






Vets' List Workouts Versus Routine Workouts Under the ADMC Program

		Routine Work	Vets' List Work
 <p>Scheduling requests and notifications</p>	Handled by Responsible Person	N/A	Request appointment with regulatory veterinarian ≥ 48 hrs in advance of desired work date and time.
	Handled by regulatory veterinarian	N/A	Contact HIWU ≥ 48 hrs to schedule sample collection personnel
 <p>Sample Collection Timing</p>		Performed within 1 hour after workout	Performed after post-work soundness assessment by regulatory veterinarian
 <p>Substances/Methods</p>	Furosemide	Permitted in all horses	Permitted in all horses
	Controlled Medication Substances	NSAIDs, *corticosteroids, local anesthetics, and analgesics are prohibited in routine work samples	Controlled Medication Substances controlled consistent with post-race requirements
	Banned Substances	Prohibited	Prohibited
	Stacking of NSAIDs	Prohibited	Prohibited
	Stacking of Corticosteroids	Prohibited	Prohibited
	Intra-articular injections	Prohibited within 7 days	Prohibited within 14 days
 <p>Testing Fee</p>		None	First Vets' List work for a horse in a 12-month period: No Fee. Subsequent Vets' List test(s) for the same horse in a 12-month period: Fee for service.
 <p>Testing Results</p>	Negative Test	Reported w/in 5 business days of lab receipt of sample	Reported w/in 5 business days of lab receipt of sample
	Positive Test (Adverse Analytical Finding) / Atypical Finding	Reported w/in 10 business days of lab receipt of sample	Reported w/in 10 business days of lab receipt of sample
	Positive Test (Adverse Analytical Finding) pursued as violation?	Yes	Yes

***Corticosteroids Screening Limits**

Betamethasone: 10 pg/mL | Dexamethasone: 5 pg/mL | Isoflupredone: 100 pg/mL

Methylprednisolone: 100 pg/mL | Triamcinolone: 100 pg/mL

The interval between treatment using methylprednisolone and a routine workout should be greater than seven days.

