Vets' List Workouts Versus Routine Workouts Under the ADMC Program

HIWU — Horseracing Integrity & Welfare Unit

		Routine Work	Vets' List Work
Scheduling requests and notifications	Handled by Responsible Person	N/A	Request appointment with regulatory veterinarian ≥ 48 hrs in advance of desired work date and time.
	Handled by regulatory veterinarian	N/A	Contact HIWU ≥ 48 hrs to schedule sample collection personnel
Sample Collection Timing		Performed within 1 hour after workout	Performed after post-work soundness assessment by regulatory veterinarian
Substances/Methods	Furosemide	Permitted in all horses	Permitted in all horses
	Controlled Medication Substances	NSAIDs, *corticosteroids, local anesthetics, and analgesics are prohibited in routine work samples	Controlled Medication Substances controlled consistent with post-race requirements
	Banned Substances	Prohibited	Prohibited
	Stacking of NSAIDs	Prohibited	Prohibited
	Stacking of Corticosteroids	Prohibited	Prohibited
	Corticosteroid intra-articular injection of fetlock joint	Prohibited within 14 days	Prohibited within 30 days
	All other intra-articular injections except polyacrylamide hydrogels	Prohibited within 7 days	Prohibited within 14 days
Testing Fee		None	First Vets' List work for a horse in a 12-month period: No Fee. Subsequent Vets' List test(s) for the same horse in a 12-month period: Fee for service.
Testing Results	Negative Test	Reported w/in 5 business days of lab receipt of sample	Reported w/in 5 business days of lab receipt of sample
	Positive Test (Adverse Analytical Finding) / Atypical Finding	Reported w/in 10 business days of lab receipt of sample	Reported w/in 10 business days of lab receipt of sample
	Positive Test (Adverse Analytical Finding) pursued as violation?	Yes	Yes

*Corticosteroids Screening Limits
Betamethasone: 10 pg/mL | Dexamethasone: 5 pg/ml | Isoflupredone: 100 pg/mL
Methylprednisolone: 100 pg/mL | Triamcinolone: 100 pg/mL
The interval between treatment using methylprednisolone and a routine workout should be greater than seven days.