

### Enfield Island Youth Community Trust (EIYCT)

Presented locally as 'enact.community'
Annual Report

2016-17







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## Introduction from our Chairman

Welcome to our 2016-17 Annual Report. It is my pleasure to once again present the achievements that we have seen over the last twelve months and celebrate the choices and changes that so many in our community have made. We exist to see lives of the young and old in this community step beyond any limiting factors, and with support and encouragement from the team and those around, see dreams and opportunity achieved.

We celebrated our second Community Awards in February, and were grateful for the support of Ledley King and the Tottenham Hotspurs

Foundation, and RDF among other sponsors. But my final word goes to the children, young people and adults, so many volunteers and members of the local community who are joining together to support the development of great lives and grow a strong community. As you read this report I hope you will celebrate with us their achievements.

### Norman Ford, EIYCT Chairman

The Enfield Island Youth and Community Trust (EIYCT) was set up in January 2003 by a group of concerned individuals who sought an effective way to support young people of 'Enfield Island Village' in the North East of the London Borough of Enfield. In 2006 EIYCT developed a partnership with Oasis UK who used their national links and knowledge to recruit key workers who helped it develop EIYCT provision and collaborative links with their new established Oasis Academy.

In 2010, following local research, EIYCT launched provision for children and families to develop 'all-through' community provision for 4-19 year olds. At the same time it supported vulnerable young

people who needed support out of gang association and risk taking behaviours.

History of

EIYCT

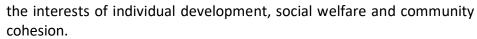
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enact.community

In 2015 EIYCT rebranded its community facing name to 'enact.community' to reflect its broader vision to support children, young people and families in the area.

EIYCT is funded purely from foundation grant and voluntary donation. It receives no statutory funding. The EIYCT funding model is based in receiving a consistent and sustainable 'core' grant fund from the RSA Trust, which it has done since 2003, from which we seek match funding and donations to secure core worker and project costs.

EIYCT is a charitable trust with the object of providing facilities for recreation or informal learning in





Vision

We seek to 'encourage', improving aspiration, self-esteem and confidence in individual potential. Participants 'engage' in discovering and exploring new opportunities to decrease inequality and increase future life opportunity. We seek to increase a sense of community, to 'enjoy' being included and treated equally. We 'enhance' by improving active participation and volunteering, thereby strengthening support networks and improving interdependent community relationships.

# (age 11-19)

### **Universal Youth Offer**

Over the past year, the Youth Team has worked hard to deliver a wide range of provision, primarily through our twice-weekly drop-in sessions, but also through holiday and sports provision. 217 young people have engaged with enact.community through its universal provision with roughly 80% attending more than once and 40% attending at least every month across the year.

Highlights this year include 20 people being nominated for a Jack

young Petchey Achievement Award by peers. 15 young people engaging in a series of drama







workshops and attending a westend performance of "The Comedy

About A Bank Robbery", which was delivered in partnership with Mousetrap Theatre Projects. Young people explored a variety of cultures and food through Black History Month and engaged with issues such as consent and gender equality through our Sex and Relationships programme. This led on to a regular informal discussion group with topics suggested by participants. Additionally, we were able to offer targeted mentoring to some vulnerable young people through our universal provision. One of our members was elected to Youth Parliament and engaged with other young people to decide what issues should be discussed during a meeting with local MPs.

In September, we identified greater youth participation as a priority. Over the following months we organised steering group meetings to facilitate this. During the Spring of this year, this group focused on organising and delivering a community event as part of London Youth's "Youth Leads" programme.

Every year, we see increased engagement with young people who are transitioning into post-16 education or training. Over the past year we have supported young people to apply for college/sixth form. We also offered support and signposted to local services on results day in August in partnership with the local Job Centre Plus youth specialist.

### **Holiday Provision and Additional Activities**

During the school holidays, we were able to offer a range of activities and trips for young people. Many of the trips have been funded through the Jack Petchey Achievement Award scheme. Trips have included Thorpe Park, Go Karting, Go Ape and White Water Rafting. Through these events we have seen young people grow in confidence as they are exposed to different situations.

The school holidays also provide us with the opportunity to do more specialised sessions that appeal to distinct groups of young people. During the 2016 summer term, our weekly boxing provision



became very popular. Because of this, we organised 10 hours of boxing sessions during the summer holiday. Similarly, cooking continues to maintain its popularity with our young people. We therefore, delivered a range of cooking competitions and workshops throughout the year.

During Easter 2017, we were able to offer relaxation and sports activities for young people engaged in GCSE revision sessions at Oasis Academy Enfield.

### **Detached**

We recognise that not all young people are going to attend a youth centre. Through the detached youth work we are able to build positive relationships with other young people in the wider community.

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### Restore

Over the past year we have continued to build on the support we offer 'at risk' and 'vulnerable' young people. We have recognised the importance of working in partnerships to offer the best level of support and understanding. We have led daily sessions in the Oasis Academy Enfield 'Academy Referral Centre' (ARC) which helps young people who struggle to access learning in a mainstream setting, and we have led one-to-one mentoring support. We continue to work with the Local Authority and local police to provide opportunities for young people to avoid criminal activity.

### **Targeted Support**

We continue to run targeted sessions for young people who engage in the universal setting but need additional support and challenge because of vulnerable or at risk behaviours. We have continued to work with our partners to support the 'Call In' project, where young people spend time at a Crown Court and are challenged by various witnesses and have consequences explained. The call-in presents the impact and effects of gang violence on the individual and their family. This year we took 20 young people along and offered one to one follow-up support.

Of those young people at risk with whom we worked with this year, two young people have found meaningful employment, three explored and engaged with their next educational steps, one young person built their confidence and emotional well-being that positively affected their choices, and we supported one young person whilst on remand and supported them on release.

### Oasis Academy Enfield

We have worked with over 20 young people within their 'ARC' referral centre. Our role is to help young people identify, 'own' and understand their behaviour, and then build coping strategies so that they can succeed when reintegrated into mainstream education.

In September one-to-one





2015 we started working in and small group settings,

offering a 'youth worker' approach, as part of the Academy's pastoral response, to explore struggles with work or relationships. This approach has helped some to feel more able to address problems. We identified that the most frequently occurring need was related to communication, so have built a curriculum where young people can identify, reflect and develop their communication skills.

We continue to support the multi-agency 'Hub Around the Family' meeting in order to provide wraparound care for students who engage in enact community provision. This view of individuals and families helped us identify patterns and root issues so that the real problems could be addressed rather than just the outward behavior. This has been really important in providing steps to future opportunities for some of our young people.









Enact Sixeight has been positively challenged to transform a number of times to meet the surfaced needs of the children attending over the years. Sixeight is currently made up made of; Young Leaders, Youth Volunteers, Children in Year 6 who attend sixeight and kids club, Children in year 6 and 7 who only attend sixeight. We have also got the additional challenge of 'new' children who are seen out and about in the local community who have never attended any 'enact' provisions.

Our volunteering program joined alongside Sixeight, supporting children and young people who were willing to develop personal skills and gain experience and confidence through their transitions.

This year we have recognised and celebrated with volunteers in many ways. Six volunteers achieved 100 hours over the past year and were nominated for the Enfield Council 100 hours scheme. Volunteers had the opportunity to speak with Ann Cable MBE (Deputy Lieutenant for the London Borough of Enfield) who from this joined us in celebrating the enact awards 2017. We have also celebrated with volunteers in different ways, including; helping to adapt sixeight to accommodate transitioning children, supporting work experience placements for college, sixth form and university students, celebratory parties for volunteers including a BBQ, Christmas Party giving staff and trustees an opportunity to really thank volunteers for their hard efforts and contribution over the past year, successful training sessions where volunteers feedback that

- "Voluntee<mark>ring has helped me talk t</mark>o new people. Working with new people has improved my team working skills."
- "I didn't get involved in a group and I was too shy, I wouldn't talk to anyone. I didn't go out much, when I came here (volunteering) it changed. I started going out more, talking to people I have never spoken to. Also I made new friends at my college."

Sixeight children have increasingly been more engaged in practicing their cooking skills, making meals from scratch, making meals on a budget, and gaining confidence to try something different or new. Children have been involved in sharing ideas and suggesting activities they would like to play within the evening sessions too. We have celebrated with sixeight through end of year celebrations, enact community awards and cheering them on as they overcame challenges and fears at the Year 5 & 6 Residential in Easter.

Thank you to L&Q and The RSA Trust who have been a crucial support for sustaining and developing these provsisons.











During the last year Kids Club celebrated being open for 7 years and Infants for 5. In that time, hundreds of children have benefited from our zero-cost, community club. In the last year, X children from X families have attended clubs, we have opened X open sessions, X football coaching sessions, a 36 hour residential for 15 children and family day trips for X.

We sought to expand our clubs to offer a second week night, but we have been stretched to maintain the one-night per week clubs because of staffing and budget issues. We recognize the need that set off launching the club has in no way waned and in fact we have over twenty children on a waiting list to join the clubs.

We have relied on volunteers (both youth and adults) to open our sessions not only to maintain adult-child ratios, but to maintain our culture of high engagement between leaders and children. We aim for every child to have had a meaningful conversation with a leader as well have members of their community know their name confidently. The quality of relationships and shared positive experiences, such as cooking together or achieving some form of art, leads to trust and enables leaders to identify positive behavior or positive change over time. At our circle time each week we are then able to name children who have demonstrated our shared values and celebrate achievement.

A significant area of need is around ambition and exposure to positive new experiences. This year we launched a long-term

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We thank our long term partners Oasis Church, The RSA Trust and L&Q Foundation. We thank our long term funding partner The Big Lottery Fund.













One of our greatest learning points over the last few years has been in seeing each age-specific provision through the lens of 'family'. We do a disservice to our children and young people if they develop in an exclusive way from family life, and we strengthen them if provisions build interdependence between their family units, friends, educational institutions, faith groups, community and youth workers.

In this context we have been proud of the staff and session team, adult volunteers and other community groups such as Oasis Church, Edmonton Eagles boxing club, Children's Centres, Oasis Academy Enfield, and Father 2 Father, and the way we work together. These partnerships have enabled us to offer greater capacity and resource.

One strength of our 'family' approach and partnerships meant we were able to take over 50 members of the community, of all ages, to visit the 'Glorianna' barge, used by the Queen's at the Golden Jubilee River Thames Pageant in 2012. Families recognised they were not getting a standard tourist day-out in London, and enjoyed sharing the experience with new friends as one community.

Similarly over thirty of us spent a day in nearby Epping Forest. Families acknowledge that without the group dynamic, they probably would not access or know how to make use of the forest. We had great fun, the highlight being taught a Turkish version of dodge-ball! Watching families with children and parents learn, then play the game, demonstrated the power of joining families together, sharing experiences and culture, and making shared memories which last beyond a trip.

'On-the-Move' gave us the opportunity to explore holiday activities and create 'family time' with a range of sports activities for range of ages. Parents played games in a way that they acknowledged they wouldn't have done without the session, and wouldn't have had confidence to do in the park.

One parent said they use the local parks now as they have learnt to overcome their apprehension and have confidence to talk with other parents and children.

We again partnered with Father-2-Father for a Father's Day event and continue to support their 'father's room' space as they develop mentoring and further support for fathers, and wider family units.

We have started developing a new 'Kids Club Sunday' programme jointly with Oasis Church who run a café serving home made cakes. We are piloting it to give parents and children a space to have quality time and enjoy activities they otherwise wouldn't do together.

Our cooking workshops have continued to teach new skills that families go on to use at home, and because we eat together, creates a sense of community. Lovely memories have been made at Family Event, of note being the family photos taken on Mother's Day.

Thank you to The Big Lottery Fund for funding family events and all the Oasis Church volunteers who make family events and Kids Club Sunday café work

LOTTERY FUNDED







We were proud to present six awards this year at our annual enact Community Awards. Hosted by Oly Britten, with guest speaker Ledley King, ambassador for the Tottenham Hotspurs Foundation, and sponsored by the RSA Trust and RDF group, we hosted over 100 guests from the local community for a meal and celebration.

We were pleased that MP Joan Ryan, Local Authority officer Jenny Tosh, Academy Principal Neil Hassell, plus many other community leaders and influencers, RSA Trustees, community participants joined together with the families of our nominees, to recognise and celebrate some great achievements. Over 100 of us sat down to eat and enjoy the awards.

These are the winning nominations.



### Sude Kupeli

Sude started Kids Club when she was in Year 3, following in her sister's footsteps. She has been a consistent, reliable and very positive member of Kids Club. Sude has always been quietland thoughtful, but this should not be confused as shy! Sude has always been able to make her point and help us develop new ideas, she is creative and can concentrate on achieving complex tasks. Sude is also courageous, which we saw at Kids Club Residential when she overcame fears on outdoor pursuits and put 100% into developing new skills.



### Elifnaz Kisa

Elifnaz transitioned to young leaders after graduating from enact Kids Club which she had been a part of for a number of years. Elifnaz often looks to help children who might be struggling to finish certain craft activities, helping those who might be playing on their own, and supporting small groups to work through the steps of an activity. Elifnaz not only helps the children but supports her peers to engage children and is equally at home working in Kids Club or Infants, including the hard task of being a positive influence to her own brother and sister who also attend Kids Club!



### **Tommy Webb**

Tommy initially engaged with us as part of the original six-eight cohort in 2011. Over the past 18 months Tommy has regularly attended enact Youth drop-in sessions and is actively modelling positive and mature behaviour to others. He behaves as a 'senior' young person, is a great advocate of positive engagement, helping others find a way to join in, and models positive values both in sessions and in his own positive life choices.



### **Danny Elston**

Danny volunteers his time to support children particularly Infants. Danny first began as a young leader, keen to find ways to develop and improve the clubs for the benefit of children. He is developing confidence in his own leadership, increasingly is leading activities and even the whole group circle time. Danny achieved his Enfield Council 100 hours Volunteering Award in 2016.



### Tiana Cato

Tiana has worked with enact for the past two years initially as a volunteer. Tiana is engaging, positive and seeks to give opportunities to every young person in order that they can make positive choices for their own future.



### Norman Ford

Norman has been the enact chairman since the charity started in 2003. Having formerly been a local Ward Councillor, Norman added great value to the development and fledgling first steps of Enfield Island Youth & Community Trust (EIYCT) and brought challenge and encouragement to the team as the charity has evolved.





## The Management Team and Trustees

Our Trustees are drawn from local business and local residents.

**enact** is now well established as the name we are now known by however EIYCT will continue to be our legal name. EIYCT is actively managed by the Trustees and partners via a monthly management meeting. In attendance, in addition to the Trustees, are representatives from our partners Oasis UK, L&Q, and London Borough of Enfield. We have a Youth Trust administrator who takes minutes and maintains the Trusts accounts. The Youth Workers attend and present a written report on the activities of the past month and raise issues for the attention and scrutiny of the Trustees. A monthly set of management accounts are presented and future developments agreed.

The Trustees are pleased to report that in a tough financial year the trust income has covered expenditure without depleting reserves and has showed a small surplus. Securing funding has been increasingly difficult for both universal and targeted provision to help all our young people and families. Our reserve policy of two months' expenditure cover has been maintained but increasing this to a more ideal goal of 3 or more months is a major challenge which we continue to aim for. The trustees would especially like to thank Mr Alan Ray of FSP UK Ltd for his work over many years as independent examiner.

Mr Norman Ford who has been Chairman for many years stepped down in May 2016 and Gary Walker has taken over as Chair. We are very pleased that Norman is going to remain a Trustee and we thank him for his years of service as Chairman. We are also very pleased that Ms Gill Antoniou has agreed to join the board of enact Trustees. Gill brings a wealth of experience in youth provision and in particular her experience with 0-5 year olds and their families during her time with HomeStart,

Trustees who served during 2015/16 are shown below. All can be reached c/o Unit 12, Island Centre Way, RSA Island Centre, Enfield, EN3 6GS.

Mr Norman Ford (Chairman), Mr Gary Walker, Mrs Doreen Willis

A note from Trustee Doreen Willis:

" to be written after first draft is presented to Trustees."

### Partners and Funders

**Key Partners** 















**Project and Funding Partners** 







