## enact

## Enfield Island Youth Community Trust (EIYCT)

Presented locally as 'enact community'
Annual Report

2020-21



# Introduction from our Chairman

On behalf of the Trustees and the team, it is my pleasure to present the Enfield Island Youth & Community Trust annual report for our financial year ending in March 2021. Working together with other partners, including social housing providers and Ward Councilors, a group of us set up EIYCT eighteen years ago. Since that time, we have supported hundreds of children, young people, and families from Enfield Lock and further afield. Many things have evolved and changed, from structure and policy, to people and projects, even our name (enact)! However, our focus and commitment to provide a positive safe space within our community for families and young people who benefit from enact's activities and support.

The universal nature of our provision remains a core feature as it enables us to work with the broadest cohort of the community. It gives space for positive relationships to form between workers and participants and trust is built enabling targeted work to be identified and addressed. Our model is hard to fund but as a Board, we are determined that the whole community has an opportunity to engage in positive activities.

As a board we are encouraged by the tangible evidence of the **enact** impact in the community as many of our young people and parents are inspired to come back and volunteer with **enact** and thus contribute back into the life of the **enact** community which they benefited from.

Last year, I reported that enact was going through significant change with a new team having been recruited and us saying thanks and goodbye to James, Charlie and Matt. I am pleased to report that the new team of Manju Jnagal as team leader and Natasha Greenway leading on children and families with Danny Bayes-Clarke running the historic youth provision has worked very well. The team has done an outstanding job during these difficult pandemic times with plans having to be constantly revised and changed according to the latest guidelines and legislation prevailing. Our sessional workers were furloughed but we are pleased that they are now back. Also we have many volunteers without whom we would not be able to operate, their help and commitment is much appreciated.

In July 2021, Danny has, for personal reasons, moved on and we thank him for all the great work he did. For most of the year, Natasha has been a team member short but Natasha has handled the additional work load very well with great support from Manju. Recruitment has been challenging, and the first round of recruitment to replace Danny was not fruitful and we are hoping we will be successful in the next few months. We have succeeded in recruiting a new team member to join Natasha and that is a brilliant story as the new recruit was a youngster who attended enact themselves and is now joining in the team. How great is that!

As you will see later in this annual report, Manju and Natasha have risen to the challenge of Covid and been inventive and inspirational in providing a programme of activities and support to the children and families and young people at Enfield Island Village. I cannot thank them enough for what they have achieved. Zoom meetings have become the new normal for Trustee Meetings and the team via reports and updates has kept us informed and sought our support where necessary.

We approached funding for 2020/21 with great trepidation. However as our support from the RSA Trust continued and we were successful with the London Covid-19 Response Fund, some of our worst worries were mitigated. The National Lottery was extremely helpful in allowing us to use their funding in a flexible way to suit the unforeseen circumstances of the pandemic. We also received support from the London Borough of Enfield. Thus our worst fears on funding were, thankfully, unfounded. The current financial year has a budget deficit which we have to overcome. However Gordon Stubberfield (our Trustee responsible for funding) in conjunction with Manju have achieved a lot so far although more funding is still required.

Mark Hayes accepted our invitation to be a trustee and his enthusiasm and expertise will be a great asset. I would also like to thank my fellow trustees Doreen Willis, Gordon Stubberfield and Graham Jimpson who continue to give great support. We are fortunate to have Sam Ellis and Kat Simmonds from the Oasis Community Partnership who attend our meetings and give us good help and advice. Our partnership with OASIS continues to flourish. We continue to get vital support from our other sponsors including Metaswitch, Oasis, The Jack Petchey Foundation, LBE, and many others.

We get great support from Michelle Kyprianou who administers our accounts and writes the minutes of Trust meetings and Josie Atkinson who has taken over managing our database as well as her other work. I would also like to thank Patrick Gray from the RSA Trust office who continues to help and support the youth team and is instrumental in working with enact to bring to life the history of the local area.



My final words are to not only thank once more the team, advisors to the board and Trustees for their hard work, but also to thank the RSA Trust, who have supported us since 2003 and in that time have given over £1million to support the work of enact.

(10

Gary Walker, EIYCT Chairman



Our Board of Trustees as at October 2020 is as follows:

Mr Gary Walker: Chairman – since 2003 Mrs Doreen Willis: Trustee – since 2014 Mr Graham Jimpson: Trustee – since 2017

Mr Gordon Stubberfield: Trustee – appointed March 2019

Ms Kat Simmonds: Advisor representing Oasis Community Partnerships.

Mrs Sam Ellis: Advisor representing Oasis Hub Hadley and Oasis Hub Enfield Lock

Mr Rafique Ullah: Advisor representing London Borough Enfield Youth Service

Mr Mark Hayes: Trustee appointed September 2020
Ms Michelle Kyprianou: EIYCT Finance Administrator – since 2003

Trustees can be reached c/o Unit 12, Island Centre Way, RSA Island Centre, Enfield, EN3 6GS.



# History of EIYCT & enact community

The Enfield Island Youth and Community Trust (EIYCT) was set up in January 2003 by a group of concerned individuals who sought an effective way to support young people of 'Enfield Island Village' in the North East of the London Borough of Enfield. In 2006 EIYCT developed a partnership with Oasis UK who used their national links and knowledge to recruit key workers and develop community provision and collaborative links with the newly established Oasis Academy. Oasis also have a seat on our Management Board as advisors.

In 2010, following local research, EIYCT launched provision for children and families with clubs for 4-11's. We also developed our rationale for maintaining

an open-access offer that forms the basis for positive relationship building between participants and supportive workers. With a consistent community base, opportunities arise to support targeted vulnerabilities and needs. Alongside our youth provision, in 2010 staff created a project to work with young people who needed support out of gang association and to engage in their education.

By 2015 Trustees felt that EIYCT no longer described the breadth nor joined-up nature of our work, so EIYCT rebranded its community facing name to 'enact community', and our age-specific provisions began to join up to support the whole family unit. In 2017 we launched our first 0-5's Stay-and-Play group, completing our all-through work. In 2018 we increased our support for youth and adult volunteers with additional training and launched a junior youth drop-in.

EIYCT is funded purely from foundation grants and voluntary donations. The EIYCT funding model is based on receiving a consistent and sustainable 'core' grant fund from the RSA Trust, which it has done since 2003, and from which we seek match funding, project funding and donations to secure core workers and project costs.

**Charitable Objects:** EIYCT is a charitable trust with the object of providing facilities for recreation or informal learning in the interests of individual development, social welfare and community cohesion.

We seek to 'encourage', improving aspiration, self-esteem and confidence in individual potential. Participants 'engage' in discovering and exploring new opportunities to decrease inequality and increase future life opportunity. We seek to increase a sense of community, to 'enjoy' being included and treated equally. We 'enhance' by improving active participation and volunteering, thereby strengthening support networks and improving interdependent community relationships. We therefore seek to 'become the very best versions of ourselves'.





enact is our community name, 'Enfield Island Youth & Community Trust' (EIYCT) is our legal charitable entity. We are a charity (No. 1109131) and a Company Limited by Guarantee (No. 04754171). The Board of Trustees form the management committee and are responsible for the charitable company. It meets monthly to discuss strategy, monitor activities, and manage finances and operational risks. None of the board members are remunerated. The staff team submit monthly written reports on activities and the current context. The Finance Administrator clerks the meeting and presents accounts. During 2019-2020 EIYCT signed a Service Level Agreement to fund

Oasis Community Partnerships to employ three workers. Workers are therefore employed by Oasis, but are governed and managed to run EIYCT provisions by EIYCT Trustees.

Enact has continued to run successfully despite the impact of the pandemic and the effect of this on delivering activities to the local community. Rather than cease the work with the local community, it felt important and essential to continue the support of the community as much as possible. As a team we identified early on that we had to completely change our way of working and had to upskill ourselves to use other online methods to engage and deliver positive activities to the local community. We started a new Instagram page in March 2020 (@enact.community) and have a revamped website <a href="https://www.enact.community">www.enact.community</a> with thanks to the LCRF (London community response fund) to enable this.

We created weekly schedules on Twitter and Instagram which had various activities which the team delivered from home. The trustees were also involved in joining the teams via zoom to see the processes, build relationships with core team staff and to get involved. We found that Instagram was used more widely and then focused on different vlogs done by the team. Instagram was used to

promote wellbeing and mental health (this was a prominent conversation due to the lockdowns), signposting, creating different challenges to involve the community and see the team become involved in this examples include tips to look after oneself. Natasha, Danny and Manju took turns to deliver work online in respective projects. Examples include, Natasha creating story times with under 5's and enlisting help from volunteers to become involved and reading stories on instagram, Manju created weekly yoga sessions and interactive Instagram lives with competitions understanding more the correlation between fitness and mental health and Danny led on Friday night quizzes with young people.

When we were able to return to face to face in summer 2020 and we had to ensure that we followed processes and guidance from Oasis, the government and the National Youth Agency to ensure we were keeping ourselves and the community safe. Our first return out of lockdown we had raised £5000 from crowdfunding which enabled us to see



Between July and August enact delivered

117 hours of face to face community provisions



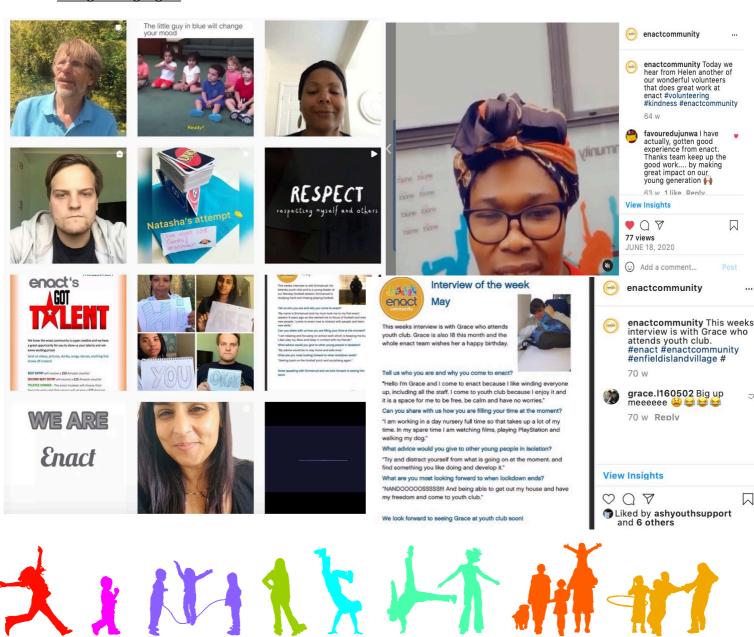
71 individuals over 8 sessions and had 23 repeats

the community once again and provide toys and activities for youth, toiletries and food parcels. It gave us a chance to first hand to build meaningful relationships as a new team. We had given over 100 food parcels, activity packs and toiletries during the month of August.

The team thereafter developed new projects and worked as much as they could outside to ensure guidance was in place. Including 1-2-1's walk and talk with youth, kids club in the park, run club, enact football, cook at enact, mental health projects picnic in the park, resilience and fitness projects for vulnerable young people, socially distanced tots read along in local parks, outreach in the local community and so much more. Head to Instagram to see what we have been up to!

We have ensured, that through our monthly trustee meetings, that we have been able to showcase and talk through the age-appropriate activities, discuss what challenges we face and highlight key pieces of work which have so much meaning to the community. The trustees at enact provide the team with advice and guidance which has been a tremendous help during this last year.

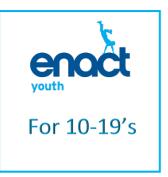
#### **Instagram highlights**



#### enact Youth

For youth aged 10-19 years.

#### **Project Summary throughout 2020-2021**



As a charity we aim to maintain our Open Access youth provision, where we can create safe spaces and explore what issues young people truly faced with all our youth work being youth led. We are in the heart of Enfield Island Village and understand the difficulties faced by young people and their families as we build relationships with them all.

We use various methods to get young people involved such as outreach, mentoring, centre base youth work, half term & holiday programmes as well as residentials.

Due to the pandemic have had to work differently but still maintaining our universal work this has included:

- Working in smaller numbers
- Including more online 1-2-1's
- Developing and delivering new ways of working online- games/lives/competitions
- using social media platforms
- Ensuring booking before attendance and lockdown face to face sessions
- introducing track and trace
- Running projects focused more on mental health and fitness.
- Upskilling staff online using zoom

We have been able to identify the needs of young people through outreach (partnership with Oasis), from our engagement from Instagram and also attending national online meetings with NYA, Partnership for Young London and UK youth. Enact youth is a safe place where young people can build positive relationships, learn something new without the fear of judgement, to feel safe and be around with peers. Young people are supported by trained JNC and level 3 youth workers and adult volunteers.

#### Some projects we developed and led on included:

Online 1-2-1 mentoring
Face to face 1-2-1 mentoring

Walk and talk sessions outdoors with 2-3 Young people
Project Active- Boxing and mental health project (London community response fund)

Run club – to run 3-5k a week and mental health proj<mark>ect</mark>

Half term Enact lockdown family puzzle challenge

YouthSpace for 10-14-year olds & 14-19 year olds

Wellbeing pack project (London community response fund grant)

Enact picnic project (Tesco bags for help grant)

Outreach every Thursday in partnership with Oasis

Instagram lives promoting fitness (yoga and running London community resp<mark>ons</mark>e fund grant)
Young leaders' space

Half term trips including Jack Petchey Trips to Climb the O2 and Visiting Tottenham stadium

We have followed UK youth, NYA and other reputable youth organisations to enhance our programmes. By engaging with enact we expect to see young people increase their confidence and well-being. They will be able to positively express aspiration and how they have changed personally.

77

Enact is a great youth club where everyone is really comfortable and there's loads of opportunities.



Ruby - Age 12 Young person 77

Mentoring has been amazing helping me through this lockdown. It has really helped me with my mental health.

The laptop I've got given from youth club has been so great to do work and learn new things with using the laptop.



Krishna - Age 16 Young person

#### Universal Youth Provision

Drop-in on a Tuesday and Friday evening has remained our primary provision for young people and continues to be well attended. Over the year, using our Awards Nominations and the wonderful 'Jack Petchey Foundation' awards, we have actively encouraged greater involvement and sharing of 'youth voice'. The Jack Petchey Foundation awards enables young people, who have been nominated by peers for an achievement, to choose how they invest an award of £250. Young People have chosen to spend their award on new equipment for the center and on holiday activities such as climb the o2. One young person once on top of the o2 said that 'this is a once in a lifetime opportunity'.

#### **Partnership Work**

Edmonton Eagles – Boxing Coaching

We are delighted to see our partnership with Edmonton Eagles continue every week with boxing and coaching. This time allowed 1-2-1s with a coach every Friday.

Oasis- outreach

We ran an outreach project every Thursday throughout the pandemic in partnership with Oasis. This was a crucial project which allowed youth workers to really understand the needs of young people and families through this engagement.



#### enact Kids Club

Kids Club is the name of our work with children aged 0-11.



### Project Summary throughout 2020-2021:

Kids Club tots previously was a volunteer led Stay-and-Play session however with the pandemic we added additional support with sessional staff as we found many families were dealing with unprecedented difficulties.



Kids Club Tots launched in May 2017 after nine parent volunteers completed their 'Doing it for Themselves' training course, run in partnership with Enfield Voluntary Action and Aspire 2B. The group was quickly at capacity as parents joined our friendly and welcoming new Stay-and-Play session. The volunteers quickly learnt how to manage the room and had creative ideas to keep each week fresh and interesting for the children. In January 2018 a second cohort were trained using the same course and launched a second session in May 2018.

Kids Club Tots is for our pre-school children and their parents. This last year has seen us move location to the community hall next to us to ensure that we had more space to enable families to still meet. We regularly fill for free-play, a 'bring-and-share' fruit snack, a craft and circle time for singing. Kids Club Infants is for children in school years Reception to Year 2 (four to seven year olds) and Kids Club is for Year 3 to 6 (seven to eleven year olds). We run this project every Tuesday and Thursday Morning. Kids Club launched in February 2010 and has been full ever since. Every week is fun and children line up excitedly to register, with parents often saying how much children look forward to coming to Kids Club. We were pleased that a number of Kids Club Graduates joined as Young Leaders and some have transitioned well into our provision for youth space for ages 10-14.

Kids Club meet Wednesday and Thursday afterschool. Kids Club is about fun, a relaxed social space, an opportunity to learn new skills and try new crafts and games. Each session teaches our six club values, Honesty, Respect, Positive to learning, Positive to Others, Self-confidence, Celebrates Success.

Children improve social confidence and resilience, they have increased opportunity to try new experiences and build positive social support networks. In addition, we expect parents and families to gain 'non-statutory' support, advocacy and advice, to build social support networks and develop greater resilience.

Our Monday Football Coaching session continued until Jan 2021, we found that with the darker nights and with another lockdown that children were not attending. As a team we evaluated what we could

do. So we have started a new multi sports club for children aged 7-10 years. Feedback from families included that the project was not close enough on the island. The multi sports club runs from The Enfield Island Village community hall and offers boys and girls the opportunity to join the club for a term, learn new skills, challenge themselves and learn key group working skills as well as playing sports.

Throughout the pandemic we have continued to follow the government guidance for face-to-face activities in the community and each time restrictions eased we were ready to deliver face to face activities straight away, this meant that there were several stops and starts with our face-to-face provisions, but we were determined to continue to provide support to the community each time we were able to.

Due to social distancing and gathering restrictions, we adapted our existing provisions to meet the need within the community for example, during summer holidays 2020, we ran small groups of children's play sessions back-to-back throughout the day to ensure that each child who was registered with kids club got the opportunity to meet with their friends and have some fun, at a time when children were not going to school and rarely going outside their homes. These sessions came at a crucial time and allowed the children to express their feelings about the lockdown, they told us that they really missed school and their friends, and many children told us that they had not been able to do much school work as their parents struggled to help them due to the language barriers. It was wonderful to see the smiles and laughter of the children, who also got fun activity packs to take home.

Providing extra support and opportunities for families during the pandemic was needed so we carried out wellbeing calls to parents, this gave us the opportunity to identify needs with parents and offer informal advice as well as signposting. This was also crucial in building and maintaining positive relationships with parents.

We identified the need for families to have quality time together especially as stress of home schooling for some families was having an impact on relationships between children and parents. So during the October half term we held three wonderful family activity sessions. We hired the local community hall and delivered two sessions with a mobile zoo and animal handler who showed the families some weird and wonderful animals and creatures and taught the families about their nature and habitat. Alongside this we had five different art and craft stations, all animal themed so families were able to spend some time together making crafts and enjoying a relaxed atmosphere.

We held a big screen cinema evening showcasing 'Dumbo' Families were invited to enjoy an evening of fun and treats we hired a candy floss and popcorn maker and ice cream stand. We had a Hollywood themed entrance with backdrop and red carpet as well as giant golden globes statues. Families entered through the red carpet and had their photos taken which were sent to them to keep as souvenirs. 28 families, which is 78 individuals, benefitted from these family events. It has been incredible to have our funding extended by The National Lottery until Dec 2023.



# Partners and Funders

Our thanks to all our partners who help us deliver projects and activities, to our long term and project grant funders, and to the businesses and groups who have donated grants.

### Long Term Funding Partners Partners helping us deliver activities and provision

Our long-term core funder the RSA Trust is the charitable arm of the RSA Island Centre. All profit from the business park is transferred to the RSA Trust for distribution to good causes across Enfield and the wider area.

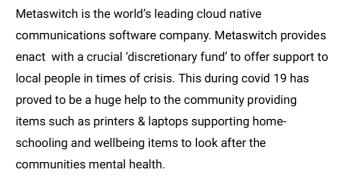
They fund projects ranging from enact's community work, to supporting a local hospice, to supporting local people to start their own business and a local boxing charity who provide activities at enact youth provisions.





Established in 1999, the Jack Petchey Foundation makes grants to programmes and projects that benefit young people aged 11-25.

Enact has run their flagship Achievement Award Scheme for several years. This scheme recognises outstanding young people throughout London and Essex.











#### **Funding and Project Partners**



The National Lottery Community Fund has funded children and families work since 2019 and will continue to fund this work until December 2023.

The Reaching Communities' Project has enabled a varied number of activities to run consistently for age groups 0-11 years, plus family groups. These projects are rich and diverse and offer local children and families the opportunity to get involved in fun, safe and supportive activities, that bring informal learning and create wonderful lasting memories. This project seeks to be led by the community through building on from what the community say they would like and what they feel is needed plays a key role in the development of programmes and activities for children and families.

Integrated Pest Management Ltd tackle all types of pest problems and have established an excellent reputation for providing a professional and comprehensive service.

IPM has previously donated towards our Enact Community Awards Sponsors and supports our staff training.



INTEGRATED PEST MANAGEMENT LTD





London Community Response Fund-TNLCF COVID 19 Response

Funding from The National Lottery Community Fund, distributed by City Bridge Trust through the London Community Response Fund towards the end of 2020 has helped us fund crucial youth activities, covid related items such as PPE, upskilling our team with training, wellbeing projects, counselling for volunteers and staff and core expenses just to name a few of the areas which we were supported to help the Enfield community in response to the difficulties faced as a result of Covid 19. Thanks to National Lottery players for making this possible.

This fund also helped us to revamp our entire website!

Enfield Voluntary Action is known as EVA. They help people & groups access knowledge, skills & resources to make a difference in our Borough. We have membership with EVA, tap into training, tap into new funding opportunities and also get to speak with other agencies and charities in the borough of Enfield.

We received a grant programmes in February 2020 relating Tackling Poverty & Inequality in Enfield. This grant has helped us provide families and youth with laptops and training to help bridge the digital divide which we know many families and youth are facing.



