

STOCKHOLM

Stockholm might be the most popular capital city in Scandinavia and with its gorgeous archipelago surrounding the city there's no secret that it's also one of the most beautiful capitals in the world. With a vibrant atmosphere, world-class museums, beautiful architecture and a 750-year history, this city has got plenty to explore and to experience.

FROM THE AIRPORT

Bus – Flygbussarna takes about 45 minutes from Arlanda Airport to the city terminal and currently range from 100SEK per person.

Train - Arlanda Express Train is the fastest way into town, 20 minutes and costs 280SEK per person (Children cheaper).

Taxi - Major taxi companies operate on a fixed price basis between Arlanda and central Stockholm. Prices at the taxi stands currently range from 460SEK (Transfer Taxi) to 520SEK. Taxi is recommended if staying far from the central station.

GETTING AROUND

Stockholm lends itself to walking, boating and bicycling and is a wonderful place to explore. Head down to the Tourist Information Centre, grab some maps and off you go.



CULTURE FASCINATIONS

Old Town - “Gamla Stan” is one of the largest and best preserved medieval city centres in Europe, and one of the foremost attractions in Stockholm. This is where Stockholm was founded in 1252.

The Vasa Museum - the only preserved seventeenth-century ship in the world, and a unique art treasure. More than 95 percent of the ship is original, and it is decorated with hundreds of carved sculptures

Abba Museum – More than an ordinary museum. Dance and sing your way through the interactive activities on offer. Tip – book online and go early.

Royal Palace - the official residence of His Majesty the King of Sweden, with over 600 rooms. The Palace is open to the public and offers no less than five museums. The Palace was largely built during the eighteenth century in the Italian Baroque style, on the spot where the “Tre Kronor” castle burned down in 1697.

Archipelago Cruise – The Stockholm Archipelago, or “skärgård” as it's called in Swedish, is made up of 30,000 islands and creates a beautiful scenery while cruising in or out of Stockholm. Large cruise ships and ferries depart from Stockholm to the countries around the Baltic Sea, or scheduled Waxholmsbolaget routes can take you to the local islands.



Royal Palace



Stockholm Archipelago



The Old Town

SWEDISH FIKA & WEEKEND BRUNCH

Going for a fika at a “fik” is a very Swedish thing. Fika basically means to meet up for a coffee and a piece of cake or pastry, and a fik is slang for a café, bakery or pastry shop. Sweden enjoys a highly developed culture when it comes to baked goods, and everywhere in Stockholm, you’ll find cafés and cake shops brimming with atmosphere, character, and quality, whether traditional or contemporary-creative.

In cafes, you’ll find mostly muesli and yoghurt or bread rolls with ham and cheese served in the morning hours. On weekends, however, it’s a whole different story. Popular brunch spots fill up quickly, so be sure to book ahead!



@ Fika Swedish Kitchen



Meatballs at Den Gyldene Freden



Östermalm Food Hall

RESTAURANTS

Östermalm Food Hall

Stroll around this gorgeous food hall from the 1880’s and soak up the atmosphere or sit down at one of the restaurants or café’s to enjoy some traditional Swedish delicacies and the classic Swedish fare called ‘husman-skost’. Open lunch and afternoons only.

Address: Östermalmstorg, 11439 Stockholm

Website: www.oostermalmshallen.se

Den Gyldene Freden

Head out for a fascinating dining experience to this classic restaurant situated in a medieval basement in the Old Town. The restaurant is owned by the Swedish Academy, which selects the Nobel Prize for literature. The menu offers classic Nordic cuisine blended with interesting contemporary touches. The restaurant is also visited by a lot of big names in the Swedish cultural elite.

Address: Österlånggatan 51, 10317 Stockholm

Tel: +46(0)8249760

Website: www.gyldenefreden.se

Restaurant Pelikan

Restaurant Peilkan has a long history dating back to 1664. Now the resaturant is situated in beautiful Jugend-style building in Stockholms Södermalm. The chef of Pelikan says that plain food is the heart of Swedish cooking and he is hoping to recreate the old, traditional

farmer’s style of cooking and to bring back the Sunday meals that he remembers from his childhood.

Address: Blekingegatan 40, 116 62 Stockholm

Tel: +46 8-556 090 90

Website: www.pelikan.se/en

Rutabaga

After 10 years in service of serious food connoisseurs, the exclusive Mathias Dahlgren at Grand Hôtel changes gears and name. Rechristened Rutabaga, the quality is still of the same high standards that have earned its head chef Mathias Dahlgren several Michelin stars, but the new menu is wholly vegetarian.

Address: Södra Blasieholmshamnen 8

Tel: +46 8 679 35 00

Website: www.mdghs.se

Flickorna Helin

A charming café in a secluded and leafy setting with a large and very popular selection of baked goods. The castle-like building is located along the pedestrian path on Djurgården, and it’s a splendid place for lunch or a coffee break between visits to Skansen, the Vasa Museum, and other nearby attractions.

Address: Rosendalsvägen 14, Stockholm

Phone: +46(0)8 - 664 51 08

Website: www.flickornahelin.se

BUT WAIT - THERE IS MORE

Brunch Cruise on Stromma - This is a sightseeing boat cruise of the (inner) archipelago that they offer every Saturday and Sunday (year round) on the beautiful boat s/s Stockholm, which was built in 1931 -- Swedish smörgåsbord favorites.

Nordic Experience Food tour - Discover the pure flavors of both the modern and the classic Nordic Kitchen. Visit a selection of classic food spots while hearing their local background stories and sample their delicious food. The tour runs for 3.5 hours and covers 2.5 km walking. A maximum of 12 guests allows for an exclusive experience with the tour guide and the food artisans.

Historical Canal Tour - Travel through narrow canals and take in the beautiful scenery of Stockholm while learning about its fascinating history. Season June to August. Want to have the same experience in winter? Don't worry - Stockholm Winter Tour will take you on a journey along the city while you can enjoy some traditional Swedish pea soup and a cup of coffee on board the ship.

CULTURAL EXPERIENCE

Art in the subway

The Stockholm subway system is said to be the world's longest art exhibit - 110 kilometers long. Traveling by subway is like traveling through an exciting story that extends from the artistic pioneers of the 1950s to the art experiments of today. Over 90 of the 100 subway stations in Stockholm have been decorated with sculptures, mosaics, paintings, installations, engravings, and reliefs by over 150 artists. The Kungsträdgården subway station looks like an archaeological excavation, with the remains of the old Stockholm Makalös palace. At Östermalmstorg the artist Siri Derkert highlights women's rights and peace and environmental issues.

Marabouparken Konsthall (free admission!)

Since 2010, Marabouparken art gallery is located in Arthur von Schmalensee's former cocoa laboratory in Marabou Park. The park was developed in the 1940s and 1950s on the Bällsta River in Sundbyberg as a visionary landscaped recreational facility for the employees of the Marabou factory. Marabouparken art gallery is run by a foundation with the aim of presenting a selection of the most interesting contemporary

You can spend your Tuesday afternoon at a museum, without spending anything. The Nordic Museum has free entry on Tuesdays from 1-5pm, and the Nobel Prize Museum from 5-8pm. The Modern Art museum on Skeppsholmen, meanwhile, has free admission the whole week round.

Swedish and international artists. We wish to provide our visitors with an opportunity to view exhibitions that explore and reflect society today and that introduce concepts and approaches in contemporary art.

SHOPPING

Hornstulls marknad

Hornstulls marknad is an outdoor street market situated in the western part of Södermalm. The market stretches along the waterfront and has become one of Stockholm's favorite Sunday activities. Expect to find a variety of vintage, second-hand, art, food trucks and everything else that comes with a proper street market. Open every Saturday and Sunday 11:00-17:00, April through to October.



Hornstulls Market @Visit Stockholm