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Impact of C-LEG on mobility, satisfaction and quality of life in a multicenter cohort of femoral amputees

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Products	C-Leg						
Major Findings	With C-Leg compared to previous knee joint (mostly non-microprocessor controlled knees "NMPKs"):						
	→ Significantly increased mobility LCI-5 global score increased significantly by 11.2%						
	→ Higher satisfaction QUEST 2.0 global score increased significantly by 19.6%						
	→ Improved physical quality of life SF-36 v2 physical component score improved significantly by 11.4%						
	ightarrow Higher daily use of the prosthesis and decreased use of walking aids.						
	→ Reduced risk of falling Number of subjects that reported of never falling increased from 9 (20%) with previous prosthesis to 39 (87%) with C-Leg.						
	Decreased use of walking aids						
	<u>s</u> 40						

30 30 30 10 10 No walking aids C-Leg Previous prosthesis

Population	Subjects:	75 prosthetic users (55 women, 20 men): - 89% transfemoral, 3% knee disarticulation, 8% hip disarticulation - 96% unilateral, 4% bilateral			
	Previous knee joint:	 96% NMPK (83% free with hydraulic/pneumatic assistance, 7% free mechanical, 4% break knee, 2% locked knee) and 4% micro-processor controlled knee "MPK". 59% traumatic, 27% tumor, 8% vascular, 2% congenital, 1% diabetic, 6% other 			
	Amputation causes:				
	Mean age: Mean time since amputation:	47.6 ± 14.1 years 15.8 ± 14.8 years			

Study Design

Real World Evidence: Prospective, multicenter cohort study:



The study was conducted in 25 rehabilitation centers in France (detailed list of active investigators/centers can be found at the end of this document), with an inclusion period from May 13, 2013 to June 15, 2015. Clinical data was recorded for 100 participants, of which 75 were already prosthetic users at the time of enrollment and 25 who had not been fitted previously. During the study, 30 participants were lost to follow-up for different reasons. Data was analysed for 45 participants who were prosthetic users at enrollment and were assessed with C-Leg at T2. C-Leg data (T2) were compared to baseline (T0) conducted with the previous prosthesis. Furthermore, C-Leg data (T2) was collected for 11 participants having no previous prosthetic experience (no baseline).

Results

Functions and Activities						Participation			Environment
Level walking	Stairs	Ramps, Hills	Uneven ground, Obstacles	Cognitive demand	Metabolic Energy Consump- tion	Safety	Activity, Mobility, ADLs	Preference, Satisfac- tion, QoL	Health Economics
Category		Outcomes		Results for C-Leg compared to previous fitting					Sig.*
Safety		Number of falls		The number of subjects that reported of never falling increased significantly (from 9 with previous prosthe- sis to 39 with C-Leg)					++
Activity, Mobility, Activities of Daily Living (ADLs)		LCI-5 (Locomotor Cability Index)		The LCI-5 global score increased significantly by 11.2%. <i>Basic activities score: +9,8%</i>					++
									++
				Advanced activities score: +13%					++
		Daily use		Higher number of participants that reported to use their prosthesis more than 12hours per day (17 with previous prosthesis to 25 with C-Leg)					++
		Number of walking aids		Significant The numbe creased fro (76%) with	tly decreaser of partici om 21 with C-Leg	ed used of ipants with previous p	<u>f walking a</u> nout walki prosthesis	aids: ng aids in- (48%) to 34	++
				The number of participants that used at least one crutch decreased significantly (from 23 with previous prosthesis to 11 with C-Leg)				++	
Preference, Satisfaction, Quality of Life (QoL)		QUEST 2 bec User	.0 (Que- Evaluation	The QUEST global score increased significantly by 19.6%.				++	
		of Satisfaction with		Technology score: 26.1%					++
		assistive Device)		Service score: +6.5%					++
		SF-36 (Sh 36, v2)	nort Form	All sub-scor er quality of	res of SF-36 life.	8 were incre	eased, indi	cating a high	- +
				Physical component score: +11.4%				++	
				Mental component score: +5.5%				+	

* no difference (0), positive trend (+), negative trend (-), significant (++/--), not applicable (n.a.)

Author's Conclusion

"This study suggests that active transfemoral amputees with a prescribed C-LEG may show improved locomotor ability, satisfaction and physical component of quality of life as compared with the experience with a previous mechanical device. Data also suggest that some moderately active amputees may benefit from such a device with electronically controlled stance and swing phases." (Lansade et al., 2020)

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