

5 TERRES

Spa

GEMOLOGY  
COSMETICS - PARIS



Over 200 m2 devoted to well-being

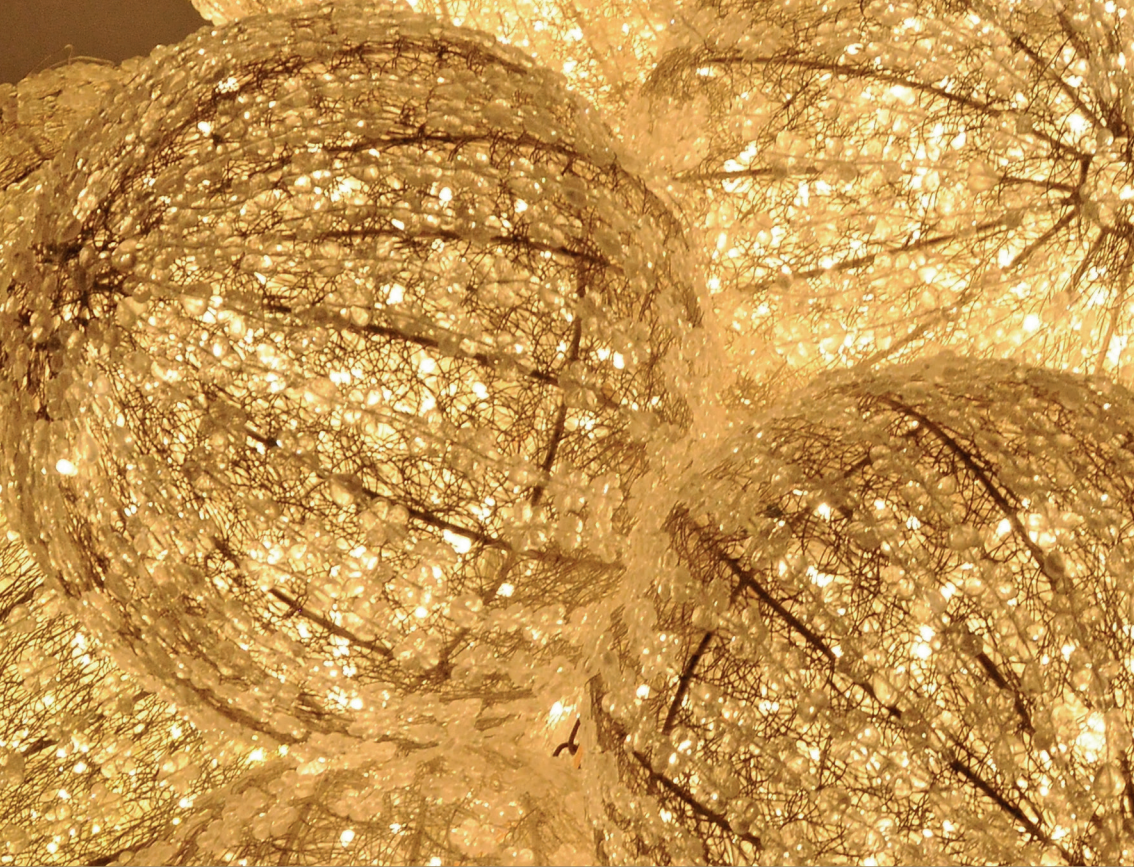


*A unique moment to take care of yourself*

Nestled away in a magnificent vaulted cellar built of pink sandstone from the Vosges region, our confidential and intimate Spa includes an indoor swimming pool with waterfall, three treatment rooms (one double, perfect for couples or friends), sensory shower, steam room and sauna. Relaxation, scrub, modelling, facial, body treatments with essential oils, treat yourself to a moment of relaxation and pleasure.

Take a break in the 5 Terres Hotel & Luxury Spa, in the heart of Alsace, on the famous Route des Vins wine trail.





# GEMOLOGY

COSMETICS · PARIS





In keeping with its theme, the sandstone-clad 5 Terres Spa has selected Gemology products, which are created from precious stones. This range of mineral skincare products, made exclusively for spa, was created by Chrystelle Lannoy, a cosmetics expert and precious gemstone.

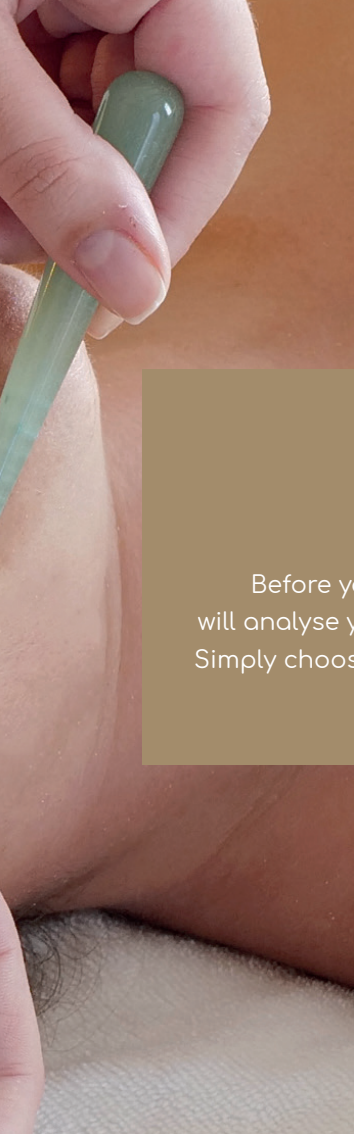
This unique spa setting, among the vineyards of Alsace, offers an exceptional beauty experience with effective massages and treatments for the face and body.

Whether you need to brighten, tone, rehydrate, refresh or restore radiance: for every concern, Gemology has developed the treatment your skin is waiting for.

The 5 Terres Spa is a fabulous treasure chest of Gemology expertise.







## *Facial Treatments*

Before your facial treatment, your beauty therapist will analyse your skin and diagnose the treatment you need. Simply choose the duration and we will take care of the rest.

- **DISCOVERY TREATMENT 30 mins – €45**

Make-up removal, scrub, mask suitable for your skin type, serum & cream

- **GEMOLOGY – 45 MINS – €85**

*A "Discovery" facial adapted to suit each skin type, plus face sculpting with semi-precious hot stones.*

**Opal**, *for dry skin*

to relieve tightness and restore radiance using Jade and Malachite.

**Lapis Lazuli**, *for sensitive skin*

to soothe and protect due to the combined effects of Sapphire and Lapis Lazuli.

**Moonstone**, *for combination skin*

to give you a healthy glowing thanks to the combination of Ruby and Red Jasper

**Diamond**, *for mature skin types*

your skin will be smoother, brighter and more toned with combination of the Diamond and Tourmaline.



- PRECIOUS MOMENTS 1h – €90

*A preventive facial treatment anti-ageing including face sculpting massage with semi-precious hot stones.*

**Smithsonite**, for sensitive skin types  
to soothe and protect your skin.

**Amethyst**, for combination skin types  
to brighten and refine skin texture.

**Diamond Gel Mask**  
enriched with 30 active ingredients for bright and smooth skin.

- TREASURED MOMENTS 1H15 – €120

*Anti-ageing treatments to achieve the desired result, incorporating semi-precious hot stone massage.*

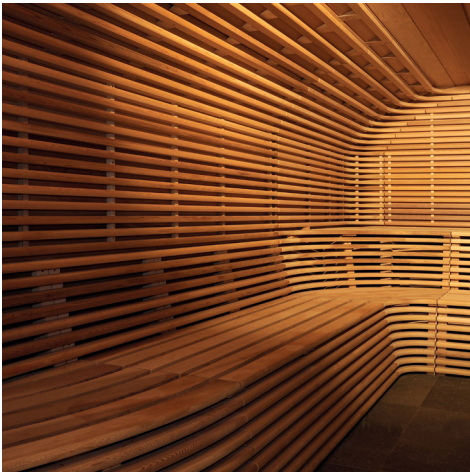
**Diamond Anti-Wrinkle Treasured Moments**, to reduce the appearance of wrinkles and restore firmness.

**Jade Toning Treasured Moments**, to revitalise dry, sensitive skin. Improve elasticity, rehydrate and resculpt the face.

**White Pearl Treasured Moments**, to restore firmness brighten and uniform skin tone.

- MINERALS & COLLAGENS 1H15 MINS – €135

A relaxing treatment that restructures and rehydrates, using a pure collagen mask and semi-precious hot stone massage.









# *Body Treatments*



VINE & MINERAL SIGNATURE SCRUB 45 MINS - €65

BODY SCRUBS 30 MINS – €55

*A customised treatment to suit your body's skin type.*

Peridot Salt Scrub, relaxing & stress-relieving.

Ruby Salt Scrub, anti-ageing and smoothing.

Sapphire Salt Scrub, slimming and & firming.

Mother of Pearl Scrub, relaxing.

Mango Burst Scrub, energising.

Prolong your relaxation by rounding off your body scrub with a 30-minute body massage – €115.

BODY SCULPTING MASSAGE - 30 MINS - €60 / 45 MINS - €80 /  
1H - €100 / 1H15 MINS - €130 / 1H30 MINS – €155

Free the body, with different customised techniques that alternately relax and stimulate to suit your current needs.

## GEMOLOGY BODY SCULPTING MASSAGE

*Relaxing body sculpting massage that combines manual manipulation with precious hot stones: pink quartz, rock crystal and agate.*

**Precious Hot Stone Massage 1h - €120**

**Precious Hot Stone Massage Face & Body 1h30 - €160**

## BODY WRAPS

*Relaxin Mineralising Treatment from New Zealand's Rotorua Volcano Scrub, massage, then relaxing body wrap.*

**Back 1h - €89**

Ideal for releasing tension in the back caused by daily stress or poor posture.

**Body 1h30 mins - €130**

## FACE & BODY BEST-SELLERS

*A sculpting body massage and a facial treatment.*

*Full relaxation treatment to relieve the stresses of everyday life.*

**Face & Body Ritual 1h – €100**

30-minute body sculpting massage and 30 minutes facial care

**Face & Body Well-being Ritual 1h30 – €140**

1 h body sculpting massage and 30-minute facial care



A vertical image on the left side of the page showing a close-up of horizontal wooden slats, likely from a sauna or spa bench, with a warm, golden-brown color palette.

## TERMS & CONDITIONS

We recommend that you arrive 15 minutes before the start of your treatment, and we suggest that you visit the sauna or steam room beforehand to relax your body and make your experience as pleasant as possible.

We provide well-being and relaxation massages; we do not provide therapeutic massages.

Please let us know about any health issues or specific needs.

Unless advised otherwise, pregnant women can only receive facial treatments. These can be done from the third month of pregnancy.

Swimwear is mandatory in all areas of the spa.

Children under 16 years are not eligible for treatments. Young people between 16 and 18 years may access treatments, when accompanied by a parent or other adult in the treatment room.

## SPA OPENING HOURS

- **Hotel residents :**  
Every day 9:00 to 20:00.

- **Non-residents :**  
Sunday 12:00 to Friday 15:00, by reservation.

Access to the spa is by reservation only for a minimum treatment of 45 minutes per person.

To book your treatment or for any other information, please contact us at:  
+33 (0)3 88 08 28 44 / [reception.5terres@accor.com](mailto:reception.5terres@accor.com)

## GIFT PACKAGES

Discover the range of massages and treatments available as gift packages at 5 Terres Hotel & Spa.

Offer the gift of well-being for the body and mind, with an intimate, sensory experience in an elegant setting in the heart of Alsace:

[www.5terres-hotel.secretbox.fr](http://www.5terres-hotel.secretbox.fr)





5 Terres Hôtel & Spa \*\*\*\*\*, MGallery Hotel Collection  
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