



Baked with 100% whole grain wheat and Non-GMO Project Verified, there's wholesome deliciousness and a zesty kick in every bite of our Triscuit Thin Crisps Zesty Jalapeño Crackers.

**NUTRITION
PROFESSIONAL
INSIDER LOOK!**



CHECK OUT OUR OFFERINGS OF TRISCUIT CRACKERS:

- Triscuit Original & Flavors
- Triscuit Minis
- Triscuit Thin Crisps
- Triscuit Family Size
- Triscuit Organic

TRISCUIT Thin Crisps Zesty Jalapeño Crackers
Nutrition as shown on 7.1 oz. box

WHY CHOOSE TRISCUIT CRACKERS?

- ✓ Starts with 3 simple ingredients*
- ✓ Baked with 100% whole grain wheat
- ✓ 22-26g whole grain per 28-30g serving †
- ✓ Non-GMO Project Verified
- ✓ No artificial colors or flavors

*Triscuit Original, Triscuit Hint of Salt, Triscuit Reduced Fat, Triscuit Thin Crisps Original, Triscuit Minis Original, Triscuit Organic Original

†Nutritionists recommend eating 48g or more of whole grains throughout the day.

Nutrition Facts	
about 7 servings per container	
Serving size 14 crackers (30g)	
Amount per serving	
Calories	130
	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 21g	8%
Dietary Fiber 3g	11%
Total Sugars less than 1g	
Includes less than 1g Added Sugars	1%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1.5mg	8%
Potassium 130mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Take time to enjoy the bold woven texture and big crunch of Triscuit Crackers, baked with 100% whole grain wheat, for wholesome afternoon deliciousness.

Bring it with Triscuit.

Developed by & for nutrition professionals. For more flavor and nutrition information, visit www.triscuit.com.