

Since 1946, Sothys has represented
 French excellence
 in skincare for institutes and spas.

THE SYNERGISTIC CABIN CARE PROGRAM

A pluralistic care experience.

Sothys stands up for a true «culture of the institute and spa,» as an exclusive space for skincare rituals. Its unique protocol combines sensory appeal, effectiveness, and a personalized approach of each treatment, transforming each care appointment into a moment of well-being for the body and mind. An art that makes all the difference.

The effectiveness of Sothys' treatments relies on the combination of highly sophisticated cabin treatments and daily facial and body care at home to extend the effects.

An accurate beauty diagnosis for a tailor-made beauty prescription.

As the inventor of the first Lifting Treatment in 1968, Sothys is committed to regularly renewing its cabin protocols to offer innovative actives and techniques, precisely addressing the needs of each client through its intensive facial treatments, Cosmeceutical care, and reference signature treatments.

FACE

Intensive Detox Energy Treatment A treatment to breathe new life into the skin and help it defend itself against the harmful effects of environmental stress..	75'	155€
Intensive Hydrating Treatment A treatment to quench, hydrate and plump the skin.	75'	155€
Intensive Youth Treatment P3 Tri Complex A treatment combining relaxing massages and expert treatment for younger looking skin.	75'	155€
Secret Excellence Treatment An exceptional treatment, final smoothing ice effect and beautifying enhancement.	90'	225€
Seasonal Care To reveal the radiance of the skin in each season, Spring-Summer and Autumn-Winter.	45'	110€
Fresh radiance treatment A treatment to awaken the skin and give it a boost of radiance.	30'	80€
Men Care We recommend that men do not shave the day before treatment for a more comfortable feel.	60'	110€

BODY CARE

Body scrub	30'	60€
Hanakasumi Japanese inspired, a scrub with gloves will precede a massage of the whole body and feet in a rejuvenating and nourishing	60'	150€

MASSAGE

Ancestral Indonesia Inspired by ancestral Indonesian beauty rituals, this massage will provide you with a powerful well-being of body and mind thanks to a rebalancing of energies.	60'	150€
Nutri-Relaxing Massage Inspired by Deep Tissue, this massage provides absolute comfort and relaxation.. Recommended for athletes to tone and comfort the skin before or after sport, for non-athletes this massage brings suppleness and tone to the skin.	60'	150€
Massage 100% Measure Choose your massage time, your massage product and your perfume from 6 sensory escapes	30' 45' 60'	80€ 90€ 150€
Comforting Massage Future Mum A moment of sweetness before the baby arrives. From the 4th month of pregnancy.	60'	150€

RITUALS

Exfoliation and Massage	90'	195€
Rituals Excellence Secret Face and Body An exceptional facial treatment combined with a nourishing massage to transport you into deep relaxation.	2h30	320€

RELAXATION AREA

Access to the relaxation area is free
 for any treatment performed
 Duration : 30 minutes