



Enfield Island Youth Community Trust (EIYCT)

Presented locally as 'enact community'

Annual Report

2021-22



Introduction from our Chairman

On behalf of the Trustees and the team, it is my pleasure to present the Enfield Island Youth & Community Trust annual report for our financial year ending in March 2022. Working together with partners, a group of us set up EIYCT nineteen years ago. Since that time, we have supported hundreds of children, young people, and families from Enfield Lock and further afield. Many things have evolved and changed, from structure and policy, to people and projects, even our name (**enact**)! However, our focus and commitment to provide a positive safe space within our community for families and young people to benefit from enact's activities and support.

The universal nature of our provision remains a core feature as it enables us to work with the broadest cohort of the community. It gives space for positive relationships to form between workers and participants and trust is built enabling targeted work to be identified and addressed. Our model is hard to fund but as a Board, we are determined that the whole community has an opportunity to engage in positive activities.

I am pleased to report that the team of Manju Inagal as team leader and Natasha Greenway leading on children and families continue to go from strength to strength. Nathan is growing into the role under the guidance of Manju. Having emerged from the pandemic, our programme has developed and recognizes the different pressure on young people and families in post Covid times. Our sessional workers continue to perform well and are a crucial part of the team. Also, we have volunteers without whom we would not be able to operate, their help and commitment is much appreciated. We are however finding it more difficult to recruit volunteers.

The finances in the 2021/22 year were satisfactory although this year with the completion of our National Lottery 3-year award, we are finding it increasingly difficult to obtain funding. We currently expect a small loss this year and we will need to use some reserves. When I talk with other organizations, they all say this is true for them as well. We may have to reduce our provision in 2022/23 year.

Although our National Lottery award has completed, it has been a fantastic project for Children and Families and as the needs of our young people change and increase we are hopeful that our partnership with the National Lottery will continue in the future. As you will see later in this annual report, Manju and Natasha have risen to the challenge of post Covid and been inventive and inspirational in providing a programme of activities and support to the children and families and young people at Enfield Island Village. I cannot thank them enough for what they have achieved. Zoom meetings have become the new normal for Trustee Meetings and the team via reports and updates has kept us informed and sought our support where necessary.

This year one of our Trustees, Gordon Stubberfield, has stepped down. We thank Gordon for his efforts. As the Trustee for fundraising it is a crucial role that we have lost. Fortunately, Graham Jimpson has stepped up to the task as is working hard with Manju and the team. We are looking to expand the Trustee team including increasing the diversity of the Trustees. I would also like to thank my fellow trustees Doreen Willis, Gordon Mark Hayes and Graham Jimpson who continue to give great support. We are fortunate to have Sam Ellis and Kat Simmonds from the Oasis Community Partnership who attend our meetings and give us good help and advice. Our partnership with OASIS continues to flourish. We continue to get vital support from our other sponsors including Metaswitch, Oasis, The Jack Petchey Foundation, LBE, and many others.

We get great support from Michelle Kyprianou who administers our accounts and writes the minutes of Trust meetings and Josie Atkinson who has taken over managing our database as well as her other work. I would also like to thank Patrick Gray from the RSA Trust office who continues to help and support the youth team and is instrumental in working with enact to bring to life the history of the local area.

My final words are to not only thank once more the team, advisors to the board and Trustees for their hard work, but also to thank the RSA Trust, who have supported us since 2003 and in that time have given well over £1million to support the work of **enact**.



Gary Walker, EIYCT Chairman



History of EIYCT & **enact**

The Enfield Island Youth and Community Trust (EIYCT) was set up in January 2003 by a group of concerned individuals who sought an effective way to support young people of 'Enfield Island Village' in the North East of the London Borough of Enfield. In 2006 EIYCT developed a partnership with Oasis UK who used their national links and knowledge to recruit key workers and develop community provision and collaborative links with the newly established Oasis Academy. Oasis also have a seat on our Management Board as advisors.

In 2010, following local research, EIYCT launched provision for children and families with clubs for 4-11's. We also developed our rationale for maintaining an open-access offer that forms the basis for positive relationship building between participants and supportive workers. With a consistent community base, opportunities arise to support targeted vulnerabilities and needs. Alongside our youth provision, in 2010 staff created a project to work with young people who needed support out of gang association and to engage in their education.

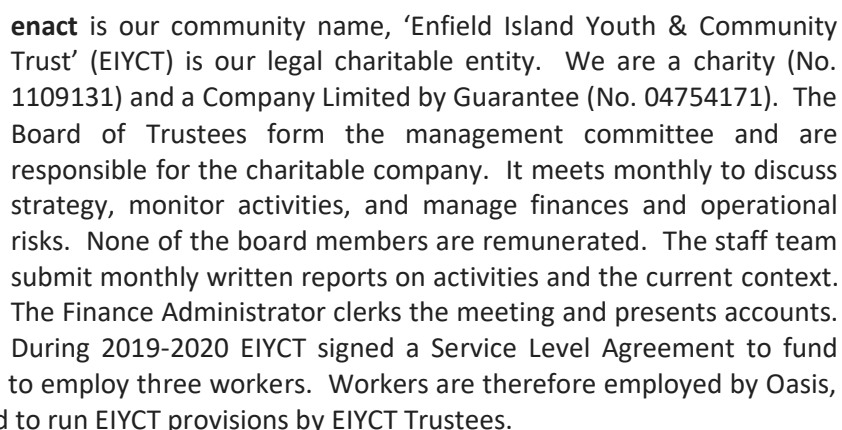
By 2015 Trustees felt that EIYCT no longer described the breadth nor joined-up nature of our work, so EIYCT rebranded its community facing name to '**enact** community', and our age-specific provisions began to join up to support the whole family unit. In 2017 we launched our first 0-5's Stay-and-Play group, completing our all-through work. In 2018 we increased our support for youth and adult volunteers with additional training and launched a junior youth drop-in.

EIYCT is funded purely from foundation grants and voluntary donations. The EIYCT funding model is based on receiving a consistent and sustainable 'core' grant fund from the RSA Trust, which it has done since 2003, and from which we seek match funding, project funding and donations to secure core workers and project costs.

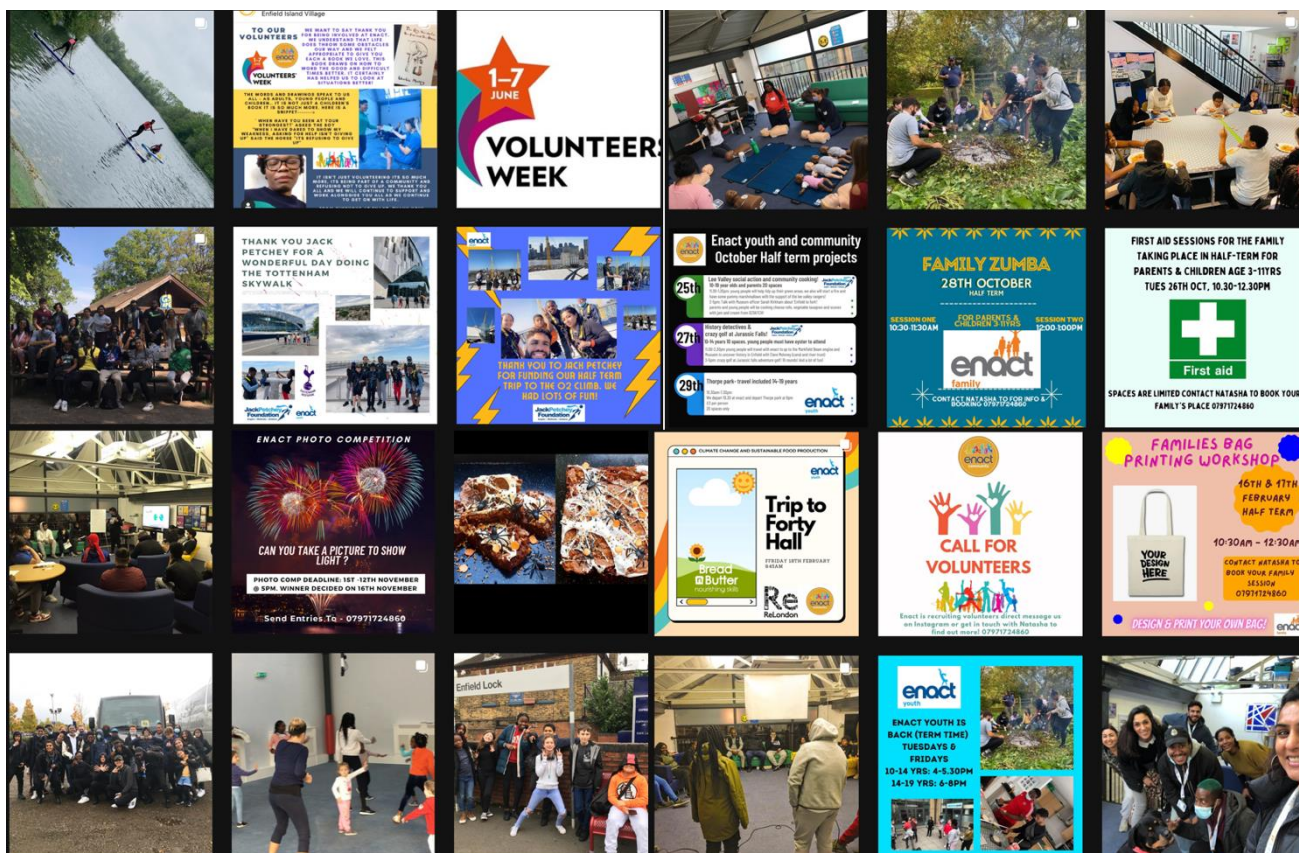
Charitable Objects: EIYCT is a charitable trust with the object of providing facilities for recreation or informal learning in the interests of individual development, social welfare and community cohesion.

We seek to '**encourage**', improving aspiration, self-esteem and confidence in individual potential. Participants '**engage**' in discovering and exploring new opportunities to decrease inequality and increase future life opportunity. We seek to increase a sense of community, to '**enjoy**' being included and treated equally. We '**enhance**' by improving active participation and volunteering, thereby strengthening support networks and improving interdependent community relationships. We therefore seek to '**become the very best versions of ourselves**'.





enact has continued to run successfully despite the impact of the pandemic and continue to deliver meaningful community led activities. The enact team have an Instagram page which they use to share stories, record live updates, provide information to the community as also the community are able to message directly to the team. This was launched in March 2020 @enactcommunity and continues to be a useful tool. Here are some snapshots of the posts from 2021-2022.



Enfield Lock ward is the 8th most deprived in the 21 wards of the borough. A third of children living in Enfield are living below the poverty line. We know for those living in this area that access to extracurricular activities are often unaffordable to families of low income. There is such an importance for children, youth and families to have opportunities to have positive experiences that enhance development, build confidence, nurture growth and aspire, however in many places these come at a high financial cost. We know children under 16 years living in low income families is 18% in the borough of Enfield.

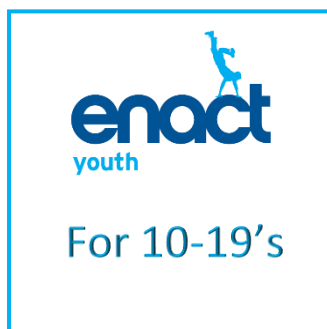


Our funders such as the Children and Families project funded by the Reaching Communities grant, Jack Petchey, RSA Trust, Enfield Voluntary Action to name a few have enabled us to reach a wider community of people and provide these extracurricular activities. We have been able to offer support to the whole community offering age appropriate weekly projects, half term and holiday provision, workshops and enrichment activities which have a key focus on personal, emotional and personal development and bringing the family unit together to have new experiences and quality time. This not only strengthens the individuals but also the family relationships and creates long lasting positive memories. It acts as a springboard to family aspiration and breaks down effects of the glass ceiling. We work cohesively and are working towards transition projects in 2022 which will bridge the children and family projects with the youth projects. At enact we work with the whole family and not just the specific age provisions in isolation.

We understand that social isolation and loneliness has been a key problem and it can have significant health risks. Since the pandemic there has been an increase in people feeling lonely, isolated and with impact to their mental wellness. At enact we have been able to provide a regular space where people, connect and build friendships through our projects. This last year has been an invaluable opportunity that has supported mental wellness, emotional well-being and embraced diversity.

Our family activities over the last year have really brought the whole enact provisions to work together which have consisted of workshops, trips and family together time activities. We ran 4 large trips which enabled families to go to Clacton-on-Sea, Gulliver's Land and Paradise, old McDonalds farm Wildlife park. The focus for these trips was for families to have time together, make new memories, enable opportunities to visit somewhere new, alleviate some pressure financially and facilitate individual family groups in getting to know each other more as part of the wider community. Below is direct feedback from a parent who attended projects and a trip:





enact Youth - For youth aged 10-19 years.
Project Summary throughout 2021-2022

Enact youth is a safe place where young people can build positive relationships, learn something new without the fear of judgement, to feel safe and be around with peers. Young people are supported by trained JNC and level 2 youth workers and adult volunteers.

As a charity we aim to maintain our Open Access youth provision, where we can create safe spaces and explore what issues young people truly faced with all our youth work being youth led and when applying for funding we ensure it meets the needs of the community. We are in the heart of Enfield Island Village and understand the difficulties faced by young people and their families as we build relationships with them all.

Post pandemic our biggest issue we faced was staffing. However, with the resources we had we were able to rely on our sessional youth work team to deliver projects. We are able to identify the needs of young people via outreach, engagement from Instagram, learning from other charities and organisations, collaborating with others and developing our projects by having community consultation and evaluating our projects. This has helped us listen to the needs of the community in a world that felt different post pandemic

There was a focus on mental health, sports and fitness and resilience. Our universal projects this year has included:

Youth Projects including Half Term we delivered:

*History detective project in partnership with Canal river Trust
Tottenham stadium skywalk
Paddle boarding and kayaking sessions
Go Ape Trip/ Thorpe park Trip/Crazy golf/climb the 02
Half term and holiday projects have included:
Jack Petchey Friday sessions (funded for 12 months ended December 2021)
Tuesdays Youth space projects – Life skills
Monthly photography competitions
Professional table tennis coaching session
Community cooking and social action
Cultural cooking
Project Active- Boxing and mental health project (funded for 9 months ended July 2021).
Face to face 1-2-1 mentoring
Walk and talk sessions outdoors with 2-3 Young people*



*We have seen that young people who have engaged with **enact** activities have improved in their confidence, improved their resilience, made new friends, got involved in something they wouldn't have before and have been active. As a result, they feel happier as they are able to connect with others in safe space. Partnership work has been key to new and fresh ideas where staff support external providers to engage, enhance, encourage and allow young people to become the best versions of themselves.*



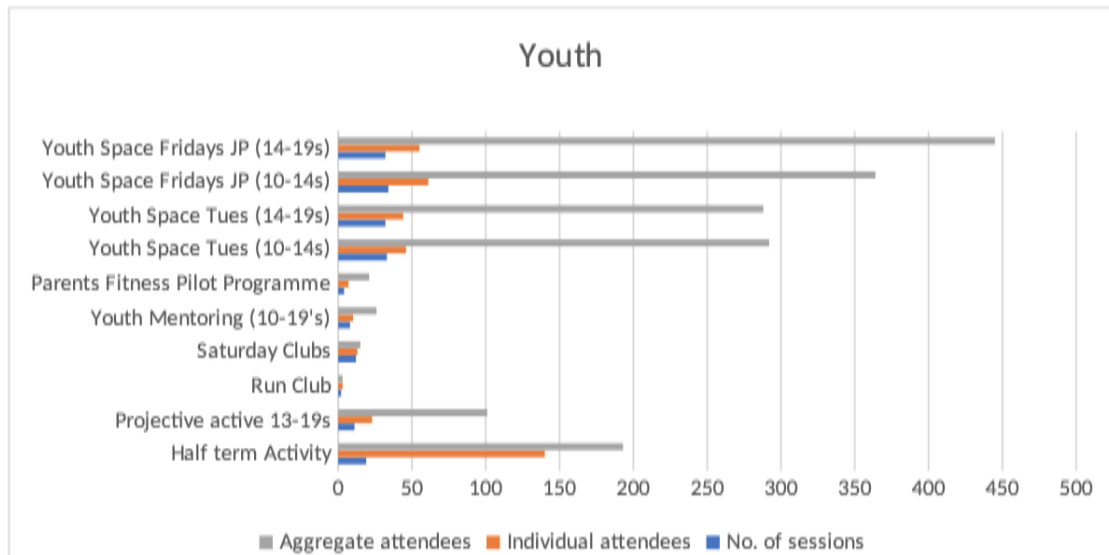
Partnership Work

Edmonton Eagles – Boxing Coaching

This partnership has been key to health and fitness activities at enact. We have Dom from Edmonton Eagles who runs group work sessions at enact every Tuesday term time. Dom has been integral in project active project delivery and we continue to see young people thrive in these sessions contributing to better health and mental health.

Data for youth projects 2021-2022

Youth	No. of sessions	Individual attendees	Aggregate attendees
Half term Activity	19	140	193
Projective active 13-19s	11	23	101
Run Club	2	3	3
Saturday Clubs	12	13	15
Youth Mentoring (10-19's)	8	10	26
Parents Fitness Pilot Programme	4	7	21
Youth Space Tues (10-14s)	33	46	292
Youth Space Tues (14-19s)	32	44	288
Youth Space Fridays JP (10-14s)	34	61	364
Youth Space Fridays JP (14-19s)	32	55	445



enact Kids Club Project Summary 2021-2022

Kids Club is the name of our work with children aged 0-11



Kids Club tots previously was a volunteer led Stay-and-Play session however with the pandemic we added additional support with sessional staff as we found many families were dealing with unprecedented difficulties. We continue to run with sessional staff.

Kids Club Tots launched in May 2017 after nine parent volunteers completed their 'Doing it for Themselves' training course, run in partnership with Enfield Voluntary Action and Aspire 2B. The group was quickly at capacity as parents joined our friendly and welcoming new Stay-and-Play session. The volunteers quickly learnt how to manage the room and had creative ideas to keep each week fresh and interesting for the children. In January 2018 a second cohort were trained using the same course and launched a second session in May 2018. We are now running once a week due to funding pressures.

Kids Club Tots is for our pre-school children and their parents. This last year has seen us move location to the community hall next to us to ensure that we had more space to enable families to still meet. We meet once a week for free-play, a 'bring-and-share' fruit snack, a craft and circle time for singing. Kids Club Infants is for children in school years Reception to Year 2 (four to seven-year old's) and Kids Club is for Year 3 to 6 (seven to eleven-year old's).

The reaching communities fund enabled the team to develop our stay and play group to bring more play and learning activities that had a focus on 0-5s development, school readiness and information & support for parents. Being able to rent a larger venue and bring in equipment that promotes the five main areas of child development has meant that locally we have stood out as a provision that provides excellent support and opportunities for local families. We know this through the number of families which have been signposted to us via professionals and children and family practitioners for example, Social Work Teams, health visitors, Enfield Children's Disabled Service.

Enact has been a place where local foster carers can bring their parent and child placements, thus acting as a safe and supportive place where professional/statutory assessments can be carried out. We have facilitated families who are going through the adoptive process by providing an opportunity to see their perspective children in a social play and learning environment.





7 – 11 year olds

Kids Club meet Thursday afterschool. Kids Club is about fun, a relaxed social space, an opportunity to learn new skills and try new crafts and games. Each session teaches our six club values, Honesty, Respect, Positive to learning, Positive to Others, Self-confidence, Celebrates Success.

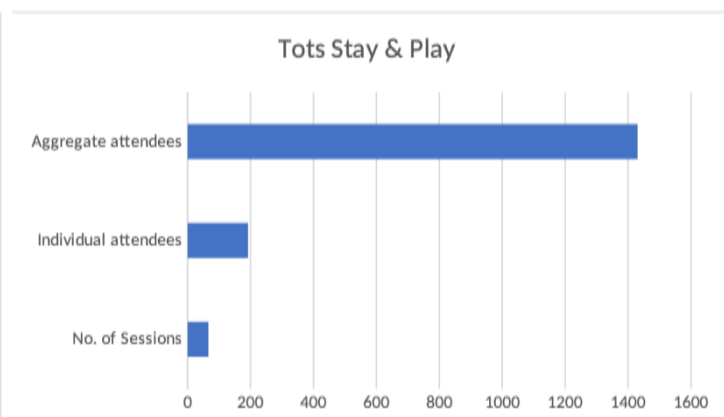
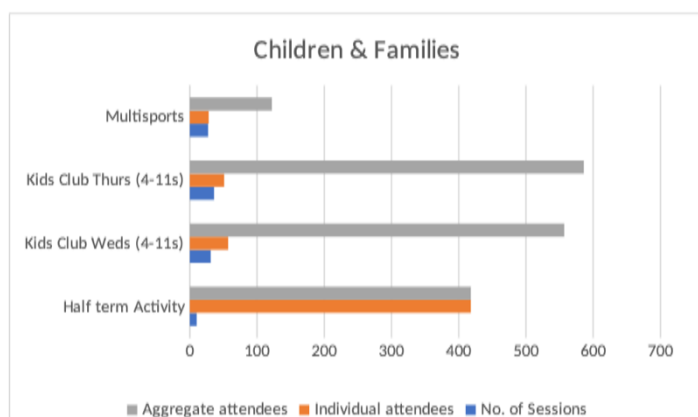
Children improve social confidence and resilience, they have increased opportunity to try new experiences and build positive social support networks. In addition, we expect parents and families to gain 'non-statutory' support, advocacy and advice, to build social support networks and develop greater resilience.

At kids club we were able to provide opportunities for children to join football and multisport clubs which meant we were able to reach even more children that were not yet accessing any of the children and family provisions. Within these clubs, children were not only taught new skills and games, but there was a focus on building friendships, confidence and self-esteem and once children had finished their term at the club they were then invited to join the kids club and continue their journey of being part of a community group. Due to funding and the funding coming to a close we had to shut one project night and run 2 fortnightly sessions on Thursdays. We want to continue to run these sessions but understand funding restrictions.

Data for children and families projects 2021-2022

Children & Families	No. of Sessions	Individual attendees	Aggregate attendees
Half term Activity	10	418	418
Kids Club Weds (4-11s)	31	57	557
Kids Club Thurs (4-11s)	36	51	586
Multisports	27	28	122

Children & Families	No. of Sessions	Individual attendees	Aggregate attendees
Tots Stay & Play	66	192	1430



Partners and Funders

Long Term Funding Partners

Our thanks to all our partners who help us deliver projects and activities, to our long term and project grant funders, and to the businesses and groups who have donated grant

Partners helping us deliver activities and provision

Our long-term core funder the RSA Trust is the charitable arm of the RSA Island Centre. All profit from the business park is transferred to the RSA Trust for distribution to good causes across Enfield and the wider area.



They fund projects ranging from enact's community work, to supporting a local hospice, to supporting local people to start their own business and a local boxing charity who provide activities at enact youth provisions.

Metaswitch is the world's leading cloud native communications software company. Metaswitch provides enact with a crucial 'discretionary fund' to offer support to local people in times of crisis. This during covid 19 has proved to be a huge help to the community providing items such as printers & laptops supporting home-schooling and wellbeing items to look after the communities mental health.



Established in 1999, the Jack Petchey Foundation makes grants to programmes and projects that benefit young people aged 11-25.



Enact has run their flagship Achievement Award Scheme for several years. This scheme recognises outstanding young people throughout London and Essex.



Funding and Project Partners



The National Lottery Community Fund has funded children and families work since 2019 and will continue to fund this work until December 2023.

'The Reaching Communities' Project has enabled a varied number of activities to run consistently for age groups 0-11 years, plus family groups. These projects are rich and diverse and offer local children and families the opportunity to get involved in fun, safe and supportive activities, that bring informal learning and create wonderful lasting memories. This project seeks to be led by the community through building on from what the community say they would like and what they feel is needed plays a key role in the development of programmes and activities for children and families.

Integrated Pest Management Ltd tackle all types of pest problems and have established an excellent reputation for providing a professional and comprehensive service.



INTEGRATED PEST MANAGEMENT LTD

IPM has previously donated towards our Enact Community Awards Sponsors and supports our staff training.



London Community Response Fund-TNLCF COVID 19 Response

Funding from The National Lottery Community Fund, distributed by City Bridge Trust through the London Community Response Fund towards the end of 2020 has helped us fund crucial youth activities, covid related items such as PPE, upskilling our team with training, wellbeing projects, counselling for volunteers and staff and core expenses just to name a few of the areas which we were supported to help the Enfield community in response to the difficulties faced as a result of Covid 19. Thanks to National Lottery players for making this possible.

This fund also helped us to revamp our entire website!

Enfield Voluntary Action is known as EVA. They help people & groups access knowledge, skills & resources to make a difference in our Borough. We have membership with EVA, tap into training, tap into new funding opportunities and also get to speak with other agencies and charities in the borough of Enfield.

We received a grant programmes in February 2020 relating Tackling Poverty & Inequality in Enfield. This grant has helped us provide families and youth with laptops and training to help bridge the digital divide which we know many families and youth are facing.

