

HOTEL & SPA ****
Le SAINT GERVAIS

TREATMENT MENU

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MASSAGES BY LE SAINT GERVAIS

MASSAGE OF THE MOMENT ^{New!}

Ephemeral massage, this treatment varies according to the period (for more information, contact the Spa).

30 MINS - 65€ | 45 MINS - 95€ | 60 MINS - 120€

CUSTOMIZED MASSAGE

Let our experts pamper you with a custom massage, adapted to your desires of the moment.

30 MINS - 65€ | 45 MINS - 95€ | 60 MINS - 120€

90 MINS - 170€

KIDS MASSAGE

Massage designed for children from 4 to 12 years. Back, neck, face, arms and feet are delicately massaged

30 MINS - 55€

MASSAGE PARENT/ENFANT

Share this moment of relaxation with your child.

30 MINS - 120€

MASSAGES BY COMFORT ZONE

TRANQUILITY™ PRO SLEEP

Emblematic ritual of the brand. Enveloping massage, with gentle and slow gestures. It coats the body with well-being and softness. It combines manual movements and techniques with brushes dipped in hot oil.

30 MINS - 65€ | 60 MINS - 120€

TRANQUILITY™ FACE&BODY

The quintessence of a global treatment. An offer that allows absolute relaxation since it combines an anti-aging facial massage and body massage with essential oils and warm brushes.

75 MINS - 150€ | 90 MINS - 170€

BACK & NECK

Intensive treatment for head, neck, shoulders and back. Thanks to its relaxing and restorative action, it brings immediate relief to people with poor posture, accumulated stress or chronic fatigue.

30 MINS - 65€ | 60 MINS - 120€

ACTIVE TONING TREATMENT

Sports treatment, sculpting to recover after intense efforts.

Tensions are released, the body is remineralized, toxins are eliminated.

60 MINS - 120€

3IN1 HOT COLD TREATMENT

Intensive remodeling treatment, ideal for treating cellulite and improving microcirculation, with visible effects after just one treatment.

75 MINS - 150€

NEW LIFE MUM

A gentle elasticizing, nurturing massage, perfect for during pregnancy as well as post-pregnancy. It reduces swelling, improves circulation and contributes to skin silkiness and tone.

30 MINS - 65€ | 60 MINS - 120€

BODY CARE BY COMFORT ZONE

TRANQUILITY™ SCRUB

Real two-in-one, aromatherapy treatment to exfoliate and massage.

It deeply purifies and stimulates cell renewal. The scrub is carried out following a precise scenography so that the sugar pearls coated in essential oils remove impurities and refine the skin texture.

30 MINS - 65€

HIMALAYAN SALT

The exclusive lithotherapy treatment. It provides a complete detoxification thanks to a wrap composed of vegetable oils and Himalayan salts to recharge the body in depth. Toxins are eliminated thanks to the scrub and salt stones massage the body to release stress and frenzy of everyday life.

90 MINS - 170€

FACIAL CARE BY COMFORT ZONE

THE ESSENTIALS

HYDRAGLOW

Intense skincare for deep hydration and a radiant complexion.

The two massages inspired by cryotherapy with ice spoons provide well-being and brightness.

30 MINS - 65€ | 60 MINS - 120€

ACTIVE PURENESS

If your skin is oily, scarred or acne-prone, this is the perfect choice! This deep purifying facial rebalances and reduces pores and blackheads.

30 MINS - 65€ | 60 MINS - 120€

REMEDY SOOTHING

This treatment soothes, calms and relieves the skin of inflammation and strengthens the protective barrier of the skin.

60 MINS - 120€

RECOVER TOUCH

Nurture your skin and recover from the damage caused by sun, pollution, and aging. Leaves the skin soft and replenished.

60 MINS - 120€

THE SPECIFICS

SUPER PEEL

An intensive double peel which can be customized according to the skin condition for a visible reduction of expression lines and wrinkles, and exceptional smoothness.

60 MINS - 120€

PRO-LIFT

The ideal professional treatment to firm, plump and regenerate the skin. The combination of a second skin peel-off mask and specific manual techniques inspired by Kobido reactivate and redefinish the skin.

60 MINS - 120€

ADD-INS

EYE RECOVERY

Triple action against dark circles, puffiness and wrinkles, providing immediate lifting and luminosity.

15 MINS - 25€

ABSOLUTE FIRMING & DECOLLETÉ

A targeted treatment to lift, reshape and smooth Y-zone skin: chin, neck and décolleté

15 MINS - 25€

LUMINANT

An intensive, trivalent treatment for the correction of brown spots, hyperpigmentation and uneven skin tone, following the 3-BRIGHT TECHNOLOGY approach inspired by dermatological science.

60 MINS - 120€

URBAN DETOX FACIAL

Combat pollution and cleanse impurities with the Detox Mask, formulated with Chlorella and plant-based Charcoal.

60 MINS - 120€

THE JOY OF BEAUTY

A bespoke powerpacked facial designed especially for your skin's needs, whether it be age protection, hydration, purification or soothing.

75 MINS - 150€

HIGHT PERFORMANCE FACIAL

Personalized facial care to meet men's specific needs: moisturizing, purifying, soothing, ...

75 MINS | 150€

PRIVILEGE

Global anti-aging treatment that combines the technique of double peeling with fruit acids that can renovate the skin in depth, the peel-off mask, second skin that plumps intensely.

The skin is regenerated, smoothed and lifted.

It is visibly younger.

75 MINS - 150€

BOOK YOUR
TREATMENT





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COLLECTION

Please note that you should register at the spa 15 minutes before your treatment.
Please note that appointment changes / cancellations must be processed 24h in advance.
Beyond that time, the service will be fully charged.

Beauty treatments: waxing, manicure and pedicure are available on request.