



SPA MENU



SOFITEL
SPA



INFORMATIONS

SOFITEL SPA

The wellness area includes a sauna, a hammam and a relaxation pool with massaging hydrojets, as well as an herbal tea room.

Possibility of booking a time slot at Sofitel Fitness with a coach on request

For one hour treatment, you will receive a free hour in our Wellness and Sofitel Fitness area.

Are you preparing a seminar, a birthday party or a bachelorette party?
Do not hesitate to contact our practitioners to know more about our offers...

For a session of 30, 45, 60, 90, 120 minutes, the effective duration of the treatments are respectively 25, 40, 55, 85, 110 minutes.

For all reservations, we take a 40% deposit on the treatments by VAD.

Children are allowed in the relaxation pool of the Spa, subject to the signature of the discharge of responsibility by the parents who agree to stay with them and supervise them..

SOFITEL SPA
access level 0

OPENING
Monday to Saturday : 10am
- 20pm
Sunday : 10am - 19pm

LIVE
THE FRENCH
WAY*

GO WITH
THE FLOW

Treat yourself to *the* French glow.
From radiant skin-boosting experiences that detox,
cleanse and revitalize to the chic, tranquil setting that
combats the demands of modern life, Sofitel SPA
is the ultimate in French cosmetology.

Here, beauty is more than skin-deep.
Taking care of yourself is a lifestyle and our approach
is multi-dimensional, blending innovation with tradition
to help you look - as well as feel - your absolute best.

FIND YOUR
FRENCH GLOW



BODY CARE

BY CARITA

Rénovateur Mythique Body..... 60 min - 180 €

Rénovateur Mythique Body & Face.....120 min - 290 €

LA MÉTAMORPHOSE DU CORPS (Complete care with machine)

Body Metamorphosis

45 min.....157 €

75 min.....225 €

Body Metamorphosis - Spotted care

45 min.....1058 €

75 min.....1530 €

(8 cares cure)

CHOREGRAPHIC MOVES BODY (100% manual protocol)

Care protocol..... 60min - 170 €

FLASH CARE BODY (Complete care with machine)

Bikini (thighs and buttocks)

Waist and hips

Back and arms

30 min (2 zones).....90 €

FLASH CARE BODY (100% manual protocol)

Detox drainage - balancing - lightening

Nourishing-Relaxing

Comfort Treatment

Nourishing-Relaxing

Resource Modeling

Relaxing-Decontracting

60 min..... - 170€

THE 11th SIGNATURE CARE (100% manual protocol)

Face & body..... 120min- 315 €

REVIVE,
“THE FRENCH
WAY”





BODY CARE

BY SOFITEL SPA

- Body wrap and rehydration.....45min - 100€
(marine mud)
- Pressotherapy and shaping.....45min - 100€
- Relaxing body shaping30min - 75€
(available : 30/45/60/90min - 75€/100€/130€/180€)
- Body Scrub.....30min - 75€
- Scrub & Rehydration.....60min - 130€

MODELLINGS OF THE WORLD

- HAWAÏ - Lomi-Lomi.....60min - 150€
(Relaxing and wrapping Hawaiian shaping)
- INDE - Ayurvédique60min - 150€
(Relaxing and dynamic shaping)
- Volcanic caress.....60min - 150€
(shaping with hot stones, available : 60/90min - 150€/180€)



RELAXING
“THE FRENCH
WAY”



FACE CARE

BY CARITA

LAGON HYPERTONIC (Repairing care)

- The great care (with machine).....105min - 250€
- The care (manual).....90min - 210€
- Flash care (manual / machine).....60min - 160€ / 190€
(6 cares cure 2x1h45 + 4x1h)
- The Intense Metamorphosis (with machine).....1134 €
(6 cares cure 2x1h45 + 4x1h)

CRISTAL MORPHOLOGIC (Remodeling treatment)

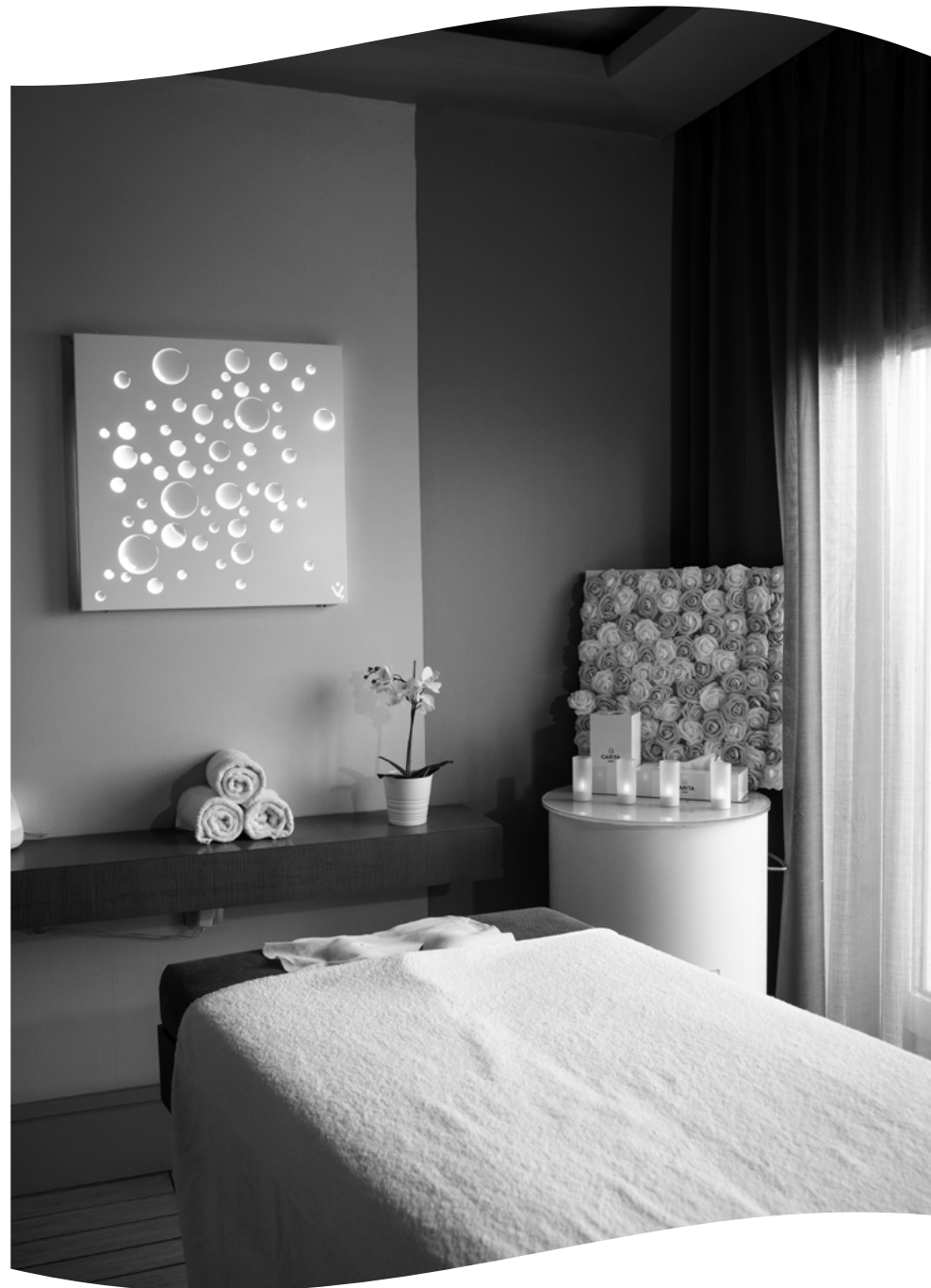
- The great care (with machine).....105min - 270€
- The care (manual).....90min - 220€
- The flash care (manual / machine).....60min - 170€ / 200€
- The intense metamorphosis (with machine)..... - 1206€
(6 cares cure 2x1H45 + 4x1H)

OR REJUVENIC (Regenerating care)

- The great care (with machine).....105min - 310€
- The care (manual).....90min - 260€
- The flash care (manual / machine).....60 min - 190€ / 220€
- The intense metamorphosis (with machine).....1350€
(6 cares cure 2x1H45 + 4x1H)

FLASH FACE TREATMENTS

- Eye lift
- Lipo-nasal volume
- V shape remodeling
- Neck / décolleté smoothing
- Baby cheeks
- 30 min with machine.....90€



EVERY DETAIL COUNTS*

* Chaque détail compte



THE FRENCH
ART DE VIVRE



A DAY AT THE SPA

DAY SPA - THE DAY

Body scrub 30min
 Body wrap 30min
 Body shaping 1h
 Facial care Carita 1h
 Feet care 45min
 Hands care 30min
 Shampoo Brushing (except on Sunday) 30min5h - 560€
with a free hour access to the spa

DAY SPA - HALF DAY

Body scrub 30min
 Body wrap 30min
 Body shaping 1h2h - 240€
with a free hour access to the spa



FITNESS - SPA

SOFITEL FITNESS - SOFITEL SPA

1 access.....1h - 50€
 6 accesses6h - 250€
 12 accesses.....12h - 500€
 32 accesses.....32h - 960€
 Unlimited Pass for a year2300€

*1 access = 1h Sofitel Spa + 1h Sofitel Fitness



PLUS ENCORE...

HANDS AND FEET CARES

BY YUMMI FEET

| | |
|--|-------------|
| Hands beauty care..... | 30min - 65€ |
| Hands beauty care + Nail polish application... | 45min - 75€ |
| Hands beauty care + Semi-permanent nail polish application..... | 60min - 85€ |
| «De si jolis pieds» BY YUMMI FEET..... | 45min - 75€ |
| Classic nail polish application | 15min - 20€ |
| Semi-permanent nail polish application | 30min - 40€ |

GENTLE DEPILATIONS

Prices on request
From 3 zones : -10%

TEENAGER CARES (From 7 years old, parental presence mandatory)

| | |
|--|-------------|
| Facial or body care..... | 30min - 62€ |
| <i>(available : 30/45/60 - 62€/84€/106€)</i> | |
| Fairy hands..... | 30min - 40€ |
| Feet of a Star | 30min - 40€ |

WELLNESS BUBBLE

Oxygenation of the cells by inhalation of natural essential oils of Orésine
We advise you to merge it with your care.

| | |
|----------------------|----------------|
| Some fresh air | 3min - 5€ |
| Oxygen Cure..... | 3 x 3min - 15€ |

CARE PRIVILEGE CARDS

| | |
|----------------|------------------------|
| 4h30/520€..... | (including 30min free) |
| 8h00/910€..... | (including 1h free) |
| 12h/1300€..... | (including 2h free) |



CARES FOR YOUR DESIRES



BACHELORETTE PARTY

CLASSIC

Spa Access.....1h - 50€

From 5 people, access offered for the bride

From 8 people, glass of champagne offered

PREMIUM

Spa Access.....1h30 - 80€

From 5 people, access offered for the bride
& glass of champagne offered to all

From 8 people, glass of champagne offered
& free snack

LUXE

Spa Access 1h + Massage 30min.....110€

From 5 people, access offered for the bride
& glass of champagne offered to all

From 8 people, glass of champagne offered
& free snack



A MOMENT
TO SHARE

S O F I T E L

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