

The restrictions below apply in relation to races and Vets' List workouts. Outside of those circumstances, electrolytes may be administered at any time.

## Permitted at any time...

- Salt and mineral blocks may be made available to a horse at any time.
- Unsupplemented isotonic electrolyte solutions may be consumed by free choice by the horse, i.e., electrolyte water in the stall, at any time.



## Permitted up to 24 hours before...

- Electrolytes that are administered orally are permitted up to 24 hours before a horse's scheduled race or Vets' List workout. Examples that fall in this category include powders that are top-dressed or mixed in the feed, as well as electrolytes administered via paste.
- Unsupplemented isotonic electrolyte solutions such as Lactated Ringer's solution are permitted up to 24 hours before a horse's scheduled race Vets' List workout when administered intravenously.



## Permitted up to 48 hours before...

- Electrolytes administered via nasogastric (stomach) tube are permitted up to 48 hours prior to a horse's scheduled race or Vets' List workout.

