To **<your landlord’s name>**

I'm concerned about your behaviour during my tenancy at **<your address>**.

I’m asking you to:

- stop coming to my home without warning

- stop harassing me to pay rent arrears

- stop trying to force me to leave

- stop behaving in an intimidating or threatening way

- **<anything else that you feel is harassment>**

Under the Rent (Scotland) Act 1984, I’m entitled to live in my home in peace and comfort without interference.

**<Include this if your landlord is coming to your home>** If you need to inspect my home or check for repairs, you must give me the correct amount of notice before coming to my home. I have the right to refuse access if the time does not suit me. You cannot enter my home without my permission.

**<Include this if your landlord is harassing you about rent arrears>** I’m taking steps to pay back my rent arrears. Please do not harass me for the money or visit my home asking for rent.

**<Include this if your landlord is trying to force you to move out>** Pressuring me to leave my home is a criminal offence under the Rent (Scotland) Act 1984. If you pressure me to move out, I can report you to the police. My tenancy will continue until it is ended using the correct legal process.

**<Include this if your landlord is behaving in an intimidating or threatening way>** Please stop **<the behaviour you want your landlord to stop>**. This behaviour is threatening and intimidating.

If you do not stop, I will report you to the private landlord registration team at the council. I can also report the harassment to the police.

Please only contact me by **<email / text message>**. You can contact me on **<your email address / phone number>**.

**<your first and last name>**

**<the date you’re sending this letter or email>**