-bodied participants
Previous:	none
Amputation causes:	none
Mean age:	21 ± 2 years
Mean time since amputation:	none

