

# 1 IN 5

## RENTERS SAY THEIR HOME HARMS THEIR HEALTH

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**Your home should be a place of comfort, protection and safety. Not harm. But right now, 1.9 million households are living in houses that are damaging their mental and physical health.\***

Renters are breathing in damp and mould while they sleep. Young people are being forced to choose between eating food or paying the bills. And parents are struggling to make ends meet, living in a constant state of anxiety while they fight to keep their loved ones safe.

Make no mistake: people across the country are falling ill. And they're falling ill because of the place they call home.

To expose just how serious this problem is, we asked thousands of people about how their homes harm their health.

**TURN OVER TO SEE WHAT WE FOUND OUT, AND FIND OUT HOW YOU CAN FIGHT BACK.**

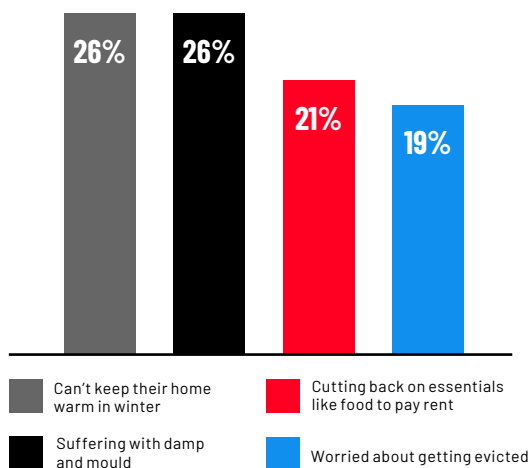
\*Our survey asked people if they agreed or disagreed with this statement: 'My current housing situation harms me or my family's physical/mental health'. In this way, our estimates of populations affected are based on the minimum and maximum number of people potentially affected (minimum being a single person, maximum being all household members).



# PEOPLE'S HOMES ARE MAKING THEM FEEL UNSAFE, RUN DOWN & STRESSED OUT

## Here are our findings\*

The most common issues renters face are shown in the chart below:



**Almost half of the households facing these issues say that their home is a threat to their mental or physical health.**

## Angela and Kardi's Story

**'Sofa surfing made us so stressed out. Sometimes we could barely sleep...'**

When Angela and Kardi lost their home, they lost their peace of mind. They ended up sofa surfing at four different friends' houses – and the relentless uncertainty gave them serious anxiety.

Thankfully, we stood by them and helped them find a social home, providing the foundation they need to move on with their lives and thrive.

But though Angela and Kardi are now safe, thousands more families are still in danger. They urgently need somewhere secure and stable to live. Before they get seriously ill.



## IT DOESN'T HAVE TO BE THIS WAY.

We can work together to build more social housing, make renting fairer for everyone, and put this right. **It's time to fight for home.**

**Work with us:**

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\*YouGov Survey of 13,264 nationally representative GB adults (carried out from the 4-6 of April 2021). Our analysis is of English renters only (both private and social tenants), equalling a total of 3,197 respondents.