

EXPEDITION MANUAL

# PREPARING FOR YOUR POLAR VOYAGE



**OCEANWIDE**  
EXPEDITIONS

# YOUR GUIDE

## PREPARING FOR YOUR POLAR VOYAGE



So you're off to the polar regions, are you? First of all, congratulations! Second of all, you couldn't have picked a better polar preparation manual. Here you'll learn what to bring, what to expect, and what to do in the unlikely event a polar bear gets too close for comfort. Hint: Don't scratch its ears.

Let us begin by emphasizing that you're embarking on an **expedition-style**

**cruise:** Our focus will be amazing wildlife encounters, adventurous landscape outings, inspiring visits to historical sites – and to a lesser degree, informative tours of scientific research stations.

Also, due to the variable nature of the polar regions, we may adapt our pre-

planned routes and activities to take advantage of ice, weather, and wildlife conditions. No two voyages are alike, and there's always an element of the unexpected. But that's what makes the place so great, right?

### REQUIRED DOCUMENTS

Valid passport and visa, if required. Please make sure your passport is valid for at least six months after your trip ends. Since visa requirements differ for each nationality, we recommend that you check with the nearest consulates/embassies well in advance of your voyage.

### VACCINATIONS

Vaccinations are not required for these cruises. However, if you visit certain parts of Asia, Africa, or South America prior

to boarding, you are required to obtain yellow fever inoculation. Please consult the public health service nearest you for information on this.

### HEALTH

Any major health problem, disability, or physical condition that may require emergency care must be brought to our attention prior to your voyage. Please complete our Personal Information Form, which you have received from your booking agent, and return it to your booking agent within one month after booking.

### PERSONAL MEDICATIONS

Be sure to carry ample supply of any prescription medications you require as well as medication against motion/sea sickness. Please carry your medication in your hand luggage.

### INSURANCE

You need to be insured in the unlikely case of a medical evacuation/ repatriation. Coverage for Arctic (up to EUR 30,000 pp) & Antarctic (up to EUR 100,000 pp).





# CLOTHING ADVICE

## HOW TO LOOK GOOD & STAY WARM

Like that jacket you still have from the 1970s, your choice of cold-weather clothes is a personal matter and depends on your individual experience with adverse conditions. Are you more susceptible to cold than other people, or can you ski in shorts if you have a warm enough hat?

For your comfort and safety, we suggest you avoid getting wet, whether from perspiration, precipitation, unsuitable boots, or sea spray. Bring windproof / waterproof outer layers, and beware of tight clothing that leaves no room for trapped air, which is an excellent insulator.

Wool, silk, and some of the new synthetic fibers like polar fleece retain heat better than cotton.

An important strategy of keeping warm is the layer principle: It's better to have several light layers of clothing than one

heavy layer. Layers allow you to take off clothes if you are too warm and add clothes if you're too cold. If it works for Clark Kent, it'll work for you too.

The most important layer is the outer waterproof / windproof shell, because even a light wind of 6 kph (4 mph) can carry away eight times more body heat than still air.

The wind-chill factor is the increase in air's cooling power as it moves, whether from blowing wind or your own movement. A common polar saying is, "It's not the cold,

it's the wind," but an equally common saying is, "There's no such thing as bad weather, only bad clothing."

In the Antarctic Peninsula region, we normally encounter freezing temperatures (coupled with wind chill) during the summer. In the Ross Sea, however, we can experience significantly lower temperatures (<10°C/<14°F with wind chill). Because of this, additional thermal protection is strongly recommended for Ross Sea voyages.

In the Arctic, we rarely encounter subzero temperatures during summer. In early spring or late autumn, however, lower temperatures are quite common. Please pack accordingly. Nothing dampens the fun of a polar voyage like a pesky case of hypothermia.

## TIPS TO STAY WARM, HEALTHY, & HAPPY IN COLD WEATHER

- 1 Avoid overdressing**, as this leads to perspiration.
- 2 Wear water-repellent outer garments** that allow moisture from your body to escape.
- 3 Keep hands and feet warm and dry.** Body heat is most likely to be lost from parts of your body that have a lot of surface area, such as your hands and feet. For hands, mittens are better than gloves.
- 4 Put a hat on if you have cold feet.** As much as 90% of lost body heat can come from your head. Caps, beanies, and balaclavas can be pulled down to protect your ears, neck, and chin.
- 5 Dress in comfortable, loose layers.** It's better to wear layers of relatively light, loose clothing than one thick, heavy item. Between each layer there is a film of trapped air that, when heated by your body, acts as an excellent insulator.
- 6 Wool and silk** are superior to cotton because they can trap warm air. Synthetic fabrics that spring back into shape after compression are also good.
- 7** When damp or wet, **polyester down** is a better insulator than goose or duck down. **Polar fleece** is popular and recommended.







Sturdy shoes



T-shirts



Woolen hat



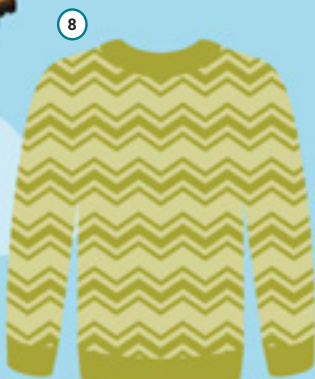
Turtlenecks



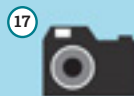
Warm (ski) pants



Head lamp



Sweaters



Camera



Earplugs



Waterproof trousers



Warm socks



Waterproof backpack



Mittens and gloves



Sunglasses



Waterproof/windproof jacket



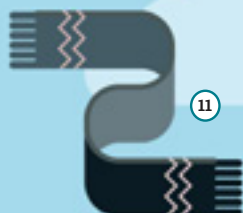
Thermal underwear



Binoculars



Comfortable shoes



Woolen scarf



# Checklist

When packing, don't weigh yourself down with excess clothes or gear or pictures of mother. Select informal, practical attire for your trip that can be worn in layers:

## ALL SHIPS

- ☐ 1 **Sturdy shoes** with non-slip soles (not sneakers)
- ☐ 2 **Comfortable shoes** are useful to wear around the ship. When bringing sandals, please bring sandals with heel straps (straps required)
- ☐ 3 **T-shirts to wear inside the vessel**, as temperatures are comfortably warm
- ☐ 4 **Earplugs**, in case you share your cabin with a snorer
- ☐ 5 **Warm pants** or even ski pants, which can be worn over long underwear
- ☐ 6 **Waterproof trousers**, such as Gore-Tex, to be worn over regular pants
- ☐ 7 **Thermal underwear** of silk or polypropylene, since it keeps you warm without adding bulk
- ☐ 8 **Sweaters** or polar fleece jacket of medium weight
- ☐ 9 **Turtlenecks**, which are good for layering and use around the ship
- ☐ 10 **Mittens and gloves** (and more than one pair), such as thin polypropylene gloves that can be worn underneath your mittens, allowing you to take them off to operate your camera
- ☐ 11 **Woolen hat and scarf** to protect your ears and neck
- ☐ 12 **Warm socks** (also many pairs, as your feet are sure to get wet) that are tall and sturdy, layered over a thinner pair of silk, polypropylene, or cotton/wool socks
- ☐ 13 **Waterproof/windproof jacket** (waterproof above all) with an attached hood that can be worn over your under layers with reasonable comfort
- ☐ 14 **Waterproof backpack** with shoulder straps for keeping your hands free and your camera (and other gear) dry
- ☐ 15 **Sunglasses** of good quality, as the glare from the water and surrounding snow/ice can be severe even when the sky is overcast
- ☐ 16 **Binoculars** for viewing all the beautiful landscapes and wildlife
- ☐ 17 **Camera** with plenty of memory cards or film (twice what you think you'll need), and possibly even an extra camera in case of accidents, along with a tripod or long-exposure camera for borealis voyages

## SAILING VESSELS ONLY (RVR & NOO)

- ☐ 18 **Head lamp** for spring or autumn trips aboard Noorderlicht
- ☐ 19 **Rubber boots** (very important), as only Plancius, Ortelius and Hondius have rubber boots available for pre-order (see to the right). On all other ships, we request that you bring a pair of knee-high rubber boots. These boots will be used in virtually all shore landings. Pull-on rubber and completely waterproof boots of at least mid-calf height with a strong, ridged non-skid sole is ESSENTIAL for landings. We often walk in water and on icy, slippery surfaces, so even standard snow boots, hiking boots, and low rubber boots are not satisfactory. On all Noorderlicht trips around Lofoten, Harstad, or Tromsø during early spring and late autumn, however, rubber boots are not required. Please bring high and warm hiking boots for these trips.

## THE BIG DEAL ABOUT BOOTS

HAPPINESS STARTS AT GROUND LEVEL. DO NOT BRING HEAVY, CUMBERSOME BOOTS THAT MAKE IT DIFFICULT TO WALK. BOOTS WITH WAFFLE SOLES, LIKE THOSE ON A HIKING BOOT OR RUNNING SHOE, TEND TO GIVE THE BEST FOOTING. ALSO AVOID IMITATION RUBBER BOOTS MADE FROM PVC, AS THESE ARE UNYIELDING AND MORE PRONE TO SLIPPING. (WELLINGTON-STYLE BOOTS ARE IDEAL.)

Rubber boots can be purchased from work clothing stores, surplus stores, farm co-op stores, garden supply centers, outdoor stores, and marine supply houses. Sailing boots sold at marine stores have non-skid soles that work well on slick decks and wet rocks but lack traction on snow, ice, or mud. The all-around traction soles are good for ice and snow but not as slip resistant on decks or rocks.

Remember, you'll be wearing these boots a lot, so they must be comfortable for extended wear. The boots should not be too tight or sloppy. If they're too tight, you'll get cold feet – the literal kind. If they're too loose, you can add an insole or extra pair of socks to take up the space.



For maximum warmth, wear loose-fitting boots and two pairs of socks. Rubber boots generally come in whole sizes and many brands are unisex. Be sure to get the best fit, no matter what size they are.

Your boots are probably the most important item you'll bring, so if you have questions or need more advice, don't hesitate to contact us. Those traveling to Antarctica can rent equipment in Ushuaia instead of carrying it from home. For more information go to [oceanwide.newheadings.com](http://oceanwide.newheadings.com).

**OH, AND ONE MORE THING:** If you don't bring the correct footwear, you might not be allowed to land during the voyage – and this will make us all very, very sad.

### RUBBER BOOTS

On Plancius, Ortelius, and Hondius, all passengers are entitled to a free pair of sturdy rubber boots that will keep your feet dry, warm, and comfortable during landings.

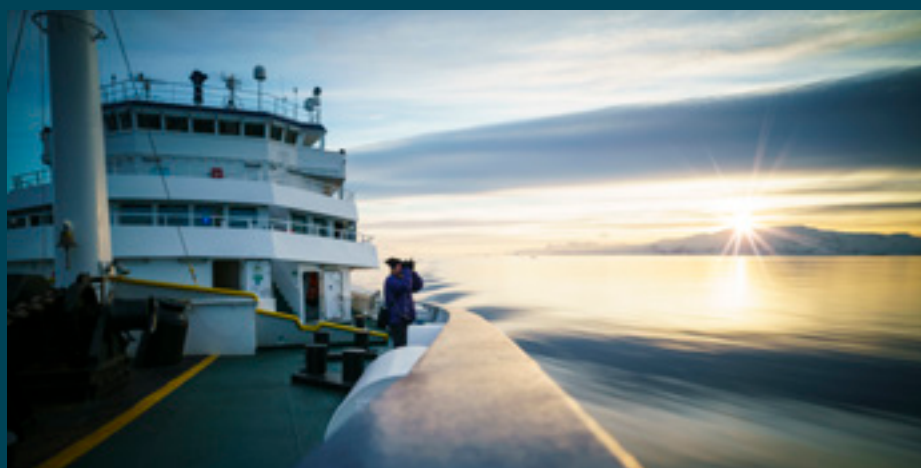
Sizes need to be pre-ordered with the Oceanwide reservation department at least eight weeks prior to departure. A voucher will be sent with your travel documents about four weeks before departure.

Please make sure you to order your boots early! Requesting equipment without a pre-order and voucher is not possible when boarding the vessel. Boots need to be returned to the expedition team at the end of the voyage. Terms and conditions are on the pre-order form.

# ABOARD THE SHIP

## A-Z SERVICES AND DAILY PROGRAM

We can't wait to welcome you aboard one of our vessels, which we hope will be your home away from home during your polar voyage. (Just please leave the decorating to us.) The following guidelines are intended to help you make the most of your stay.



**A ANNOUNCEMENTS:** These will be made in English (or a second language during bilingual voyages) to alert you or remind you of certain events.

**AMENITIES:** On our vessels Plancius, Ortelius, Hondius and Rembrandt van Rijn the cabins are equipped with bed linen, towels, shampoo and shower gel. On our motor vessels Plancius, Ortelius and Hondius all cabins have a hair dryer in the bathroom. On our sailing vessel Rembrandt van Rijn a hair dryer can be requested with the Hotel Manager on board. On our sailing vessel Noorderlicht you will have to bring your own hair dryer and shampoo / showergel.

**B BOOKS:** Reference books (mostly English) are available in the library. Please read books labelled with polar library stickers in the bar or observation lounge only, and return them to their original place. Non-labelled paperback novels can be taken to your cabin.

**BAR:** This is a great place to meet your fellow travelers, a social area in which to talk, write, read, listen to music, and of

course, buy a drink. The bar is a non-smoking area. Hot drinks (tea and coffee) will be available in the observation lounge at all times, free of charge.

**BRIDGE VISITS:** You are nearly always welcome on the bridge, an excellent place to watch ship operations and maintain a lookout for wildlife. Please remember, however, that the bridge is a working place. To enable our officers to navigate the ship, please remain on one side of the bridge and do not eat or drink. When in port, during rough weather, and other times for reasons of safety, the bridge will be closed to visitors. If you are in doubt, please ask the officer on watch.

**C COMMUNICATION:** There are facilities on board to send email messages and make phone calls per Iridium satellite connections, but costs are not covered by Oceanwide.

**CREW AREAS:** Please do not enter crew areas.

**CURRENCY AND PAYMENT:** Refreshments and souvenirs will be charged to your cabin. The day before departure, you can settle your bill with

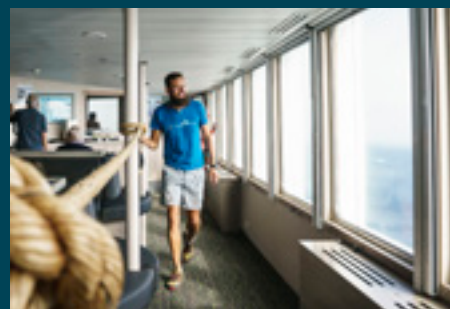
the hotel manager and pay by Visa, MasterCard, Diners Club/Discover, Union pay, or cash (euro or US dollar). The prices and standard currency on board all of our vessels is the euro. Other currencies may be accepted at the discretion of the hotel manager at prevailing rates.

**PLEASE NOTE:** On Rembrandt van Rijn, payments can be in euro, US dollar, Visa, or MasterCard, and on Noorderlicht all payments are euro or Norwegian krone. We do not accept checks.

**D DAILY PROGRAM:** This will be displayed on board (TV or whiteboards). Please check this on a regular basis

in case of changes or new information. We will plan activities and schedules, but they are always subject to change due to polar conditions. If a lecture is cancelled due to excursions or certain activities, it will be rescheduled for the next possible time. This is an expedition cruise in every sense, and our exact route and itinerary are subject to weather conditions, ice, wildlife opportunities, and many other factors.

As with any voyage, information we collect en route is analyzed and taken into consideration. We will do our best to keep you informed over the intercom system, notice board, or directly.



**DRESSING:** In keeping with our expedition-like atmosphere, dress on board is informal. Bring casual and comfortable clothing for all activities. Keep in mind that much of the spectacular scenery is best appreciated from the deck, which can be slippery. Bring sturdy shoes with non-slip soles (not sneakers), and make sure your jacket is never far away in case a voice calls "whales!" over the loudspeaker. Wear layers, since it is comfortably warm aboard the ship and often cold on deck.

**DOCTOR:** On board the motor vessels, we have a basic infirmary for small injuries





or first aid assistance. If you feel sick or uncomfortable, please don't hesitate to consult the doctor. If you take special medication or if you are allergic to any medicine, inform our doctor ahead of time. In case of emergencies, we need to know if you require any special treatment. There is no doctor or infirmary aboard the Noorderlicht or Rembrandt van Rijn. Electric current: The electrical supply aboard the ships is 220v, 60Hz. Electrical outlets are standard European, with two thick round pins. American passengers may need a 220v/110v converter.

**EQUIPMENT:** Rubber boots are available free of charge (loan only) on board Plancius, Ortelius and Hondius. Other vessels might have leftover boots on board, but don't count on it. Other specialized equipment (camping, snowshoes, etc.) will be provided for the activities booked. The activity manuals contain more information about this.

**GRATUITIES:** The customary gratuity to the ship's service personnel is made as a blanket contribution in one envelope at the end of the voyage, then divided among the crew and staff. You will receive detailed guidelines on board. Tipping is a very personal matter, and the amount you wish to give is at your sole discretion. It is better for the crew and staff if you can give cash, either US dollars or euros. You may give individually or as a group to one or more of the ship's personnel.

**L****LANGUAGE:** English is the ship's language and is spoken by all staff and crew. Several departures are dedicated to certain language groups, so-called bilingual voyages. Some German-speaking expedition staff will be on board for bilingual voyages (English – German). Welcome and safety briefings, announcements, daily briefings, and recaps will be provided in English and German. English and German lectures may vary in content. Simultaneous translations of lectures will not occur, but a summary in the second language may



be given at the end of a lecture. Guidance during activities on shore will depend on the group each passenger chooses according to their own physical ability. In the Arctic, we aim at splitting into three groups: a hiking group on a strenuous walk, a medium-paced group with more time for photography, etc., and a leisurely group. A German-speaking staff member will not necessarily be available for each group. During Zodiac cruises, each boat's pilot-guide will not necessarily be bilingual.

**LAUNDRY:** Although limited, there is a laundry service on board (not on Rembrandt van Rijn or Noorderlicht). In your cabin, you will find laundry forms and

linen bags. Please fill out the form, put the laundry in the provided bag, and leave them on your bed. The cabin stewardess will pick them up and return your laundry within 24 hours. Dry cleaning is not available.

**LIFE JACKETS:** You will be provided with a lightweight inflatable life jacket that inflates automatically upon contact with water. These life jackets must be worn at all times while cruising in the Zodiacs. Please handle your life jacket with care, and do not leave it lying around on the beach in the rain. Always bring the life jacket back to your cabin. For your own safety, wear the inflatable life jacket when it is windy on deck. Additionally, there is a large orange life jacket in your cabin, which is to be used in case of ship emergency and for the lifeboat drill.



**M****MEALTIMES AND DIETARY REQUIREMENTS:** All meals will be announced on the ship. Normally breakfast starts at 07:30, lunch at 12:30, and dinner at 19:00. Please inform the hotel manager if you have any dietary requirements so our chefs have the time to prepare something special for you. Vegetarian and vegan meals have to be requested in the Personal Information Form (PIF) with the reservation department. Vegan meals cannot be arranged on Noorderlicht or Rembrandt van Rijn.

Breakfast is always buffet style, lunch is always buffet style with the exception of sea days, dinner is always plate service.

**N****NON-SMOKING POLICY:** We have a strict non-smoking policy inside our vessels at all times, though you can smoke outside on deck. Do not throw your cigarette filter overboard, and do not smoke on the aft deck in the proximity of Zodiacs, engines, and fuel. Please respect the wishes of nonsmokers.



**S** **SAFE:** If you have any valuables, you can give them to the hotel manager, who will lock them in a safe.

**SAFETY:** Please observe the following safety rules.

- There will be a life jacket and life boat (abandon ship) drill at the beginning of the voyage. It is mandatory for all passengers to participate in this exercise.
- During the voyage, the expedition leader may have to perform an additional fire drill, which will be announced.
- As on all ships, please anticipate pitching and rolling.
- Be prepared for sudden lurches and stops as the ship works its way through the ice. Use the handrails whenever possible, especially when going up stairways and ladders.
- Be careful while walking on the open decks, as they can be slippery.
- Watch your step while going out on deck, since there are high steps in many doorways.
- When passing through all doorways and while in your cabin, do not place your hands on the edge of the doors, as a lurching movement could slam the door on your fingers.

- When walking on the ship, please remember: one hand for yourself, one hand for the ship.



**SOUVENIRS:** T-shirts, sweaters, postcards, etc., are available in the souvenir shop (items at display). Opening hours will be announced.

**T TAG BOARD:** Before disembarking on daily excursions, turn your tag to OFF and return it again when you get back on board. All passengers must turn their own tag and only their own tag.



**W WILDLIFE WATCH:** The officers and staff are constantly on the lookout for interesting wildlife and other scenes of nature. Your participation is much appreciated, however, so please don't hesitate to report a sighting to our personnel. If we are fortunate enough to spot some special wildlife, we will announce it from the bridge to all cabins and decks, regardless of the hour. Viewing these animals is of course optional, so if you wish to continue sleeping after the announcement, please do so. The snow tends to look prettier after a good night's rest, anyhow – just ask the penguins.



# ZODIAC INSTRUCTIONS

The taxis of the polar world, Zodiac boats are stored on all of our vessels and comprise the main method of transportation to and from landing sites.

Our guides are well-trained in the proper use of these boats, which allow us to go places inaccessible to larger vessels: beaches, river banks, rocky outcrops, coral reef flats, ice floes, and more conventional areas like docks, sea walls, and jetties.

Zodiacs have shallow drafts (the vertical distance between the waterline and the bottom of the hull) and contain six air-filled compartments, giving them impressive floatation and weight-carrying abilities. The compartments are connected by valves, which allow the internal air pressure of the Zodiac to be regulated, and they can still float even if several compartments become deflated.

Though Zodiacs are tough, durable, and dependable, be aware that certain regulations involving these boats will help keep you safe during our landings.

## IMPORTANT ZODIAC NOTES:

- The Zodiac driver is in charge of the boat and its operations. Please follow his or her instructions at all times.
- Always wear the provided safety vests when travelling in the Zodiacs. This is for your safety and is required at all times in the Zodiacs, regardless of weather or sea conditions.
- Always accept the helping hand of crew members and Zodiac drivers when stepping into or out of the



Zodiacs, either at the gangway or on shore. Keep both hands free for this operation, and use the preferred sailor's grip (grip each other by the wrist), because this provides a much stronger connection than simply holding hands.

- Minimize the number of items you take aboard the Zodiacs. Backpacks are ideal for consolidating cameras, binoculars, rain gear, extra shoes, etc. Carry-on items may be handed to the boat handlers before embarking or disembarking. Keep both hands free.
- NEVER smoke in the Zodiacs. This is very hazardous, as the boats are rubber and there are exposed fuel tanks connected to the outboard engines.
- All landing conditions will be announced beforehand. Wet landings may require you to get your feet wet by wading to shore, and dry landings

may dock or other object with which you can step on shore directly.

- Never disembark or embark the Zodiac over the wooden transom (stern) when the boat is backed onto a beach. If you do, an oncoming wave could suddenly push the boat higher onto the beach, striking you with the engine or crushing your foot with the transom.



- During wet landings, you may safely get in or out of the boat by first sitting on the rubber pontoon and then swinging your leg over the side. Always wait for instructions from the driver during landings.
- Always use a weatherproof bag (or bring a small plastic bag) to protect non-waterproof items from sea spray or rain when in the Zodiacs. The perfect polar bear pic can be erased in an instant by a random wave, and you'll be so wet we won't even be able to see your tears.





**Q: DO I HAVE TO BE A GOLD-MEDAL ATHLETE TO JOIN THIS EXPEDITION?**

**A:** Absolutely not, but you do have to be in **good health**. Mainly this means you can walk several hours per day on rough terrain. Most expeditions are ship-based, however, and not too physically demanding. Although we spend as much time as possible on shore, you're also welcome to remain on board. It is important that you're able to get up and down the steep gangway easily, as this is how you'll board the Zodiacs. Staff will assist you in and out of the boats, but on shore it can be slippery and rocky. Also, you'll usually be in remote areas without access to sophisticated medical facilities, so you shouldn't join these expeditions if you have a life-threatening condition, need daily medical treatment, or have difficulty walking.

**Q: WHAT'S THE TYPICAL AGE RANGE ON BOARD?**

**A:** Most of our passengers are in their 30s to 80s, with the majority between 45 to 65 (and a little younger on our schooners). Our expeditions attract independent, adventurous travelers from around the globe who share a strong interest in remote regions, exotic wildlife, and, naturally, huge heaps of ice. Many voyages include several nationalities, and it is the camaraderie and spirit that develops on board that's so important to the polar expedition experience.

**Q: CAN I RECHARGE MY BATTERIES AND USE ELECTRICAL APPLIANCES ON BOARD?**

**A:** Yes, the power supply is 220v, 50Hz. The wall plugs accommodate two thick round pins, such as those found in most European countries. If you are joining us from other regions of the world, you may need a transformer and international adapter for your particular equipment.

**Q: WHAT ABOUT SEA SICKNESS?**

**A:** Ah, the eternal question. In our experience, a small percentage of people get sick on any trip and most are fine within a day or two. If you're particularly susceptible to motion sickness, it's a good idea to talk to your doctor before your trip. **Bring motion sickness tablets**, learn their side effects, make sure to eat enough, and get adequate rest. We expect to sail at night most of the time, but we also sail during the day to visit our various landing sites. Anticipate rough seas in certain areas, such as the Drake Passage or Denmark Strait. It can also help to avoid alcohol, tobacco, excess liquids, and confined spaces. Most people feel better simply lying in bed or sitting on deck and looking at the horizon. Sea sickness may also improve with food, such as crackers or dry toast. Remember, once you start to experience nausea, medications are of little help. Take them well in advance. For those with sea sick roommates, please take care of each other and inform the on-board doctor, expedition leader, or hotel manager.

**Q: CAN I TAKE ANYTHING BACK HOME?**

**A:** Unless you mean from a souvenir shop, no. We travel in special places not everyone is lucky enough to enjoy, so please treat these places with their due respect. When in doubt, follow the prime polar rule: Leave nothing but footprints, take nothing but memories.



## FREQUENTLY ASKED QUESTIONS

IF YOU STILL HAVE SOME UNANSWERED QUESTIONS, FEEL FREE TO CONTACT US  
YOU WILL FIND OUR CONTACT INFO ON THE LAST PAGE OF THIS MANUAL



**Q: ARE THERE RESTRICTIONS AS TO WHAT CAN BE DONE WHILE ON SHORE?**

**A:** Yes, though you're free to do as much snow yoga as you have time for – if that's even a thing. Our overriding concern is protecting the wildlife, environment, and cultural sites of any area we visit. We'll address specific conservation issues in our on-board briefings, and our expedition staff will keep you informed of these regulations on shore.

**Q: HOW MUCH TIME DO WE SPEND ON SHORE?**

**A:** Our aim is always to spend as much time on shore as possible, but nature and the expedition leader ultimately make the final decision. During some voyages, you may spend several days on the ship followed by a series of hours-long landings. On other voyages, you might land two or three times per day. At high latitudes, we have almost continuous daylight, so we like to show you as much as possible, but we leave it up to you whether or not to skip an outing.

**Q: CAN I FLY MY UAV/ QUADCOPTER/DRONE DURING A VOYAGE?**

**A:** The International Association of Antarctic Tour Operators (IAATO) does not allow the recreational use of such equipment on member vessels, and the same goes for the Association of Arctic Expedition Cruise Operators (AECO). Also, the Government of South Georgia and the South Sandwich Islands has issued a ban on the recreational use of these items in their territories. **Since we are a full member of IAATO and AECO, we support their decisions.**





# OCEANWIDE

EXPEDITIONS

[WWW.OCEANWIDE-EXPEDITIONS.COM](http://WWW.OCEANWIDE-EXPEDITIONS.COM)

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