

Egypt and Jordan

Essential Information

APT

LUXURY TRAVEL



Prepare For Your Trip

PASSPORTS AND VISAS

Passports must be valid for at least six months beyond your return home date. We recommend a validity of nine months to prevent any problems. There must be at least three blank visa pages in your passport (not endorsement pages). Guests have been deported for having insufficient visa pages in their passports.

Egypt

Australian, New Zealand and British passport holders require a tourist visa to enter Egypt. If you are arriving to meet with your APT tour and have an APT transfer, you will receive this visa at the airport before you reach customs. If you are arriving on your own arrangements, you must pre-purchase an eVisa at this website:

visa2egypt.gov.eg/eVisa

Jordan

Australian, New Zealand and British passport holders require a visa for Jordan. This will be provided to you upon arrival if you are coming from Egypt with APT or on your own arrangement to meet with an APT tour with a booked transfer.

TRAVEL INSURANCE

We strongly recommend that you purchase comprehensive travel insurance covering you for the entirety of your time away. Hospital stays, treatment and other medical costs can be expensive and often need to be paid before services will be provided. Medical evacuation can also be expensive. Insurance that covers trip cancellation and delay, medical expenses, accidental death, lost luggage, medical evacuation and airline cancellation charges is recommended. We also recommend your policy includes coverage for COVID-19 related events such as quarantine expenses, flight changes, cancellation fees and the like.

What To Pack

LUGGAGE

Luggage is limited to 23kg per person. Porterage for one suitcase is included at the hotels in the tour price.

Clothing

Egypt and Jordan are primarily Islamic nations and thus very conservative, so you should dress accordingly. As a guide, shoulders and knees should always be covered. Women should carry a head scarf to wear upon entry to mosques and other religious buildings. Refrain from wearing shorts as it may limit your entry into religious buildings and other sites. Pack layers, as while the days may be hot, the nights can cool down considerably. Sturdy and comfortable walking shoes are essential, as is a hat with a brim.

Other items to pack

Bring travel-size toiletries to reduce luggage weight. You will be provided with basic toiletry items in accommodation throughout your tour, though you may want to bring your own brands or additional items to cater to your personal needs. Other items to pack may include sunscreen, mosquito repellent, antibacterial wipes, prescription glasses and/or contact lenses, sunglasses, a travel alarm clock, a money pouch, a small torch, batteries, electrical converters and adaptors, and a travel lock for your luggage.

We recommend guests do not bring binoculars to Egypt or Jordan as they are likely to be confiscated at customs. Strict rules also apply to electronic devices which could be used for military purposes such as large video cameras and satellite telephones. Hence, guests are advised not to pack such items. It is wise to research local laws before travelling.

Pack a Medical Kit

A small medical kit is recommended for all travellers. Pharmacies in large cities will likely stock most basic medicines and supplies but they may be difficult to access, and a script may be required for some medications. It is wise to plan ahead. Check that any medication you intend to bring into Egypt and/or Jordan is allowed. Customs regulations in both countries prohibit the import and export of certain medications. All prescription medication must be accompanied by a prescription and a letter from a doctor stating what the medication is, your required dosage and that it is for your personal use only, as well as your doctor's contact details. Take only enough medication for your trip. You may also wish to bring medication for headaches, upset stomach, colds and flu, and pain relief, as well as vitamins, plasters, hand sanitiser and personal grooming essentials.

Know Before You Go

GENERAL PHYSICAL FITNESS

APT tours through Egypt and Jordan are not physically demanding, however, because of the nature of many of the regions visited, a good level of fitness and mobility is essential. Tours may not be suitable for guests with disability and/or limited mobility. Walking tours are often on uneven ground and may include stairs and steep inclines. In general, you should be able to stand on your feet for an extended period of time, in hot and sunny conditions, and be able to step unaided on and off coaches and river ships. You may have to walk across narrow gang planks and through other vessels to reach your ship. APT welcomes all passengers and is happy to advise guests on tours which best suit their needs.

See Your GP

Your GP or travel clinic is the best source of information about preventative measures including vaccinations. We recommend all travellers consult their GP or local travel clinic for detailed advice to ensure maximum pre-travel preparation. Please take a copy of your travel itinerary with you to assist with the recommendations of appropriate medication and vaccinations.

It is a good idea before departing to ask your doctor to prepare a medical history document that can be read by foreign health professionals should the need arise while you are away. It should include your name, address, emergency contact, blood type, medical history, current medications

and dosages, drug allergies, reasons for prior hospitalisation and a list of vaccinations and dates. A copy of your prescriptions is vital in case of any health problems. Prepare a list of your medications, including the name, dosage, prescribing doctor and their phone number. Pack sufficient medication for the duration of your tour. Your medication should be kept close at hand in your purse or carry-on bag. It is always good to carry a list of your medications in case they are lost and remember to leave everything in its original container so it can be easily identified.

Vaccinations and Health

It is your responsibility to ensure you have all required vaccinations for your tour. Currently, no vaccinations are required for travel to Egypt or Jordan, however we strongly encourage you to consult with your doctor prior to travelling to determine your individual medical needs.

Allergies

If you have a food allergy or another condition that needs to be managed on tour, please advise your booking agent as soon as possible, as well as your Tour Director upon arrival, as most suppliers require advance notice to accommodate this. You might be asked to fill out a form or waiver. All suppliers will endeavour to cater for allergies but this is not always possible and cannot be guaranteed.

At The Airport

RECONFIRMATION OF FLIGHTS

We suggest that you contact your airline or travel agent at least 72 hours before your initial flight to confirm your departure details.

CHECK-IN

It is important that you arrive at the airport at least two hours before domestic flights and three hours in advance for international flights. This allows time to check in your baggage and present your passport and ticket, get seat assignments and boarding passes and make your way through security procedures to the boarding area.

LUGGAGE RESTRICTIONS

International air carriers may impose fees or require you to remove articles if weight or size limits are exceeded. We advise you to contact your air carrier or travel agent for specific information prior to departure, as size and weight limitations may vary. Portage for one suitcase on tour is included in the tour price.

For your comfort, limit hand luggage to one bag that fits under your aircraft seat or in the overhead compartment. Be sure to carry your passport, airline tickets, medication and all your travel documents in your hand luggage during your flight.

LOST OR DELAYED LUGGAGE

Sometimes luggage is delayed during air transit. It is recommended to take a change of clothing and any essential medication in your hand luggage, or pack some clothing in your travel companion's bag. Place a copy of your emergency contacts inside each piece of luggage. If your luggage is lost, this will help the airline to find you. Should your luggage be delayed, it is the responsibility of the airline to deliver it to you. Claims for reimbursement should be submitted directly to the airline – a claim form should be filled out at the appropriate airline desk before you leave the baggage area. If you need assistance in contacting the airlines for information regarding your delayed luggage, please ask your Tour Director or local host.

AIRPORT AND AIRLINE SECURITY

We advise you to check with your airline/government office for clarification of regulations before you leave. Sharp objects and liquids should be stored inside the luggage you are checking in. Each container of liquids, aerosols or gels in your carry-on luggage must be 100ml or less and sealed in a transparent, one litre (or less) resealable plastic bag. You may carry through prescription and non-prescription

medicines that you need for the flight. Proof of need may be required. Items allowed include empty containers, cosmetics and toiletries such as personal hygiene items, talcum powder, contact lenses and lens solution, solid foods, medicines including prescribed and essential non-prescribed medication.

DELAYED OR MISSED FLIGHTS

In the event that you miss a flight completely, please immediately advise the airline representative that you are a tour passenger bound for a specific location, as well as the date and time you were required join your tour or to check into a pre-tour hotel.

CUSTOMS

To prevent the introduction of exotic pests and diseases on your return home, arriving travellers are screened and luggage is often inspected or x-rayed by customs or quarantine officers. All food and other such items of plant and/or animal origin need to be declared, as do items on which duty or tax might be payable (check with Customs about the duty-free concession). For more information, please refer to the Customs websites listed on page 5.



Wadi Rum, Jordan

Arrival & Departure Information

AIRPORT TRANSFERS

Airport transfers are included on the first and last day of the tour package and if pre- and post-accommodation is booked with APT (some exceptions apply). No refund will be given for unused transfers. Transfers cannot be re-routed to other pick-up points or destinations. Passengers who miss the pre-booked transfers must make their own way to and from the hotel at their own expense.

Transfers must be booked and details advised to APT at least 60 days prior to travel, otherwise transfers cannot be guaranteed.

There may be porters at the airport offering to carry your bag for you. Please be aware if you use their services they will expect a tip. APT staff at the airport will be holding an APT sign.

Transfers Not Arranged By APT

If you have independent travel arrangements prior to your APT tour and don't have a APT transfer, the Tourist Information Office at your arrival city will be able to offer assistance with directions to the hotel.

HOTEL INFORMATION

Check-In: The official check-in time at hotels is usually 3pm local time but, where possible, the hotel will try to have your room available earlier. If your flight arrives in the morning, luggage can be stored at the hotel before check-in and will often be delivered to your room later.

Check-Out: Normal check-out times vary, but are usually at 10am. If you have a late afternoon or evening flight, most hotels have a luggage room where you can store luggage until your departure.

GRATUITIES

Gratuities for your Tour Director and local guides are included in the tour price. Tipping cannot be redeemed for a cash refund. When touring independently, and on Select Experiences, please be aware tipping is customary and expected in Egypt and Jordan. As a guide, we suggest tipping 5-10% of the total cost. Restaurants usually add a 15% service charge to your bill.

INTERNET

Complimentary wi-fi access is available at most hotels and on the cruise. The speed and reliability of internet connection may be poor due to the remote locations.

Staying Healthy On Holiday

APT is committed to reducing the spread of infections on all tours, and asks that you read and follow our recommendations to ensure a healthy, safe and enjoyable holiday for you and your fellow travellers.

APT HEALTH & SAFETY PROTOCOL

APT has a Health & Safety Protocol, as well as COVID-19 protocols that all our Tour Directors and Cruise Directors are required to adhere to. You may be requested to assist in reducing the spread of viruses if you are showing symptoms while on tour. If you are showing symptoms of a cold or a virus while on tour, you may be asked to have meals in your room or cabin instead of the dining room, or remain in your cabin until the symptoms improve. For more information on these protocols, please refer to our website.

Practice Good Hygiene:

- Washing your hands is the most effective way to reduce the risk of contracting and spreading infections
- Health experts recommend you wash your hands often with hot water and soap for 20 seconds or longer, before eating, after sneezing or coughing and after touching high contact surfaces (such as door knobs, elevator buttons and railings)
- Please be mindful of your fellow travellers with respect to coughing, sneezing and the disposal of used tissues

Colds and Flu

Viral respiratory infections are the most common infectious illnesses affecting travellers. Colds and flu are primarily spread by people coughing, so please practice hygiene and respiratory courtesy – wash your hands often, cover your coughs and sneezes, and use anti-bacterial wipes/hand sanitiser frequently i.e. after excursions, prior to meals and throughout the day.

Influenza is commonly contracted while travelling overseas. The flu vaccine protects against flu viruses expected to be prevalent during flu season. You should discuss this with your GP.

Gastro and Traveller's Diarrhoea

Diarrhoea is the second most common infectious illness affecting travellers. The illness can be due to a number of different bugs including viruses and bacteria. Viral gastroenteritis is generally spread by person-to-person contact whereas bacterial gastroenteritis is generally spread from consuming contaminated food or water.

Symptoms can include fever, nausea, vomiting, diarrhoea and abdominal pain. The incubation for the illness is variable depending on the cause. Symptoms are generally self-limiting and treatment includes rest, rehydration, simple diet, anti-nausea and anti-diarrhoeal medications. Antibiotics are generally reserved for use when symptoms are more

severe or protracted, e.g. fever, abdominal pain, bloody diarrhoea or duration of symptoms for more than two days. Strict personal hygiene measures, particularly hand washing, helps protect you from getting sick and of course spreading the infection to others.

Water and Food Safety

We recommend drinking bottled water when travelling. Always ensure the seal is intact.

Bottled water should always be used for cleaning your teeth, unless you are specifically advised the tap water is safe for cleaning your teeth. If you are unsure, please ask your Tour Director.

When visiting countries where you are unsure about general hygiene practice, please take care if buying food from street vendors or in small restaurants away from your hotel, cruise ship or recommended venues. At these places, avoid raw fruit and vegetables, dairy products (including ice-cream) as well as meat and fish not properly cooked. It is generally safe to eat cooked meats and vegetables prepared in tourist hotels and tourist area restaurants. Fruit that you peel yourself is considered safe.

You can feel safe eating anything served to you at the tour hotels and while on board your cruise.

Don't buy alcohol from street vendors.

CPAP Machines

Guests bringing CPAP breathing machines and/or portable oxygen concentrators devices must bring a rechargeable battery pack as some places may not operate 24-hour electricity.

Sun Exposure and Dehydration

The weather will be variable on your tour. Drinking plenty of water is important to prevent dehydration. A hat and a good sunscreen are important for preventing sunburn, even on overcast days.



MS Sun Goddess

MS Sun Goddess

EMBARKATION/DISEMBARKATION

Embarking and disembarking the ship will be via a wooden gangplank and may be through other vessels moored next to each other. The gangplank will have rails which you are encouraged to use.

Public Areas On Board

The MS Sun Goddess cruise ship features a beautiful sun deck and barbecue lounge, spa and fitness centre with a gym and massage services, lounge and discotheque, and outdoor swimming pool with jacuzzi.

Cabins and Suites

All 30 luxury suites are outside-facing, each with a private balcony, and feature superior quality bedding with plush linen, an LED television, personal climate control, safe, mini-bar, and an en suite bathroom with shower over bath, and a hairdryer. Room service is also available (an additional fee may apply).

Dining

The onboard restaurant offers a variety of local and international dishes. The lounge serves cocktails and beverages, and light meals at lunch and dinner. Breakfast is served buffet-style in the main restaurant, which normally opens at 7am. Lunch is also served buffet-style, while dinner is served à la carte. Dining times will be advised on board.

Beverages

Water, tea and coffee is included with meals, and a local alcoholic drink package is included with lunch and dinner. Other beverages are available for purchase.

Laundry

A laundry and pressing service is available at an additional charge.

Shipboard Account and Payment Options

A shipboard account will be set up for your chargeable items. The account must be settled at the end of the cruise by cash or credit card (credit card fees may apply). The onboard currency is US dollars.

Swimming Pool and Fitness Centre

A swimming pool (not heated) is located on the sun deck of the MS Sun Goddess and is available for all passengers. Use of the pool is at the sole risk of the user. There is no attendant on duty in the fitness centre and, without limitation, appropriate shoes and clothing must be worn at all times. APT and its affiliates are not responsible for any accident or injury sustained during the use of any recreation equipment.

Medical

A doctor is available on call and is chargeable to your own account.

Smoking

Smoking is only permitted in designated outside areas on the deck. Smoking is not permitted anywhere inside the vessel. Your cooperation in observing the smoking policy is appreciated.

Internet

Wi-fi is available on board. Service may be intermittent and limited.

Security

The MS Sun Goddess has security personnel on board.

About Your Destination

It may be helpful to do a little research on the locations that you will be visiting. Egypt and Jordan have fascinating histories and if you read up ahead of time it will make your trip more rewarding and enjoyable. We recommend that you refer to your itinerary when undertaking this research. The more you know about your destination, the more you'll appreciate all that you see when you arrive.

During your travels, you will encounter new customs and different lifestyles. Being able to appreciate and enjoy the differences is one of the many benefits of travelling. You'll gain respect from the locals and a deeper understanding of local culture. Even if you learn only a few phrases, you'll be amazed at the warm responses and fun you can have while you travel. And remember, a smile is universal. Friendliness and tolerance towards others, including your fellow travellers, Tour Director and crew, are essential for everyone's enjoyment of the tour.

SIGHTSEEING COSTS ON TOUR

APT tours are designed for flexibility and freedom. While major sightseeing is included on your tour, you will also be offered some opportunities to participate in additional experiences such as entering tombs/pyramids for an extra cost. This will be organised on tour with your Tour Director. See below for some examples, which can be paid for in local currency or US\$:

King Tutankhamun's Tomb: US\$19 per person*

Queen Nefertari's Tomb: US\$70 per person*

*These prices are subject to change.

PHOTOGRAPHY COSTS ON TOUR

Please note at many attractions, particularly in Egypt, there is a charge for photography. These costs vary at each site, and payment for permission to photograph will be organised by the Tour Director while on tour. These are best paid for in local currency. Your Tour Director will give you advance notice of these costs.

LANGUAGE

In Egypt and Jordan the official language is Arabic, however English is widely spoken and understood.

FOOD AND DRINK

Middle Eastern cuisine offers a vast array of dining experiences from right across the region. Throughout your trip, be open to wonderful new dining opportunities. Please note that some hotels do not have

tea and coffee making facilities in the rooms. Facilities may be available on request or at an additional charge. It is important to note that some areas and hotels in Egypt and Jordan are considered 'dry' areas, and alcohol may not be available for purchase.

ELECTRICAL APPLIANCES

Appliances in Egypt run on 220 volts. The outlets are designed for a two-pronged cylindrical plug. Appliances in Jordan run on 230 volts. Outlets vary from European round two and three-pin plugs along with British square three-pin plugs. If your appliances are not dual voltage, make sure you take along a standard voltage converter and adaptor plugs.

PASSENGERS REQUIRING ASSISTANCE

Guests requiring mobility assistance or care must be accompanied by a companion capable of providing all such support. While we will make reasonable efforts to accommodate everyone, we will not be responsible for any denial of services by carriers, hotels, trains, restaurants or other independent suppliers, or for any additional associated expenses. Coaches are not equipped with wheelchair ramps. Wheelchairs and walkers cannot be carried on coaches due to space limitations. For safety reasons, guests using wheelchairs cannot be carried on ramps or up stairs. We are unable to provide individual assistance to any passenger for walking, boarding or alighting coaches or other transportation vehicles.

CLIMATE

Egypt and Jordan essentially have hot desert climates. The climate is generally extremely dry in most areas and is subject to extreme heat during the summer. APT tours operate outside of these summer months, however, temperatures will still be hot during the day, but may cool down at night. We recommend you plan for all weathers – pack some warm items in the event of cooler nights, particular during desert stays, and a light raincoat in the event of rain.

SAFETY AND SECURITY

It is important to exercise caution in a foreign country, since the surroundings are different to what you're used to. Your Tour Director is always available for advice, direction and support. If you ever have any concern, you should not hesitate to consult them. Always be aware of your surroundings in public areas. If a location is crowded and feels unsafe, trust your instincts and leave the area.

The regions we tour are not known for violent crimes against tourists, however, you should be mindful of petty crimes such as purse snatching. Women should not travel anywhere alone. You should also be aware of street touts who may offer to assist you with shopping or make you feel uncomfortable. Unfortunately, the threat of terrorism is a global concern and the measures taken in Middle Eastern countries to protect against these events are some of the most advanced in the world.

All Egyptian archaeological sites are secured by specially trained English-speaking tourist police. It is not uncommon for security and police personnel to carry firearms and provide an onboard escort during touring.

Your Tour Director can normally solve any problem very quickly, including negotiating with local authorities. More than 15% of Egypt's foreign earnings come from tourists, so officials go to great lengths to ensure your satisfaction.

Experiencing traffic in Cairo and other parts of Egypt and Jordan will be part of your adventure. While there is no reason to be scared or intimidated by the traffic, do not expect it to be as it is at home. When crossing the road, either:

- Use traffic lights
- Wait until there are no cars
- Cross with your Tour Director or local guide
- Cross with the locals

INFRASTRUCTURE

Roads are not fully developed and traffic signals often don't work. Some buildings in Cairo and other cities, most often residential, don't have the same safety standards as in Western countries. There have, however, been no major incidents with tourist facilities or buildings. Public toilets in the Middle East also vary in type (some are squat toilets) and cleanliness. Note that not all public toilets provide toilet paper, it is recommended you carry pocket tissues.

Useful Information

EMERGENCY CONTACT INFORMATION

In case of an emergency please use the below contact details. State your name and APT tour information, if available, at the time of emergency.

Egypt – South Sinai Travel

Office: +20 2 2418 7310 Monday to Friday, 8.30am to 5pm, or
Mobile: +20 12 2466 6300 or +20122 2289511, all other times.

Jordan – Green Arrow Tours

Emergency contact, 24 hours a day, seven days a week.
Phone: +962 77 551 0678

Australian Embassies and Consulates

Egypt

Australian Embassy Egypt
Level 11, World Trade Centre, 1191 Corniche El Nil, Boulaq, Cairo
Phone: +2 02 2770 6600

Jordan

Australian Embassy Jordan
41 Kayed Al Armouti Street, Abdoun, Amman
Phone: +2 6261 3305

New Zealand Embassies and Consulates

Egypt

New Zealand Embassy Egypt
Level 8, North Tower Nile City Towers,
2005c Corniche El Nil, Ramlet Beaulac, Cairo
Phone: +20 (2) 2461 9186

Jordan

New Zealand Embassy Jordan
Jwico's Factory, Haram Ben Hayyan, 11183, Amman, Jordan
Phone: +962 6 420 5112

United Kingdom Embassies and Consulates

Egypt

British Embassy Egypt
7 Ahmed Ragheb Street, Garden City, Cairo
Phone: +2 02 2791 6000

Jordan

British Embassy Jordan
11118 Amman, Jordan
Phone: +962 6 590 9200

Travel Doctors

Australia

traveldoctor.com.au
travelclinic.com.au
travelvax.com.au
smartraveller.gov.au/tips
tga.gov.au/travellers-visitors

New Zealand

safetravel.govt.nz
worldwise.co.nz

United Kingdom

fitfortravel.nhs.uk/home
travelhealthpro.org.uk

Travel Advisory and Visa Information

Australia: smartraveller.gov.au

New Zealand: safetravel.govt.nz

United Kingdom: gov.uk

Customs

Australia: homeaffairs.gov.au

New Zealand: customs.govt.nz

United Kingdom: gov.uk

Other

Climate: climate-zone.com

Time: timeanddate.com/worldclock

Currency conversion: xe.com

International Telephone Calling: countrycallingcodes.com

APT Travel Centres

APT Head Office

Level 4, 1230 Nepean Highway,
Cheltenham, VIC 3192
P: 1300 278 278 (within Australia)
W: aptouring.com.au

APT International Tours Ltd NZ

Suite 5, Level 1, 20 Augustus Terrace,
Parnell, Auckland 1052
P: 0800 278 687 (within New Zealand)
W: aptouring.co.nz

United Kingdom

1st Floor, Chalfont Court, 5 Hill Avenue,
Amersham, Buckinghamshire HP6 5BD
P: 0800 012 6686 (within the UK)
W: aptouring.co.uk

North America

Suite 549, World Trade Centre, 999 Canada Place,
Vancouver, British Columbia, V6C 3E1
P: 1800 290 8687 (within North America)
W: aptouring.com



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