

STUFF YOU NEED TO BRING: CREW

IMPORTANT INFORMATION:

1. SPIRIT UNIFORM

- Spirit tee (provided)
- Spirit cap (provided)

If this is your first voyage, you will be provided with your uniform when you arrive. Uniform is to be worn while in port on the day of departure and the morning of return.

2. WHEN PACKING YOUR GEAR

Spirit of Adventure Trust is proud to be part of the 'Treasure Islands' campaign, a joint initiative between the Department of Conservation and the Auckland Council to help protect conservation islands in the Hauraki Gulf (and hopefully further afield).

We have been issued a 'Pest-Free Warrant,' and with some simple procedures onboard, we ask everyone joining the ship to assist us in this initiative:

- Check your bags and gear thoroughly for rats, mice, Argentine ants, rainbow skinks, soils and seeds.
- No open bags allowed.
- Please clean dirty gear especially footwear, removing soil and seeds (weed seeds cling to clothing and shoes, and may carry unwanted plant diseases).

3. ITEMS NOT PERMITTED

While the Trust aims to encourage everyone to participate in this adventure, some restrictions are required to ensure a safe and well-managed environment.

The following items are not permitted onboard Spirit of New Zealand:

- Mobile phones/tablets/devices - the use of mobile phones/tablets etc on the ship is not permitted at any time by Trainees. We realise you have a life off the ship that you may want to keep in touch with. We would expect you to exercise discretion when using your phone/device. Blatant use of such equipment in front of Trainees is never acceptable. Anyone needing to contact you urgently can ring the Spirit office or call our after hours numbers. The ship is in contact with the office at all times and communication can be made within minutes.
- Cigarettes, tobacco, alcohol and drugs unless prescribed by a doctor and accepted by the Trust/Master. The Spirit of Adventure Trust has a non-smoking policy and Trainees are not permitted to smoke while onboard and the same is expected of crew. (this includes vapes and e-cigarettes)
- Fishing gear and weapons of any kind.

4. GEAR LIST

On the following page is a list of personal items (minimum) that you will need to pack for your voyage on Spirit of New Zealand. Storage and space is limited on the ship, so we would appreciate you bringing a soft pack, rather than a suitcase. Consider if you need to bring precious/valuable items, we do not accept any responsibility for the loss or damage of any personal belongings during a voyage.

The wind-chill factor can be quite considerable at sea (especially on winter voyages), so with this in mind, please pack substantial warm clothing with an emphasis on layering. Please also ensure that everything you bring is clearly marked with your name, as you are responsible for your personal items. At the end of the voyage, all unclaimed clothing is displayed for collection and any item left onboard after the voyage will be disposed of.

ONBOARD: Wet weather clothing will be made available to you and an extensive first aid and medicine supply (including sea-sickness medication) is held on board. Please don't bring this with you unless it is required/prescribed medication, at which point you must notify the Master when you board the ship.

STUFF YOU NEED TO BRING: CREW



TOILETRIES

	Comb (if needed)
	Toothbrush & Toothpaste
	Soap
	Shampoo
	Deodorant (Roll-on only)
	Sanitary products



OTHER

	Bag for holding wet/dirty clothes
	1 x Drink bottle
	1 x Small day pack (for day tramps)
	Camera & charger (optional)
	USB for photos (optional)
	Musical instruments are encouraged (nothing electric)
	Sleeping Bag (Only if you're a Leading Hand)



SUN SAFETY

	Sun glasses (with strap/string attachment)
	Sun Block (minimum SPF 30)
	Sun Hat

We suggest bringing more clothing than the minimum required, especially in the colder months. Clothing may get wet and we do not have the ability to wash clothing. If you don't have any of the items below, you could try to borrow from friends, family or pick up second-hand.

Please bring your gear in a soft foldable bag, similar to a duffle bag or tramping bag. Please **DO NOT** bring a hard shelled suit case.



CLOTHING

	1 x Swimming outfit (no bikinis/wetsuits)
	1 x Rash shirt (Optional)
	10 x Underwear
	2 x Pyjamas
	Socks (enough to last 10 days)
	1 x Beanie
	2 x Long Pants (1 pair may be jeans or tracks)
	2 x Sweaters & jerseys (woolen or polar fleece)
	2 x Shorts
	6 x T-shirts (no offensive graphics)
	1 x Sneakers or trainers (they will get wet)
	1 x shoes for around the ship (no jandals, scuffs or slides)